

# National Oral Health Survey Sri Lanka 2015-2016



Ministry of Health Nutrition and Indigenous Medicine  
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# **National Oral Health Survey Sri Lanka**

## **2015-2016**



**Ministry of Health, Nutrition and Indigenous Medicine**

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Colombo 10, Sri Lanka.

**2018**

# National Oral Health Survey Sri Lanka 2015-2016

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## Message from the Director General of Health Services

It is with immense pleasure I forward this message to the report of the 4<sup>th</sup> National Oral Health Survey of Sri Lanka.

With the vision of building a healthier nation, Ministry of Health identified the importance of providing oral health services in order to reduce the oral disease burden in this country.

Periodic evaluation of oral health status of the population is important for any country. National Oral Health Surveys reveals a snapshot view of prevalence and severity of main oral diseases, habits related to oral health and oral health care utilization pattern of the country. Such information is important in planning, implementation, monitoring and evaluation of national oral health programmes. Furthermore, such information is useful for policymakers to assess disease trends which could be used in policy formulation with regards to future oral health needs of a country.

Sri Lanka has conducted three National Oral Health Surveys in years 1983-1984, 1994-1995 and 2002-2003. The current survey, which is the fourth one, was conducted in the years 2015-2016 unveils the updated oral health status of the Sri Lankan population. The socio-economic, demographic and other changes in the social strata encountered during the past decade will be reflected in the findings of this report.

I take this opportunity to commend the service rendered by the team who worked tirelessly towards the success of the fourth National Oral Health Survey. I appreciate the dedicated service rendered by Dr J. M. W. Jayasundara Bandara former Director General of Health Services. Finally, I would like to thank the WHO country office for assistance given for the survey.



**Dr. Anil Jasinghe**

**Director General of Health Services**

## Executive summary

Oral health is an integral part of general health and therefore essential for the wellbeing and quality of life of an individual. Moreover, high prevalence of oral disease combined with limited availability of oral health services to manage these conditions lead to a significant socio-economic burden on the society. Therefore in view of avoiding these adverse effects, it is important to have sound oral health policies and essential oral healthcare services to the society combined with sound monitoring mechanisms. For this purpose, regular assessment of oral disease burden and dental service utilization pattern of the society is essential.

In order to fulfill this vital task, the Ministry of Health Sri Lanka has been conducting National Oral Health Surveys periodically since 1984. Three surveys had already been conducted and this report presents the summarized results of the 4<sup>th</sup> National Oral Health Survey, which was conducted in 2015-2016.

The results provide a snap-shot view of oral disease burden and dental service utilization pattern of the society. In addition, these results will also supplement and update the existing oral health databases on the Sri Lankan population. Therefore, the results could be useful to assess the effectiveness of the oral healthcare services provided, for planning of oral health services at national, provincial and district levels as well as to compare the oral disease trends over the years.

Ten thousand (10000) participants, comprising 2000 each from 5-year-old, 12-year-old, 15-year-old, 35-44-year-old and 65-74-year-old age groups were selected as the sample. Selection of age groups, assessment criteria of oral health status and its associated factors were principally based on the guidelines recommended by the World Health Organization; presented in Oral Health Surveys Basic Methods 5<sup>th</sup> Edition. However, few modifications were made to suit the country requirements. Multi-stage sampling technique was used for selection of participants. In the first stage, 100 clusters (schools) were selected using Probability Proportionate to Size (PPS) sampling technique representing all administrative districts of the country. A school was considered as the primary cluster-unit. In the second stage, participants were identified from the selected clusters. Systematic sampling technique was used to select 5-year-olds, 12-year-olds and 15-year-olds from schools. The other two groups; 35-44-year-olds and 65-74-year-olds were selected from the vicinity of the selected school by house-to-house visits while maintaining the sex ratio of the country.

Data were collected by the means of an interviewer administered questionnaire and a clinical oral examination. The clinical examination was performed under natural light using sterile instruments while the subject was in seated position on a normal school/household chair. Twenty nine (29) dental surgeons with postgraduate qualifications in Community Dentistry functioned as examiners and school dental therapists functioned as data recorders. All were trained and calibrated for the survey criteria and methods before data collection. Administrative clearance for the survey was obtained from relevant authorities.

Data entry and analysis were performed by using Census and Survey Processing system (CSPro) and Statistical Package for the Social Sciences (SPSS) software respectively. After data cleaning and editing, data from a total of 9935 participants were available for analysis. Data were presented as percentages and mean values (with SD) whenever appropriate. Considering country requirements, sub-sector variations; sex, ethnicity, sector (urban/rural) and district variations, were also presented.

Key findings of the survey are given in the Table A. When compared with the findings of previous National Oral Health Surveys, there was a reduction in the oral disease burden, improvement in oral health habits and the use of oral healthcare services. However, the prevalence of untreated disease was still substantially high among all age groups. It was also evident that dental service utilization was mainly for obtaining emergency care. Moreover, Tamils and rural population had a higher disease burden and poor oral health habits than other ethnic groups; Sinhalese and Muslims, and urban population respectively. Hence, the above issues need to be addressed to improve oral health status of the Sri Lankan population.

Table A: Summary of population profile and key findings: National Oral Health Survey 2015-2016

|  | Category                                  | Description  | Age group                               |       |       |          |          |
|--|---|--|---|-------|-------|----------|----------|
|  |   |  | 5yrs                                    | 12yrs | 15yrs | 35-44yrs | 65-74yrs |
| Sample characteristics                       | Sample size                               | Expected (Total 10000)   | 2000                                    | 2000  | 2000  | 2000     | 2000     |
|  |   | Available (Total 9935)   | 1995                                    | 1996  | 2003  | 1982     | 1959     |
|  | Sex (%)                                   | Male   | 52.3                                    | 50.1  | 50.0  | 48.4     | 49.8     |
|  |   | Female   | 47.7                                    | 49.9  | 50.0  | 51.6     | 50.2     |
|  | Ethnic group (%)                          | Sinhalese  | 69.9                                    | 70.1  | 69.9  | 66.6     | 66.1     |
|  |   | Tamil  | 15.1                                    | 15.4  | 15.1  | 16.5     | 16.8     |
|  |   | Muslim   | 14.9                                    | 14.4  | 15.0  | 16.8     | 16.9     |
|  |   | Other  | 0.1                                     | 0.1   | 0.0   | 0.1      | 0.2      |
|  | Sector (%)                                | Urban  | 28.5                                    | 28.5  | 28.5  | 27.9     | 28.3     |
|  |   | Rural  | 71.5                                    | 71.5  | 71.5  | 72.1     | 71.7     |
| Disease pattern                              | Number of teeth                           | Mean number of permanent teeth   | 1.7                                     | 26.1  | 27.9  | 27.5     | 15.3     |
|  |   | Mean number of deciduous teeth   | 19.4                                    | 0.7   | 0.0   | 0.0      | 0.0      |
|  |   | Percentage of people with Edentulousness   | 0.0                                     | 0.0   | 0.0   | 0.0      | 11.3     |
|  | Dental caries                             | Percentage of people with active caries (D>0)  | 60.7*                                   | 24.2  | 35.3  | 63.8     | 51.3     |
|  |   | Percentage of people with missing teeth (M>0)  | 3.6*                                    | 3.3   | 7.4   | 82.2     | 97.4     |
|  |   | Percentage of people with filled teeth (F>0)   | 11.5*                                   | 8.8   | 9.1   | 23.7     | 4.8      |
|  |   | Percentage of people with total caries experience (DMFT>0)                             | 63.1*                                   | 30.4  | 41.5  | 92.5     | 98.3     |
|  |   | Percentage of people with untreated caries out of total caries experience (D>0/DMFT>0) | 96.2*                                   | 79.6  | 85.1  | 69.0     | 52.2     |
|  |   | Mean D   | 2.8*                                    | 0.4   | 0.8   | 2.0      | 1.8      |
|  |   | Mean M   | 0.1*                                    | 0.1   | 0.1   | 4.0      | 16.5     |
|  |   | Mean F   | 0.2*                                    | 0.1   | 0.1   | 0.5      | 0.1      |
|  |   | Mean DMFT  | 3.1*                                    | 0.6   | 1.0   | 6.5      | 18.4     |
|  | Bleeding-on-probing                       | Percentage of people with bleeding-on-probing  | 18.3                                    | 44.7  | 46.5  | 52.6     | 50.4     |
|  |   | Mean number of teeth with bleeding-on-probing  | 0.7                                     | 3.3   | 3.9   | 4.6      | 4.2      |
|  | Calculus                                  | Percentage of people with calculus   | 13.7                                    | 47.0  | 49.3  | 70.7     | 71.6     |
|  | Periodontal pockets (≥4mm)                | Percentage of people with pockets  | -                                       | -     | 5.4   | 25.3     | 44.4     |
|  |   | Mean number of teeth with pockets  | -                                       | -     | 0.2   | 1.5      | 2.7      |
|  | Loss of attachment (LOA)                  | Percentage of people with LOA 0-3mm  | -                                       | -     | 99.3  | 76.5     | 22.7     |
|  |   | Mean number of sextants LOA 0-3mm  | -                                       | -     | 6.0   | 5.4      | 2.2      |
|  |   | Percentage of people with LOA 4-5mm  | -                                       | -     | 0.7   | 17.7     | 31.3     |
|  |   | Mean number of sextants LOA 4-5mm  | -                                       | -     | 0.0   | 0.4      | 1.1      |
|  | Tooth-wear                                | Percentage of people affected  | -                                       | 2.2   | 5.1   | 48.2     | -        |
|  | Dento-facial anomalies                    | Percentage of people with severe malocclusion  | -                                       | 15.7  | 13.1  | -        | -        |
|  | Denture-wear                              | Percentage of people not wearing dentures  | -                                       | -     | 99.9  | 92.2     | 82.3     |
|  |   | Percentage of people wearing partial denture   | -                                       | -     | 0.1   | 7.7      | 12.9     |
|  |   | Percentage of people wearing full denture  | -                                       | -     | 0.0   | 0.3      | 5.9      |
|  | Dental trauma                             | Percentage of people affected  | 1.8                                     | 5.1   | 5.4   | 6.5      | -        |
|  | Treatment need                            | Percentage of people need routine care   | 61.8                                    | 62.6  | 65.6  | 84.2     | 84.0     |
|  |   | Percentage of people need immediate care   | 0.8                                     | 0.5   | 0.8   | 1.3      | 0.9      |
|  | Habits                                    | Tooth cleaning habits  | Percentage of people brush teeth: 2/day | 53.9  | 50.1  | 55.8     | 73.3     |
| Percentage of people use tooth brush         |   |  | 96.7                                    | 97.5  | 98.4  | 95.9     | 70.4     |
| Percentage of people use fluoride toothpaste |   |  | 75.6                                    | 80.0  | 82.1  | 79.3     | 59.0     |
| Service utilization                          | Distance to government dental clinic      | Percentage of people reside 5km or less  | -                                       | 67.3  | 64.3  | 64.0     | 65.2     |
|  | Last visit to dental clinic               | Percentage of people visit to dental clinic within 1yr                                 | -                                       | 59.6  | 31.4  | 30.9     | 18.4     |
|  | Type treatment received at the last visit | Percentage of people received: Extractions   | -                                       | 12.5  | 14.9  | 50.4     | 52.2     |
|  |   | Percentage of people received: Permanent fillings                                      | -                                       | 13.3  | 13.7  | 17.0     | 3.1      |

\*5yrs: deciduous teeth - not measured

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Dr. U.S. Usgodaarachchi

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## List of abbreviations

|        |   |
|--------|---|
| CPI    | Community Periodontal Index                                       |
| DGHS   | Director General of Health Services                               |
| DDG    | Deputy Director General   |
| DDG/DS | Deputy Director General – Dental Services                         |
| DT     | Total of decayed teeth in permanent dentition                     |
| MT     | Total of missing teeth in permanent dentition                     |
| FT     | Total of filled teeth in permanent dentition                      |
| DMFT   | Total of decayed, missing and filled teeth in permanent dentition |
| dt     | Total of decayed teeth in deciduous dentition                     |
| mt     | Total of missing teeth in deciduous dentition                     |
| ft     | Total of filled teeth in deciduous dentition                      |
| dmft   | Total of decayed, missing and filled teeth in deciduous dentition |
| GN     | Grama Niladhari   |
| LKR    | Sri Lankan Rupees   |
| LOA    | Loss of periodontal attachment                                    |
| OSF    | Oral Submucous Fibrosis   |
| OPMD   | Oral Potentially Malignant Disorders                              |
| MOH    | Medical Officer of Health   |
| NGO    | Non-governmental organization                                     |
| NOHS   | National Oral Health Survey                                       |
| PDHS   | Provincial Director of Health Services                            |
| PHI    | Public Health Inspector   |
| PHM    | Public Health Midwife   |
| PI     | Principal Investigator  |
| R-DT   | Total of decayed roots in permanent dentition                     |
| R-FT   | Total of filled roots in permanent dentition                      |
| R-DFT  | Total of decayed and filled roots in permanent dentition          |
| RDS    | Regional Dental Surgeon   |
| SDT    | School Dental Therapist   |
| WHO    | World Health Organization   |

## Chapter 1

### Introduction

#### 1.1 Country profile and vital statistics

Democratic Socialist Republic of Sri Lanka is a tropical country situated in the Indian ocean between 5° to 9° of Northern-latitudes and 79° to 82° Eastern-longitudes with a land area of 65 610 square kilometres<sup>1</sup> (Figure 1.1). Sri Lanka is a multi-ethnic society with 74.9% of Sinhalese, 15.3% of Tamils and 9.3% of Muslims<sup>2</sup>.

For the purpose of administration, the country is divided into 09 provinces, 25 districts and 322 divisional secretary areas. A divisional secretary area is further divided into several Grama Niladhari (GN) divisions which are the smallest local administrative unit. The urban-rural classification of the country is based on administrative boundaries. In this context, areas governed by municipal or urban councils are categorized as urban areas while areas covered by 'Pradeshiya Sabhas' considered as rural areas. Areas primarily consisting of tea and rubber plantations are considered as the estate sector. According to the latest census, approximately 18.2% of the total population lives in urban areas, 4.4% in the estate sector, while the majority, 77.4%, lives in rural areas<sup>2</sup>.

The estimated population of Sri Lanka for the year 2015 is 20.9 million with an annual growth rate of 0.94%. The population density is 334 persons per square kilometres and the median age of the population is 31 years. More than half of the population is concentrated in the Western, Central, Southern and North-Western provinces<sup>1</sup>.

Despite being considered as a low-middle income country, Sri Lanka has shown a continuous improvement in health and social indicators mainly due to well structured social welfare system (Table 1.1).

Table 1.1: Health and social indicators in Sri Lanka (for selected years)

|   | 1983               | 1994               | 2002                     | 2015                    |
|---|--------------------|--------------------|--------------------------|-------------------------|
| Estimated mid-year population (million) <sup>3</sup>            | 15.7               | 18.1               | 19.1                     | 20.9                    |
| Sex ratio (males/100 females) <sup>2</sup>                      | 104 (1981)         | -                  | 99.1 (2001)              | 93.8 (2012)             |
| GDP per capita (USD) <sup>4</sup>                               | 387.8              | 654.2              | 873.2                    | 3844.9                  |
| Current expenditure on health (% GDP)                           | -                  | 3.1 <sup>5</sup>   | 3.6 <sup>5</sup>         | 3.0 <sup>6</sup>        |
| Human Development Index (HDI)                                   | 0.593 <sup>7</sup> | 0.646 <sup>8</sup> | 0.697 <sup>8</sup>       | 0.766 <sup>8</sup>      |
| Literacy rate (10 years and over)                               | 87.2 <sup>2</sup>  | 90.1 <sup>9</sup>  | 91.1 (2001) <sup>2</sup> | 97.7(2012) <sup>2</sup> |
| Crude birth rate (per 1000 population) <sup>10</sup>            | 25.3               | 19.2               | 18.5                     | 15.6                    |
| Crude death rate (per 1000 population) <sup>11</sup>            | 6.1                | 7.1                | 6.4                      | 6.8                     |
| Life expectancy at birth (years) <sup>12</sup>                  | 69.0               | 69.4               | 72.5                     | 75.1                    |
| Maternal mortality rate (per 100 000 live births) <sup>13</sup> | -                  | 69                 | 45                       | 30                      |
| Infant mortality rate (per 100 000 live births) <sup>14</sup>   | 24.2               | 16.5               | 11.3                     | 8.3                     |

#### 1.2 Health services in Sri Lanka

The government of Sri Lanka has recognized the right for universal access to healthcare and considers health as a national priority. Thus the Ministry of Health is encouraged to collaborate with multiple sectors such as universities, armed forces, commercial enterprises and non-governmental organizations (NGO) for the provision of healthcare to the nation. The country delivers a mix of Allopathic, Ayurvedhic, Unani, Sidha, Homeopathy and Acupuncture medicine systems. Of these, the allopathic system is the predominant type catering the majority of the population<sup>1</sup>.

The public health service is free at the point of delivery and is structured in two parallel streams. The preventive health services are provided through specialized health programmes and campaigns whilst the curative health services are provided through a network of hospitals ranging from non-specialized care at primary level to specialized care through a range of hospitals. The private sector provides nearly one-half of out-patient and approximately 5-10 % of in-patient care services. Most private healthcare expenses are paid by individuals out of pocket, as health insurance schemes are not widely available in the country<sup>1</sup>.



The Ministry of Health provides the stewardship to health service development and delivery by policy formulation and regulation of the services. The Ministry of Health also involves in training and development of certain categories of human resources as well as the management of large public hospitals and specialized health programmes and campaigns. The rest of the public health services are managed by the decentralized provincial system. The Director General of Health Service (DGHS) at the Ministry of Health coordinates the health services. Supporting the DGHS, a group of Deputy Director Generals (DDG) and Directors coordinate the various aspects of health services. At the provincial level, Provincial Director of Health Services (PDHS) coordinates the health services and the PDHS is supported by Regional Director of Health Services (RDHS) at district level and Medical Officer of Health (MOH) at smaller divisional units called MOH areas. All hospitals are managed either by Hospital Directors, Medical Superintends, District Medical Officers or Medical Officer In-charges<sup>1</sup>.

### 1.3 Oral healthcare services in Sri Lanka

Dental services of the country are delivered through the medical service infrastructure. The Deputy Director General-Dental Services (DDG/DS) is the focal point of administration of oral health services in the Ministry of Health. When considering the type of care delivered, the curative services are provided through network of public and private dental clinics. The preventive oral healthcare services are predominantly delivered through dental clinics situated in schools and community centres. School Dental Therapists (SDTs) at school dental clinics provide oral healthcare for children between 3-13 years of age. Community dental clinics and some school based (adolescent) dental clinics are managed by dental surgeons who also involved in providing preventive oral healthcare. Mobile dental services for inaccessible groups are provided through a network of mobile dental units located at regional offices. Specialist services are provided by consultants in Oral and Maxillo-Facial Surgery, Orthodontics, Restorative Dentistry, Community Dentistry and Oral Pathology through a network of specialist dental clinics in respective disciplines<sup>1</sup>.

Oral healthcare services to the nation are also delivered through multi-sector collaborative activities. Basic information related to good oral health practices is introduced into school curricular and the school dental programme is integrated with the school medical inspection. Similarly, 'oral health package' is introduced into existing family health services and cancer control programmes. Moreover, assistance from NGOs and commercial enterprises is encouraged for public awareness and mobile dental programmes as well as the development and marketing of consumer products that are conducive to promote oral health such as fluoridated toothpaste<sup>1</sup>.

#### 1.3.1 Manpower and facilities of dental services

The Faculty of Dental Sciences of University of Peradeniya is the only institution that trains dental surgeons and dental technicians in the country while the Dental Therapist Training School under Ministry of Health trains SDTs. Dental specialists of all disciplines are trained at the Postgraduate Institute of Medicine of University of Colombo. On average, 10 dental specialists, 80 dental surgeons, 03 dental laboratory technicians and 50 SDTs qualify from these institutions annually<sup>1</sup>. Improvement of dental manpower status in Sri Lanka over the years is given in Table 1.2.

Table 1.2: Dental manpower in Sri Lanka: Government sector (for selected years)

| Category                                | 1984 <sup>15</sup> | 1994 <sup>16</sup>      | 2002 <sup>9</sup> | 2015 <sup>1</sup> |
|---|--------------------|-------------------------|-------------------|-------------------|
| Dental specialists                      |                    |                         |                   |                   |
| Oral and Maxillo-facial Surgery         | 10                 | 15                      | 22                | 28                |
| Orthodontics                            | 03                 | 04                      | 07                | 21                |
| Community Dentistry                     | 12                 | 05                      | 06                | 11                |
| Restorative Dentistry                   | 0                  | 0                       | 02                | 09                |
| Oral Pathology                          | 0                  | 0                       | 0                 | 01                |
| Dental surgeons                         | 311                | 387 <sup>17</sup>       | 765               | 1536              |
| School dental therapists                | 434                | 490                     | 450               | 383               |
| Dental technicians                      | 12                 | 38                      | 11                | 50                |
| Dental clinics in the government sector | 201                | 335(1996) <sup>17</sup> | 312               | 712               |
| School dental clinics                   | 213                | 350(1996) <sup>17</sup> | 379               | 488               |

Due to inadequate numbers, dental professionals and dental technicians in the government sector are allowed to engage in private practice after their duty hours. SDTTs are not allowed to engage in private practice.

## 1.4 Oral disease burden in Sri Lanka

Since 1984, the Ministry of Health has assessed the oral disease burden in Sri Lankan population periodically. Using the guidelines recommended by the World Health Organization (WHO), three National Oral Health Surveys (NOHS) were conducted in 1983, 1994 and 2002 and the data gathered have been used for planning of dental services. Summary of key oral health related information of the three past NOHS are given in Table 1.3.

Table 1.3: Oral disease trends in Sri Lanka (selected indicators based on NOHS reports)

| Category   | Age group    | National Oral Health Survey |                         |                         |
|--|--------------|-----------------------------|-------------------------|-------------------------|
|  |              | 1983-1984 <sup>15</sup>     | 1994-1995 <sup>16</sup> | 2002-2003 <sup>18</sup> |
| Mean no. of teeth present  | 5 years      | 17.9                        | 17.7                    | 19.6                    |
|  | 12 Years     | 24.9                        | 25.4                    | 25.7                    |
|  | 15 years     | -                           | 27.6                    | 27.8                    |
|  | 35-44 years  | 25.8                        | 25.8                    | 26.4                    |
|  | 65- 74 years | -                           | 11.5                    | 12.2                    |
| Edentulous (%)   | 35-44 years  | 1.1                         | 1.6                     | 0.1                     |
|  | 65- 74 years | -                           | 36.9                    | 21.8                    |
| Dental caries:<br>Percentage prevalence and severity<br>(mean DMFT/dmft)                                   | 5 years*     | 78% (4.4)                   | 76.4% (4.1)             | 65.5% (3.6)             |
|  | 12 Years     | 67% (1.9)                   | 53.1% (1.4)             | 40% (0.9)               |
|  | 15 years     | -                           | 69.7% (2.5)             | 52.2% (1.5)             |
|  | 35-44 years  | 92% (9.2)                   | 91.1% (10.1)            | 89.8% (8.4)             |
|  | 65- 74 years | -                           | 64.5 % (22.5)           | 71.1% (17.2)            |
| Percentage of people with active<br>caries to total caries experience<br>[%D(d)/%DMFT(dmft)]               | 5 years*     | 99.4                        | 95.7                    | 97.1                    |
|  | 12 Years     | 95.6                        | 88.2                    | 88.3                    |
|  | 15 years     | -                           | 93.3                    | 90.1                    |
|  | 35-44 years  | 84.5                        | 87.5                    | 82.3                    |
|  | 65- 74 years | -                           | 72.1                    | 66.9                    |
| Periodontal disease (based on CPI)<br>Percentage of people need no<br>treatment: healthy (CPI=0)           | 5 years      | -                           | 31.8                    | -                       |
|  | 12 Years     | 12.0                        | 13.4                    | 27.2                    |
|  | 15 years     | -                           | 12.7                    | 3.2                     |
|  | 35-44 years  | 5.0                         | 2.1                     | 10.1                    |
|  | 65- 74 years | -                           | 0.8                     | 1.9                     |
| Percentage of people need oral<br>hygiene instructions (OHI) and scaling<br>(CPI=2)                        | 5 years      | -                           | 21.7                    | -                       |
|  | 12 Years     | 76.0                        | 5.1                     | 57.9                    |
|  | 15 years     | -                           | 52.6                    | 1.9                     |
|  | 35-44 years  | 55.0                        | 29.1                    | 67.5                    |
|  | 65- 74 years | -                           | 13.6                    | 57.8                    |
| Percentage of people need OHI,<br>scaling and complex care (CPI 3+4)                                       | 5 years      | -                           | 0.1                     | -                       |
|  | 12 Years     | 3.0                         | 2.9                     | 0.1                     |
|  | 15 years     | -                           | 13.5                    | 0.6                     |
|  | 35-44 years  | 37.0                        | 63.6                    | 16.9                    |
|  | 65- 74 years | -                           | 85.3                    | 19.9                    |
| Tooth cleaning habits<br>Percentage of people use of tooth<br>brush and toothpaste                         | 5 years      | -                           | 73.8                    | 78.9                    |
|  | 12 Years     | -                           | 80.9                    | 85.5                    |
|  | 15 years     | -                           | 87.9                    | 89.9                    |
|  | 35-44 years  | -                           | 64.4                    | 81.2                    |
|  | 65- 74 years | -                           | 24.6                    | 35.6                    |
| Dental service utilization pattern<br>Percentage of people visit dental clinic<br>during the past one year | 5 years      | -                           | 40.5                    | 10.1                    |
|  | 12 Years     | -                           | 35.2                    | 43.1                    |
|  | 15 years     | -                           | 16.1                    | 13.7                    |
|  | 35-44 years  | -                           | 25.7                    | 25.6                    |
|  | 65- 74 years | -                           | 9.8                     | 12.6                    |

- Not assessed \* Deciduous teeth

Note: In NOHSs 1983-1984 and 1994-1995, 6-year-olds were examined instead of 5-year-olds

The results show a declining trend in the prevalence and severity of dental caries and gum disease over the years among all age groups coupled with an increasing trend in the mean number of teeth present. However, a substantial burden of oral disease still prevails. The figures also show that the oral health related habits have improved with time.

#### 1.4.1 Dietary habits and harmful habits

With the collaboration of the WHO, the Ministry of Health periodically assessed tobacco, alcohol, fruit and vegetable consumption patterns among Sri Lankan population through non-communicable disease risk factor STEPS surveys<sup>19</sup>. When considering the fruit consumption, more than 70% of the population consumed fruits less than the recommended amount (5 servings /day)<sup>19</sup>. The information on the tobacco and alcohol use among selected age groups of the Sri Lankan population is given in Table 1.4. According to the data, alcohol and tobacco use among females was substantially lower than males.

Table 1.4: Tobacco and alcohol use in Sri Lankan population in the year 2015 (selected age groups)<sup>19</sup>

|                       |                                    | Age group | Male | Female |
|-----------------------|------------------------------------|-----------|------|--------|
| Smoking (%)           | Never smoked                       | 30-44yrs  | 52.1 | 99.8   |
|                       |                                    | 60-69yrs  | 36.7 | 99.8   |
|                       | Daily smoking                      | 30-44yrs  | 22.6 | 0.0    |
|                       |                                    | 60-69yrs  | 22.0 | 0.0    |
| Smokeless tobacco (%) | Never used                         | 30-44yrs  | 65.7 | 95.6   |
|                       |                                    | 60-69yrs  | 55.5 | 86.5   |
|                       | Used daily                         | 30-44yrs  | 21.3 | 2.4    |
|                       |                                    | 60-69yrs  | 34.6 | 10.7   |
| Alcohol use (%)       | Never used                         | 30-44yrs  | 34.5 | 96.6   |
|                       |                                    | 60-69yrs  | 30.9 | 94.8   |
|                       | Current user (within past 30 days) | 30-44yrs  | 42.3 | 0.3    |
|                       |                                    | 60-69yrs  | 33.6 | 1.0    |

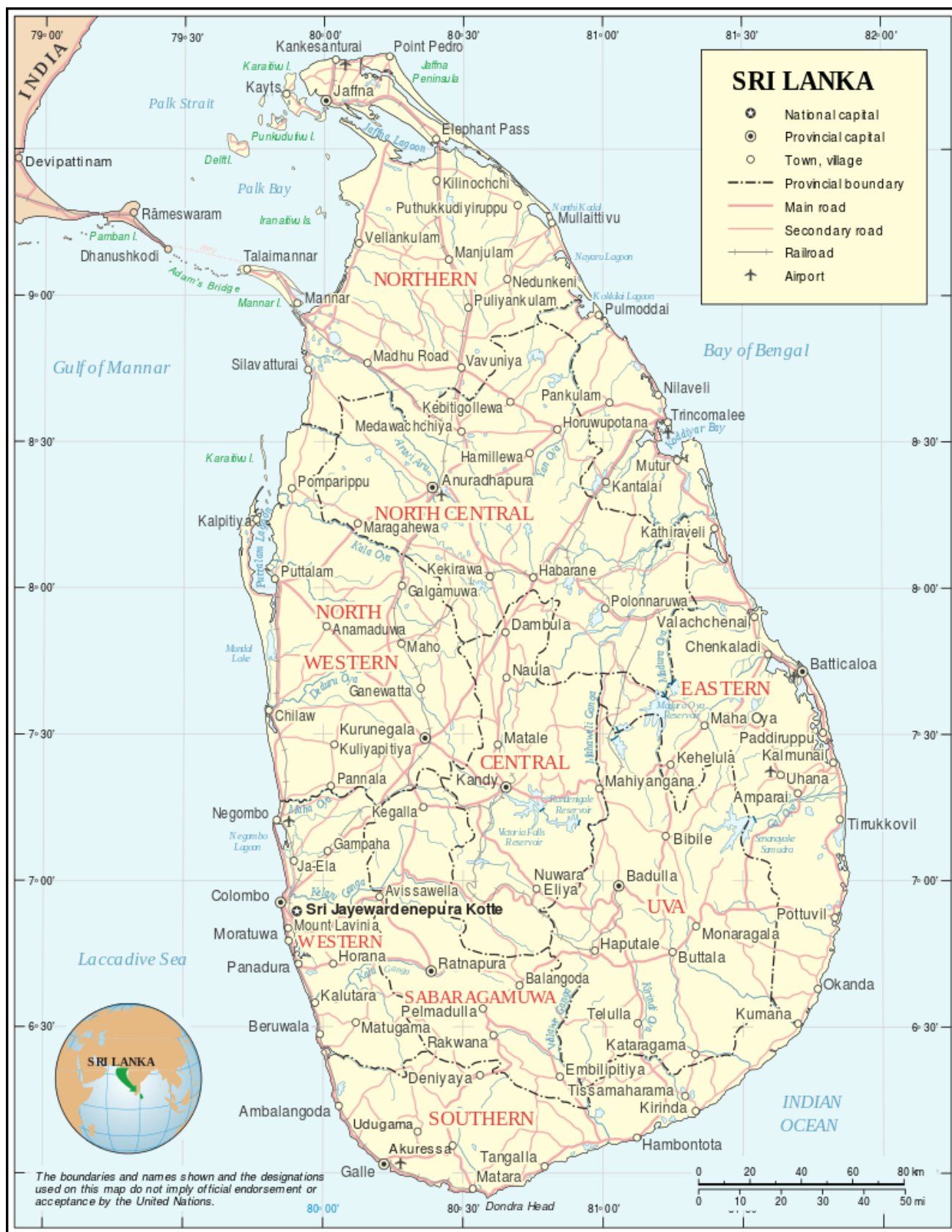
Even though there are no population-based periodical assessment mechanisms on the sugar and sweet consumption patterns, there are evidence of higher sugar and fizzy-drink consumption in Sri Lankan children and adolescents<sup>20,21</sup>. Moreover, the use of smokeless tobacco products, particularly in the form of commercially available packets, is also becoming popular among the population from recent years<sup>22</sup>.

#### 1.5 Purpose of the survey

There has been a rapid socio-economic development in Sri Lanka, particularly in the last decade, which has resulted in an improvement of oral health infrastructure and service delivery. Therefore, the main objective of the fourth National Oral Health Survey was to describe the oral disease burden and health service utilization pattern of the Sri Lankan population. The results will be useful to assess the effectiveness of existing oral health services. The results will also provide valuable evidence for the improvement of oral health services in terms of planning infrastructure, human resources development and financial allocations at national, provincial and district levels.

In addition, this information will update the existing NOHS data-base; therefore will be useful for monitoring and comparing oral disease trends at district, provincial, national and even at international levels. This survey will also provide a good oral health data source for academics and researchers.

Figure 1.1 Map of Sri Lanka





## Chapter 2

### Materials and methods

#### 2.1 Factors considered in developing the survey methodology

- Population representation: Since there is a considerable variation in the structure of population in terms of sex, ethnicities and sectors (urban/rural), proper population representation is vital in the sample.
- District-based information: Since the district is the local administrative and managerial-hub in Sri Lanka, district-based results will be important in planning oral healthcare services.
- Standard methodology: Since previous NOHSs were conducted using WHO guidelines, the use of the same is required to monitor disease trends and for local, national and international comparisons.
- Logistics and feasibility: These factors are important when conducting an island-wide survey. Therefore, survey methodology used in previous NOHSs was observed. The summary of survey methodology used in previous NOHSs is given in the Table 2.1

Table 2.1 Summary of survey methodology used in past National Oral Health Surveys

| Survey                                  | 1983-1984 <sup>15</sup>   | 1994-1995 <sup>16</sup>  | 2002-2003 <sup>18</sup>   |
|---|---|--|---|
| Age groups considered                   | 6 years, 12 years and 35-44 years (WHO index groups <sup>23</sup> )   | 6 years, 12 years, 15 years, 35-44 years and 65-74 years (WHO index groups <sup>23</sup> )               | 5 years, 12 years, 15 years 35-44 years and 65-74 years (WHO index groups <sup>23</sup> ) |
| Sample size                             | 5,760   | 10,000   | 10,000  |
| Sampling technique                      | Multistage stratified cluster sampling technique combined with probability proportionate to size (PPS)                                    | Multistage stratified cluster sampling technique combined with PPS                                       | Multistage stratified cluster sampling technique combined with PPS                        |
| Number of clusters                      | 48 (urban 24 and rural 24)<br>* PPS applied for urban and rural school lists separately   | 48 (urban 16 and rural 32)<br>PPS sampling technique applied for urban and rural school lists separately | 50 (urban 10 and rural 40)<br>PPS sampling technique for entire school list               |
| Districts covered (out of 25 districts) | 19/25<br>(Not covered: Matale, Ampara, Mannar, Mullaitivu, Kilinochchi)   | 19/25<br>(Not covered: Monaragala, Polonnaruwa, Mannar, Mullaitivu, Kilinochchi)                         | 22/25<br>(Not covered: Mannar, Mullaitivu, Kilinochchi)                                   |
| Cluster size                            | 120<br>(40 from each age group)   | 175 for urban (35 from each age group)<br>225 for rural (45 from each age group)                         | 200<br>(40 from each age group)   |
| Examination setting                     | 5-year-olds, 12-year-olds and 15-year-olds at schools;<br>35-44-year-olds and 65-74-year-olds: at their houses (by house-to-house visits) |  |   |
| Examination criteria                    | Recommended by the WHO <sup>23</sup>  |  |   |

Considering the above factors,

- Five index age groups recommended by the WHO for population level oral health surveys<sup>23</sup> were considered for the survey, i.e. 5 years, 12 years, 15 years, 35-44 years and 65-74 years.
- Considering logistics and feasibility, it was decided to study an island-wide sample of 10,000 subjects, representing 2000 subjects from each age group, similar to last two surveys.
- In order to increase the probability of representing all administrative districts of the country, it was also decided to select 100 clusters. Therefore, 100 subjects (cluster size) were selected from a cluster with 20 from each age group.
- Since there was a considerable female over-representation in 35-44-year-old and 65-74-year-old age groups in past NOHSs, it was decided to include equal number of males and females (10 each) for 35-44-year-olds and 65-74-year-olds from each cluster to maintain the sex ratio of the country within the sample.

- Multi-stage stratified cluster sampling technique was employed to select the sample. To achieve proper representation of the population, cluster sampling combined with probability proportionate to size (PPS) technique was used.

## 2.2 Sampling procedure

### 2.2.1 Sampling error

Since the sample size was not calculated according to the prevalence of the diseases, the error that could be tolerated for the national value obtained for a given age group at 95% confidence level was calculated using the following formula<sup>24</sup>.

$$D = 1.96 \times SE = 1.96 \times \left\{ \frac{P \times Q}{N} \right\}^{1/2}$$

|       |    |  |
|-------|----|--|
| When; | D  | = Estimated error,   |
|       | P  | = Expected prevalence of the disease (maximum is 50% prevalence, i.e. 0.5) |
|       | Q  | = (1 – P) = 0.5  |
|       | N  | = Sample size = 2000,  |
|       | SE | = Standard error at 95 % confidence interval = 1.96                        |

Therefore, maximum error (D) that has to be tolerated for a national value (2000 participants) of a disease was:

$$D = 1.96 \times \left\{ \frac{0.5 \times 0.5}{2000} \right\}^{1/2} = 0.0219 = 2.2\%$$

For a district, assuming that one cluster would be selected (n=100), the maximum error for a given age group (20 participants) that has to be tolerated was:  $D = 1.96 \times \left\{ \frac{0.5 \times 0.5}{20} \right\}^{1/2} = 0.2191 = 21.9\%$

### 2.2.2 Sampling frame

Considering following facts it was decided to use the list of schools maintained by the Ministry of Education as the sampling frame.

- Out of the five index age groups, 6-year-old, 12-year-old, and 15-year-old age groups consist of children attending school.
- In Sri Lanka, more than 90% of 6-year-olds, 12-year-olds and 15-year-old olds attend schools.
- Schools are readily accessible; therefore provide a feasible and convenient setting for data collection from children.
- The Ministry of Education routinely maintains an updated database of schools with the number of children.
- There was no other reliable source of information available at local level.

A soft copy of the updated list of schools of Sri Lanka for the year 2011 was obtained from the Ministry of Education. This comprehensive list contained all the schools in the country arranged in the order of province, district, type of local authority and education division. For each school, the list also gave the address of school and the number of children in a school according to the grades.

## 2.3 Selection of the sample

Selection of the sample was done in two stages. In the first stage, clusters were identified using PPS sampling technique. In the second stage, subjects were selected for each age group from the identified clusters.

### Stage 1 – Selecting the clusters

A school was considered as the cluster. Eligible students in the index groups; namely 5-year-olds, 12-year-olds, and 15-year-olds, were recruited from the selected cluster school. For 35-44-year-olds and 65-74-year-olds, the cluster was the closest area to the selected school and within the same GN division.

To identify 100 cluster schools, the following method was adopted. Firstly, the cumulative total of school children was calculated for the entire list. For this, the same order of arrangement of schools in the list provided by the Ministry of Education was used. According to this list, there were 3,940,072 children in 9685 schools in 25 administrative districts.

To obtain the sampling interval, the total number of children was divided by the number of clusters required (100). Thus the sampling interval was:  $3,940,072/100 = 39,400$

Next, a random number (19330), which is less than the sampling interval, was selected to decide the first cluster school from the top of the list. The school that had the 19330<sup>th</sup> student in the cumulative total was considered as the first cluster. The second cluster was selected by adding the sampling interval to the random number. Remaining clusters were selected by adding the sampling interval to the previously selected number. This method yielded 28 urban and 72 rural clusters representing all administrative districts in Sri Lanka. The distribution of clusters by districts and the sector (urban/rural) are given in Figure 2.1 and Annexure 1

Then, in all selected schools, the index grades were identified; grade 1 for 5-year-olds, grade 8 for 12-year-olds and grade 11 for 15-year-olds. After that, the total number of children in index grades was determined. If the required number of students (i.e. 20) in any index grade was not available in the selected school, the next school with sufficient number of students was selected as an additional school. Both schools were given 3 random numbers each for each index age group.

## Stage 2 – Random selection of subjects from selected clusters

### a. Selection of 5-year-old, 12-year-old and 15-year-old age groups

To determine the available number of students for the recruitment to the sample in index grades of a particular school was difficult in some times due to several reasons.

- The list of schools used was updated in 2011, thus may not be accurate.
- Absenteeism on the day of examination.
- As the index age groups were determined based on the assumption that the 5-year-olds are in grade 1, there is a possibility of over-aged students in a given class due to following reasons.
  - Possibility of delayed admissions, particularly in rural areas.
  - If the examination is done during the second-half of the calendar year, there is a possibility that the majority of students in an index grade are over-age.

Therefore, the following procedure was adopted.

On the day of examination, for a given school, examiners were asked to prepare the list of all eligible and available students for three index age groups separately. Because of the possibility of having over-age and under-age students, examiners were also instructed to look for eligible students in the grade above and in the grade below the index grade and prepare the list in the order of index grade, grade below and grade above it.

When the eligible students were more than the number needed (i.e. >20), the examiners were asked to use the systematic sampling technique to obtain the required number. Firstly, they had to calculate the sampling interval. Then using the given random number, they had to select the first child from the list of eligible students and then by adding the sampling interval repeatedly they had to recruit the remaining number of students.

When the eligible number was less than the required number needed (i.e. <20), the examiners were asked to recruit all of them and move to the next school given in the list to take the balance. List of visited schools is given in Annexure 2. The procedure of selecting children is described with examples in Annexure 3.



b. Selection of 35-44-year-old and 65-74-year-old age groups

35-44-year-old and 65-74-year-old age groups were selected from the neighbourhood of the school. The examiners were advised not to cross the boundary of the GN division in which the school is located to ensure the sector (urban/rural) variation is intact.

The first household was the physically nearest to the school, measured from the main entrance of the school to the main entrance of the house. Once the examiners completed the data collection of eligible individuals in a house, they were advised to move to the next closest house. People who were not residing in the area (visitors etc.) were excluded. They were advised to follow this procedure until they completed the required number of subjects, i.e. 20 from each index groups. Furthermore, they were advised to ensure sex ratio intact by recruiting 10 males and 10 females for each age group.

Details of selecting adult and elderly age groups with examples are given in Annexure 3.

## 2.4 Oral health assessment form

### 2.4.1 Layout and content

The oral health assessment form consisted of several sections (Annexure 4). It was based on the 'Oral Health Assessment Form' recommended by the WHO for population surveys<sup>23</sup>. However, to suit local requirement of the country, few modifications were made.

Sections A, B, C and O consisted of questions on socio-demographic factors, habits and dental service utilization pattern in the form of an interviewer-administered questionnaire.

Sections D, E, F, G, H, I, J, K, L, M and N consisted of a data record sheet for clinical oral examination. Oral mucosal conditions, enamel fluorosis, tooth-wear, dental trauma, dento-facial anomalies, dentition status, periodontal status, loss of attachment, calculus, treatment need and denture-wearing status were recorded during clinical examination.

The size of the form was restricted to two A4 size pages for easy handling and recording. All the cages of the form were coded to facilitate data entry.

### 2.4.2 Clinical examination criteria, questions and codes

A separate guideline was formulated for examiners, which consisted of instructions on administering questionnaire, criteria for clinical examination and respective codes (Annexure 5). The examiners were instructed to read the guideline thoroughly and familiarize themselves with the questions, clinical procedures and codes.

## 2.5 Examiner training, calibration and maintenance of data quality

A total of 29 examiners who possess MSc in Community Dentistry were selected as examiners for the survey. They were trained and calibrated against gold-standards (03 Consultants in Community Dentistry who also had experience as examiners in previous NOHS) to minimize the examiner variability. Intra and inter examiner variability was assessed throughout the survey by duplicating the examinations and interviews.

Examiner training and calibration session were conducted in two identical episodes two days apart. The calibration was based on tooth-by-tooth assessments of caries (DMFT/dmft scores) and periodontal (gingival bleeding-on-probing and periodontal pockets) status of a given patient. All examiners were allocated patients and examination findings were compared between examiners as well as with the findings of the experts to ensure validity and reliability. If any examiner failed to achieve a satisfactory level of consistency, he/she was further calibrated against the experts.

In addition, at progress-review meetings, the identified issues related to data collection during the survey were further discussed and rectified.

Consistency of examinations was also measured by instructing examiners to make duplicate examinations on samples of 5-year-olds, 12-year-olds and 15-year-olds. Interclass-correlations of those examinations were calculated to measure the consistency of examinations. Variables that were subjected to errors during examiner calibration were used for this exercise. Details of the examiner training and calibration are given in Annexure 6.

SDTs (and in few instances dental surgeons) functioned as data recorders. They were selected from the area where the cluster was located and trained by the respective examiners at the field setting. Prior to data collection, they were briefed about the survey guidelines and the data collection form. During the survey, the examiners constantly monitored the entries to ensure accuracy of the recording.

## 2.6 Administrative requirements

Permission was obtained from the Secretary, Ministry of Education to conduct the survey in schools island-wide. Relevant provincial, zonal and divisional education directors and the school principals were informed prior to visiting the schools. Moreover, all RDHSs, RDSs and relevant MOHs were also informed. Furthermore, all the examiners were provided with a letter by the DGHS authorizing them to engage in data collection for the survey with an identity card signed by the DDG/DS.

## 2.7 Data collection

The survey team was instructed to visit the selected school initially for examination of 5-year-olds, 12-year-olds, and 15-year-olds and then to move to the field for examination of the 35-44-year-olds and 65-74-year-olds. The team was advised to introduce themselves, explain the purpose, the survey procedure and obtain consent from the participants before examinations and interviews.

To facilitate data collection, 'examination-units' were formed; each consisted of an examiner, a data recorder and an assistant. Each examiner was provided with an 'enumeration-kit' which consisted of a survey guideline, set of survey forms, pencils, pencil sharpener and erasers (Figure 2.2). All the interviews and examinations were performed by trained and calibrated examiners and data were recorded by SDTs or dental surgeons who are serving in the survey area. During the clinical examinations, assistance was provided by trained health assistants. In general, 03 examination-units were allocated per cluster. However, depending on the logistics in terms of travelling distance and the population density, 02-04 examination-units were assigned for some clusters. Public Health Midwives (PHMs) and Public Health Inspectors (PHIs) of a given area provided assistance during the house-to-house visits searching for 35-44-year-olds and 65-74-year-olds. Logistic support was arranged by the RDSs and MOHs of the area. (The members of a survey team is given in Figure 2.3)

Examinations were carried out under the daylight, while the subject was seated on a normal chair. A mouth mirror, Community Periodontal Index (CPI) probe, a pair of tweezers and a piece of gauze were used for the oral examination. Sterile instruments were used for all the subjects and the standard precautions in infection control were adopted (Figures 2.4 and 2.5).

At the end of data collection, the participant was informed about his/her oral health status with appropriate referrals where necessary. Also all examiners were instructed to check the data entries before leaving the participant. The list of examiners who participated in the survey and their total number of examinations are given in Annexure 7.

## 2.8 Data entry, analysis and presentation

All examiners were asked to double-check the entries before submitting the data collection forms to the coordinating centre situated at Institute of Oral Health, Maharagama. All data collection forms were manually checked by the Principal Investigator (PI) for completeness and accuracy. Encountered incorrect or illogical entries were rectified in consultation with the relevant examiners. Record sheet either with more than 50% missing values or illogical entries, such as mismatch of teeth with the age group, were not considered for analysis. In records with missing entries where the examiner was unable to explain the reasons for missing data, those fields were coded as 'not recorded'. Total teeth-count and missing-teeth-count under sections of caries and periodontal assessments were used as bench-mark for consistency of recording.

Subsequently, all data forms were sent for data entry using Census and Survey Processing System (CSPro) version 6.3 software. The data entry programme was developed by an expert on Health Informatics with the consultation of the PI. In order to minimize entry errors and to maintain accuracy, logic-checks and field restrictions were included into the data entry programme. Data entry was carried out by three data entry operators who were familiar with the software and their accuracy of data entry was assured by an expert before entrusting the assignment.

Following data entry, the data-set was transferred to Microsoft Excel and then to Statistical Package for the Social Sciences (SPSS) version 15. Accuracy of entries was then assessed again by the PI with the help of a statistician. Frequency tables and cross-tabs of selected variables with age group were used to check incorrect entries.

Data analysis and presentation were done according to WHO guidelines given in the Oral Health Surveys Basic Methods 5<sup>th</sup> edition<sup>23</sup>. However, to meet country specific requirements, additional tables on sub-sector variations such as sex, ethnicity, sector (urban/rural) and district variations were also derived. District-based tables of disease pattern are given in a separate section; Chapter 6.

Data were presented as percentages and mean values (with SD) whenever appropriate. All percentages, mean values and standard deviations were given to one decimal point. Hence, in certain instances, there is a possibility that the figures given in sub-categories might not tally the total due to rounding effect.

## 2.9 Expenditure of the survey

This survey is funded by the Ministry of Health and the WHO. Expenditure of the survey is given below.

| Activity  | Total expenditure (LKR.) |
|---|--------------------------|
| 1. Preliminary planning and review meetings               | 102,450.00               |
| 2. Purchasing instruments and equipment (e.g. CPI probes) | 1,500,000.00             |
| 3. Data collection  | 3,230,760.00             |
| 4. Data entry and verification                            | 410,700.00               |
| 5. Printing   | 340,000.00               |
| <b>Total</b>  | <b>5,583,910.00</b>      |

Figure 2.1 Cluster distribution of the National Oral Health Survey 2015-2016

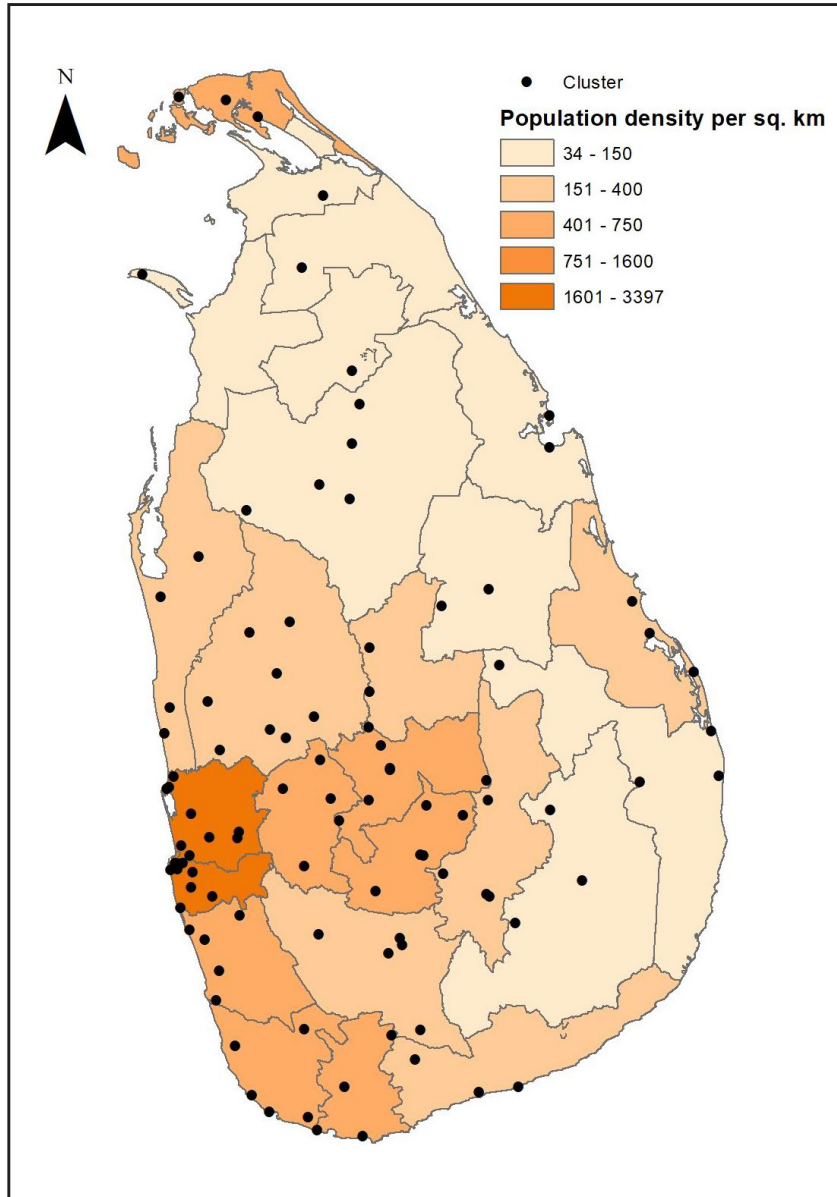


Figure 2.2: Enumeration kit

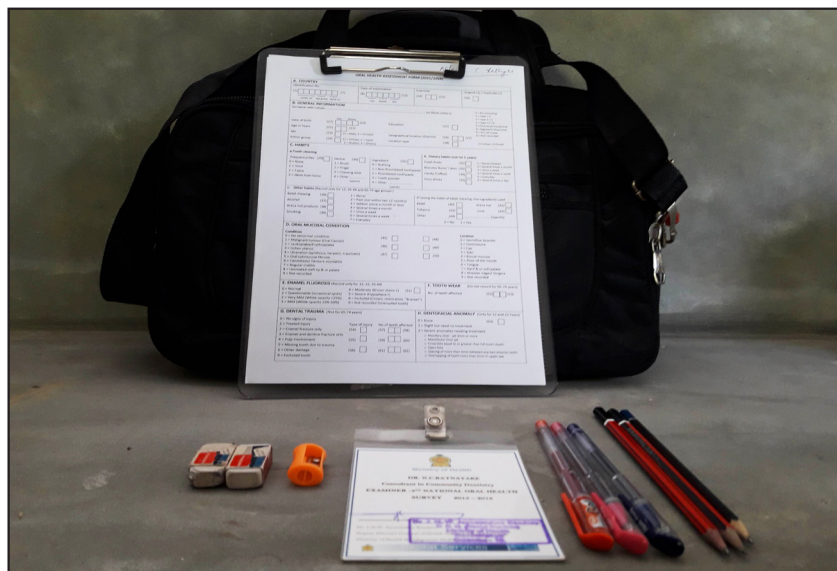


Figure 2.3: Survey team for a cluster (4 examination units)



Figure 2.4: Examination: School setting



Figure 2.5: Examination: House-to-house visits



## Chapter 3

# Results

### 3.1 Sample characteristics

#### 3.1.1 Socio-demographic characteristics

The sample consisted of 9935 participants in five index age groups. Sex, ethnic, education and sector distribution of the participants according to age groups is given in Table 3.1. National census data (2012) is also given for comparison of selected parameters<sup>2</sup>.

Table 3.1: Percentage distribution of participants according to age groups, sex, ethnicity, sector and educational status

|                    |                      | Age groups |       |       |          |          | Total | % of population in Sri Lanka (Census 2012) |
|--------------------|----------------------|------------|-------|-------|----------|----------|-------|--|
|                    |                      | 5yrs       | 12yrs | 15yrs | 35-44yrs | 65-74yrs |       |  |
| Total sample       | (N)                  | 1995       | 1996  | 2003  | 1982     | 1959     | 9935  |  |
| Sex                | Male                 | 52.3       | 50.1  | 50.0  | 48.4     | 49.8     | 50.1  | 48.4                                       |
|                    | Female               | 47.7       | 49.9  | 50.0  | 51.6     | 50.2     | 49.9  | 51.6                                       |
| Ethnicity          | Sinhalese            | 69.9       | 70.1  | 69.9  | 66.6     | 66.1     | 68.5  | 74.9                                       |
|                    | Tamils               | 15.1       | 15.4  | 15.1  | 16.5     | 16.8     | 15.8  | 15.3                                       |
|                    | Muslims              | 14.9       | 14.4  | 15.0  | 16.8     | 16.9     | 15.6  | 9.3  |
|                    | Other                | 0.1        | 0.1   | 0.0   | 0.1      | 0.2      | 0.1   | 0.5  |
| Sector             | Urban                | 28.5       | 28.5  | 28.5  | 27.9     | 28.3     | 28.3  | 18.2                                       |
|                    | Rural                | 71.5       | 71.5  | 71.5  | 72.1     | 71.7     | 71.7  | 81.8                                       |
| Educational status | No schooling         | 0.0        | 0.0   | 0.0   | 1.0      | 8.2      | 1.8   |  |
|                    | Year 1-5             | 100.0      | 0.0   | 0.0   | 7.2      | 30.4     | 27.5  |  |
|                    | Year 6-11            | 0.0        | 100.0 | 100.0 | 63.0     | 48.9     | 62.5  |  |
|                    | Year 12-13           | 0.0        | 0.0   | 0.0   | 23.2     | 8.2      | 6.3   |  |
|                    | Technical/Vocational | 0.0        | 0.0   | 0.0   | 0.9      | 1.6      | 0.5   |  |
|                    | Degree/Professional  | 0.0        | 0.0   | 0.0   | 4.1      | 2.1      | 1.2   |  |
|                    | Do not know          | 0.0        | 0.0   | 0.0   | 0.0      | 0.2      | 0.0   |  |
|                    | Not recorded         | 0.0        | 0.0   | 0.0   | 0.6      | 0.4      | 0.2   |  |

Compared to national census data, there is an over-representation of Muslims and urban population in the survey participants. Moreover, there is an under-representation of Sinhalese and 'other' ethnic groups across all age groups.

### 3.1.2 District representation

Table 3.2: Number and percentage distribution of participants in the sample according to districts

| District     | No. of clusters | Age group   |             |             |             |             | Total       |              | % of population in Sri Lanka (census 2012) |
|--------------|-----------------|-------------|-------------|-------------|-------------|-------------|-------------|--------------|--|
|              |                 | 5yrs        | 12yrs       | 15yrs       | 35-44yrs    | 65-74yrs    | N           | %            |  |
| Colombo      | 9               | 180         | 179         | 180         | 178         | 176         | 893         | 9.0          | 11.4                                       |
| Gampaha      | 9               | 180         | 180         | 181         | 177         | 179         | 897         | 9.0          | 11.3                                       |
| Kalutara     | 5               | 100         | 100         | 102         | 100         | 100         | 502         | 5.1          | 6.0  |
| Kandy        | 7               | 140         | 140         | 140         | 136         | 134         | 690         | 6.9          | 6.8  |
| Matale       | 2               | 40          | 40          | 40          | 40          | 39          | 199         | 2.0          | 2.4  |
| Nuwara-Eliya | 5               | 100         | 99          | 100         | 99          | 98          | 496         | 5.0          | 3.5  |
| Galle        | 5               | 98          | 99          | 100         | 99          | 100         | 496         | 5.0          | 5.2  |
| Matara       | 4               | 79          | 80          | 80          | 79          | 79          | 397         | 4.0          | 4.0  |
| Hambantota   | 3               | 60          | 60          | 60          | 59          | 60          | 299         | 3.0          | 2.9  |
| Jaffna       | 4               | 80          | 80          | 80          | 80          | 78          | 398         | 3.0          | 2.9  |
| Mannar       | 1               | 20          | 21          | 20          | 20          | 20          | 101         | 1.0          | 0.5  |
| Vavuniya     | 1               | 20          | 20          | 20          | 20          | 19          | 99          | 1.0          | 0.9  |
| Mullaitivu   | 1               | 20          | 20          | 20          | 21          | 20          | 101         | 1.0          | 0.5  |
| Kilinochchi  | 1               | 20          | 20          | 20          | 20          | 20          | 100         | 1.0          | 0.6  |
| Batticaloa   | 3               | 60          | 60          | 60          | 60          | 58          | 298         | 3.0          | 2.6  |
| Ampara       | 5               | 100         | 99          | 100         | 97          | 95          | 491         | 4.9          | 3.2  |
| Trincomalee  | 2               | 40          | 39          | 40          | 40          | 39          | 198         | 2.0          | 1.9  |
| Kurunegala   | 8               | 160         | 160         | 160         | 159         | 160         | 799         | 8.0          | 7.9  |
| Puttalam     | 3               | 60          | 60          | 60          | 60          | 60          | 300         | 3.0          | 3.7  |
| Anuradhapura | 5               | 100         | 100         | 100         | 99          | 97          | 496         | 5.0          | 4.2  |
| Polonnaruwa  | 3               | 60          | 60          | 60          | 60          | 59          | 299         | 3.0          | 2.0  |
| Badulla      | 4               | 78          | 80          | 80          | 80          | 74          | 392         | 3.9          | 4.0  |
| Monaragala   | 3               | 60          | 60          | 60          | 60          | 60          | 300         | 3.0          | 2.2  |
| Ratnapura    | 4               | 80          | 80          | 80          | 80          | 78          | 398         | 4.0          | 5.3  |
| Kegalle      | 4               | 80          | 80          | 80          | 79          | 76          | 395         | 4.0          | 4.1  |
| <b>Total</b> | <b>100</b>      | <b>1995</b> | <b>1996</b> | <b>2003</b> | <b>1982</b> | <b>1959</b> | <b>9935</b> | <b>100.0</b> | <b>100.0</b>                               |

Compared to national census data, the participant representation in districts is comparable to the population representation of the country.

## 3.2 Oral health habits

Three oral health related habits were considered; tooth cleaning habits, dietary habits and harmful habits.

### 3.2.1 Tooth cleaning habits

Three aspects of tooth cleaning habit were considered; frequency, mode and ingredients used for tooth cleaning.

#### 3.2.1.1 Frequency of tooth cleaning

Question: - *How many times did you clean your teeth in the past 24 hours?*

Table 3.3: Percentage distribution of participants according to the frequency of tooth cleaning

|           | Age group | N    | Frequency/day |      |       |                 | Not recorded /Missing |
|-----------|-----------|------|---------------|------|-------|-----------------|-----------------------|
|           |           |      | None          | Once | Twice | More than twice |                       |
| Sri Lanka | 5yrs      | 1995 | 0.3           | 40.6 | 53.9  | 4.2             | 1.2                   |
|           | 12yrs     | 1996 | 0.1           | 48.0 | 50.1  | 1.9             | 0.0                   |
|           | 15yrs     | 2003 | 0.0           | 42.4 | 55.8  | 1.7             | 0.0                   |
|           | 35-44yrs  | 1982 | 0.3           | 21.2 | 73.3  | 5.2             | 0.0                   |
|           | 65-74yrs  | 1959 | 6.2           | 33.4 | 55.0  | 5.4             | 0.0                   |
| Male      | 5yrs      | 1043 | 0.2           | 42.2 | 52.4  | 4.2             | 1.0                   |
|           | 12yrs     | 999  | 0.1           | 53.2 | 44.6  | 2.1             | 0.0                   |
|           | 15yrs     | 1002 | 0.0           | 51.3 | 47.7  | 1.0             | 0.0                   |
|           | 35-44yrs  | 960  | 0.3           | 29.3 | 66.3  | 4.2             | 0.0                   |
|           | 65-74yrs  | 975  | 6.5           | 39.9 | 48.9  | 4.7             | 0.0                   |
| Female    | 5yrs      | 952  | 0.3           | 38.8 | 55.5  | 4.1             | 1.4                   |
|           | 12yrs     | 997  | 0.1           | 42.8 | 55.5  | 1.6             | 0.0                   |
|           | 15yrs     | 1001 | 0.1           | 33.6 | 63.9  | 2.4             | 0.0                   |
|           | 35-44yrs  | 1022 | 0.3           | 13.7 | 79.8  | 6.2             | 0.0                   |
|           | 65-74yrs  | 984  | 6.0           | 27.0 | 61.0  | 6.0             | 0.0                   |
| Sinhalese | 5yrs      | 1394 | 0.1           | 37.1 | 58.0  | 4.7             | 0.1                   |
|           | 12yrs     | 1399 | 0.1           | 44.9 | 53.6  | 1.4             | 0.0                   |
|           | 15yrs     | 1400 | 0.0           | 40.1 | 58.9  | 1.0             | 0.0                   |
|           | 35-44yrs  | 1320 | 0.4           | 17.8 | 78.3  | 3.6             | 0.0                   |
|           | 65-74yrs  | 1295 | 6.3           | 34.7 | 55.6  | 3.4             | 0.0                   |
| Tamil     | 5yrs      | 302  | 0.7           | 56.3 | 41.7  | 1.3             | 0.0                   |
|           | 12yrs     | 308  | 0.3           | 60.4 | 36.0  | 3.2             | 0.0                   |
|           | 15yrs     | 302  | 0.0           | 50.7 | 47.7  | 1.7             | 0.0                   |
|           | 35-44yrs  | 328  | 0.0           | 32.3 | 65.2  | 2.4             | 0.0                   |
|           | 65-74yrs  | 329  | 6.7           | 37.4 | 52.0  | 4.0             | 0.0                   |
| Muslim    | 5yrs      | 297  | 0.7           | 40.7 | 46.8  | 4.7             | 7.1                   |
|           | 12yrs     | 287  | 0.0           | 49.8 | 47.7  | 2.4             | 0.0                   |
|           | 15yrs     | 300  | 0.3           | 45.3 | 49.3  | 5.0             | 0.0                   |
|           | 35-44yrs  | 333  | 0.3           | 24.0 | 61.3  | 14.4            | 0.0                   |
|           | 65-74yrs  | 331  | 5.7           | 24.2 | 55.6  | 14.5            | 0.0                   |
| Urban     | 5yrs      | 568  | 0.0           | 38.7 | 53.5  | 4.2             | 3.5                   |
|           | 12yrs     | 568  | 0.0           | 41.2 | 56.7  | 2.1             | 0.0                   |
|           | 15yrs     | 571  | 0.0           | 37.0 | 61.5  | 1.6             | 0.0                   |
|           | 35-44yrs  | 553  | 0.4           | 25.0 | 70.0  | 4.7             | 0.0                   |
|           | 65-74yrs  | 554  | 5.1           | 31.4 | 58.7  | 4.9             | 0.0                   |
| Rural     | 5yrs      | 1427 | 0.4           | 41.3 | 54.0  | 4.1             | 0.2                   |
|           | 12yrs     | 1428 | 0.1           | 50.7 | 47.4  | 1.8             | 0.0                   |
|           | 15yrs     | 1432 | 0.1           | 44.6 | 53.6  | 1.7             | 0.0                   |
|           | 35-44yrs  | 1429 | 0.3           | 19.8 | 74.5  | 5.4             | 0.0                   |
|           | 65-74yrs  | 1405 | 6.7           | 34.2 | 53.5  | 5.6             | 0.0                   |

A majority of participants in all age groups cleaned their teeth twice a day. However, in 5-year-olds, 12-year-olds and 15-year-olds, a substantial proportion (>40%) cleaned their teeth 'once a day'.



### 3.2.1.2 Mode of tooth cleaning

Question: *What did you use to clean your teeth last time?*

Table 3.4: Percentage distribution of participants according to the mode of tooth cleaning

|           | Age group | N    | None | Brush | Finger | Other* | Not recorded /Missing |
|-----------|-----------|------|------|-------|--------|--------|-----------------------|
| Sri Lanka | 5yrs      | 1995 | 0.1  | 96.7  | 1.9    | 0.1    | 1.2                   |
|           | 12yrs     | 1996 | 0.0  | 97.5  | 2.5    | 0.0    | 0.0                   |
|           | 15yrs     | 2003 | 0.0  | 98.4  | 1.5    | 0.0    | 0.0                   |
|           | 35-44yrs  | 1982 | 0.0  | 95.9  | 3.7    | 0.3    | 0.2                   |
|           | 65-74yrs  | 1959 | 2.8  | 70.4  | 23.1   | 2.0    | 1.7                   |
| Male      | 5yrs      | 1043 | 0.1  | 97.1  | 1.8    | 0.0    | 0.1                   |
|           | 12yrs     | 999  | 0.0  | 97.4  | 2.6    | 0.0    | 0.0                   |
|           | 15yrs     | 1002 | 0.0  | 98.5  | 1.4    | 0.1    | 0.0                   |
|           | 35-44yrs  | 960  | 0.0  | 96.1  | 3.2    | 0.4    | 0.2                   |
|           | 65-74yrs  | 975  | 2.9  | 68.9  | 23.7   | 2.6    | 1.8                   |
| Female    | 5yrs      | 952  | 0.1  | 96.3  | 2.0    | 0.2    | 1.4                   |
|           | 12yrs     | 997  | 0.0  | 97.7  | 2.3    | 0.0    | 0.0                   |
|           | 15yrs     | 1001 | 0.0  | 98.3  | 1.7    | 0.0    | 0.0                   |
|           | 35-44yrs  | 1022 | 0.0  | 95.6  | 4.2    | 0.1    | 0.1                   |
|           | 65-74yrs  | 984  | 2.6  | 72.0  | 22.5   | 1.3    | 1.6                   |
| Sinhalese | 5yrs      | 1394 | 0.0  | 99.1  | 0.7    | 0.0    | 0.1                   |
|           | 12yrs     | 1399 | 0.0  | 99.3  | 0.7    | 0.0    | 0.0                   |
|           | 15yrs     | 1400 | 0.0  | 99.4  | 0.5    | 0.1    | 0.0                   |
|           | 35-44yrs  | 1320 | 0.0  | 98.0  | 1.7    | 0.3    | 0.2                   |
|           | 65-74yrs  | 1295 | 2.2  | 75.1  | 18.7   | 0.9    | 2.1                   |
| Tamil     | 5yrs      | 302  | 0.3  | 92.4  | 7.0    | 0.3    | 0.0                   |
|           | 12yrs     | 308  | 0.0  | 90.9  | 9.1    | 0.0    | 0.0                   |
|           | 15yrs     | 302  | 0.0  | 94.7  | 5.3    | 0.0    | 0.0                   |
|           | 35-44yrs  | 328  | 0.0  | 85.7  | 13.7   | 0.3    | 0.3                   |
|           | 65-74yrs  | 329  | 3.6  | 48.6  | 44.4   | 2.4    | 0.9                   |
| Muslim    | 5yrs      | 297  | 0.3  | 89.9  | 2.4    | 0.3    | 7.1                   |
|           | 12yrs     | 287  | 0.0  | 96.2  | 3.8    | 0.0    | 0.0                   |
|           | 15yrs     | 300  | 0.0  | 97.3  | 2.7    | 0.0    | 0.0                   |
|           | 35-44yrs  | 333  | 0.0  | 97.6  | 2.1    | 0.3    | 0.0                   |
|           | 65-74yrs  | 331  | 3.9  | 73.4  | 19.3   | 2.1    | 1.2                   |
| Urban     | 5yrs      | 568  | 0.0  | 95.4  | 1.1    | 0.0    | 3.5                   |
|           | 12yrs     | 568  | 0.0  | 97.5  | 2.5    | 0.0    | 0.0                   |
|           | 15yrs     | 571  | 0.0  | 99.1  | 0.9    | 0.0    | 0.0                   |
|           | 35-44yrs  | 553  | 0.0  | 95.1  | 4.5    | 0.2    | 0.2                   |
|           | 65-74yrs  | 554  | 2.7  | 71.7  | 23.1   | 1.1    | 1.4                   |
| Rural     | 5yrs      | 1427 | 0.1  | 97.3  | 2.2    | 0.1    | 0.2                   |
|           | 12yrs     | 1428 | 0.0  | 97.5  | 2.5    | 0.0    | 0.0                   |
|           | 15yrs     | 1432 | 0.0  | 98.1  | 1.8    | 0.1    | 0.0                   |
|           | 35-44yrs  | 1429 | 0.0  | 96.2  | 3.4    | 0.3    | 0.1                   |
|           | 65-74yrs  | 1405 | 2.8  | 70.0  | 23.1   | 2.4    | 1.9                   |

\*Other includes: Chewing-stick and Cloth

The most common mode of tooth cleaning in all age groups was the tooth brush. However, in 65-74-year-olds, 23.1% used the finger for tooth cleaning.

There was a variation in the mode of tooth cleaning among ethnic groups. A higher percentage of Tamils used the finger for tooth cleaning compared to the other two ethnic groups.

### 3.2.1.3 Ingredients used for tooth cleaning

Question: *What is the material/ingredient used last time to clean teeth?*

Note: *When the response was toothpaste, probing questions were asked to differentiate between fluoridated and non-fluoridated tooth paste.*

Table 3.5: Percentage distribution of participants according to the type of ingredients used for tooth cleaning

|           | Age group | N    | None | Fluoridated toothpaste | Non-fluoridated toothpaste | Tooth powder | Other* | Not recorded /Missing |
|-----------|-----------|------|------|------------------------|----------------------------|--------------|--------|-----------------------|
| Sri Lanka | 5yrs      | 1995 | 0.4  | 75.6                   | 11.2                       | 3.3          | 8.2    | 1.4                   |
|           | 12yrs     | 1996 | 0.1  | 80.0                   | 17.0                       | 2.1          | 0.8    | 0.1                   |
|           | 15yrs     | 2003 | 0.1  | 82.1                   | 16.4                       | 1.2          | 0.1    | 0.0                   |
|           | 35-44yrs  | 1982 | 0.1  | 79.3                   | 15.6                       | 3.2          | 1.6    | 0.2                   |
|           | 65-74yrs  | 1959 | 5.3  | 59.0                   | 10.9                       | 14.2         | 6.2    | 4.5                   |
| Male      | 5yrs      | 1043 | 0.4  | 75.0                   | 11.7                       | 3.4          | 8.3    | 1.3                   |
|           | 12yrs     | 999  | 0.0  | 80.5                   | 15.9                       | 2.5          | 1.1    | 0.0                   |
|           | 15yrs     | 1002 | 0.0  | 82.6                   | 15.4                       | 1.7          | 0.3    | 0.0                   |
|           | 35-44yrs  | 960  | 0.2  | 79.9                   | 14.6                       | 2.8          | 2.3    | 0.2                   |
|           | 65-74yrs  | 975  | 6.1  | 57.6                   | 9.6                        | 14.6         | 7.3    | 4.8                   |
| Female    | 5yrs      | 952  | 0.4  | 76.4                   | 10.6                       | 3.2          | 8.0    | 0.5                   |
|           | 12yrs     | 997  | 0.1  | 79.5                   | 18.1                       | 1.7          | 0.5    | 0.1                   |
|           | 15yrs     | 1001 | 0.2  | 81.5                   | 17.5                       | 0.8          | 0.0    | 0.0                   |
|           | 35-44yrs  | 1022 | 0.0  | 78.8                   | 16.6                       | 3.5          | 1.0    | 0.1                   |
|           | 65-74yrs  | 984  | 4.5  | 60.3                   | 12.2                       | 13.9         | 5.1    | 4.1                   |
| Sinhalese | 5yrs      | 1394 | 0.5  | 73.3                   | 14.3                       | 1.1          | 10.5   | 0.2                   |
|           | 12yrs     | 1399 | 0.1  | 76.6                   | 22.0                       | 0.4          | 1.0    | 0.0                   |
|           | 15yrs     | 1400 | 0.1  | 78.5                   | 21.1                       | 0.0          | 0.2    | 0.0                   |
|           | 35-44yrs  | 1320 | 0.1  | 75.8                   | 21.7                       | 0.8          | 1.4    | 0.2                   |
|           | 65-74yrs  | 1295 | 5.4  | 60.8                   | 14.1                       | 7.2          | 8.2    | 4.4                   |
| Tamil     | 5yrs      | 302  | 0.3  | 79.1                   | 4.6                        | 12.3         | 3.0    | 0.7                   |
|           | 12yrs     | 308  | 0.0  | 86.7                   | 3.9                        | 8.8          | 0.3    | 0.3                   |
|           | 15yrs     | 302  | 0.0  | 87.7                   | 6.6                        | 5.6          | 0.0    | 0.0                   |
|           | 35-44yrs  | 328  | 0.0  | 79.3                   | 4.3                        | 13.4         | 2.7    | 0.3                   |
|           | 65-74yrs  | 329  | 7.0  | 43.2                   | 3.6                        | 38.3         | 3.6    | 4.3                   |
| Muslim    | 5yrs      | 297  | 0.0  | 82.8                   | 3.0                        | 4.4          | 2.4    | 7.4                   |
|           | 12yrs     | 287  | 0.0  | 89.5                   | 6.6                        | 3.5          | 0.3    | 0.0                   |
|           | 15yrs     | 300  | 0.0  | 93.0                   | 4.3                        | 2.7          | 0.0    | 0.0                   |
|           | 35-44yrs  | 333  | 0.3  | 93.4                   | 2.7                        | 2.4          | 1.2    | 0.0                   |
|           | 65-74yrs  | 331  | 3.0  | 67.4                   | 5.7                        | 18.1         | 0.9    | 4.8                   |
| Urban     | 5yrs      | 568  | 0.0  | 76.8                   | 10.6                       | 1.8          | 7.4    | 3.5                   |
|           | 12yrs     | 568  | 0.0  | 86.8                   | 10.6                       | 1.8          | 0.9    | 0.0                   |
|           | 15yrs     | 571  | 0.0  | 86.5                   | 12.4                       | 1.1          | 0.0    | 0.0                   |
|           | 35-44yrs  | 553  | 0.2  | 84.8                   | 9.2                        | 3.6          | 2.0    | 0.2                   |
|           | 65-74yrs  | 554  | 3.2  | 67.1                   | 7.0                        | 15.2         | 3.4    | 4.0                   |
| Rural     | 5yrs      | 1427 | 0.6  | 75.2                   | 11.4                       | 3.9          | 8.5    | 0.5                   |
|           | 12yrs     | 1428 | 0.1  | 77.3                   | 19.5                       | 2.2          | 0.8    | 0.1                   |
|           | 15yrs     | 1432 | 0.1  | 80.3                   | 18.0                       | 1.3          | 0.2    | 0.0                   |
|           | 35-44yrs  | 1429 | 0.1  | 77.2                   | 18.1                       | 3.0          | 1.5    | 0.1                   |
|           | 65-74yrs  | 1405 | 6.0  | 55.7                   | 12.5                       | 13.9         | 7.3    | 4.7                   |

\*Other: Toothpaste not specified (40), Charcoal (82), Salt (13), Soap (6), Do not know/not remember (117)

A majority of participants in all age groups used fluoridated toothpaste for cleaning their teeth while 14.2% of the 65-74-year-olds used tooth powder.

Compared to the other two ethnic groups, a higher proportion of Sinhalese in all age groups used non-fluoridated tooth paste. A similar pattern was observed among the rural participants compared to the urban participants. Moreover, irrespective of age groups, a higher proportion of Tamils used tooth powder compared to other two ethnic groups.

### 3.2.2 Dietary habits

Four categories of food types were considered after discussion with the expert panel.

- 3.3.2.1 Fruits
- 3.3.2.2 Starchy and sticky foods: biscuits/buns/cake
- 3.3.2.3 Sweets: candy/toffee
- 3.3.2.4 Fizzy-drinks

These dietary habits were assessed using the criteria given by the WHO<sup>23</sup>.

Question: *How often do you eat or drink any of the following foods, even in small quantities?*

#### 3.2.2.1 Consumption of fruits

Table 3.6: Percentage distribution of participants according to the consumption of fruits

|           | Age group | N    | Never /Seldom (once a month or less) | Several (2-3) times a month | Once a week | Several (2-6) times a week | Every day | Several times a day | Not recorded |
|-----------|-----------|------|--------------------------------------|-----------------------------|-------------|----------------------------|-----------|---------------------|--------------|
| Sri Lanka | 12yrs     | 1996 | 2.1                                  | 10.0                        | 22.4        | 43.7                       | 20.0      | 1.1                 | 0.6          |
|           | 15yrs     | 2003 | 1.8                                  | 8.9                         | 20.6        | 48.5                       | 19.1      | 1.0                 | 0.1          |
|           | 35-44yrs  | 1982 | 2.4                                  | 7.4                         | 14.5        | 41.6                       | 31.6      | 2.2                 | 0.2          |
|           | 65-74yrs  | 1959 | 4.7                                  | 8.0                         | 14.2        | 37.3                       | 33.7      | 1.8                 | 0.3          |
| Male      | 12yrs     | 999  | 2.6                                  | 8.8                         | 24.5        | 43.5                       | 18.7      | 1.4                 | 0.4          |
|           | 15yrs     | 1002 | 1.8                                  | 8.6                         | 20.2        | 48.9                       | 19.1      | 1.3                 | 0.2          |
|           | 35-44yrs  | 960  | 3.0                                  | 9.8                         | 15.6        | 39.8                       | 29.3      | 2.4                 | 0.1          |
|           | 65-74yrs  | 975  | 4.6                                  | 8.0                         | 15.3        | 36.7                       | 33.4      | 1.7                 | 0.2          |
| Female    | 12yrs     | 997  | 1.6                                  | 11.2                        | 20.4        | 43.8                       | 21.4      | 0.8                 | 0.8          |
|           | 15yrs     | 1001 | 1.9                                  | 9.2                         | 21.0        | 48.1                       | 19.2      | 0.7                 | 0.0          |
|           | 35-44yrs  | 1022 | 1.9                                  | 5.2                         | 13.4        | 43.3                       | 33.9      | 2.1                 | 0.3          |
|           | 65-74yrs  | 984  | 4.9                                  | 7.9                         | 13.2        | 37.8                       | 33.9      | 1.9                 | 0.3          |
| Sinhalese | 12yrs     | 1399 | 2.0                                  | 7.9                         | 19.9        | 48.2                       | 20.1      | 1.5                 | 0.4          |
|           | 15yrs     | 1400 | 1.9                                  | 6.3                         | 18.3        | 52.1                       | 20.2      | 1.1                 | 0.1          |
|           | 35-44yrs  | 1320 | 2.3                                  | 6.4                         | 11.6        | 45.4                       | 32.1      | 2.0                 | 0.1          |
|           | 65-74yrs  | 1295 | 4.6                                  | 6.4                         | 12.6        | 42.2                       | 32.2      | 1.9                 | 0.2          |
| Tamil     | 12yrs     | 308  | 1.9                                  | 15.3                        | 36.7        | 27.3                       | 17.9      | 0.3                 | 0.6          |
|           | 15yrs     | 302  | 1.7                                  | 17.9                        | 31.8        | 33.8                       | 13.2      | 1.7                 | 0.0          |
|           | 35-44yrs  | 328  | 3.4                                  | 9.8                         | 22.0        | 34.5                       | 27.1      | 2.7                 | 0.6          |
|           | 65-74yrs  | 329  | 6.4                                  | 12.2                        | 21.9        | 28.3                       | 28.6      | 2.1                 | 0.6          |
| Muslim    | 12yrs     | 287  | 2.8                                  | 15.0                        | 19.5        | 39.4                       | 21.6      | 0.0                 | 1.7          |
|           | 15yrs     | 300  | 1.7                                  | 12.0                        | 20.0        | 46.7                       | 19.7      | 0.0                 | 0.0          |
|           | 35-44yrs  | 333  | 1.8                                  | 9.0                         | 18.6        | 33.6                       | 34.2      | 2.4                 | 0.3          |
|           | 65-74yrs  | 331  | 3.9                                  | 10.0                        | 13.0        | 26.3                       | 45.0      | 1.5                 | 0.3          |
| Urban     | 12yrs     | 568  | 2.5                                  | 10.4                        | 22.0        | 40.0                       | 24.5      | 0.7                 | 0.0          |
|           | 15yrs     | 571  | 2.3                                  | 7.0                         | 22.1        | 43.6                       | 24.3      | 0.7                 | 0.0          |
|           | 35-44yrs  | 553  | 4.0                                  | 9.0                         | 15.4        | 38.5                       | 31.3      | 1.6                 | 0.2          |
|           | 65-74yrs  | 554  | 5.6                                  | 9.9                         | 14.6        | 29.6                       | 38.3      | 1.4                 | 0.5          |
| Rural     | 12yrs     | 1428 | 2.0                                  | 9.9                         | 22.6        | 45.2                       | 18.3      | 1.3                 | 0.8          |
|           | 15yrs     | 1432 | 1.7                                  | 9.6                         | 20.0        | 50.4                       | 17.0      | 1.1                 | 0.1          |
|           | 35-44yrs  | 1429 | 1.8                                  | 6.8                         | 14.1        | 42.8                       | 31.8      | 2.4                 | 0.2          |
|           | 65-74yrs  | 1405 | 4.4                                  | 7.2                         | 14.1        | 40.3                       | 31.9      | 2.0                 | 0.1          |

A majority of participants in all age groups consumed fruits 2-6 times a week. Compared to 12-year-olds and 15-year-olds, a high percentage of 35-44-year-olds and 65-74-year-olds consumed fruits 'every day'.

### 3.2.2.2 Consumption of biscuits/buns/cake

Table 3.7: Percentage distribution of participants according to the consumption of biscuits/buns/cake

|           | Age group | N    | Never/<br>Seldom<br>(once a month<br>or less) | Several<br>(2-3)<br>times a<br>month | Once a<br>week | Several<br>(2-6)<br>times a<br>week | Every day | Several<br>times a<br>day | Not<br>recorded |
|-----------|-----------|------|---|--------------------------------------|----------------|-------------------------------------|-----------|---------------------------|-----------------|
| Sri Lanka | 12yrs     | 1996 | 2.6   | 7.4                                  | 15.1           | 33.9                                | 38.0      | 2.5                       | 0.6             |
|           | 15yrs     | 2003 | 2.7   | 6.3                                  | 11.9           | 31.4                                | 45.6      | 1.8                       | 0.1             |
|           | 35-44yrs  | 1982 | 8.7   | 9.0                                  | 11.4           | 25.5                                | 43.2      | 2.0                       | 0.2             |
|           | 65-74yrs  | 1959 | 13.7  | 9.2                                  | 11.1           | 27.4                                | 36.3      | 1.8                       | 0.4             |
| Male      | 12yrs     | 999  | 2.5   | 7.1                                  | 14.1           | 34.0                                | 38.8      | 3.0                       | 0.4             |
|           | 15yrs     | 1002 | 2.1   | 6.1                                  | 11.4           | 33.6                                | 44.8      | 1.7                       | 0.3             |
|           | 35-44yrs  | 960  | 10.0  | 9.4                                  | 12.3           | 25.2                                | 40.7      | 2.3                       | 0.1             |
|           | 65-74yrs  | 975  | 12.9  | 9.8                                  | 11.6           | 28.2                                | 35.4      | 1.5                       | 0.5             |
| Female    | 12yrs     | 997  | 2.6   | 7.6                                  | 16.1           | 33.7                                | 37.2      | 2.0                       | 0.7             |
|           | 15yrs     | 1001 | 3.3   | 6.6                                  | 12.5           | 29.2                                | 46.5      | 2.0                       | 0.0             |
|           | 35-44yrs  | 1022 | 7.5   | 8.7                                  | 10.5           | 25.7                                | 45.5      | 1.8                       | 0.3             |
|           | 65-74yrs  | 984  | 14.4  | 8.6                                  | 10.7           | 26.5                                | 37.3      | 2.1                       | 0.3             |
| Sinhalese | 12yrs     | 1399 | 2.4   | 5.5                                  | 14.4           | 36.9                                | 37.5      | 2.9                       | 0.4             |
|           | 15yrs     | 1400 | 2.9   | 4.4                                  | 10.5           | 32.4                                | 47.1      | 2.4                       | 0.2             |
|           | 35-44yrs  | 1320 | 8.7   | 9.4                                  | 10.0           | 26.6                                | 43.3      | 1.9                       | 0.1             |
|           | 65-74yrs  | 1295 | 15.8  | 9.6                                  | 10.2           | 29.9                                | 32.8      | 1.5                       | 0.3             |
| Tamil     | 12yrs     | 308  | 2.6   | 15.6                                 | 19.5           | 22.7                                | 37.7      | 1.3                       | 0.6             |
|           | 15yrs     | 302  | 2.0   | 13.6                                 | 20.5           | 24.8                                | 38.4      | 0.7                       | 0.0             |
|           | 35-44yrs  | 328  | 9.1   | 8.8                                  | 18.3           | 20.7                                | 40.5      | 1.8                       | 0.6             |
|           | 65-74yrs  | 329  | 8.5   | 9.1                                  | 16.1           | 24.0                                | 39.5      | 1.8                       | 0.9             |
| Muslim    | 12yrs     | 287  | 3.1   | 7.7                                  | 13.6           | 31.0                                | 41.5      | 1.7                       | 1.4             |
|           | 15yrs     | 300  | 2.3   | 8.0                                  | 10.0           | 33.3                                | 46.0      | 0.3                       | 0.0             |
|           | 35-44yrs  | 333  | 8.4   | 7.8                                  | 9.9            | 25.8                                | 45.0      | 2.7                       | 0.3             |
|           | 65-74yrs  | 331  | 10.6  | 8.2                                  | 10.0           | 20.2                                | 47.4      | 3.3                       | 0.3             |
| Urban     | 12yrs     | 568  | 2.6   | 7.7                                  | 13.2           | 33.3                                | 40.8      | 2.3                       | 0.0             |
|           | 15yrs     | 571  | 3.2   | 6.8                                  | 10.9           | 27.3                                | 49.7      | 2.1                       | 0.0             |
|           | 35-44yrs  | 553  | 10.5  | 8.3                                  | 11.0           | 25.5                                | 41.4      | 3.1                       | 0.2             |
|           | 65-74yrs  | 554  | 14.8  | 9.2                                  | 13.5           | 24.9                                | 34.7      | 2.3                       | 0.5             |
| Rural     | 12yrs     | 1428 | 2.5   | 7.2                                  | 15.9           | 34.1                                | 36.9      | 2.6                       | 0.8             |
|           | 15yrs     | 1432 | 2.5   | 6.1                                  | 12.4           | 33.0                                | 44.0      | 1.7                       | 0.2             |
|           | 35-44yrs  | 1429 | 8.0   | 9.3                                  | 11.5           | 25.5                                | 43.9      | 1.6                       | 0.2             |
|           | 65-74yrs  | 1405 | 13.2  | 9.3                                  | 10.2           | 28.3                                | 37.0      | 1.6                       | 0.4             |

Among all age groups, a majority consumed the above food items 'every day', closely followed up by 'several times (2-6) a week' and this pattern was similar among all sub-categories as well.

### 3.2.2.3 Consumption of candy/toffee

Table 3.8: Percentage distribution of participants according to the consumption of candy/toffee

|           | Age group | N    | Never/Seldom<br>(once a month or less) | Several<br>(2-3)<br>times a month | Once a week | Several<br>(2-6)<br>times a week | Every day | Several times a day | Not recorded |
|-----------|-----------|------|--|-----------------------------------|-------------|----------------------------------|-----------|---------------------|--------------|
| Sri Lanka | 12yrs     | 1996 | 14.1                                   | 11.4                              | 16.2        | 32.4                             | 24.0      | 1.3                 | 0.6          |
|           | 15yrs     | 2003 | 19.2                                   | 12.9                              | 15.1        | 30.0                             | 21.5      | 1.2                 | 0.1          |
|           | 35-44yrs  | 1982 | 49.8                                   | 20.2                              | 8.2         | 12.0                             | 9.1       | 0.5                 | 0.2          |
|           | 65-74yrs  | 1959 | 61.6                                   | 13.3                              | 6.4         | 11.3                             | 6.7       | 0.3                 | 0.5          |
| Male      | 12yrs     | 999  | 13.2                                   | 11.7                              | 17.0        | 31.3                             | 25.0      | 1.3                 | 0.4          |
|           | 15yrs     | 1002 | 19.7                                   | 12.6                              | 15.2        | 30.4                             | 20.8      | 1.1                 | 0.3          |
|           | 35-44yrs  | 960  | 49.2                                   | 19.6                              | 8.1         | 12.1                             | 10.2      | 0.7                 | 0.1          |
|           | 65-74yrs  | 975  | 58.9                                   | 13.9                              | 7.0         | 10.8                             | 8.5       | 0.3                 | 0.6          |
| Female    | 12yrs     | 997  | 14.9                                   | 11.1                              | 15.3        | 33.5                             | 23.1      | 1.3                 | 0.7          |
|           | 15yrs     | 1001 | 18.7                                   | 13.3                              | 15.0        | 29.6                             | 22.2      | 1.3                 | 0.0          |
|           | 35-44yrs  | 1022 | 50.4                                   | 20.8                              | 8.2         | 11.9                             | 8.1       | 0.2                 | 0.3          |
|           | 65-74yrs  | 984  | 64.2                                   | 12.6                              | 5.9         | 11.8                             | 5.0       | 0.2                 | 0.3          |
| Sinhalese | 12yrs     | 1399 | 16.7                                   | 11.2                              | 15.6        | 34.2                             | 20.9      | 1.1                 | 0.4          |
|           | 15yrs     | 1400 | 22.5                                   | 13.0                              | 14.5        | 29.7                             | 19.1      | 0.9                 | 0.2          |
|           | 35-44yrs  | 1320 | 53.9                                   | 18.5                              | 6.6         | 12.3                             | 8.3       | 0.4                 | 0.1          |
|           | 65-74yrs  | 1295 | 65.7                                   | 12.3                              | 5.5         | 10.4                             | 5.7       | 0.1                 | 0.3          |
| Tamil     | 12yrs     | 308  | 7.5                                    | 12.7                              | 21.1        | 26.6                             | 30.2      | 1.3                 | 0.6          |
|           | 15yrs     | 302  | 10.3                                   | 14.9                              | 19.2        | 26.2                             | 27.5      | 2.0                 | 0.0          |
|           | 35-44yrs  | 328  | 45.4                                   | 19.5                              | 14.3        | 11.6                             | 7.9       | 0.6                 | 0.6          |
|           | 65-74yrs  | 329  | 56.8                                   | 14.9                              | 7.6         | 11.9                             | 7.0       | 0.9                 | 0.9          |
| Muslim    | 12yrs     | 287  | 8.4                                    | 11.5                              | 13.9        | 30.0                             | 32.8      | 2.1                 | 1.4          |
|           | 15yrs     | 300  | 12.7                                   | 10.7                              | 13.7        | 35.0                             | 26.3      | 1.7                 | 0.0          |
|           | 35-44yrs  | 333  | 37.8                                   | 27.9                              | 8.4         | 11.1                             | 13.8      | 0.6                 | 0.3          |
|           | 65-74yrs  | 331  | 50.5                                   | 15.7                              | 9.1         | 13.3                             | 10.6      | 0.3                 | 0.6          |
| Urban     | 12yrs     | 568  | 15.7                                   | 15.1                              | 14.3        | 28.9                             | 24.6      | 1.4                 | 0.0          |
|           | 15yrs     | 571  | 20.3                                   | 14.0                              | 14.4        | 26.1                             | 23.3      | 1.9                 | 0.0          |
|           | 35-44yrs  | 553  | 48.5                                   | 17.5                              | 8.1         | 13.9                             | 11.0      | 0.7                 | 0.2          |
|           | 65-74yrs  | 554  | 59.2                                   | 10.6                              | 8.7         | 13.0                             | 7.4       | 0.5                 | 0.5          |
| Rural     | 12yrs     | 1428 | 13.4                                   | 9.9                               | 16.9        | 33.8                             | 23.8      | 1.3                 | 0.8          |
|           | 15yrs     | 1432 | 18.7                                   | 12.5                              | 15.4        | 31.6                             | 20.7      | 0.9                 | 0.2          |
|           | 35-44yrs  | 1429 | 50.3                                   | 21.3                              | 8.2         | 11.3                             | 8.4       | 0.3                 | 0.2          |
|           | 65-74yrs  | 1405 | 62.5                                   | 14.3                              | 5.6         | 10.6                             | 6.5       | 0.1                 | 0.4          |

Compared to 35-44-year-olds and 65-74-year-olds, a high percentage of 12-year-olds and 15-year-olds consumed candy/toffee; 'every day' or 'several times a day' or 'once a week'. This pattern was similar in all sub-categories as well.

### 3.2.2.4 Consumption of fizzy-drinks

Table 3.9: Percentage distribution of participants according to the consumption of fizzy-drinks

|           | Age group | N    | Never/<br>Seldom<br>(once a month<br>or less) | Several<br>(2-3)<br>times a<br>month | Once a<br>week | Several<br>(2-6)<br>times a<br>week | Every<br>day | Several<br>times a<br>day | Not<br>recorded |
|-----------|-----------|------|---|--------------------------------------|----------------|-------------------------------------|--------------|---------------------------|-----------------|
| Sri Lanka | 12yrs     | 1996 | 30.1  | 26.1                                 | 16.1           | 17.6                                | 8.7          | 0.5                       | 1.0             |
|           | 15yrs     | 2003 | 28.6  | 23.8                                 | 16.9           | 20.7                                | 9.4          | 0.4                       | 0.2             |
|           | 35-44yrs  | 1982 | 50.2  | 19.5                                 | 9.3            | 13.4                                | 7.0          | 0.5                       | 0.2             |
|           | 65-74yrs  | 1959 | 66.6  | 16.4                                 | 6.2            | 7.7                                 | 2.6          | 0.0                       | 0.6             |
| Male      | 12yrs     | 999  | 27.2  | 24.4                                 | 17.4           | 19.4                                | 10.3         | 0.7                       | 0.5             |
|           | 15yrs     | 1002 | 22.9  | 24.7                                 | 17.9           | 22.5                                | 11.3         | 0.6                       | 0.3             |
|           | 35-44yrs  | 960  | 43.1  | 18.6                                 | 10.2           | 17.4                                | 9.9          | 0.6                       | 0.1             |
|           | 65-74yrs  | 975  | 63.7  | 17.1                                 | 6.6            | 8.5                                 | 3.4          | 0.0                       | 0.7             |
| Female    | 12yrs     | 997  | 32.9  | 27.7                                 | 14.8           | 15.7                                | 7.1          | 0.3                       | 1.4             |
|           | 15yrs     | 1001 | 34.4  | 23.0                                 | 15.9           | 18.9                                | 7.6          | 0.2                       | 0.1             |
|           | 35-44yrs  | 1022 | 56.8  | 20.3                                 | 8.5            | 9.6                                 | 4.2          | 0.4                       | 0.3             |
|           | 65-74yrs  | 984  | 69.5  | 15.7                                 | 5.8            | 6.8                                 | 1.8          | 0.0                       | 0.4             |
| Sinhalese | 12yrs     | 1399 | 35.6  | 27.4                                 | 14.4           | 15.5                                | 6.1          | 0.5                       | 0.4             |
|           | 15yrs     | 1400 | 33.1  | 24.0                                 | 15.7           | 19.6                                | 6.9          | 0.4                       | 0.2             |
|           | 35-44yrs  | 1320 | 57.8  | 18.3                                 | 6.1            | 11.9                                | 5.5          | 0.4                       | 0.1             |
|           | 65-74yrs  | 1295 | 74.0  | 14.3                                 | 3.6            | 6.7                                 | 1.2          | 0.0                       | 0.3             |
| Tamil     | 12yrs     | 308  | 17.2  | 26.0                                 | 22.7           | 18.8                                | 13.3         | 1.0                       | 1.0             |
|           | 15yrs     | 302  | 17.9  | 25.8                                 | 22.8           | 17.5                                | 14.6         | 1.0                       | 0.3             |
|           | 35-44yrs  | 328  | 30.2  | 26.5                                 | 17.7           | 15.9                                | 8.2          | 0.9                       | 0.6             |
|           | 65-74yrs  | 329  | 52.0  | 21.6                                 | 11.9           | 9.7                                 | 3.6          | 0.0                       | 1.2             |
| Muslim    | 12yrs     | 287  | 17.1  | 19.9                                 | 17.1           | 26.1                                | 16.4         | 0.0                       | 3.5             |
|           | 15yrs     | 300  | 18.3  | 20.7                                 | 16.3           | 28.7                                | 16.0         | 0.0                       | 0.0             |
|           | 35-44yrs  | 333  | 39.3  | 17.4                                 | 14.1           | 16.8                                | 11.4         | 0.6                       | 0.3             |
|           | 65-74yrs  | 331  | 52.3  | 19.3                                 | 10.9           | 9.4                                 | 7.3          | 0.0                       | 0.9             |
| Urban     | 12yrs     | 568  | 28.5  | 24.1                                 | 18.5           | 15.5                                | 12.7         | 0.7                       | 0.0             |
|           | 15yrs     | 571  | 27.8  | 20.8                                 | 17.2           | 21.0                                | 12.8         | 0.2                       | 0.2             |
|           | 35-44yrs  | 553  | 43.4  | 19.0                                 | 11.0           | 15.2                                | 10.5         | 0.7                       | 0.2             |
|           | 65-74yrs  | 554  | 62.6  | 16.2                                 | 8.3            | 9.0                                 | 3.2          | 0.0                       | 0.5             |
| Rural     | 12yrs     | 1428 | 30.7  | 26.8                                 | 15.2           | 18.4                                | 7.1          | 0.4                       | 1.3             |
|           | 15yrs     | 1432 | 28.9  | 25.0                                 | 16.8           | 20.5                                | 8.1          | 0.5                       | 0.2             |
|           | 35-44yrs  | 1429 | 52.8  | 19.7                                 | 8.7            | 12.7                                | 5.6          | 0.4                       | 0.2             |
|           | 65-74yrs  | 1405 | 68.2  | 16.4                                 | 5.3            | 7.1                                 | 2.3          | 0.0                       | 0.6             |

A high percentage of 12-year-olds and 15-year-olds consumed fizzy-drinks 'once a week' or 'several times a week' compared to 35-44-year-olds and 65-74-year-olds. Similar pattern was observed among all sub groups as well.

### 3.2.3 Harmful habits

Four habits were considered; betel chewing, use of commercially available areca-nut in packets, alcohol consumption and smoking. Age groups considered were 15-year-olds, 35-44-year-olds and 65-74-year-olds. These habits were assessed using the criteria given by the WHO<sup>23</sup>.

Question: *How often do/did you use any of the following HABITUALLY?*

When administering the questionnaire, the interviewers were instructed to specify the word *habitually*. If a person does not use it habitually, it was coded as no habit. For example: if a participant smoked **once or twice in a lifetime but not as a habit**, the habit was coded as **0** (no habit).

#### 3.2.3.1 Betel chewing

Table 3.10: Percentage distribution of participants according to the habit of betel chewing

|           | Age group | N    | No habit | Past (not within last 12 months) | Seldom (once a month or less) | Several (2-3) times a month | Once a week | Several (2-6) times a week | Every day |
|-----------|-----------|------|----------|----------------------------------|-------------------------------|-----------------------------|-------------|----------------------------|-----------|
| Sri Lanka | 15yrs     | 2003 | 86.0     | 4.3                              | 5.3                           | 1.7                         | 1.0         | 0.8                        | 0.8       |
|           | 35-44yrs  | 1982 | 67.0     | 4.0                              | 5.3                           | 3.0                         | 2.6         | 3.9                        | 14.1      |
|           | 65-74yrs  | 1959 | 52.7     | 8.5                              | 4.3                           | 2.5                         | 1.9         | 3.5                        | 26.6      |
| Male      | 15yrs     | 1002 | 77.4     | 6.0                              | 8.9                           | 3.0                         | 1.6         | 1.6                        | 1.5       |
|           | 35-44yrs  | 960  | 51.4     | 4.8                              | 6.9                           | 3.8                         | 3.4         | 5.1                        | 24.7      |
|           | 65-74yrs  | 975  | 51.1     | 9.1                              | 3.7                           | 1.9                         | 1.8         | 3.2                        | 29.1      |
| Female    | 15yrs     | 1001 | 94.5     | 2.7                              | 1.7                           | 0.4                         | 0.5         | 0.0                        | 0.2       |
|           | 35-44yrs  | 1022 | 81.6     | 3.3                              | 3.9                           | 2.3                         | 1.9         | 2.8                        | 4.1       |
|           | 65-74yrs  | 984  | 54.4     | 7.8                              | 5.0                           | 2.9                         | 2.0         | 3.8                        | 24.1      |
| Sinhalese | 15yrs     | 1400 | 80.9     | 5.6                              | 7.4                           | 2.4                         | 1.4         | 1.1                        | 1.1       |
|           | 35-44yrs  | 1320 | 60.8     | 4.5                              | 7.1                           | 3.7                         | 3.2         | 4.3                        | 16.4      |
|           | 65-74yrs  | 1295 | 48.5     | 8.1                              | 5.4                           | 2.7                         | 2.7         | 4.4                        | 28.2      |
| Tamil     | 15yrs     | 302  | 97.0     | 2.0                              | 0.3                           | 0.0                         | 0.7         | 0.0                        | 0.0       |
|           | 35-44yrs  | 328  | 65.9     | 4.6                              | 3.0                           | 2.7                         | 2.4         | 5.2                        | 16.2      |
|           | 65-74yrs  | 329  | 45.0     | 11.6                             | 3.0                           | 2.4                         | 0.6         | 2.1                        | 35.3      |
| Muslim    | 15yrs     | 300  | 98.3     | 0.7                              | 0.3                           | 0.0                         | 0.0         | 0.3                        | 0.3       |
|           | 35-44yrs  | 333  | 92.5     | 1.8                              | 0.6                           | 0.6                         | 0.6         | 1.2                        | 2.7       |
|           | 65-74yrs  | 331  | 76.4     | 6.9                              | 1.5                           | 1.5                         | 0.3         | 1.2                        | 12.1      |
| Urban     | 15yrs     | 571  | 96.1     | 1.8                              | 0.5                           | 0.7                         | 0.4         | 0.2                        | 0.4       |
|           | 35-44yrs  | 553  | 80.3     | 2.0                              | 2.5                           | 1.6                         | 1.1         | 4.0                        | 8.5       |
|           | 65-74yrs  | 554  | 66.8     | 8.1                              | 3.1                           | 0.9                         | 0.7         | 1.1                        | 19.3      |
| Rural     | 15yrs     | 1432 | 81.9     | 5.4                              | 7.2                           | 2.1                         | 1.3         | 1.0                        | 1.0       |
|           | 35-44yrs  | 1429 | 61.8     | 4.8                              | 6.4                           | 3.6                         | 3.2         | 3.9                        | 16.2      |
|           | 65-74yrs  | 1405 | 47.2     | 8.6                              | 4.8                           | 3.1                         | 2.4         | 4.4                        | 29.5      |

According to the Table 3.10, although a majority of participants did not chew betel as a habit, betel chewing habit increased with increasing age.

Table 3.11: Percentage distribution of participants according to the ingredients used in the betel-quid

|           | Age group | Number of betel chewers | Ingredients used in the betel-quid |                                       |  |               |
|-----------|-----------|-------------------------|------------------------------------|---------------------------------------|--|---------------|
|           |           |                         | Betel leaf + areca-nut + tobacco   | Betel leaf + areca-nut but no tobacco | Betel leaf but no areca-nut or tobacco | Not specified |
| Sri Lanka | 15yrs     | 281                     | 20.6                               | 65.1                                  | 6.0                                    | 8.2           |
|           | 35-44yrs  | 655                     | 39.4                               | 56.8                                  | 2.3                                    | 1.5           |
|           | 65-74yrs  | 921                     | 49.6                               | 43.5                                  | 3.1                                    | 3.8           |
| Male      | 15yrs     | 226                     | 23.9                               | 65.0                                  | 4.9                                    | 6.2           |
|           | 35-44yrs  | 467                     | 49.3                               | 48.0                                  | 1.5                                    | 1.3           |
|           | 65-74yrs  | 477                     | 60.8                               | 32.3                                  | 2.1                                    | 4.8           |
| Female    | 15yrs     | 55                      | 7.3                                | 65.5                                  | 10.9                                   | 16.4          |
|           | 35-44yrs  | 188                     | 14.9                               | 78.7                                  | 4.3                                    | 2.1           |
|           | 65-74yrs  | 449                     | 37.6                               | 55.5                                  | 4.2                                    | 2.7           |
| Sinhalese | 15yrs     | 267                     | 21.3                               | 64.8                                  | 5.6                                    | 8.2           |
|           | 35-44yrs  | 518                     | 38.0                               | 58.5                                  | 2.1                                    | 1.4           |
|           | 65-74yrs  | 667                     | 45.1                               | 49.3                                  | 2.2                                    | 3.3           |
| Tamil     | 15yrs     | 9                       | 0.0                                | 88.9                                  | 0.0                                    | 11.1          |
|           | 35-44yrs  | 112                     | 43.8                               | 50.9                                  | 2.7                                    | 2.7           |
|           | 65-74yrs  | 181                     | 61.9                               | 30.4                                  | 3.9                                    | 3.9           |
| Muslim    | 15yrs     | 5                       | 20.0                               | 40.0                                  | 40.0                                   | 0.0           |
|           | 35-44yrs  | 25                      | 48.0                               | 48.0                                  | 4.0                                    | 0.0           |
|           | 65-74yrs  | 78                      | 59.0                               | 24.4                                  | 9.0                                    | 7.7           |
| Urban     | 15yrs     | 22                      | 18.2                               | 63.6                                  | 13.6                                   | 4.5           |
|           | 35-44yrs  | 109                     | 45.9                               | 47.7                                  | 3.7                                    | 2.8           |
|           | 65-74yrs  | 184                     | 50.0                               | 38.6                                  | 3.8                                    | 7.6           |
| Rural     | 15yrs     | 259                     | 20.8                               | 65.3                                  | 5.4                                    | 8.5           |
|           | 35-44yrs  | 546                     | 38.1                               | 58.6                                  | 2.0                                    | 1.3           |
|           | 65-74yrs  | 742                     | 49.5                               | 44.7                                  | 3.0                                    | 2.8           |

Overall, a very few percentage of participants in all age groups and sub-categories chewed betel without areca-nut or tobacco. Those who added tobacco to the quid increased with increasing age. A majority of 65-74-year-olds used all ingredients in the quid.



### 3.2.3.2 Use of areca-nut in packet form

Table 3.12: Percentage distribution of participants according to the use of areca-nut in packet form

|           | Age group | N    | No habit | Past (not within last 12 months) | Seldom (once a month or less) | Several (2-3) times a month | Once a week | Several (2-6) times a week | Every day |
|-----------|-----------|------|----------|----------------------------------|-------------------------------|-----------------------------|-------------|----------------------------|-----------|
| Sri Lanka | 15yrs     | 2003 | 98.7     | 0.2                              | 0.5                           | 0.0                         | 0.3         | 0.1                        | 0.0       |
|           | 35-44yrs  | 1982 | 97.9     | 0.6                              | 0.4                           | 0.2                         | 0.1         | 0.2                        | 0.7       |
|           | 65-74yrs  | 1959 | 98.5     | 0.5                              | 0.2                           | 0.1                         | 0.1         | 0.2                        | 0.5       |
| Male      | 15yrs     | 1002 | 97.9     | 0.2                              | 1.0                           | 0.0                         | 0.5         | 0.3                        | 0.1       |
|           | 35-44yrs  | 960  | 96.9     | 0.8                              | 0.6                           | 0.1                         | 0.1         | 0.1                        | 1.4       |
|           | 65-74yrs  | 975  | 97.8     | 1.0                              | 0.3                           | 0.1                         | 0.1         | 0.1                        | 0.5       |
| Female    | 15yrs     | 1001 | 99.4     | 0.3                              | 0.1                           | 0.1                         | 0.1         | 0.0                        | 0.0       |
|           | 35-44yrs  | 1022 | 98.9     | 0.4                              | 0.2                           | 0.2                         | 0.0         | 0.2                        | 0.1       |
|           | 65-74yrs  | 984  | 99.2     | 0.0                              | 0.1                           | 0.0                         | 0.0         | 0.2                        | 0.5       |
| Sinhalese | 15yrs     | 1400 | 99.6     | 0.2                              | 0.1                           | 0.1                         | 0.1         | 0.0                        | 0.0       |
|           | 35-44yrs  | 1320 | 98.3     | 0.7                              | 0.3                           | 0.0                         | 0.1         | 0.1                        | 0.6       |
|           | 65-74yrs  | 1295 | 99.2     | 0.2                              | 0.0                           | 0.0                         | 0.1         | 0.2                        | 0.3       |
| Tamil     | 15yrs     | 302  | 93.0     | 0.7                              | 3.3                           | 0.0                         | 1.7         | 1.0                        | 0.3       |
|           | 35-44yrs  | 328  | 96.3     | 0.9                              | 0.6                           | 0.3                         | 0.0         | 0.6                        | 1.2       |
|           | 65-74yrs  | 329  | 97.0     | 1.5                              | 0.6                           | 0.0                         | 0.0         | 0.0                        | 0.9       |
| Muslim    | 15yrs     | 300  | 100.0    | 0.0                              | 0.0                           | 0.0                         | 0.0         | 0.0                        | 0.0       |
|           | 35-44yrs  | 333  | 98.2     | 0.0                              | 0.6                           | 0.6                         | 0.0         | 0.0                        | 0.6       |
|           | 65-74yrs  | 331  | 97.3     | 0.6                              | 0.6                           | 0.3                         | 0.0         | 0.3                        | 0.9       |
| Urban     | 15yrs     | 571  | 98.9     | 0.0                              | 0.2                           | 0.2                         | 0.4         | 0.2                        | 0.2       |
|           | 35-44yrs  | 553  | 97.6     | 0.4                              | 0.5                           | 0.4                         | 0.0         | 0.2                        | 0.9       |
|           | 65-74yrs  | 554  | 98.6     | 0.7                              | 0.4                           | 0.0                         | 0.0         | 0.2                        | 0.2       |
| Rural     | 15yrs     | 1432 | 98.5     | 0.3                              | 0.7                           | 0.0                         | 0.3         | 0.1                        | 0.0       |
|           | 35-44yrs  | 1429 | 98.0     | 0.7                              | 0.3                           | 0.1                         | 0.1         | 0.1                        | 0.6       |
|           | 65-74yrs  | 1405 | 98.5     | 0.4                              | 0.1                           | 0.1                         | 0.1         | 0.1                        | 0.6       |

A very few percentage of participants (<10%) used commercially-prepared areca-nut in packet form in all age groups and different sub-categories.

### 3.2.3.3 Consumption of alcohol

Table 3.13: Percentage distribution of participants according to the consumption of alcohol

|           | Age group | N    | No habit | Past (not within past 12 months) | Seldom (once a month or less) | Several (2-3) times a month | Once a week | Several (2-6) times a week | Every day |
|-----------|-----------|------|----------|----------------------------------|-------------------------------|-----------------------------|-------------|----------------------------|-----------|
| Sri Lanka | 15yrs     | 2003 | 99.5     | 0.4                              | 0.1                           | 0.0                         | 0.0         | 0.0                        | 0.0       |
|           | 35-44yrs  | 1982 | 74.2     | 2.9                              | 8.9                           | 5.2                         | 3.6         | 3.3                        | 1.9       |
|           | 65-74yrs  | 1959 | 77.5     | 4.7                              | 6.1                           | 3.8                         | 2.3         | 2.6                        | 3.0       |
| Male      | 15yrs     | 1002 | 99.1     | 0.8                              | 0.1                           | 0.0                         | 0.0         | 0.0                        | 0.0       |
|           | 35-44yrs  | 960  | 48.3     | 5.5                              | 17.9                          | 10.5                        | 7.3         | 6.7                        | 3.8       |
|           | 65-74yrs  | 975  | 56.6     | 9.2                              | 11.9                          | 7.4                         | 4.4         | 4.6                        | 5.8       |
| Female    | 15yrs     | 1001 | 99.8     | 0.1                              | 0.1                           | 0.0                         | 0.0         | 0.0                        | 0.0       |
|           | 35-44yrs  | 1022 | 98.5     | 0.5                              | 0.4                           | 0.2                         | 0.1         | 0.1                        | 0.2       |
|           | 65-74yrs  | 984  | 98.2     | 0.2                              | 0.4                           | 0.2                         | 0.3         | 0.6                        | 0.1       |
| Sinhalese | 15yrs     | 1400 | 99.2     | 0.6                              | 0.1                           | 0.0                         | 0.0         | 0.0                        | 0.0       |
|           | 35-44yrs  | 1320 | 68.4     | 3.2                              | 11.8                          | 6.7                         | 4.2         | 3.9                        | 1.8       |
|           | 65-74yrs  | 1295 | 75.2     | 5.2                              | 7.7                           | 3.9                         | 2.4         | 2.5                        | 3.2       |
| Tamil     | 15yrs     | 302  | 100.0    | 0.0                              | 0.0                           | 0.0                         | 0.0         | 0.0                        | 0.0       |
|           | 35-44yrs  | 328  | 75.9     | 4.3                              | 4.9                           | 4.0                         | 4.0         | 3.4                        | 3.7       |
|           | 65-74yrs  | 329  | 67.8     | 4.6                              | 5.8                           | 7.0                         | 4.6         | 5.5                        | 4.9       |
| Muslim    | 15yrs     | 300  | 100.0    | 0.0                              | 0.0                           | 0.0                         | 0.0         | 0.0                        | 0.0       |
|           | 35-44yrs  | 333  | 95.5     | 0.6                              | 1.2                           | 0.6                         | 0.9         | 0.6                        | 0.6       |
|           | 65-74yrs  | 331  | 96.4     | 2.7                              | 0.3                           | 0.0                         | 0.0         | 0.3                        | 0.3       |
| Urban     | 15yrs     | 571  | 99.5     | 0.4                              | 0.2                           | 0.0                         | 0.0         | 0.0                        | 0.0       |
|           | 35-44yrs  | 553  | 77.2     | 2.5                              | 5.1                           | 4.3                         | 4.5         | 3.6                        | 2.7       |
|           | 65-74yrs  | 554  | 80.3     | 4.0                              | 3.6                           | 2.5                         | 2.5         | 3.1                        | 4.0       |
| Rural     | 15yrs     | 1432 | 99.4     | 0.5                              | 0.1                           | 0.0                         | 0.0         | 0.0                        | 0.0       |
|           | 35-44yrs  | 1429 | 73.1     | 3.1                              | 10.4                          | 5.5                         | 3.2         | 3.1                        | 1.6       |
|           | 65-74yrs  | 1405 | 76.4     | 5.0                              | 7.1                           | 4.3                         | 2.3         | 2.4                        | 2.6       |

Consumption of alcohol was common among males. Considering ethnic differences, consumption of alcohol was common in Sinhalese, followed up by Tamils. Moreover, consumption of alcohol was common in rural participants than urban counterparts.

### 3.2.3.4 Smoking

Table 3.14: Percentage distribution of participants according to the habit of smoking

|           | Age group | N    | No habit | Past (not within past 12 months) | Seldom (once a month or less) | Several (2-3) times a month | Once a week | Several (2-6) times a week | Every day |
|-----------|-----------|------|----------|----------------------------------|-------------------------------|-----------------------------|-------------|----------------------------|-----------|
| Sri Lanka | 15yrs     | 2003 | 99.8     | 0.1                              | 0.0                           | 0.0                         | 0.0         | 0.0                        | 0.0       |
|           | 35-44yrs  | 1982 | 84.7     | 2.3                              | 1.7                           | 0.8                         | 0.7         | 1.4                        | 8.5       |
|           | 65-74yrs  | 1959 | 82.2     | 5.2                              | 1.3                           | 0.5                         | 0.7         | 0.8                        | 9.3       |
| Male      | 15yrs     | 1002 | 99.6     | 0.3                              | 0.0                           | 0.0                         | 0.0         | 0.0                        | 0.1       |
|           | 35-44yrs  | 960  | 69.1     | 4.6                              | 3.3                           | 1.6                         | 1.4         | 2.7                        | 17.4      |
|           | 65-74yrs  | 975  | 65.4     | 10.1                             | 2.7                           | 1.0                         | 1.2         | 1.5                        | 18.1      |
| Female    | 15yrs     | 1001 | 100.0    | 0.0                              | 0.0                           | 0.0                         | 0.0         | 0.0                        | 0.0       |
|           | 35-44yrs  | 1022 | 99.3     | 0.1                              | 0.2                           | 0.0                         | 0.0         | 0.2                        | 0.2       |
|           | 65-74yrs  | 984  | 98.9     | 0.3                              | 0.0                           | 0.0                         | 0.1         | 0.1                        | 0.6       |
| Sinhalese | 15yrs     | 1400 | 99.8     | 0.2                              | 0.0                           | 0.0                         | 0.0         | 0.0                        | 0.0       |
|           | 35-44yrs  | 1320 | 83.2     | 2.6                              | 2.2                           | 1.1                         | 0.7         | 1.7                        | 8.6       |
|           | 65-74yrs  | 1295 | 82.2     | 5.3                              | 1.9                           | 0.6                         | 0.8         | 0.8                        | 8.4       |
| Tamil     | 15yrs     | 302  | 99.7     | 0.0                              | 0.0                           | 0.0                         | 0.0         | 0.0                        | 0.3       |
|           | 35-44yrs  | 328  | 88.1     | 1.8                              | 1.2                           | 0.3                         | 0.3         | 1.2                        | 7.0       |
|           | 65-74yrs  | 329  | 81.5     | 4.6                              | 0.6                           | 0.3                         | 0.0         | 0.6                        | 12.5      |
| Muslim    | 15yrs     | 300  | 100.0    | 0.0                              | 0.0                           | 0.0                         | 0.0         | 0.0                        | 0.0       |
|           | 35-44yrs  | 333  | 87.1     | 1.5                              | 0.3                           | 0.0                         | 0.9         | 0.3                        | 9.9       |
|           | 65-74yrs  | 331  | 83.1     | 5.1                              | 0.0                           | 0.3                         | 0.9         | 0.9                        | 9.7       |
| Urban     | 15yrs     | 571  | 99.8     | 0.0                              | 0.0                           | 0.0                         | 0.0         | 0.0                        | 0.2       |
|           | 35-44yrs  | 553  | 85.2     | 1.3                              | 0.5                           | 0.4                         | 0.7         | 1.3                        | 10.7      |
|           | 65-74yrs  | 554  | 81.6     | 3.6                              | 0.4                           | 0.9                         | 0.4         | 1.1                        | 12.1      |
| Rural     | 15yrs     | 1432 | 99.8     | 0.2                              | 0.0                           | 0.0                         | 0.0         | 0.0                        | 0.0       |
|           | 35-44yrs  | 1429 | 84.5     | 2.7                              | 2.2                           | 0.9                         | 0.6         | 1.5                        | 7.7       |
|           | 65-74yrs  | 1405 | 82.5     | 5.8                              | 1.7                           | 0.4                         | 0.8         | 0.7                        | 8.2       |

A majority of the participants in all age groups reported that they do not smoke. Smoking habit increased with increasing age. Compared to females, smoking habit was common in males.

### 3.2.3.5 Other habits

Only few people had 'Other habits'. Namely: 'Areca-nut only' (5 people), 'Drugs' (1), 'Saravita' (2) 'Tobacco only' (3)

### 3.3 Oral and mucosal lesions

Table 3.15: Distribution of participants according to the presence of oral and mucosal lesions

| Age group | N    | No lesions | Malignant tumor | Leucoplakia | Lichen planus | Ulceration | Oral Submucous Fibrosis | Candidiasis /Denture stomatitis | Angular cheilitis | Any other* | Total no. of lesions** |
|-----------|------|------------|-----------------|-------------|---------------|------------|-------------------------|---------------------------------|-------------------|------------|------------------------|
| 5yrs      | 1995 | 1970       | 0               | 0           | 0             | 8          | 0                       | 1                               | 1                 | 14         | 26                     |
| 12yrs     | 1996 | 1973       | 0               | 0           | 0             | 14         | 0                       | 0                               | 1                 | 8          | 23                     |
| 15yrs     | 2003 | 1971       | 0               | 0           | 2             | 20         | 0                       | 0                               | 1                 | 9          | 32                     |
| 35-44yrs  | 1982 | 1911       | 1               | 21          | 8             | 21         | 9                       | 3                               | 17                | 14         | 94                     |
| 65-74yrs  | 1959 | 1845       | 1               | 19          | 13            | 18         | 21                      | 7                               | 32                | 26         | 138                    |
| Total     | 9935 | 9670       | 2               | 40          | 23            | 81         | 30                      | 11                              | 53                | 73         | 313                    |

\*Any other: Abscesses, Mucoceles, Chewer's mucosa, unspecified pigmentation and lumps

\*\*Total number do not tally as some people have more than one lesion

A Total of 313 different mucosal lesions were identified in all age groups and the highest number (138) was observed in the 65-74-year-olds. Among all age groups, ulceration was the most common type of lesion observed (81) followed by angular cheilitis (53).

Oral Potentially Malignant Disorders (OPMD) namely, Leucoplakia, Lichen planus and Oral Submucous Fibrosis (OSF) were observed only in 35-44-year-olds and 65-74-year-olds. Moreover, two malignancies were also observed; one each in a 35-44-year-old and a 65-74-year-old.

'Abscess' was the most common lesion (07) found in the 5-year-olds under 'any other' category. The other common mucosal lesions under 'any other' category in 5-year-olds, 12-year-olds and 15-year-olds were Mucoceles and 'Frictional keratotic' lesions. 'Chewer's mucosa' was the most common lesion observed under 'any other' category in 35-44-year-olds (03) and 65-74-year-olds (07). Two lesions of Erythroplakia were observed; one each in a 35-44-year-old and a 65-74-year-old.

Lesion and site relationship according to age group is given in Table 3.16.

Except in 5-year-olds, buccal mucosa and lips were the mostly affected sites in all age groups. Moreover, a substantial amount (34) of commissural lesions was also found in 65-74-year-olds. OSF, Leucoplakia and ulcerations were common lesions found in the buccal mucosa in 35-44-year-olds and 65-74-year-olds.

Table 3.16: Distribution of participants according to the type and site of oral mucosal lesions

| Age group | N    | No abnormality | Type of lesion       | Site of lesion    |            |           |          |               |          |                    |                |               | Total sites |    |
|-----------|------|----------------|----------------------|-------------------|------------|-----------|----------|---------------|----------|--------------------|----------------|---------------|-------------|----|
|           |      |                |                      | Vermillion border | Commissure | Lips      | Sulci    | Buccal mucosa | Tongue   | Hard & soft palate | Alveolar ridge | Not specified |             |    |
| 5yrs      | 1995 | 1971           | Malignancy           | 0                 | 0          | 0         | 0        | 0             | 0        | 0                  | 0              | 0             | 0           | 0  |
|           |      |                | Leucoplakia          | 0                 | 0          | 0         | 0        | 0             | 0        | 0                  | 0              | 0             | 0           | 0  |
|           |      |                | Lichen planus        | 0                 | 0          | 0         | 0        | 0             | 0        | 0                  | 0              | 0             | 0           | 0  |
|           |      |                | Ulceration           | 0                 | 0          | 1         | 2        | 2             | 3        | 0                  | 0              | 0             | 0           | 8  |
|           |      |                | OSF                  | 0                 | 0          | 0         | 0        | 0             | 0        | 0                  | 0              | 0             | 0           | 0  |
|           |      |                | Candidiasis          | 0                 | 0          | 0         | 0        | 0             | 0        | 0                  | 0              | 0             | 1           | 1  |
|           |      |                | Angular cheilitis    | 0                 | 1          | 0         | 0        | 0             | 0        | 0                  | 0              | 0             | 0           | 1  |
|           |      |                | Any other            | 1                 | 0          | 2         | 0        | 3             | 2        | 0                  | 8              | 0             | 0           | 16 |
|           |      |                | <b>Total lesions</b> | <b>1</b>          | <b>1</b>   | <b>3</b>  | <b>2</b> | <b>5</b>      | <b>5</b> | <b>0</b>           | <b>8</b>       | <b>1</b>      | <b>26</b>   |    |
| 12yrs     | 1996 | 1973           | Malignancy           | 0                 | 0          | 0         | 0        | 0             | 0        | 0                  | 0              | 0             | 0           | 0  |
|           |      |                | Leucoplakia          | 0                 | 0          | 0         | 0        | 0             | 0        | 0                  | 0              | 0             | 0           | 0  |
|           |      |                | Lichen planus        | 0                 | 0          | 0         | 0        | 0             | 0        | 0                  | 0              | 0             | 0           | 0  |
|           |      |                | Ulceration           | 0                 | 0          | 7         | 3        | 4             | 0        | 0                  | 0              | 0             | 0           | 14 |
|           |      |                | OSF                  | 0                 | 0          | 0         | 0        | 0             | 0        | 0                  | 0              | 0             | 0           | 0  |
|           |      |                | Candidiasis          | 0                 | 0          | 0         | 0        | 0             | 0        | 0                  | 0              | 0             | 0           | 0  |
|           |      |                | Angular cheilitis    | 0                 | 1          | 0         | 0        | 0             | 0        | 0                  | 0              | 0             | 0           | 1  |
|           |      |                | Any other            | 1                 | 0          | 1         | 1        | 4             | 1        | 0                  | 0              | 0             | 0           | 8  |
|           |      |                | <b>Total lesions</b> | <b>1</b>          | <b>1</b>   | <b>8</b>  | <b>4</b> | <b>8</b>      | <b>1</b> | <b>0</b>           | <b>0</b>       | <b>0</b>      | <b>23</b>   |    |
| 15yrs     | 2003 | 1971           | Malignancy           | 0                 | 0          | 0         | 0        | 0             | 0        | 0                  | 0              | 0             | 0           | 0  |
|           |      |                | Leucoplakia          | 0                 | 0          | 0         | 0        | 0             | 0        | 0                  | 0              | 0             | 0           | 0  |
|           |      |                | Lichen planus        | 0                 | 0          | 0         | 0        | 1             | 0        | 0                  | 1              | 0             | 0           | 2  |
|           |      |                | Ulceration           | 4                 | 1          | 8         | 5        | 2             | 0        | 0                  | 0              | 0             | 0           | 20 |
|           |      |                | OSF                  | 0                 | 0          | 0         | 0        | 0             | 0        | 0                  | 0              | 0             | 0           | 0  |
|           |      |                | Candidiasis          | 0                 | 0          | 0         | 0        | 0             | 0        | 0                  | 0              | 0             | 0           | 0  |
|           |      |                | Angular cheilitis    | 0                 | 1          | 0         | 0        | 0             | 0        | 0                  | 0              | 0             | 0           | 1  |
|           |      |                | Any other            | 0                 | 1          | 2         | 0        | 2             | 0        | 0                  | 4              | 0             | 0           | 9  |
|           |      |                | <b>Total lesions</b> | <b>4</b>          | <b>3</b>   | <b>10</b> | <b>5</b> | <b>5</b>      | <b>0</b> | <b>0</b>           | <b>5</b>       | <b>0</b>      | <b>32</b>   |    |
| 35-44yrs  | 1982 | 1899           | Malignancy           | 0                 | 0          | 0         | 0        | 0             | 0        | 0                  | 0              | 0             | 1           | 1  |
|           |      |                | Leucoplakia          | 0                 | 5          | 0         | 0        | 13            | 1        | 0                  | 1              | 1             | 1           | 21 |
|           |      |                | Lichen planus        | 0                 | 0          | 1         | 0        | 7             | 0        | 0                  | 0              | 0             | 0           | 8  |
|           |      |                | Ulceration           | 1                 | 0          | 5         | 1        | 11            | 1        | 0                  | 2              | 0             | 0           | 21 |
|           |      |                | OSF                  | 0                 | 1          | 0         | 0        | 7             | 0        | 0                  | 0              | 1             | 0           | 9  |
|           |      |                | Candidiasis          | 0                 | 0          | 0         | 0        | 0             | 0        | 2                  | 1              | 0             | 0           | 3  |
|           |      |                | Angular cheilitis    | 2                 | 11         | 4         | 0        | 0             | 0        | 0                  | 0              | 0             | 0           | 17 |
|           |      |                | Any other            | 0                 | 0          | 1         | 0        | 10*           | 0        | 1                  | 1              | 1             | 1           | 14 |
|           |      |                | <b>Total lesions</b> | <b>3</b>          | <b>17</b>  | <b>11</b> | <b>1</b> | <b>48</b>     | <b>2</b> | <b>3</b>           | <b>5</b>       | <b>4</b>      | <b>94</b>   |    |
| 65-74yrs  | 1959 | 1833           | Malignancy           | 0                 | 0          | 0         | 0        | 1             | 0        | 0                  | 0              | 0             | 0           | 1  |
|           |      |                | Leucoplakia          | 0                 | 3          | 0         | 1        | 14            | 1        | 0                  | 0              | 0             | 0           | 19 |
|           |      |                | Lichen planus        | 0                 | 1          | 0         | 0        | 10            | 0        | 1                  | 0              | 1             | 0           | 13 |
|           |      |                | Ulceration           | 1                 | 0          | 5         | 2        | 6             | 1        | 0                  | 3              | 0             | 0           | 18 |
|           |      |                | OSF                  | 0                 | 0          | 2         | 0        | 17            | 2        | 0                  | 0              | 0             | 0           | 21 |
|           |      |                | Candidiasis          | 0                 | 0          | 0         | 0        | 1             | 0        | 6                  | 0              | 0             | 0           | 7  |
|           |      |                | Angular cheilitis    | 2                 | 28         | 3         | 0        | 0             | 0        | 0                  | 0              | 0             | 0           | 33 |
|           |      |                | Any other            | 1                 | 2          | 3         | 0        | 14*           | 2        | 1                  | 2              | 1             | 1           | 26 |
|           |      |                | <b>Total lesions</b> | <b>4</b>          | <b>34</b>  | <b>13</b> | <b>3</b> | <b>63</b>     | <b>6</b> | <b>8</b>           | <b>5</b>       | <b>2</b>      | <b>138</b>  |    |

\* include one Erythroplakia

Note: some participants have more than one lesion and some have one lesion more than a single site

### 3.4 Number of teeth present

Two indicators were generated. The mean number of teeth present in age groups is given in Table 3.17. The percentage distribution of participants according to number of teeth present is given in Table 3.18.

Table 3.17: Distribution of participants according to the number of teeth present

|           | Age group | N    | Deciduous |                | Permanent |                | Total number of teeth |                |
|-----------|-----------|------|-----------|----------------|-----------|----------------|-----------------------|----------------|
|           |           |      | N         | $\bar{x}$ (SD) | N         | $\bar{x}$ (SD) | N                     | $\bar{x}$ (SD) |
| Sri Lanka | 5yrs      | 1995 | 38674     | 19.4 (1.3)     | 3301      | 1.6 (2.2)      | 41975                 | 21.0 (1.7)     |
|           | 12yrs     | 1996 | 1443      | 0.7 (1.9)      | 5045      | 26.1 (3.2)     | 53488                 | 26.8 (1.8)     |
|           | 15yrs     | 2003 | 41        | 0.0 (0.2)      | 55962     | 27.9 (1.0)     | 56003                 | 28.0 (0.9)     |
|           | 35-44yrs  | 1982 | 11        | 0.0 (0.1)      | 54435     | 27.5 (4.0)     | 54446                 | 28.0 (4.0)     |
|           | 65-74yrs  | 1959 | 0         | 0.0 (0.0)      | 29938     | 15.3 (10.0)    | 29938                 | 15.3 (10.0)    |
| Male      | 5yrs      | 1043 | 20293     | 19.5 (1.2)     | 1511      | 1.4 (2.1)      | 21804                 | 20.9 (1.6)     |
|           | 12yrs     | 999  | 879       | 0.9 (2.1)      | 25616     | 25.6 (3.5)     | 26495                 | 26.5 (2.0)     |
|           | 15yrs     | 1002 | 21        | 0.0 (0.2)      | 28037     | 28.0 (1.1)     | 28058                 | 28.0 (1.1)     |
|           | 35-44yrs  | 960  | 3         | 0.0 (0.1)      | 26761     | 27.9 (3.8)     | 26764                 | 27.9 (3.7)     |
|           | 65-74yrs  | 975  | 0         | 0.0 (0.0)      | 15522     | 15.9 (10.1)    | 15522                 | 15.9 (10.1)    |
| Female    | 5yrs      | 952  | 18381     | 19.3 (1.4)     | 1790      | 1.9 (2.4)      | 20171                 | 21.2 (1.7)     |
|           | 12yrs     | 997  | 564       | 0.6 (1.6)      | 26429     | 26.5 (2.8)     | 26993                 | 27.1 (1.6)     |
|           | 15yrs     | 1001 | 20        | 0.0 (0.2)      | 27925     | 27.9 (0.8)     | 27945                 | 27.9 (0.8)     |
|           | 35-44yrs  | 1022 | 8         | 0.0 (0.1)      | 27674     | 27.1 (4.1)     | 27682                 | 27.1 (4.1)     |
|           | 65-74yrs  | 984  | 0         | 0.0 (0.0)      | 14416     | 14.7 (9.9)     | 14416                 | 14.7 (9.9)     |
| Sinhalese | 5yrs      | 1394 | 27021     | 19.4 (1.3)     | 2257      | 1.6 (2.2)      | 29278                 | 21.0 (1.6)     |
|           | 12yrs     | 1399 | 1084      | 0.78(2.0)      | 36408     | 26.0 (3.3)     | 37492                 | 26.8 (1.8)     |
|           | 15yrs     | 1400 | 33        | 0.0 (0.2)      | 39141     | 28.0 (0.7)     | 39174                 | 28.0 (0.7)     |
|           | 35-44yrs  | 1320 | 10        | 0.0 (0.1)      | 36517     | 27.7 (3.8)     | 36527                 | 27.7 (3.8)     |
|           | 65-74yrs  | 1295 | 0         | 0.0 (0.0)      | 19711     | 15.2(10.0)     | 19711                 | 15.2 (10.0)    |
| Tamil     | 5yrs      | 302  | 5900      | 19.5 (1.0)     | 412       | 1.4 (2.0)      | 6312                  | 20.9 (1.5)     |
|           | 12yrs     | 308  | 197       | 0.6 (1.7)      | 8083      | 26.2 (3.0)     | 8280                  | 26.9 (1.8)     |
|           | 15yrs     | 302  | 8         | 0.0 (0.2)      | 8411      | 27.9 (1.5)     | 8419                  | 27.9 (1.5)     |
|           | 35-44yrs  | 328  | 1         | 0.0 (0.1)      | 9041      | 27.6 (4.1)     | 9042                  | 27.6 (4.1)     |
|           | 65-74yrs  | 329  | 0         | 0.0 (0.0)      | 5108      | 15.5 (10.7)    | 5108                  | 15.5 (10.7)    |
| Muslim    | 5yrs      | 297  | 5713      | 19.2 (1.4)     | 628       | 2.1 (2.4)      | 6341                  | 21.4 (1.9)     |
|           | 12yrs     | 287  | 162       | 0.6 (1.6)      | 7499      | 26.1 (3.0)     | 7661                  | 26.7 (2.0)     |
|           | 15yrs     | 300  | 0         | 0.0 (0.0)      | 8382      | 27.9 (1.1)     | 8382                  | 27.9 (1.1)     |
|           | 35-44yrs  | 333  | 0         | 0.0 (0.0)      | 8847      | 26.6 (4.5)     | 8847                  | 26.6 (4.5)     |
|           | 65-74yrs  | 331  | 0         | 0.0 (0.0)      | 5030      | 15.2 (9.4)     | 5030                  | 15.2 (9.4)     |
| Urban     | 5yrs      | 568  | 10972     | 19.3 (1.3)     | 1042      | 1.8 (2.3)      | 12014                 | 21.2 (1.6)     |
|           | 12yrs     | 568  | 403       | 0.7 (1.9)      | 14828     | 26.1 (3.1)     | 15231                 | 26.8 (1.8)     |
|           | 15yrs     | 571  | 10        | 0.0 (0.1)      | 15984     | 28.0 (1.3)     | 15994                 | 28.0 (1.3)     |
|           | 35-44yrs  | 553  | 5         | 0.0 (0.1)      | 15142     | 27.4 (3.9)     | 15147                 | 27.4 (3.9)     |
|           | 65-74yrs  | 554  | 0         | 0.0 (0.0)      | 8813      | 15.9 (9.8)     | 8813                  | 15.9 (9.8)     |
| Rural     | 5yrs      | 1427 | 27702     | 19.4 (1.3)     | 2259      | 1.6 (2.2)      | 29961                 | 21.0 (1.7)     |
|           | 12yrs     | 1428 | 1040      | 0.7 (1.9)      | 37217     | 26.1 (3.2)     | 38257                 | 26.8 (1.8)     |
|           | 15yrs     | 1432 | 31        | 0.0 (0.2)      | 39978     | 27.9 (0.8)     | 40009                 | 27.9 (0.7)     |
|           | 35-44yrs  | 1429 | 6         | 0.0 (0.1)      | 39293     | 27.5 (4.0)     | 39299                 | 27.5 (4.0)     |
|           | 65-74yrs  | 1405 | 0         | 0.0 (0.0)      | 21125     | 15.0 (10.1)    | 21125                 | 15.0(10.1)     |

Note:  $\bar{x}$ : Mean; SD: Standard Deviation

Except in 65-74-year-olds, all other age groups on average had more than 20 teeth. Among 15-year-olds and 35-44-year-olds, the average number of teeth present was 28. In 5-year-olds, almost all the deciduous teeth were present with at least one permanent tooth erupted.

Table 3.18: Percentage distribution of participants according to the number of teeth present

|           | Age group | N    | Number of teeth |             |            |                       |
|-----------|-----------|------|-----------------|-------------|------------|-----------------------|
|           |           |      | >20 teeth       | 11-20 teeth | 1-10 teeth | No teeth (edentulous) |
| Sri Lanka | 5yrs      | 1995 | 39.4            | 60.5        | 0.1        | 0.0                   |
|           | 12yrs     | 1996 | 99.4            | 0.6         | 0.0        | 0.0                   |
|           | 15yrs     | 2003 | 100.0           | 0.0         | 0.0        | 0.0                   |
|           | 35-44yrs  | 1982 | 94.2            | 5.4         | 0.4        | 0.0                   |
|           | 65-74yrs  | 1959 | 37.0            | 27.2        | 24.6       | 11.3                  |
| Male      | 5yrs      | 1043 | 34.6            | 65.3        | 0.1        | 0.0                   |
|           | 12yrs     | 999  | 99.2            | 0.8         | 0.0        | 0.0                   |
|           | 15yrs     | 1002 | 99.9            | 0.0         | 0.1        | 0.0                   |
|           | 35-44yrs  | 960  | 95.2            | 4.6         | 0.2        | 0.0                   |
|           | 65-74yrs  | 975  | 40.3            | 25.8        | 23.5       | 10.4                  |
| Female    | 5yrs      | 952  | 44.7            | 55.3        | 0.0        | 0.0                   |
|           | 12yrs     | 997  | 99.7            | 0.3         | 0.0        | 0.0                   |
|           | 15yrs     | 1001 | 100.0           | 0.0         | 0.0        | 0.0                   |
|           | 35-44yrs  | 1022 | 93.3            | 6.2         | 0.5        | 0.0                   |
|           | 65-74yrs  | 984  | 33.6            | 28.6        | 25.6       | 12.2                  |
| Sinhalese | 5yrs      | 1394 | 39.0            | 60.9        | 0.1        | 0.0                   |
|           | 12yrs     | 1399 | 99.6            | 0.4         | 0.0        | 0.0                   |
|           | 15yrs     | 1400 | 100.0           | 0.0         | 0.0        | 0.0                   |
|           | 35-44yrs  | 1320 | 95.2            | 4.6         | 0.2        | 0.0                   |
|           | 65-74yrs  | 1295 | 36.7            | 27.9        | 23.7       | 11.7                  |
| Tamil     | 5yrs      | 302  | 34.8            | 65.2        | 0.0        | 0.0                   |
|           | 12yrs     | 308  | 99.4            | 0.6         | 0.0        | 0.0                   |
|           | 15yrs     | 302  | 99.7            | 0.0         | 0.3        | 0.0                   |
|           | 35-44yrs  | 328  | 94.5            | 4.9         | 0.6        | 0.0                   |
|           | 65-74yrs  | 329  | 39.5            | 22.5        | 25.2       | 12.8                  |
| Muslim    | 5yrs      | 297  | 46.1            | 53.9        | 0.0        | 0.0                   |
|           | 12yrs     | 287  | 99.0            | 1.0         | 0.0        | 0.0                   |
|           | 15yrs     | 300  | 100.0           | 0.0         | 0.0        | 0.0                   |
|           | 35-44yrs  | 333  | 90.4            | 9.0         | 0.6        | 0.0                   |
|           | 65-74yrs  | 331  | 35.0            | 29.3        | 27.5       | 8.2                   |
| Urban     | 5yrs      | 568  | 46.0            | 54.0        | 0.0        | 0.0                   |
|           | 12yrs     | 568  | 99.5            | 0.5         | 0.0        | 0.0                   |
|           | 15yrs     | 571  | 99.8            | 0.0         | 0.2        | 0.0                   |
|           | 35-44yrs  | 553  | 94.2            | 5.6         | 0.2        | 0.0                   |
|           | 65-74yrs  | 554  | 39.0            | 28.9        | 22.0       | 10.1                  |
| Rural     | 5yrs      | 1427 | 36.9            | 63.1        | 0.1        | 0.0                   |
|           | 12yrs     | 1428 | 99.4            | 0.6         | 0.0        | 0.0                   |
|           | 15yrs     | 1432 | 100.0           | 0.0         | 0.0        | 0.0                   |
|           | 35-44yrs  | 1429 | 94.3            | 5.3         | 0.4        | 0.0                   |
|           | 65-74yrs  | 1405 | 36.2            | 26.5        | 25.6       | 11.7                  |

Except in 65-74-year-olds, a majority of the participants had more than 20 permanent teeth. Edentulous participants were observed only in the 65-74-year-old age group. Among sub-categories, females, Tamils and rural participants had a higher percentage of edentulousness than their respective counterparts.

### 3.5 Dental caries

Dental caries was measured in all age groups according to the guidelines given by the WHO<sup>23</sup>.

#### 3.5.1 Prevalence of dental caries

The prevalence of dental caries among the participants is given in the Table 3.19.

Table 3.19: Percentage distribution of participants according to the prevalence of dental caries

|           | Age group | N    |        | Total caries DMFT>0 | Active caries DT>0 | Missing teeth MT>0) | Filled teeth FT>0 | Active caries to total caries (%DT/%DMFT) | Missing teeth to total caries (%MT/%DMFT) | Filled teeth to total caries (%FT/%DMFT) |
|-----------|-----------|------|--------|---------------------|--------------------|---------------------|-------------------|---|---|--|
| Sri Lanka | 5yrs      | 1995 | Deci*  | 63.1                | 60.7               | 3.6                 | 11.5              | 96.2                                      | 5.6                                       | 18.2                                     |
|           |           |      | Perm** | 1.5                 | 1.5                | 0.0                 | 0.0               | 100.0                                     | 0.0                                       | 0.0                                      |
|           | 12yrs     | 1996 |        | 30.4                | 24.2               | 3.3                 | 8.8               | 79.6                                      | 10.9                                      | 29.0                                     |
|           | 15yrs     | 2003 |        | 41.5                | 35.3               | 7.4                 | 9.1               | 85.1                                      | 17.9                                      | 22.0                                     |
|           | 35-44yrs  | 1982 |        | 92.5                | 63.8               | 82.4                | 23.7              | 69.0                                      | 89.1                                      | 25.6                                     |
|           | 65-74yrs  | 1959 |        | 98.3                | 51.3               | 97.4                | 4.8               | 52.2                                      | 99.2                                      | 4.9                                      |
| Male      | 5yrs      | 1043 | Deci*  | 62.6                | 61.0               | 3.4                 | 10.8              | 97.4                                      | 5.4                                       | 17.3                                     |
|           |           |      | Perm** | 1.5                 | 1.5                | 0.0                 | 0.0               | 100.0                                     | 0.0                                       | 0.0                                      |
|           | 12yrs     | 999  |        | 29.0                | 23.3               | 2.4                 | 8.5               | 80.3                                      | 8.3                                       | 29.3                                     |
|           | 15yrs     | 1002 |        | 38.6                | 33.1               | 6.8                 | 7.4               | 85.8                                      | 17.6                                      | 19.1                                     |
|           | 35-44yrs  | 960  |        | 90.0                | 58.1               | 81.0                | 24.6              | 64.6                                      | 90.0                                      | 27.3                                     |
|           | 65-74yrs  | 975  |        | 81.6                | 47.7               | 97.0                | 4.4               | 58.4                                      | 118.8                                     | 5.4                                      |
| Female    | 5yrs      | 952  | Deci*  | 63.6                | 60.4               | 3.8                 | 12.2              | 95.0                                      | 6.0                                       | 19.2                                     |
|           |           |      | Perm** | 1.5                 | 1.5                | 0.0                 | 0.0               | 100.0                                     | 0.0                                       | 0.0                                      |
|           | 12yrs     | 997  |        | 31.8                | 25.1               | 4.2                 | 9.1               | 78.9                                      | 13.2                                      | 28.7                                     |
|           | 15yrs     | 1001 |        | 44.5                | 37.6               | 8.1                 | 10.9              | 84.5                                      | 18.2                                      | 24.5                                     |
|           | 35-44yrs  | 1022 |        | 93.8                | 69.1               | 83.7                | 22.9              | 73.6                                      | 89.2                                      | 24.4                                     |
|           | 65-74yrs  | 984  |        | 98.8                | 54.9               | 97.9                | 5.2               | 55.6                                      | 99.1                                      | 5.2                                      |
| Sinhalese | 5yrs      | 1394 | Deci*  | 59.1                | 56.4               | 3.7                 | 12.9              | 95.4                                      | 6.2                                       | 21.8                                     |
|           |           |      | Perm** | 1.6                 | 1.6                | 0.0                 | 0.0               | 100.0                                     | 0.0                                       | 0.0                                      |
|           | 12yrs     | 1399 |        | 28.8                | 22.1               | 2.1                 | 9.5               | 76.7                                      | 7.4                                       | 33.0                                     |
|           | 15yrs     | 1400 |        | 39.0                | 32.8               | 5.5                 | 10.2              | 84.1                                      | 14.1                                      | 26.2                                     |
|           | 35-44yrs  | 1320 |        | 92.5                | 62.7               | 81.5                | 29.2              | 67.8                                      | 88.1                                      | 31.6                                     |
|           | 65-74yrs  | 1295 |        | 98.2                | 50.3               | 97.5                | 5.6               | 51.2                                      | 99.2                                      | 5.7                                      |
| Tamil     | 5yrs      | 302  | Deci*  | 71.2                | 70.5               | 1.7                 | 6.3               | 99.1                                      | 2.3                                       | 8.8                                      |
|           |           |      | Perm** | 1.0                 | 1.0                | 0.0                 | 0.0               | 100.0                                     | 0.0                                       | 0.0                                      |
|           | 12yrs     | 308  |        | 29.5                | 27.6               | 3.9                 | 3.2               | 93.4                                      | 13.2                                      | 11.0                                     |
|           | 15yrs     | 302  |        | 44.7                | 40.1               | 8.6                 | 5.3               | 89.6                                      | 19.3                                      | 11.9                                     |
|           | 35-44yrs  | 328  |        | 91.2                | 66.5               | 81.7                | 6.4               | 72.9                                      | 89.6                                      | 7.0                                      |
|           | 65-74yrs  | 329  |        | 97.3                | 47.4               | 96.4                | 1.8               | 48.8                                      | 99.1                                      | 1.9                                      |
| Muslim    | 5yrs      | 297  | Deci*  | 73.1                | 70.7               | 5.1                 | 10.1              | 96.8                                      | 6.9                                       | 13.8                                     |
|           |           |      | Perm** | 1.7                 | 1.7                | 0.0                 | 0.0               | 100.0                                     | 0.0                                       | 0.0                                      |
|           | 12yrs     | 287  |        | 39.0                | 31.0               | 8.4                 | 11.1              | 79.5                                      | 21.4                                      | 28.6                                     |
|           | 15yrs     | 300  |        | 50.3                | 42.7               | 15.3                | 8.0               | 84.8                                      | 30.5                                      | 15.9                                     |
|           | 35-44yrs  | 333  |        | 93.7                | 65.5               | 86.5                | 18.6              | 69.9                                      | 92.3                                      | 19.9                                     |
|           | 65-74yrs  | 331  |        | 99.4                | 58.9               | 98.5                | 3.9               | 59.3                                      | 99.1                                      | 4.0                                      |
| Urban     | 5yrs      | 568  | Deci*  | 63.2                | 61.1               | 4.4                 | 11.4              | 96.7                                      | 7.0                                       | 18.1                                     |
|           |           |      | Perm** | 2.1                 | 2.1                | 0.0                 | 0.0               | 100.0                                     | 0.0                                       | 0.0                                      |
|           | 12yrs     | 568  |        | 28.2                | 22.2               | 3.9                 | 9.9               | 78.8                                      | 13.8                                      | 35.0                                     |
|           | 15yrs     | 571  |        | 38.9                | 31.2               | 6.3                 | 11.4              | 80.2                                      | 16.2                                      | 29.3                                     |
|           | 35-44yrs  | 553  |        | 92.6                | 64.4               | 82.8                | 21.7              | 69.5                                      | 89.5                                      | 23.4                                     |
|           | 65-74yrs  | 554  |        | 98.6                | 54.7               | 97.8                | 6.7               | 55.5                                      | 99.3                                      | 6.8                                      |
| Rural     | 5yrs      | 1427 | Deci*  | 63.0                | 60.5               | 3.2                 | 11.5              | 96.1                                      | 5.1                                       | 18.2                                     |
|           |           |      | Perm** | 1.3                 | 1.3                | 0.0                 | 0.0               | 100.0                                     | 0.0                                       | 0.0                                      |
|           | 12yrs     | 1428 |        | 31.3                | 25.0               | 3.1                 | 8.4               | 79.9                                      | 9.8                                       | 26.8                                     |
|           | 15yrs     | 1432 |        | 42.6                | 37.0               | 7.9                 | 8.2               | 86.9                                      | 18.5                                      | 19.3                                     |
|           | 35-44yrs  | 1429 |        | 92.4                | 63.5               | 82.2                | 24.5              | 68.7                                      | 88.9                                      | 26.5                                     |
|           | 65-74yrs  | 1405 |        | 98.1                | 50.0               | 97.3                | 4.1               | 50.9                                      | 99.1                                      | 4.1                                      |

\*Deci: Deciduous teeth; \*\*Perm: Permanent teeth

Note: For deciduous teeth in 5-year-olds, d,m,f and dmft values were given instead of D,M,F and DMFT



According to the Table 3.19, the caries prevalence in 5-year-old age group was 63% and the prevalence of active (untreated) caries was 60.7%. Out of 5-year-olds who had experienced dental caries, 96.2% had active caries. In this age group, the prevalence of missing teeth and filled teeth were 3.6% and 11.5% respectively. In 5-year-olds, Sinhalese had lower caries prevalence than the other two ethnic groups. The percentage with filled teeth was lower in Tamils compared to other two ethnic categories.

Caries prevalence in 12-year-olds and 15-year-olds were 30.4% and 41.5% respectively while the prevalence of active caries was 24.2% and 35.3% respectively. The proportions of 12-year-olds and 15-year-olds with active caries to total caries experience were 79.6% and 85.1% respectively. In the 12-year-olds and 15-year-olds, the caries prevalence was lower in males, Sinhalese and urban participants compared to females, Tamils and Muslims and rural participants respectively. In the same age groups, Tamils and rural participants had relatively a lower percentage of filled teeth despite high caries prevalence.

In 35-44-year-olds, the caries prevalence was 92.5%. Eighty two percent had missing teeth and nearly 24% had filled teeth. The proportion of 35-44-year-olds with missing teeth to total caries experience was 89.1%. In this age group the caries prevalence was higher in females and Muslims compared to males, Sinhalese and Tamils.

In 65-74-year-olds, 98.3% had caries while the prevalence of missing and filled teeth was 97.4% and 4.8% respectively. The proportion of 65-74-year-olds with missing teeth out of who had experienced dental caries was 99.2%. In this group, the caries prevalence was higher in females and Muslims compared to males and other ethnic groups (Sinhalese and Tamils) respectively.

### 3.5.2 Severity of dental caries

#### 3.5.2.1 Severity of dental caries: socio-demographic variation

Table 3.20 depicts the severity of dental caries among the participants.

In 5-year-olds, the mean dmft was 3.0 with a mean of 2.7 decayed, 0.1 missing and 0.2 filled teeth. Sinhalese had a lower dmft score than the other two ethnic groups.

In 12-year-olds and 15-year-olds, mean DMFT scores were 0.6 and 1.0 respectively and the decayed component was the highest, 0.4 and 0.8 respectively. In this group, caries severity was lower in Sinhalese when compared to other two ethnic groups.

In 35-44-year-olds, the mean DMFT was 6.5 with a higher missing (4.0) followed up by decayed (2.0) and filled (0.5) components. This pattern was similar in sub-categories as well. Moreover, in this age group, the mean DMFT was lower in males and Sinhalese than females and other two ethnic groups respectively.

In 65-74-year-olds, the mean DMFT was 18.4. The missing component was higher (16.5) followed by the decayed (1.8) and filled (0.1) components. This pattern was similar in all sub-categories as well.

Table 3.20: Distribution of participants according to the severity of dental caries

|           | Age group | N    |        | Total no. of teeth |                | DT (dt)        | MT (mt)        | FT (ft)        | DMFT (dmft)    |
|-----------|-----------|------|--------|--------------------|----------------|----------------|----------------|----------------|----------------|
|           |           |      |        | N                  | $\bar{x}$ (SD) | $\bar{x}$ (SD) | $\bar{x}$ (SD) | $\bar{x}$ (SD) | $\bar{x}$ (SD) |
| Sri Lanka | 5yrs      | 1995 | Deci*  | 38674              | 19.4 (1.3)     | 2.7 (3.4)      | 0.1 (0.5)      | 0.2 (0.7)      | 3.0 (3.5)      |
|           |           |      | Perm** | 3301               | 1.6 (2.2)      | 0.02 (0.2)     | 0.0 (0.0)      | 0.0 (0.0)      | 0.02 (0.2)     |
|           | 12yrs     | 1996 |        | 5045               | 26.1 (3.2)     | 0.4 (0.9)      | 0.1 (0.2)      | 0.1 (0.5)      | 0.6 (1.1)      |
|           | 15yrs     | 2003 |        | 55962              | 27.9 (1.0)     | 0.8 (1.4)      | 0.1 (0.4)      | 0.1 (0.5)      | 1.0 (1.6)      |
|           | 35-44yrs  | 1982 |        | 54435              | 27.5 (4.0)     | 2.0 (2.7)      | 4.0 (4.0)      | 0.5 (1.2)      | 6.5 (5.2)      |
|           | 65-74yrs  | 1959 |        | 29938              | 15.3 (10.0)    | 1.8 (2.9)      | 16.5 (10.2)    | 0.1 (0.5)      | 18.4 (9.8)     |
| Male      | 5yrs      | 1043 | Deci*  | 20293              | 19.5 (1.2)     | 2.8 (3.4)      | 0.1 (0.5)      | 0.2 (0.7)      | 3.1 (3.6)      |
|           |           |      | Perm** | 1511               | 1.4 (2.1)      | 0.02 (0.2)     | 0.0 (0.0)      | 0.0 (0.0)      | 0.02 (0.2)     |
|           | 12yrs     | 999  |        | 25616              | 25.6 (3.5)     | 0.4 (0.8)      | 0.0 (0.3)      | 0.1 (0.4)      | 0.5 (1.0)      |
|           | 15yrs     | 1002 |        | 28037              | 28.0 (1.1)     | 0.7 (1.3)      | 0.1 (0.3)      | 0.1 (0.5)      | 0.9 (1.5)      |
|           | 35-44yrs  | 960  |        | 26761              | 27.9 (3.8)     | 1.6 (2.2)      | 3.7 (3.8)      | 0.5 (1.2)      | 5.7 (4.8)      |
|           | 65-74yrs  | 975  |        | 15522              | 15.9 (10.1)    | 1.7 (3.0)      | 15.9 (10.3)    | 0.1 (0.5)      | 17.7 (10.0)    |
| Female    | 5yrs      | 952  | Deci*  | 18381              | 19.3 (1.4)     | 2.7 (3.3)      | 0.1 (0.4)      | 0.2 (0.7)      | 3.0 (3.5)      |
|           |           |      | Perm** | 1790               | 1.9 (2.4)      | 0.02 (0.2)     | 0.0 (0.0)      | 0.0 (0.0)      | 0.02 (0.2)     |
|           | 12yrs     | 997  |        | 26429              | 26.5 (2.8)     | 0.5 (1.0)      | 0.1 (0.2)      | 0.1 (0.5)      | 0.6 (1.2)      |
|           | 15yrs     | 1001 |        | 27925              | 27.9 (0.8)     | 0.8 (1.4)      | 0.1 (0.4)      | 0.2 (0.6)      | 1.1 (1.7)      |
|           | 35-44yrs  | 1022 |        | 27674              | 27.1 (4.1)     | 2.3 (3.0)      | 4.4 (4.2)      | 0.5 (1.1)      | 7.2 (5.5)      |
|           | 65-74yrs  | 984  |        | 14416              | 14.7 (9.9)     | 1.9 (2.8)      | 17.1 (10.0)    | 0.1 (0.5)      | 19.0 (9.6)     |
| Sinhalese | 5yrs      | 1394 | Deci*  | 27021              | 19.4 (1.3)     | 2.5 (3.2)      | 0.1 (0.4)      | 0.2 (0.7)      | 2.8 (3.4)      |
|           |           |      | Perm** | 2257               | 1.6 (2.2)      | 0.02 (0.2)     | 0.0 (0.0)      | 0.0 (0.0)      | 0.02 (0.2)     |
|           | 12yrs     | 1399 |        | 36408              | 26.0 (3.3)     | 0.4 (0.8)      | 0.0 (0.2)      | 0.1 (0.5)      | 0.5 (1.1)      |
|           | 15yrs     | 1400 |        | 39141              | 28.0 (0.7)     | 0.6 (1.2)      | 0.1 (0.3)      | 0.2 (0.6)      | 0.9 (1.5)      |
|           | 35-44yrs  | 1320 |        | 36517              | 27.7 (3.8)     | 1.8 (2.4)      | 3.8 (3.8)      | 0.6 (1.3)      | 6.2 (4.9)      |
|           | 65-74yrs  | 1295 |        | 19711              | 15.2 (10.0)    | 1.7 (2.8)      | 16.5 (10.2)    | 0.1 (0.6)      | 18.3 (9.8)     |
| Tamil     | 5yrs      | 302  | Deci*  | 5900               | 19.5 (1.0)     | 3.3 (3.6)      | 0.0 (0.4)      | 0.1 (0.5)      | 3.4 (3.7)      |
|           |           |      | Perm** | 412                | 1.4 (2.0)      | 0.01 (0.1)     | 0.0 (0.0)      | 0.0 (0.0)      | 0.01 (0.1)     |
|           | 12yrs     | 308  |        | 8083               | 26.2 (3.0)     | 0.5 (1.1)      | 0.0 (0.2)      | 0.1 (0.2)      | 0.6 (1.2)      |
|           | 15yrs     | 302  |        | 8411               | 27.9 (1.5)     | 1.0 (1.7)      | 0.1 (0.4)      | 0.1 (0.3)      | 1.2 (1.9)      |
|           | 35-44yrs  | 328  |        | 9041               | 27.6 (4.1)     | 2.8 (3.6)      | 4.1 (4.1)      | 0.1 (0.5)      | 7.0 (5.7)      |
|           | 65-74yrs  | 329  |        | 5108               | 15.5 (10.7)    | 1.7 (3.0)      | 16.3 (10.8)    | 0.0 (0.2)      | 18.0 (10.5)    |
| Muslim    | 5yrs      | 297  | Deci*  | 5713               | 19.2 (1.4)     | 3.6 (3.6)      | 0.1 (0.6)      | 0.2 (0.7)      | 3.9 (3.7)      |
|           |           |      | Perm** | 628                | 2.1 (2.4)      | 0.02 (0.2)     | 0.0 (0.0)      | 0.0 (0.0)      | 0.02 (0.2)     |
|           | 12yrs     | 287  |        | 7499               | 26.1 (3.0)     | 0.6 (1.1)      | 0.1 (0.5)      | 0.1 (0.5)      | 0.8 (1.4)      |
|           | 15yrs     | 300  |        | 8382               | 27.9 (1.1)     | 1.0 (1.6)      | 0.2 (0.6)      | 0.1 (0.6)      | 1.3 (1.9)      |
|           | 35-44yrs  | 333  |        | 8847               | 26.6 (4.5)     | 1.9 (2.5)      | 5.0 (4.5)      | 0.3 (1.0)      | 7.2 (5.6)      |
|           | 65-74yrs  | 331  |        | 5030               | 15.2 (9.4)     | 2.3 (3.2)      | 16.6 (9.5)     | 0.1 (0.5)      | 19.0 (9.2)     |
| Urban     | 5yrs      | 568  | Deci*  | 10972              | 19.3 (1.3)     | 2.7 (3.2)      | 0.1 (0.3)      | 0.2 (0.8)      | 3.0 (3.5)      |
|           |           |      | Perm** | 1042               | 1.8 (2.3)      | 0.02 (0.2)     | 0.0 (0.0)      | 0.0 (0.0)      | 0.02 (0.2)     |
|           | 12yrs     | 568  |        | 14828              | 26.1 (3.1)     | 0.4 (0.9)      | 0.1 (0.2)      | 0.1 (0.5)      | 0.6 (1.2)      |
|           | 15yrs     | 571  |        | 15984              | 28.0 (1.3)     | 0.7 (1.4)      | 0.1 (0.3)      | 0.2 (0.7)      | 1.0 (1.7)      |
|           | 35-44yrs  | 553  |        | 15142              | 27.4 (3.9)     | 2.0 (2.8)      | 4.1 (3.9)      | 0.5 (1.2)      | 6.6 (5.2)      |
|           | 65-74yrs  | 554  |        | 8813               | 15.9 (9.8)     | 1.9 (2.9)      | 15.8 (9.9)     | 0.1 (0.7)      | 17.8 (9.6)     |
| Rural     | 5yrs      | 1427 | Deci*  | 27702              | 19.4 (1.3)     | 2.7 (3.4)      | 0.1 (0.5)      | 0.2 (0.6)      | 3.0 (3.6)      |
|           |           |      | Perm** | 2259               | 1.6 (2.2)      | 0.02 (0.2)     | 0.0 (0.0)      | 0.0 (0.0)      | 0.02 (0.2)     |
|           | 12yrs     | 1428 |        | 37217              | 26.1 (3.2)     | 0.4 (0.9)      | 0.1 (0.3)      | 0.1 (0.4)      | 0.6 (1.1)      |
|           | 15yrs     | 1432 |        | 39978              | 27.9 (0.8)     | 0.8 (1.4)      | 0.1 (0.4)      | 0.1 (0.5)      | 1.0 (1.6)      |
|           | 35-44yrs  | 1429 |        | 39293              | 27.5 (4.0)     | 1.9 (2.7)      | 4.0 (4.0)      | 0.5 (1.1)      | 6.4 (5.2)      |
|           | 65-74yrs  | 1405 |        | 21125              | 15.0 (10.1)    | 1.8 (2.9)      | 16.7 (10.3)    | 0.1 (0.4)      | 18.6 (9.9)     |

\*Deci: Deciduous teeth; \*\*Perm: Permanent teeth

Note:  $\bar{x}$ : Mean; SD: Standard Deviation

### 3.6.2.1 Severity of dental caries: district variations

Figure 3.1: Mean dmft according to districts: 5-year-olds

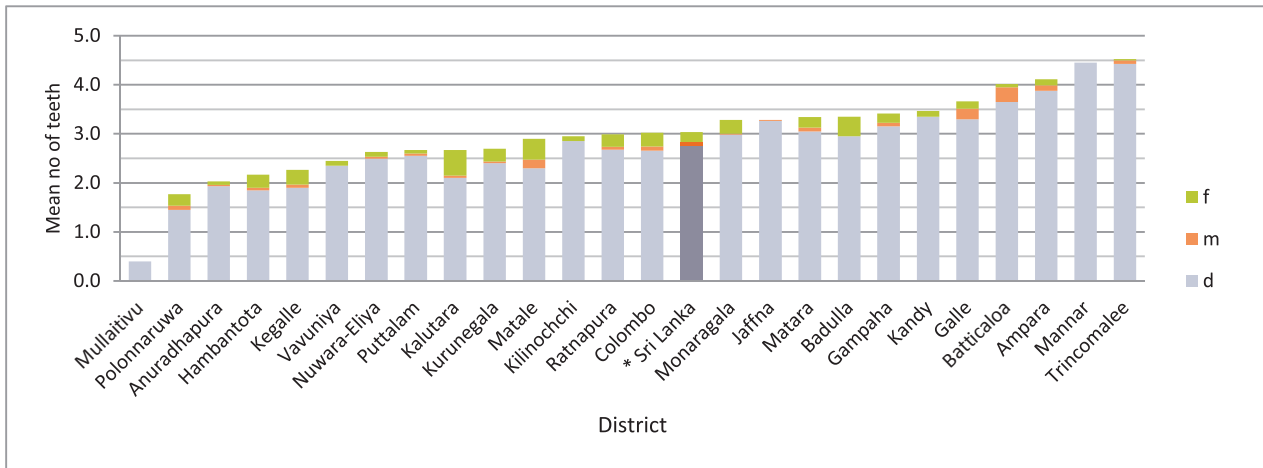


Figure 3.2: Mean DMFT according to districts: 12-year-olds

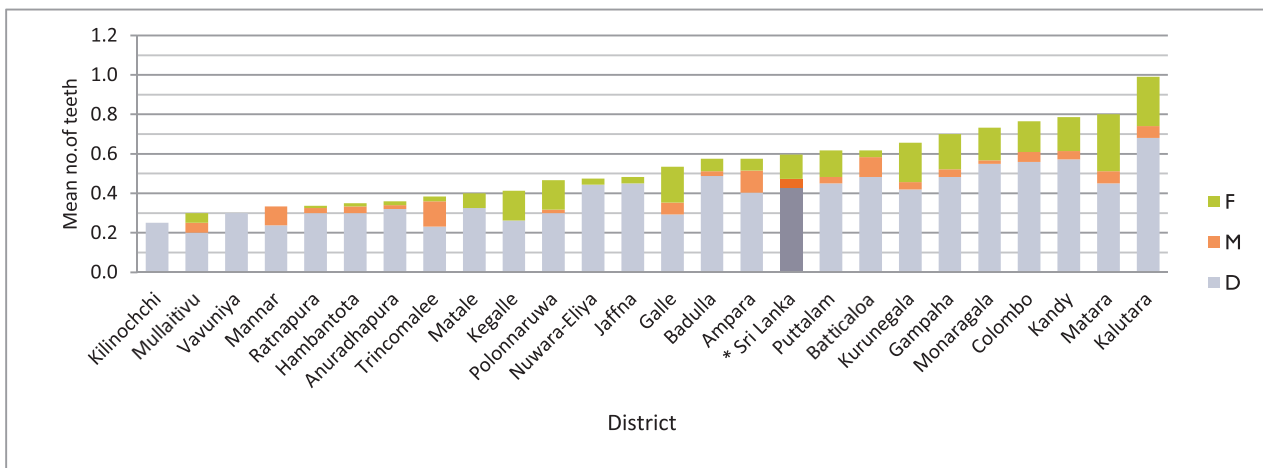


Figure 3.3: Mean DMFT according to districts: 15-year-olds

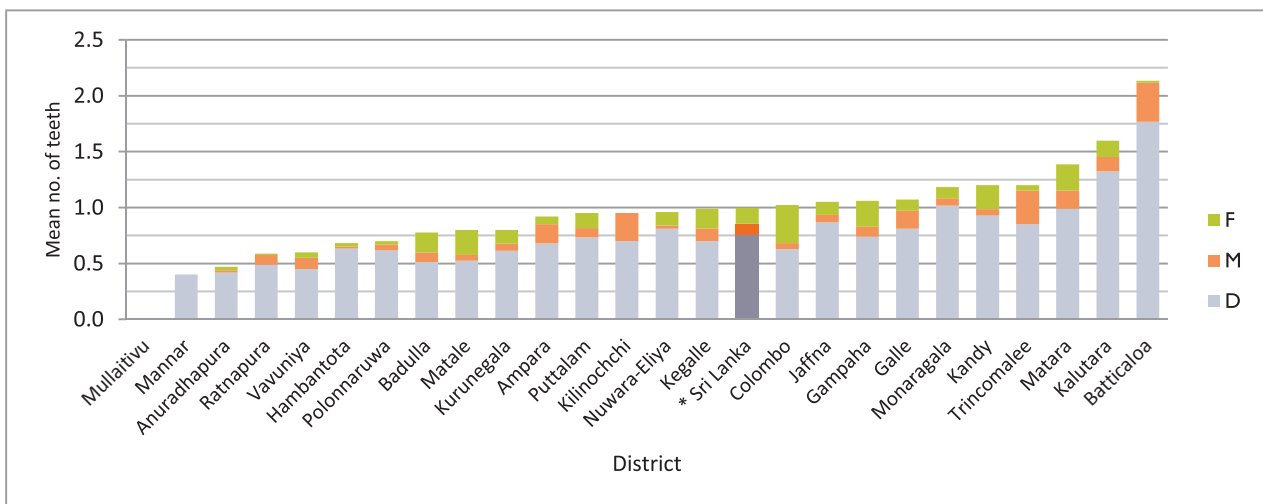


Figure 3.4: Mean DMFT according to districts: 35-44-year-olds

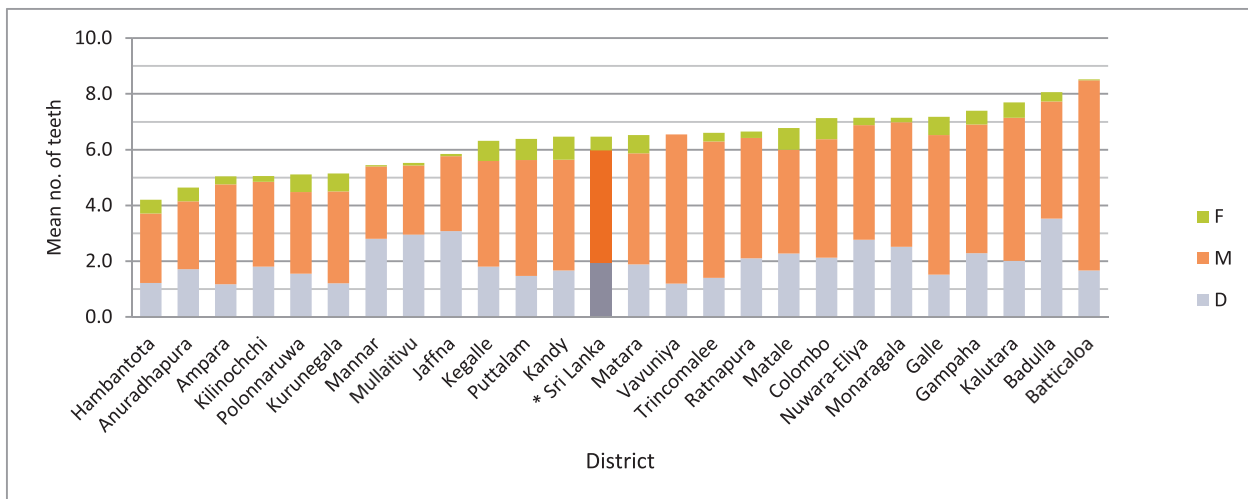
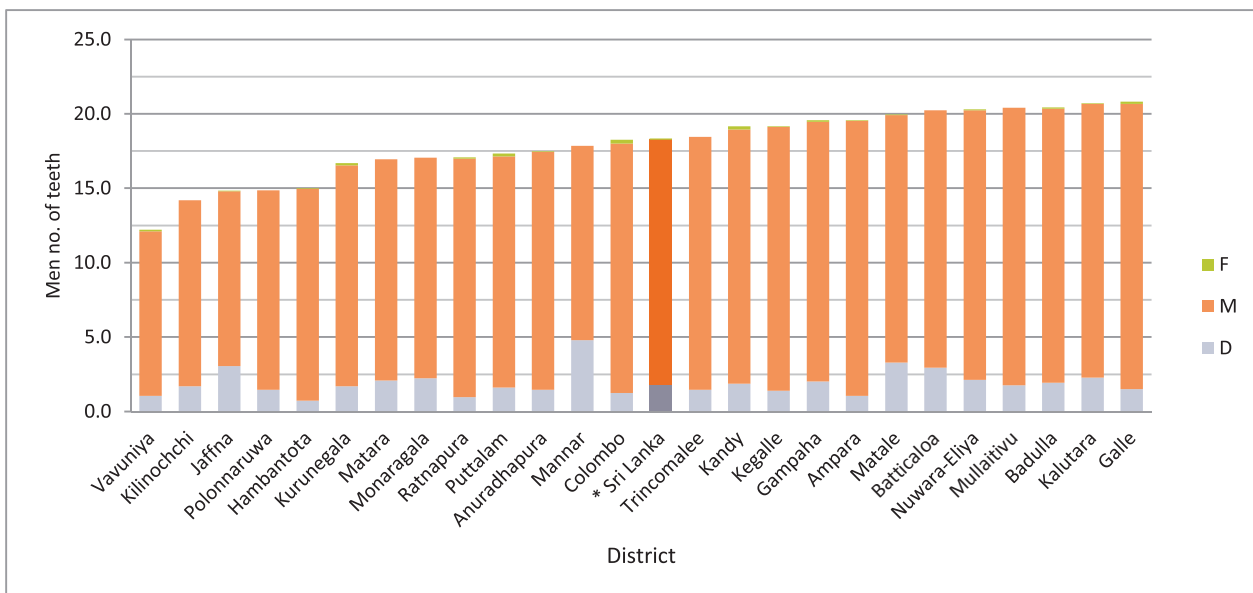


Figure 3.5: Mean DMFT according to districts: 65-74-year-olds



According to the above Figures 3.1 to 3.5, the pattern of dental caries severity across districts was similar to the national pattern; 5-year-olds, 12-year-olds and 15-year-olds had more untreated caries and 35-44-year-olds and 65-74-year-olds had more 'missing' teeth.

However, compared to other districts, relatively high proportion of participants in Mannar, Mullitivu, Jaffna districts had untreated caries.

### 3.5.2.3 Severity of dental caries: according to WHO recommendations

The severity of dental caries in 12-year-olds and 35-44-year-olds was presented according to the classification recommended by the WHO<sup>23</sup>

Table 3.21: Percentage distribution of participants of selected index age groups according to the severity of dental caries

|           | % of participants with DMFT: 12-year-olds |                |                     |                 |                   | % of participants with DMFT: 35-44-year-olds |                |                      |               |
|-----------|---|----------------|---------------------|-----------------|-------------------|--|----------------|----------------------|---------------|
|           | Very low<br><1.2                          | Low<br>1.2-2.6 | Moderate<br>2.7-4.4 | High<br>4.5-6.5 | Very high<br>>6.5 | Very low<br><5.0                             | Low<br>5.0-8.9 | Moderate<br>9.0-13.9 | High<br>>13.9 |
| Sri Lanka | 84.5                                      | 7.6            | 6.6                 | 1.1             | 0.3               | 42.4   | 29.0           | 18.5                 | 10.1          |
| Male      | 84.7                                      | 9.0            | 5.4                 | 0.8             | 0.1               | 47.3   | 29.2           | 17.0                 | 6.6           |
| Female    | 84.4                                      | 6.1            | 7.7                 | 1.4             | 0.4               | 37.8   | 28.8           | 20.0                 | 13.5          |
| Sinhalese | 86.4                                      | 6.8            | 5.8                 | 0.9             | 0.1               | 43.6   | 30.0           | 18.0                 | 8.4           |
| Tamil     | 83.1                                      | 8.1            | 6.5                 | 2.3             | 0.0               | 42.4   | 24.4           | 18.9                 | 14.3          |
| Muslim    | 76.7                                      | 10.8           | 10.5                | 0.7             | 1.4               | 37.5   | 29.4           | 20.1                 | 12.9          |
| Urban     | 83.8                                      | 7.4            | 7.6                 | 0.9             | 0.4               | 40.9   | 30.7           | 18.3                 | 10.1          |
| Rural     | 84.8                                      | 7.6            | 6.2                 | 1.2             | 0.2               | 43.0   | 28.3           | 18.6                 | 10.1          |

Table 3.21 depicts the percentage distribution of participants according to the severity of dental caries based on the WHO recommendation. The WHO uses this data to classify the risk status of a country in terms of dental caries status for index age groups.

According to Table 3.21, the majority of 12-year-olds Sri Lankans had less than 1.2 DMFT. Hence considering 12-year-olds, Sri Lanka could be considered as a country with a 'very low' prevalence of dental caries. However, in terms of 35-44-year-olds, the country belongs into 'low to moderate' category.

### 3.6 Root exposure (presence of gingival recession) and root caries

Root exposure status and root caries status were measured according to the WHO survey guidelines<sup>23</sup>.

#### 3.6.1 Root exposure (presence of gingival recession)

Table 3.22: Percentage distribution of participants according to the status of root exposure

|           | Age group | N    | Root exposed (%)      |             |             |           |
|-----------|-----------|------|-----------------------|-------------|-------------|-----------|
|           |           |      | No root exposed teeth | 1- 10 teeth | 11-19 teeth | ≥20 teeth |
| Sri Lanka | 15yrs     | 2003 | 97.4                  | 2.4         | 0.1         | 0.0       |
|           | 35-44yrs  | 1982 | 51.5                  | 25.6        | 9.2         | 13.7      |
|           | 65-74yrs  | 1959 | 28.5                  | 35.2        | 21.2        | 15.1      |
| Male      | 15yrs     | 1002 | 97.1                  | 2.7         | 0.1         | 0.1       |
|           | 35-44yrs  | 960  | 47.4                  | 26.3        | 10.1        | 16.3      |
|           | 65-74yrs  | 975  | 26.7                  | 33.4        | 22.2        | 17.7      |
| Female    | 15yrs     | 1001 | 97.6                  | 2.2         | 0.2         | 0.0       |
|           | 35-44yrs  | 1022 | 55.4                  | 25.0        | 8.4         | 11.3      |
|           | 65-74yrs  | 984  | 30.4                  | 36.9        | 20.3        | 12.4      |
| Sinhalese | 15yrs     | 1400 | 97.2                  | 2.7         | 0.0         | 0.1       |
|           | 35-44yrs  | 1320 | 52.0                  | 25.7        | 10.2        | 12.1      |
|           | 65-74yrs  | 1295 | 28.9                  | 36.1        | 21.9        | 13.2      |
| Tamil     | 15yrs     | 302  | 98.0                  | 1.3         | 0.7         | 0.0       |
|           | 35-44yrs  | 328  | 56.1                  | 22.6        | 4.9         | 16.5      |
|           | 65-74yrs  | 329  | 35.0                  | 29.8        | 17.3        | 17.9      |
| Muslim    | 15yrs     | 300  | 97.3                  | 2.3         | 0.3         | 0.0       |
|           | 35-44yrs  | 333  | 44.7                  | 28.2        | 9.9         | 17.1      |
|           | 65-74yrs  | 331  | 20.2                  | 37.2        | 23.0        | 19.6      |
| Urban     | 15yrs     | 571  | 97.7                  | 2.3         | 0.0         | 0.0       |
|           | 35-44yrs  | 553  | 50.8                  | 25.9        | 8.9         | 14.5      |
|           | 65-74yrs  | 554  | 26.2                  | 33.9        | 22.6        | 17.3      |
| Rural     | 15yrs     | 1432 | 97.2                  | 2.5         | 0.2         | 0.1       |
|           | 35-44yrs  | 1429 | 51.8                  | 25.5        | 9.4         | 13.4      |
|           | 65-74yrs  | 1405 | 29.5                  | 35.7        | 20.7        | 14.2      |

The percentage of participants with root exposed teeth increased with age. This pattern was similar in all sub-categories. Root exposure was higher in males, Muslims and urban people when compared to females, Sinhalese, Tamils and rural people respectively.

### 3.6.2 Root caries

Table 3.23: Distribution of participants according to the status of root caries

|           | Age group | N    | Total no. of teeth |                | Root exposed teeth | R-D            | R-F            | R-DFT          | % of participants with root caries (R-DFT>0) |
|-----------|-----------|------|--------------------|----------------|--------------------|----------------|----------------|----------------|--|
|           |           |      | N                  | $\bar{x}$ (SD) | $\bar{x}$ (SD)     | $\bar{x}$ (SD) | $\bar{x}$ (SD) | $\bar{x}$ (SD) |  |
| Sri Lanka | 15yrs     | 2003 | 55962              | 27.9 (1.0)     | 0.1 (0.9)          | 0.0 (0.1)      | 0.0 (0.0)      | 0.0 (0.1)      | 0.1  |
|           | 35-44yrs  | 1982 | 54435              | 27.5 (4.0)     | 5.8 (9.2)          | 0.1 (0.9)      | 0.0 (0.0)      | 0.1 (0.9)      | 3.1  |
|           | 65-74yrs  | 1959 | 29938              | 15.3 (10.0)    | 8.4 (8.9)          | 0.2 (0.8)      | 0.0 (0.0)      | 0.2 (0.8)      | 7.6  |
| Male      | 15yrs     | 1002 | 28037              | 28.0 (1.1)     | 0.1 (1.0)          | 0.0 (0.1)      | 0.0 (0.0)      | 0.0 (0.1)      | 0.3  |
|           | 35-44yrs  | 960  | 26761              | 27.9 (3.8)     | 6.7 (9.8)          | 0.1 (0.8)      | 0.0 (0.0)      | 0.1 (0.8)      | 3.4  |
|           | 65-74yrs  | 975  | 15522              | 15.9 (10.1)    | 9.3 (9.3)          | 0.1 (0.6)      | 0.0 (0.0)      | 0.1 (0.6)      | 7.2  |
| Female    | 15yrs     | 1001 | 27925              | 27.9 (0.8)     | 0.1 (0.6)          | 0.0 (0.0)      | 0.0 (0.0)      | 0.0 (0.0)      | 0.0  |
|           | 35-44yrs  | 1022 | 27674              | 27.1 (4.1)     | 5.0 (8.6)          | 0.1 (0.9)      | 0.0 (0.0)      | 0.1 (0.9)      | 2.7  |
|           | 65-74yrs  | 984  | 14416              | 14.7 (9.9)     | 7.6 (8.5)          | 0.2 (0.9)      | 0.0 (0.0)      | 0.2 (0.9)      | 7.9  |
| Sinhalese | 15yrs     | 1400 | 39141              | 28.0 (0.7)     | 0.1 (0.9)          | 0.0 (0.1)      | 0.0 (0.0)      | 0.0 (0.1)      | 0.2  |
|           | 35-44yrs  | 1320 | 36517              | 27.7 (3.8)     | 5.5 (8.8)          | 0.1 (0.9)      | 0.0 (0.0)      | 0.1 (0.9)      | 2.7  |
|           | 65-74yrs  | 1295 | 19711              | 15.2 (10.0)    | 8.1 (8.7)          | 0.2 (0.8)      | 0.0 (0.0)      | 0.2 (0.8)      | 7.4  |
| Tamil     | 15yrs     | 302  | 8411               | 27.9 (1.5)     | 0.1 (1.0)          | 0.0 (0.0)      | 0.0 (0.0)      | 0.0 (0.0)      | 0.0  |
|           | 35-44yrs  | 328  | 9041               | 27.6 (4.1)     | 6.0 (10.5)         | 0.1 (0.9)      | 0.0 (0.0)      | 0.1 (0.9)      | 2.7  |
|           | 65-74yrs  | 329  | 5108               | 15.5 (10.7)    | 8.5 (9.7)          | 0.1 (0.5)      | 0.0 (0.0)      | 0.1 (0.5)      | 8.2  |
| Muslim    | 15yrs     | 300  | 8382               | 27.9 (1.1)     | 0.1 (0.7)          | 0.0 (0.0)      | 0.0 (0.0)      | 0.0 (0.0)      | 0.0  |
|           | 35-44yrs  | 333  | 8847               | 26.6 (4.5)     | 6.9 (9.7)          | 0.1 (0.5)      | 0.0 (0.0)      | 0.1 (0.5)      | 4.8  |
|           | 65-74yrs  | 331  | 5030               | 15.2 (9.4)     | 9.8 (9.1)          | 0.2 (0.9)      | 0.0 (0.0)      | 0.2 (0.9)      | 7.3  |
| Urban     | 15yrs     | 571  | 15984              | 28.0 (1.3)     | 0.0 (0.2)          | 0.0 (0.0)      | 0.0 (0.0)      | 0.0 (0.0)      | 0.0  |
|           | 35-44yrs  | 553  | 15142              | 27.4 (3.9)     | 6.0 (9.3)          | 0.1 (0.5)      | 0.0 (0.0)      | 0.1 (0.5)      | 3.3  |
|           | 65-74yrs  | 554  | 8813               | 15.9 (9.8)     | 9.1 (9.2)          | 0.2 (0.7)      | 0.0 (0.0)      | 0.2 (0.7)      | 9.4  |
| Rural     | 15yrs     | 1432 | 39978              | 27.9 (0.8)     | 0.1 (1.0)          | 0.0 (0.1)      | 0.0 (0.0)      | 0.0 (0.1)      | 0.2  |
|           | 35-44yrs  | 1429 | 39293              | 27.5 (4.0)     | 5.7 (9.2)          | 0.1 (1.0)      | 0.0 (0.0)      | 0.1 (1.0)      | 3.0  |
|           | 65-74yrs  | 1405 | 21125              | 15.0 (10.1)    | 8.2 (8.8)          | 0.2 (0.8)      | 0.0 (0.0)      | 0.2 (0.8)      | 6.8  |

Note:  $\bar{x}$ : Mean; SD: Standard Deviation

The prevalence and severity of root caries increased with age. Fifteen-year-olds had the lowest and the 65-74-year-olds had the highest prevalence of root caries. This pattern was similar in all sub-categories.

### 3.7 Periodontal condition

Periodontal condition was measured according to the guidelines given by the WHO<sup>23</sup> and the data presented as three indicators: gingival bleeding-on-probing, periodontal pockets and loss of periodontal attachment (LOA). In addition, presence of calculus was also measured. Gingival bleeding-on-probing and calculus were measured among all age groups while periodontal pockets and LOA were measured in 15-year-old, 35-44-year-old and 65-74-year-old age groups.

#### 3.7.1 Gingival bleeding-on-probing

##### 3.7.1.1 Prevalence of gingival bleeding-on-probing

Table 3.24: Percentage distribution of participants according to the prevalence of gingival bleeding-on-probing

|           | Age group | N    | Gingival bleeding-on-probing (%) |            |             |           |
|-----------|-----------|------|----------------------------------|------------|-------------|-----------|
|           |           |      | 0 teeth (Healthy)                | 1-10 teeth | 11-20 teeth | >20 teeth |
| Sri Lanka | 5yrs      | 1995 | 81.7                             | 17.1       | 1.2         | 0.0       |
|           | 12yrs     | 1996 | 55.3                             | 34.9       | 7.0         | 2.8       |
|           | 15yrs     | 2003 | 53.5                             | 34.3       | 8.2         | 4.0       |
|           | 35-44yrs  | 1982 | 47.4                             | 37.0       | 10.1        | 5.4       |
|           | 65-74yrs  | 1959 | 49.6                             | 36.2       | 9.3         | 4.8       |
| Male      | 5yrs      | 1043 | 81.3                             | 17.7       | 1.0         | 0.0       |
|           | 12yrs     | 999  | 54.2                             | 35.1       | 7.8         | 2.9       |
|           | 15yrs     | 1002 | 52.6                             | 36.5       | 7.7         | 3.2       |
|           | 35-44yrs  | 960  | 50.7                             | 35.4       | 9.0         | 4.9       |
|           | 65-74yrs  | 975  | 50.7                             | 35.4       | 9.1         | 4.8       |
| Female    | 5yrs      | 952  | 82.1                             | 16.5       | 1.4         | 0.0       |
|           | 12yrs     | 997  | 56.5                             | 34.6       | 6.2         | 2.7       |
|           | 15yrs     | 1001 | 54.3                             | 32.1       | 8.8         | 4.8       |
|           | 35-44yrs  | 1022 | 44.3                             | 38.6       | 11.2        | 6.0       |
|           | 65-74yrs  | 984  | 48.5                             | 37.1       | 9.6         | 4.9       |
| Sinhalese | 5yrs      | 1394 | 82.5                             | 16.6       | 0.9         | 0.0       |
|           | 12yrs     | 1399 | 56.3                             | 35.9       | 6.0         | 1.8       |
|           | 15yrs     | 1400 | 55.6                             | 35.3       | 6.9         | 2.2       |
|           | 35-44yrs  | 1320 | 52.9                             | 36.6       | 8.0         | 2.5       |
|           | 65-74yrs  | 1295 | 53.0                             | 34.9       | 8.5         | 3.6       |
| Tamil     | 5yrs      | 302  | 76.2                             | 21.2       | 2.6         | 0.0       |
|           | 12yrs     | 308  | 47.7                             | 34.7       | 12.3        | 5.2       |
|           | 15yrs     | 302  | 45.0                             | 33.8       | 12.9        | 8.3       |
|           | 35-44yrs  | 328  | 30.2                             | 38.1       | 16.8        | 14.9      |
|           | 65-74yrs  | 329  | 43.5                             | 34.0       | 13.4        | 9.1       |
| Muslim    | 5yrs      | 297  | 83.5                             | 15.5       | 1.0         | 0.0       |
|           | 12yrs     | 287  | 58.5                             | 30.0       | 6.3         | 5.2       |
|           | 15yrs     | 300  | 52.3                             | 30.0       | 9.7         | 8.0       |
|           | 35-44yrs  | 333  | 42.6                             | 37.8       | 11.7        | 7.8       |
|           | 65-74yrs  | 331  | 42.9                             | 43.2       | 8.5         | 5.4       |
| Urban     | 5yrs      | 568  | 79.6                             | 19.2       | 1.2         | 0.0       |
|           | 12yrs     | 568  | 54.9                             | 35.6       | 6.0         | 3.5       |
|           | 15yrs     | 571  | 52.7                             | 33.1       | 9.1         | 5.1       |
|           | 35-44yrs  | 553  | 44.3                             | 39.6       | 9.6         | 6.5       |
|           | 65-74yrs  | 554  | 44.2                             | 39.2       | 11.4        | 5.2       |
| Rural     | 5yrs      | 1427 | 82.6                             | 16.3       | 1.1         | 0.0       |
|           | 12yrs     | 1428 | 55.5                             | 34.6       | 7.4         | 2.5       |
|           | 15yrs     | 1432 | 53.8                             | 34.8       | 7.9         | 3.6       |
|           | 35-44yrs  | 1429 | 48.6                             | 36.0       | 10.3        | 5.0       |
|           | 65-74yrs  | 1405 | 51.7                             | 35.1       | 8.5         | 4.7       |

In general, the percentage of participants with gingival bleeding-on-probing increased with the age despite a small reduction observed in 65-74-year-olds. This pattern was similar in all sub-categories. Among sub-categories, gingival bleeding-on-probing was higher in females and Tamils compared to males and other two ethnic groups respectively.



### 3.7.1.2: Mean and the percentage of teeth with gingival bleeding-on-probing

Table 3.25: Distribution of participants according to the mean and the percentage of teeth with gingival bleeding-on-probing

| Age group | N        | Total no. of teeth |                | Teeth with gingival bleeding-on-probing |             |                |           |                |           |     |
|-----------|----------|--------------------|----------------|---|-------------|----------------|-----------|----------------|-----------|-----|
|           |          |                    |                | No bleeding                             |             | Bleeding       |           | Excluded teeth |           |     |
|           |          | N                  | $\bar{x}$ (SD) | $\bar{x}$ (SD)                          | %*          | $\bar{x}$ (SD) | %*        | $\bar{x}$ (SD) | %**       |     |
| Sri Lanka | 5yrs     | 1995               | 41975          | 21.0 (1.7)                              | 20.3 (2.7)  | 96.3           | 0.7 (2.1) | 3.5            | 0.0 (0.5) | 0.2 |
|           | 12yrs    | 1996               | 53488          | 26.8 (1.8)                              | 23.5 (5.9)  | 87.5           | 3.3 (5.6) | 12.4           | 0.0 (0.2) | 0.1 |
|           | 15yrs    | 2003               | 56003          | 28.0 (0.9)                              | 24.0 (6.4)  | 85.9           | 3.9 (6.3) | 14.0           | 0.0 (0.3) | 0.1 |
|           | 35-44yrs | 1982               | 54446          | 27.5 (4.0)                              | 22.5 (8.3)  | 81.9           | 4.6 (7.0) | 16.9           | 0.3 (1.8) | 1.3 |
|           | 65-74yrs | 1959               | 29938          | 15.3 (10.0)                             | 10.4 (9.9)  | 67.8           | 4.2 (6.6) | 27.7           | 0.7 (2.4) | 4.5 |
| Male      | 5yrs     | 1043               | 21804          | 20.9 (1.6)                              | 20.1 (2.7)  | 96.3           | 0.7 (2.1) | 3.5            | 0.0 (0.3) | 0.1 |
|           | 12yrs    | 999                | 26495          | 26.5 (2.0)                              | 23.1 (6.0)  | 87.2           | 3.4 (5.6) | 12.8           | 0.0 (0.1) | 0.0 |
|           | 15yrs    | 1002               | 28058          | 28.0 (1.1)                              | 24.3 (5.9)  | 86.6           | 3.7 (5.8) | 13.3           | 0.0 (0.3) | 0.2 |
|           | 35-44yrs | 960                | 26764          | 27.9 (3.7)                              | 23.3 (8.1)  | 83.4           | 4.3 (6.9) | 15.4           | 0.3 (2.0) | 1.2 |
|           | 65-74yrs | 975                | 15522          | 15.9 (10.1)                             | 11.0 (10.2) | 69.4           | 4.2 (6.7) | 26.1           | 0.7 (2.7) | 4.5 |
| Female    | 5yrs     | 952                | 20171          | 21.2 (1.7)                              | 20.4 (2.7)  | 96.2           | 0.7 (2.1) | 3.5            | 0.1 (0.7) | 0.2 |
|           | 12yrs    | 997                | 26993          | 27.1 (1.6)                              | 23.8 (5.9)  | 87.9           | 3.3 (5.6) | 12.0           | 0.0 (0.2) | 0.1 |
|           | 15yrs    | 1001               | 27945          | 27.9 (0.8)                              | 23.8 (6.8)  | 85.2           | 4.1 (6.8) | 14.7           | 0.0 (0.2) | 0.1 |
|           | 35-44yrs | 1022               | 27682          | 27.1 (4.1)                              | 21.8 (8.4)  | 80.4           | 5.0 (7.2) | 18.3           | 0.4 (1.6) | 1.3 |
|           | 65-74yrs | 984                | 14416          | 14.7 (9.9)                              | 9.7 (9.5)   | 66.1           | 4.3 (6.6) | 29.4           | 0.7 (2.1) | 4.6 |
| Sinhalese | 5yrs     | 1394               | 29278          | 21.0 (1.6)                              | 20.3 (2.5)  | 96.7           | 0.7 (1.9) | 3.2            | 0.0 (0.4) | 0.1 |
|           | 12yrs    | 1399               | 37492          | 26.8 (1.8)                              | 23.8 (5.4)  | 89.0           | 2.9 (5.0) | 11.0           | 0.0 (0.2) | 0.1 |
|           | 15yrs    | 1400               | 39174          | 28.0 (0.7)                              | 24.7 (5.4)  | 88.3           | 3.2 (5.3) | 11.6           | 0.0 (0.3) | 0.1 |
|           | 35-44yrs | 1320               | 36527          | 27.7 (3.8)                              | 23.9 (7.2)  | 86.2           | 3.5 (5.7) | 12.7           | 0.3 (1.6) | 1.1 |
|           | 65-74yrs | 1295               | 19711          | 15.2 (10.0)                             | 10.9 (9.9)  | 71.6           | 3.7 (6.1) | 24.0           | 0.7 (2.4) | 4.4 |
| Tamil     | 5yrs     | 302                | 6312           | 20.9 (1.5)                              | 19.8 (2.9)  | 94.9           | 1.0 (2.6) | 4.9            | 0.0 (0.3) | 0.2 |
|           | 12yrs    | 308                | 8280           | 26.9 (1.8)                              | 22.2 (7.0)  | 82.5           | 4.7 (6.8) | 17.4           | 0.0 (0.1) | 0.0 |
|           | 15yrs    | 302                | 8419           | 27.9 (1.5)                              | 22.0 (8.1)  | 79.0           | 5.8 (8.0) | 20.8           | 0.0 (0.2) | 0.1 |
|           | 35-44yrs | 328                | 9042           | 27.6 (4.1)                              | 18.6 (10.4) | 67.4           | 8.3 (9.6) | 30.2           | 0.7 (2.8) | 2.4 |
|           | 65-74yrs | 329                | 5108           | 15.5 (10.7)                             | 8.9 (10.0)  | 57.0           | 5.9 (8.1) | 38.1           | 0.8 (2.9) | 4.9 |
| Muslim    | 5yrs     | 297                | 6341           | 21.4 (1.9)                              | 20.4 (3.0)  | 95.8           | 0.8 (2.1) | 3.6            | 0.1 (1.1) | 0.6 |
|           | 12yrs    | 287                | 7661           | 26.7 (2.0)                              | 22.9 (7.0)  | 85.9           | 3.8 (6.8) | 14.1           | 0.0 (0.1) | 0.0 |
|           | 15yrs    | 300                | 8382           | 27.9 (1.1)                              | 22.9 (7.9)  | 81.8           | 5.1 (7.8) | 18.1           | 0.0 (0.2) | 0.1 |
|           | 35-44yrs | 333                | 8847           | 26.6 (4.5)                              | 20.9 (8.8)  | 78.6           | 5.5 (7.7) | 20.5           | 0.2 (1.0) | 0.8 |
|           | 65-74yrs | 331                | 5030           | 15.2 (9.4)                              | 9.7 (9.5)   | 64.0           | 4.8 (6.8) | 33.5           | 0.7 (1.9) | 4.6 |
| Urban     | 5yrs     | 568                | 12014          | 21.2 (1.6)                              | 20.3 (2.7)  | 96.0           | 0.8 (2.1) | 3.7            | 0.1 (0.6) | 0.3 |
|           | 12yrs    | 568                | 15231          | 26.8 (1.8)                              | 23.5 (6.0)  | 87.8           | 3.3 (5.8) | 12.1           | 0.0 (0.2) | 0.1 |
|           | 15yrs    | 571                | 15994          | 28.0 (1.3)                              | 23.8 (6.8)  | 85.1           | 4.2 (6.7) | 14.8           | 0.0 (0.2) | 0.1 |
|           | 35-44yrs | 553                | 15147          | 27.4 (3.9)                              | 22.0 (8.6)  | 80.3           | 5.0 (7.4) | 18.2           | 0.4 (2.2) | 1.5 |
|           | 65-74yrs | 554                | 8813           | 15.9 (9.8)                              | 10.3 (9.8)  | 65.0           | 4.9 (6.9) | 30.6           | 0.7 (2.8) | 4.4 |
| Rural     | 5yrs     | 1427               | 29961          | 21.0 (1.7)                              | 20.2 (2.7)  | 96.4           | 0.7 (2.1) | 3.4            | 0.0 (0.5) | 0.2 |
|           | 12yrs    | 1428               | 38257          | 26.8 (1.8)                              | 23.4 (5.9)  | 87.4           | 3.4 (5.6) | 12.5           | 0.0 (0.2) | 0.1 |
|           | 15yrs    | 1432               | 40009          | 27.9 (0.7)                              | 24.1 (6.2)  | 86.3           | 3.8 (6.1) | 13.6           | 0.0 (0.3) | 0.1 |
|           | 35-44yrs | 1429               | 39299          | 27.5 (4.0)                              | 22.7 (8.2)  | 82.5           | 4.5 (6.9) | 16.4           | 0.3 (1.6) | 1.2 |
|           | 65-74yrs | 1405               | 21125          | 15.0 (10.1)                             | 10.4 (9.9)  | 69.0           | 4.0 (6.5) | 26.5           | 0.7 (2.3) | 4.6 |

\*% of teeth with bleeding/healthy = (teeth with bleeding/healthy/total no. of teeth) x 100      \*\*% excluded teeth = (excluded teeth/ total no. of teeth) x 100  
 Note:  $\bar{x}$ : Mean; SD: Standard Deviation

The percentage of teeth with gingival bleeding-on-probing and the mean number of teeth with gingival bleeding-on-probing increased with age. This pattern was similar across all sub-categories.

### 3.7.2 Calculus

Table 3.26: Percentage distribution of participants according to the presence of calculus

|           | Age group | N    | Calculus (%) |         |              |
|-----------|-----------|------|--------------|---------|--------------|
|           |           |      | Absent       | Present | Not recorded |
| Sri Lanka | 5yrs      | 1995 | 86.3         | 13.7    | 0.0          |
|           | 12yrs     | 1996 | 53.0         | 47.0    | 0.0          |
|           | 15yrs     | 2003 | 50.7         | 49.3    | 0.0          |
|           | 35-44yrs  | 1982 | 29.3         | 70.7    | 0.0          |
|           | 65-74yrs  | 1959 | 17.1         | 71.6    | 11.3         |
| Male      | 5yrs      | 1043 | 85.0         | 15.0    | 0.0          |
|           | 12yrs     | 999  | 50.8         | 49.2    | 0.0          |
|           | 15yrs     | 1002 | 49.4         | 50.6    | 0.0          |
|           | 35-44yrs  | 960  | 27.2         | 72.8    | 0.0          |
|           | 65-74yrs  | 975  | 17.2         | 72.4    | 10.4         |
| Female    | 5yrs      | 952  | 87.6         | 12.4    | 0.0          |
|           | 12yrs     | 997  | 55.3         | 44.7    | 0.0          |
|           | 15yrs     | 1001 | 51.9         | 48.1    | 0.0          |
|           | 35-44yrs  | 1022 | 31.2         | 68.8    | 0.0          |
|           | 65-74yrs  | 984  | 17.1         | 70.7    | 12.2         |
| Sinhalese | 5yrs      | 1394 | 88.4         | 11.6    | 0.0          |
|           | 12yrs     | 1399 | 56.3         | 43.7    | 0.0          |
|           | 15yrs     | 1400 | 54.4         | 45.6    | 0.0          |
|           | 35-44yrs  | 1320 | 31.4         | 68.6    | 0.0          |
|           | 65-74yrs  | 1295 | 18.8         | 69.5    | 11.7         |
| Tamil     | 5yrs      | 302  | 80.1         | 19.9    | 0.0          |
|           | 12yrs     | 308  | 45.5         | 54.5    | 0.0          |
|           | 15yrs     | 302  | 41.7         | 58.3    | 0.0          |
|           | 35-44yrs  | 328  | 20.4         | 79.6    | 0.0          |
|           | 65-74yrs  | 329  | 14.6         | 72.6    | 12.8         |
| Muslim    | 5yrs      | 297  | 82.5         | 17.5    | 0.0          |
|           | 12yrs     | 287  | 44.9         | 55.1    | 0.0          |
|           | 15yrs     | 300  | 42.0         | 58.0    | 0.0          |
|           | 35-44yrs  | 333  | 29.4         | 70.6    | 0.0          |
|           | 65-74yrs  | 331  | 13.6         | 78.2    | 8.2          |
| Urban     | 5yrs      | 568  | 85.9         | 14.1    | 0.0          |
|           | 12yrs     | 568  | 55.1         | 44.9    | 0.0          |
|           | 15yrs     | 571  | 53.8         | 46.2    | 0.0          |
|           | 35-44yrs  | 553  | 27.8         | 72.2    | 0.0          |
|           | 65-74yrs  | 554  | 15.3         | 74.5    | 10.1         |
| Rural     | 5yrs      | 1427 | 86.4         | 13.6    | 0.0          |
|           | 12yrs     | 1428 | 52.2         | 47.8    | 0.0          |
|           | 15yrs     | 1432 | 49.4         | 50.6    | 0.0          |
|           | 35-44yrs  | 1429 | 29.8         | 70.2    | 0.0          |
|           | 65-74yrs  | 1405 | 17.9         | 70.4    | 11.7         |

The percentage of participants with calculus increased with age. This pattern was similar in all sub-categories. Among sub-categories, the prevalence of calculus was lower in females and Sinhalese than males and other tooth ethnic groups respectively.

### 3.7.3 Periodontal pockets

Periodontal pockets were measured in 15-year-old, 35-44-year-old and 65-74-year-old age groups using the WHO guidelines<sup>23</sup>. Percentage and the mean number of teeth affected are given below.

#### 3.7.3.1 Prevalence of periodontal pockets: socio-demographic variation

Table 3.27: Percentage distribution of participants according to the prevalence of periodontal pockets

|           | Age group | N    | Periodontal pockets (%) |       |      |             |
|-----------|-----------|------|-------------------------|-------|------|-------------|
|           |           |      | No pockets              | 4-5mm | ≥6mm | Any (≥4mm)* |
| Sri Lanka | 15yrs     | 2003 | 94.6                    | 5.3   | 0.1  | 5.4         |
|           | 35-44yrs  | 1982 | 74.7                    | 24.4  | 4.2  | 25.3        |
|           | 65-74yrs  | 1959 | 55.6                    | 41.1  | 11.9 | 44.4        |
| Male      | 15yrs     | 1002 | 93.9                    | 6.1   | 0.0  | 6.1         |
|           | 35-44yrs  | 960  | 71.8                    | 27.0  | 4.8  | 28.2        |
|           | 65-74yrs  | 975  | 52.9                    | 43.3  | 13.1 | 47.1        |
| Female    | 15yrs     | 1001 | 95.3                    | 4.6   | 0.1  | 4.7         |
|           | 35-44yrs  | 1022 | 77.4                    | 21.9  | 3.6  | 22.6        |
|           | 65-74yrs  | 984  | 58.2                    | 39.0  | 10.7 | 41.8        |
| Sinhalese | 15yrs     | 1400 | 94.4                    | 5.6   | 0.0  | 5.6         |
|           | 35-44yrs  | 1320 | 76.4                    | 22.6  | 4.0  | 23.6        |
|           | 65-74yrs  | 1295 | 56.3                    | 39.8  | 11.4 | 43.7        |
| Tamil     | 15yrs     | 302  | 97.4                    | 2.6   | 0.0  | 2.6         |
|           | 35-44yrs  | 328  | 64.6                    | 34.8  | 6.4  | 35.4        |
|           | 65-74yrs  | 329  | 53.5                    | 44.7  | 14.0 | 46.5        |
| Muslim    | 15yrs     | 300  | 93.0                    | 6.7   | 0.3  | 7.0         |
|           | 35-44yrs  | 333  | 77.5                    | 21.3  | 2.7  | 22.5        |
|           | 65-74yrs  | 331  | 55.3                    | 42.6  | 11.5 | 44.7        |
| Urban     | 15yrs     | 571  | 93.5                    | 6.3   | 0.2  | 6.5         |
|           | 35-44yrs  | 553  | 74.0                    | 25.1  | 4.0  | 26.0        |
|           | 65-74yrs  | 554  | 51.6                    | 45.3  | 11.7 | 48.4        |
| Rural     | 15yrs     | 1432 | 95.0                    | 5.0   | 0.0  | 5.0         |
|           | 35-44yrs  | 1429 | 74.9                    | 24.1  | 4.3  | 25.1        |
|           | 65-74yrs  | 1405 | 57.2                    | 39.5  | 12.0 | 42.8        |

\*Any (≥4mm) = either 4-5mm or ≥6mm

Note: Since the possibility of presence of 4-5mm and ≥6mm pockets simultaneously in a person, totals of '4-5mm' and '≥6mm' might not add up to 'Any (≥4mm)'

The percentage of participants with periodontal pockets increased with age. This pattern was similar across all sub-categories. Among sub-categories, a higher percentage of males had periodontal pockets than females.

#### 3.7.3.2 Prevalence of periodontal pockets: district variation

District variations of prevalence of periodontal pockets by age groups are given in following Figures 3.6 to 3.8. In general, Mannar and Vavuniya districts had a higher prevalence of periodontal pockets than other districts.

Figure 3.6: Percentage distribution of participants with periodontal pockets  $\geq 4\text{mm}$  according to districts: 15-year-olds

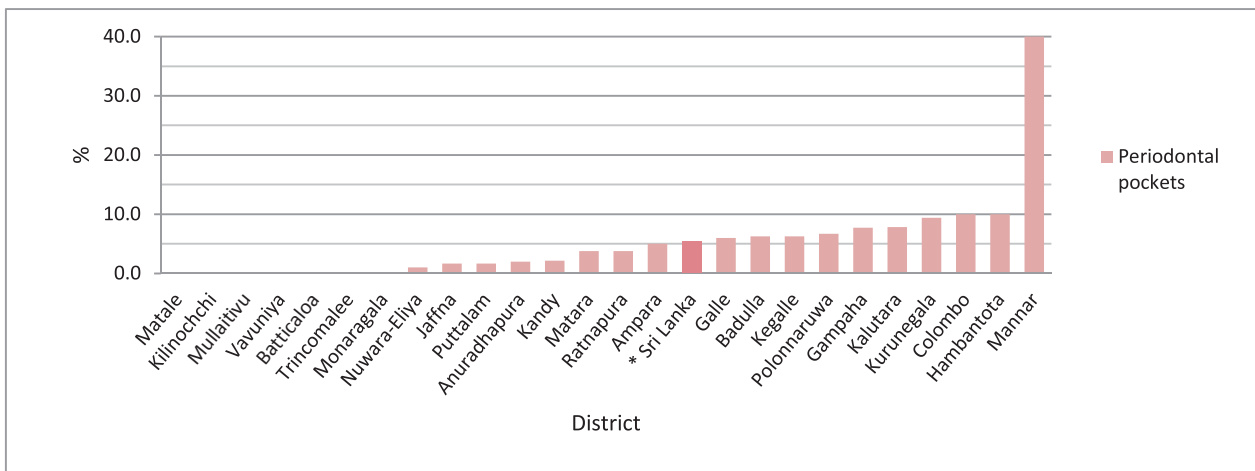


Figure 3.7: Percentage distribution of participants with periodontal pockets  $\geq 4\text{mm}$  according to districts: 35-44-year-olds

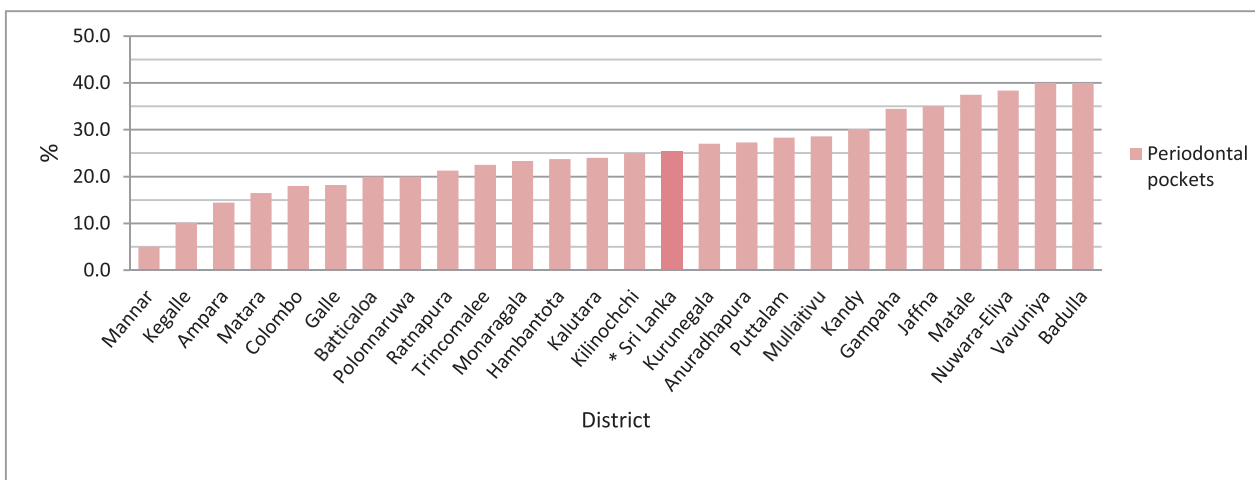


Figure 3.8: Percentage distribution of participants with periodontal pockets  $\geq 4\text{mm}$  according to districts: 65-74-year-olds



### 3.7.3.3 Mean number of teeth with periodontal pockets

Table 3.28: Distribution of participants according to the mean and the percentage of teeth with periodontal pockets

|           | Age group | N    | Total no. of teeth |                | Teeth with periodontal pockets |      |                |      |                |     |                |     |
|-----------|-----------|------|--------------------|----------------|--------------------------------|------|----------------|------|----------------|-----|----------------|-----|
|           |           |      |                    |                | No pockets                     |      | 4-5mm          |      | ≥6mm           |     | Excluded       |     |
|           |           |      | N                  | $\bar{x}$ (SD) | $\bar{x}$ (SD)                 | %*   | $\bar{x}$ (SD) | %*   | $\bar{x}$ (SD) | %*  | $\bar{x}$ (SD) | %** |
| Sri Lanka | 15yrs     | 2003 | 56003              | 28.0 (0.9)     | 27.7 (1.6)                     | 99.1 | 0.2 (1.2)      | 0.7  | 0.0 (0.0)      | 0.0 | 0.0 (0.3)      | 0.2 |
|           | 35-44yrs  | 1982 | 54446              | 27.5 (4.0)     | 25.6 (6.2)                     | 93.3 | 1.4 (3.7)      | 4.8  | 0.1 (1.0)      | 0.5 | 0.4 (1.8)      | 1.3 |
|           | 65-74yrs  | 1959 | 29938              | 15.3 (10.0)    | 11.9 (10.0)                    | 77.7 | 2.3 (4.4)      | 14.7 | 0.4 (1.7)      | 2.8 | 0.7 (2.6)      | 4.8 |
| Male      | 15yrs     | 1002 | 28058              | 28.0 (1.1)     | 27.7 (1.6)                     | 99.0 | 0.2 (1.2)      | 0.8  | 0.0 (0.0)      | 0.0 | 0.1 (0.4)      | 0.2 |
|           | 35-44yrs  | 960  | 26764              | 27.9 (3.7)     | 25.9 (6.2)                     | 92.8 | 1.5 (3.9)      | 5.4  | 0.2 (1.0)      | 0.6 | 0.3 (2.0)      | 1.2 |
|           | 65-74yrs  | 975  | 15522              | 15.9 (10.1)    | 12.2 (10.2)                    | 76.7 | 2.5 (4.6)      | 15.4 | 0.5 (1.9)      | 3.0 | 0.8 (2.9)      | 4.8 |
| Female    | 15yrs     | 1001 | 27945              | 27.9 (0.8)     | 27.7 (1.5)                     | 99.2 | 0.2 (1.3)      | 0.6  | 0.0 (0.1)      | 0.0 | 0.0 (0.3)      | 0.2 |
|           | 35-44yrs  | 1022 | 27682              | 27.1 (4.1)     | 25.4 (6.1)                     | 93.8 | 1.1 (3.4)      | 4.2  | 0.1 (0.9)      | 0.5 | 0.4 (1.7)      | 1.5 |
|           | 65-74yrs  | 984  | 14416              | 14.7 (9.9)     | 11.5 (9.8)                     | 78.7 | 2.1 (4.1)      | 14.0 | 0.4 (1.5)      | 2.5 | 0.7 (2.2)      | 4.8 |
| Sinhalese | 15yrs     | 1400 | 39174              | 28.0 (0.7)     | 27.7 (1.5)                     | 99.3 | 0.2 (1.4)      | 0.7  | 0.0 (0.0)      | 0.0 | 0.1 (0.3)      | 0.2 |
|           | 35-44yrs  | 1320 | 36527              | 27.7 (3.8)     | 26.1 (5.7)                     | 94.3 | 1.1 (3.2)      | 4.0  | 0.1 (1.0)      | 0.5 | 0.3 (1.7)      | 1.2 |
|           | 65-74yrs  | 1259 | 19711              | 15.2 (10.0)    | 11.9 (10.0)                    | 78.5 | 2.2 (4.4)      | 14.5 | 0.3 (1.4)      | 2.3 | 0.7 (2.6)      | 4.8 |
| Tamil     | 15yrs     | 302  | 8419               | 27.9 (1.5)     | 27.7 (1.6)                     | 99.5 | 0.1 (0.6)      | 0.3  | 0.0 (0.0)      | 0.0 | 0.0 (0.2)      | 0.1 |
|           | 35-44yrs  | 328  | 9042               | 27.6 (4.1)     | 24.3 (7.7)                     | 88.2 | 2.3 (5.3)      | 8.5  | 0.2 (1.2)      | 0.8 | 0.7 (2.8)      | 2.4 |
|           | 65-74yrs  | 329  | 5108               | 15.5 (10.7)    | 11.6 (10.3)                    | 74.5 | 2.5 (4.4)      | 16.0 | 0.7 (2.6)      | 4.5 | 0.8 (3.1)      | 5.0 |
| Muslim    | 15yrs     | 300  | 8382               | 27.9 (1.1)     | 27.6 (1.6)                     | 98.9 | 0.3 (1.2)      | 0.9  | 0.0 (0.1)      | 0.0 | 0.0 (0.2)      | 0.1 |
|           | 35-44yrs  | 333  | 8847               | 26.6 (4.50)    | 25.2 (5.9)                     | 94.8 | 1.1 (3.4)      | 4.2  | 0.0 (0.3)      | 0.2 | 0.2 (1.0)      | 0.8 |
|           | 65-74yrs  | 331  | 5030               | 15.2 (9.4)     | 11.8 (9.8)                     | 77.9 | 2.2 (3.9)      | 14.2 | 0.5 (1.8)      | 3.1 | 0.7 (1.9)      | 4.9 |
| Urban     | 15yrs     | 571  | 15994              | 28.0 (1.3)     | 27.7 (1.9)                     | 99.0 | 0.2 (1.3)      | 0.9  | 0.0 (0.1)      | 0.0 | 0.0 (0.3)      | 0.2 |
|           | 35-44yrs  | 553  | 15147              | 27.4 (3.9)     | 25.6 (6.2)                     | 93.3 | 1.3 (3.5)      | 4.6  | 0.1 (0.8)      | 0.5 | 0.4 (2.2)      | 1.6 |
|           | 65-74yrs  | 554  | 8813               | 15.9 (9.8)     | 12.4 (9.9)                     | 78.2 | 2.3 (4.1)      | 14.5 | 0.4 (1.6)      | 2.4 | 0.8 (3.0)      | 4.9 |
| Rural     | 15yrs     | 1432 | 40009              | 27.9 (0.7)     | 27.7 (1.4)                     | 99.2 | 0.2 (1.2)      | 0.6  | 0.0 (0.0)      | 0.0 | 0.1 (0.3)      | 0.2 |
|           | 35-44yrs  | 1429 | 39299              | 27.5 (4.0)     | 25.7 (6.2)                     | 93.3 | 1.3 (3.7)      | 4.8  | 0.1 (1.0)      | 0.5 | 0.3 (1.7)      | 1.3 |
|           | 65-74yrs  | 1405 | 21125              | 15.0 (10.1)    | 11.6 (10.0)                    | 77.5 | 2.2 (4.5)      | 14.8 | 0.4 (1.8)      | 2.9 | 0.7 (2.4)      | 4.8 |

\*% of teeth with periodontal pockets = (no. of teeth with pockets/total no. of teeth) x 100 \*\*\* excluded teeth = (no. of excluded teeth/total no. of teeth) x 100  
Note:  $\bar{x}$ : Mean; SD: Standard Deviation

The mean number of teeth with periodontal pockets increased with age. This pattern was similar across all sub-categories.

In 35-44-year-olds and 65-74-year-olds, males, Tamils and rural participants had a higher percentage of teeth with periodontal pockets compared to females, other two ethnic groups and urban participants respectively.

### 3.7.4. Loss of periodontal attachment

Loss of periodontal attachment (LOA) was assessed in three age groups; 15-year-old, 35-44-year-old and 65-74-year-old age groups and measured in six sextants. Two indicators were calculated; percentage of subjects with LOA and mean number of sextant with LOA per person.

#### 3.7.4.1 Prevalence of loss of periodontal attachment

Table 3.29: Percentage distribution of participants according to the loss of periodontal attachment

|           | Age group | N    | Loss of periodontal attachment (%) |       |       |        |       | Excluded | Not recorded |
|-----------|-----------|------|------------------------------------|-------|-------|--------|-------|----------|--------------|
|           |           |      | 0-3mm                              | 4-5mm | 6-8mm | 9-11mm | ≥12mm |          |              |
| Sri Lanka | 15yrs     | 2003 | 99.3                               | 0.7   | 0.0   | 0.0    | 0.0   | 0.0      | 0.0          |
|           | 35-44yrs  | 1982 | 76.5                               | 17.7  | 4.0   | 1.2    | 0.4   | 0.2      | 0.1          |
|           | 65-74yrs  | 1959 | 22.7                               | 31.3  | 20.9  | 7.9    | 2.7   | 13.8     | 0.7          |
| Male      | 15yrs     | 1002 | 99.1                               | 0.9   | 0.0   | 0.0    | 0.0   | 0.0      | 0.0          |
|           | 35-44yrs  | 960  | 72.2                               | 20.9  | 4.9   | 1.3    | 0.4   | 0.2      | 0.1          |
|           | 65-74yrs  | 975  | 20.1                               | 31.8  | 21.8  | 8.9    | 3.1   | 13.1     | 1.1          |
| Female    | 15yrs     | 1001 | 99.5                               | 0.5   | 0.0   | 0.0    | 0.0   | 0.0      | 0.0          |
|           | 35-44yrs  | 1022 | 80.5                               | 14.6  | 3.2   | 1.2    | 0.3   | 0.1      | 0.1          |
|           | 65-74yrs  | 984  | 25.2                               | 30.9  | 19.9  | 6.9    | 2.2   | 14.5     | 0.3          |
| Sinhalese | 15yrs     | 1400 | 99.4                               | 0.6   | 0.0   | 0.0    | 0.0   | 0.0      | 0.0          |
|           | 35-44yrs  | 1320 | 77.3                               | 17.3  | 3.8   | 1.0    | 0.5   | 0.2      | 0.1          |
|           | 65-74yrs  | 1295 | 22.7                               | 31.3  | 21.1  | 7.8    | 2.2   | 14.1     | 0.8          |
| Tamil     | 15yrs     | 302  | 98.3                               | 1.7   | 0.0   | 0.0    | 0.0   | 0.0      | 0.0          |
|           | 35-44yrs  | 328  | 70.4                               | 21.6  | 5.8   | 1.5    | 0.0   | 0.3      | 0.3          |
|           | 65-74yrs  | 329  | 20.4                               | 26.4  | 20.1  | 10.6   | 3.6   | 17.6     | 1.2          |
| Muslim    | 15yrs     | 300  | 99.7                               | 0.3   | 0.0   | 0.0    | 0.0   | 0.0      | 0.0          |
|           | 35-44yrs  | 333  | 79.3                               | 15.3  | 3.3   | 1.8    | 0.3   | 0.0      | 0.0          |
|           | 65-74yrs  | 331  | 24.5                               | 36.3  | 21.1  | 5.7    | 3.3   | 9.1      | 0.0          |
| Urban     | 15yrs     | 571  | 99.8                               | 0.2   | 0.0   | 0.0    | 0.0   | 0.0      | 0.0          |
|           | 35-44yrs  | 553  | 76.5                               | 18.8  | 3.1   | 1.1    | 0.2   | 0.2      | 0.2          |
|           | 65-74yrs  | 554  | 24.5                               | 31.8  | 20.0  | 8.5    | 2.2   | 12.1     | 0.9          |
| Rural     | 15yrs     | 1432 | 99.1                               | 0.9   | 0.0   | 0.0    | 0.0   | 0.0      | 0.0          |
|           | 35-44yrs  | 1429 | 76.5                               | 17.2  | 4.4   | 1.3    | 0.4   | 0.1      | 0.1          |
|           | 65-74yrs  | 1405 | 21.9                               | 31.2  | 21.2  | 7.7    | 2.8   | 14.5     | 0.6          |

The percentage of participants with LOA increased with increasing age. This pattern was similar in all sub-categories. In general, LOA was higher in males and Tamils compared to females and other two ethnic categories respectively.

### 3.7.4.2 Mean number of sextants with loss of periodontal attachment per person

Table 3.30: Distribution of participants according to the mean number of sextants with loss of periodontal attachment per person

|           | Age group | N    | Loss of periodontal attachment |                |                |                |                |                |                |
|-----------|-----------|------|--------------------------------|----------------|----------------|----------------|----------------|----------------|----------------|
|           |           |      | 0-3mm                          | 4-5mm          | 6-8mm          | 9-11mm         | ≥12mm          | Excluded       | Not recorded   |
|           |           |      | $\bar{x}$ (SD)                 | $\bar{x}$ (SD) | $\bar{x}$ (SD) | $\bar{x}$ (SD) | $\bar{x}$ (SD) | $\bar{x}$ (SD) | $\bar{x}$ (SD) |
| Sri Lanka | 15yrs     | 2003 | 6.0 (0.2)                      | 0.0 (0.2)      | 0.0 (0.0)      | 0.0 (0.0)      | 0.0 (0.0)      | 0.0 (0.1)      | 0.0 (0.0)      |
|           | 35-44yrs  | 1982 | 5.4 (1.3)                      | 0.4 (1.1)      | 0.1 (0.3)      | 0.0 (0.2)      | 0.0 (0.1)      | 0.1 (0.5)      | 0.0 (0.2)      |
|           | 65-74yrs  | 1959 | 2.2 (2.2)                      | 1.1 (1.5)      | 0.5 (0.9)      | 0.1 (0.5)      | 0.0 (0.3)      | 2.0 (2.2)      | 0.1 (0.4)      |
| Male      | 15yrs     | 1002 | 6.0 (0.3)                      | 0.0 (0.2)      | 0.0 (0.0)      | 0.0 (0.0)      | 0.0 (0.0)      | 0.0 (0.1)      | 0.0 (0.0)      |
|           | 35-44yrs  | 960  | 5.3 (1.5)                      | 0.5 (1.2)      | 0.1 (0.3)      | 0.0 (0.2)      | 0.0 (0.1)      | 0.1 (0.5)      | 0.0 (0.2)      |
|           | 65-74yrs  | 975  | 2.1 (2.2)                      | 1.2 (1.6)      | 0.5 (1.0)      | 0.2 (0.5)      | 0.0 (0.3)      | 1.9 (2.2)      | 0.1 (0.5)      |
| Female    | 15yrs     | 1001 | 6.0 (0.1)                      | 0.0 (0.1)      | 0.0 (0.0)      | 0.0 (0.0)      | 0.0 (0.0)      | 0.0 (0.0)      | 0.0 (0.1)      |
|           | 35-44yrs  | 1022 | 5.5 (1.2)                      | 0.3 (0.9)      | 0.1 (0.3)      | 0.0 (0.2)      | 0.0 (0.1)      | 0.1 (0.5)      | 0.0 (0.2)      |
|           | 65-74yrs  | 984  | 2.3 (2.3)                      | 1.0 (1.5)      | 0.4 (0.9)      | 0.1 (0.5)      | 0.0 (0.2)      | 2.1 (2.3)      | 0.0 (0.3)      |
| Sinhalese | 15yrs     | 1400 | 6.0 (0.1)                      | 0.0 (0.1)      | 0.0 (0.0)      | 0.0 (0.0)      | 0.0 (0.0)      | 0.0 (0.1)      | 0.0 (0.0)      |
|           | 35-44yrs  | 1320 | 5.4 (1.2)                      | 0.4 (1.0)      | 0.1 (0.3)      | 0.0 (0.1)      | 0.0 (0.1)      | 0.1 (0.5)      | 0.0 (0.2)      |
|           | 65-74yrs  | 1295 | 2.3 (2.2)                      | 1.1 (1.4)      | 0.5 (0.9)      | 0.1 (0.5)      | 0.0 (0.2)      | 2.0 (2.2)      | 0.1 (0.4)      |
| Tamil     | 15yrs     | 302  | 6.0 (0.4)                      | 0.0 (0.4)      | 0.0 (0.0)      | 0.0 (0.0)      | 0.0 (0.0)      | 0.0 (0.2)      | 0.0 (0.0)      |
|           | 35-44yrs  | 328  | 5.1 (1.6)                      | 0.6 (1.3)      | 0.1 (0.4)      | 0.0 (0.1)      | 0.0 (0.0)      | 0.1 (0.5)      | 0.0 (0.3)      |
|           | 65-74yrs  | 329  | 1.9 (2.2)                      | 1.1 (1.6)      | 0.5 (1.1)      | 0.2 (0.7)      | 0.1 (0.4)      | 2.1 (2.3)      | 0.1 (0.6)      |
| Muslim    | 15yrs     | 300  | 6.0 (0.1)                      | 0.0 (0.1)      | 0.0 (0.0)      | 0.0 (0.0)      | 0.0 (0.0)      | 0.0 (0.0)      | 0.0 (0.0)      |
|           | 35-44yrs  | 333  | 5.3 (1.5)                      | 0.5 (1.2)      | 0.1 (0.4)      | 0.0 (0.4)      | 0.0 (0.1)      | 0.1 (0.5)      | 0.0 (0.2)      |
|           | 65-74yrs  | 331  | 2.2 (2.2)                      | 1.4 (1.8)      | 0.4 (0.8)      | 0.1 (0.5)      | 0.0 (0.2)      | 1.9 (2.0)      | 0.0 (0.2)      |
| Urban     | 15yrs     | 571  | 6.0 (0.2)                      | 0.0 (0.0)      | 0.0 (0.0)      | 0.0 (0.0)      | 0.0 (0.0)      | 0.0 (0.2)      | 0.0 (0.0)      |
|           | 35-44yrs  | 553  | 5.4 (1.4)                      | 0.5 (1.1)      | 0.0 (0.3)      | 0.0 (0.1)      | 0.0 (0.1)      | 0.1 (0.4)      | 0.0 (0.3)      |
|           | 65-74yrs  | 554  | 2.4 (2.3)                      | 1.2 (1.6)      | 0.4 (0.8)      | 0.1 (0.5)      | 0.0 (0.2)      | 1.8 (2.1)      | 0.1 (0.6)      |
| Rural     | 15yrs     | 1432 | 6.0 (0.2)                      | 0.0 (0.2)      | 0.0 (0.0)      | 0.0 (0.0)      | 0.0 (0.0)      | 0.0 (0.1)      | 0.0 (0.0)      |
|           | 35-44yrs  | 1429 | 5.4 (1.3)                      | 0.4 (1.1)      | 0.1 (0.3)      | 0.0 (0.2)      | 0.0 (0.1)      | 0.1 (0.5)      | 0.0 (0.2)      |
|           | 65-74yrs  | 1405 | 2.1 (2.2)                      | 1.1 (1.5)      | 0.5 (1.0)      | 0.1 (0.5)      | 0.0 (0.3)      | 2.1 (2.2)      | 0.0 (0.4)      |

Note:  $\bar{x}$ : Mean; SD: Standard Deviation

The mean number of sextants with LOA per person increased with age. This pattern was similar in all sub-categories.

### 3.8 Dento-facial anomalies

The presence of malocclusion was considered under dento-facial abnormalities and it was assessed only in 12-year-old and 15-year-old age groups.

Criteria for assessment of malocclusion were as follows:

- 0 No malocclusion
- 1 Mild malocclusion: slight anomalies which do not need treatment such as;
  - One or more rotated or titled teeth
  - Slight crowding or spacing that disturbs the regular alignment of teeth
- 2 Severe malocclusion: which need treatment based on the presence of one or more of the following conditions of the four anterior incisors.
  - Maxillary Over-jet  $\geq 9\text{mm}$
  - Mandibular Over-jet
  - Cross-bite equal to or greater than full tooth depth.
  - Open bite
  - Spacing of  $>4\text{mm}$  in the upper or lower anterior region, between any two teeth
  - Overlapping of teeth  $> 2\text{mm}$  in upper jaw.

Table 3.31: Percentage distribution of participants according to the presence of malocclusion

|           | Age group | N    | Malocclusion (%) |      |        |
|-----------|-----------|------|------------------|------|--------|
|           |           |      | None             | Mild | Severe |
| Sri Lanka | 12yrs     | 1996 | 66.2             | 18.1 | 15.7   |
|           | 15yrs     | 2003 | 71.1             | 15.8 | 13.1   |
| Male      | 12yrs     | 999  | 66.9             | 15.8 | 17.3   |
|           | 15yrs     | 1002 | 69.2             | 17.4 | 13.5   |
| Female    | 12yrs     | 997  | 65.5             | 20.4 | 14.1   |
|           | 15yrs     | 1001 | 73.0             | 14.3 | 12.7   |
| Sinhalese | 12yrs     | 1399 | 65.8             | 17.4 | 16.8   |
|           | 15yrs     | 1400 | 71.2             | 15.1 | 13.7   |
| Tamil     | 12yrs     | 308  | 67.9             | 17.5 | 14.6   |
|           | 15yrs     | 302  | 71.2             | 15.9 | 12.9   |
| Muslim    | 12yrs     | 287  | 66.6             | 22.0 | 11.5   |
|           | 15yrs     | 300  | 70.3             | 19.3 | 10.3   |
| Urban     | 12yrs     | 568  | 72.0             | 13.6 | 14.4   |
|           | 15yrs     | 571  | 73.2             | 14.0 | 12.8   |
| Rural     | 12yrs     | 1428 | 63.9             | 19.9 | 16.2   |
|           | 15yrs     | 1432 | 70.3             | 16.6 | 13.2   |

The prevalence of mild and severe malocclusion was almost similar in both age groups.



### 3.9 Enamel fluorosis

Enamel fluorosis was recorded only for 12-year-old, 15-year-old and 35-44-year-old age groups. The Dean's index was used to assess the condition<sup>23</sup>.

#### 3.9.1 Prevalence of enamel fluorosis: socio-demographic variation

Table 3.32: Percentage distribution of participants according to the presence of enamel fluorosis

|           | Age group | N    | Enamel fluorosis (%) |              |           |      |          |        |              |
|-----------|-----------|------|----------------------|--------------|-----------|------|----------|--------|--------------|
|           |           |      | Normal               | Questionable | Very mild | Mild | Moderate | Severe | Not recorded |
| Sri Lanka | 12yrs     | 1996 | 86.5                 | 4.4          | 3.3       | 4.0  | 1.5      | 0.4    | 0.1          |
|           | 15yrs     | 2003 | 88.3                 | 3.7          | 3.2       | 3.2  | 1.4      | 0.1    | 0.0          |
|           | 35-44yrs  | 1982 | 93.8                 | 1.9          | 1.2       | 1.3  | 1.4      | 0.2    | 0.3          |
| Male      | 12yrs     | 999  | 85.4                 | 4.9          | 3.3       | 4.5  | 1.7      | 0.2    | 0.0          |
|           | 15yrs     | 1002 | 89.3                 | 3.6          | 2.6       | 3.0  | 1.4      | 0.1    | 0.0          |
|           | 35-44yrs  | 960  | 94.2                 | 1.4          | 0.9       | 1.4  | 1.7      | 0.1    | 0.4          |
| Female    | 12yrs     | 997  | 87.6                 | 3.8          | 3.2       | 3.4  | 1.3      | 0.5    | 0.2          |
|           | 15yrs     | 1001 | 87.2                 | 3.9          | 3.9       | 3.5  | 1.4      | 0.1    | 0.0          |
|           | 35-44yrs  | 1022 | 93.4                 | 2.4          | 1.5       | 1.2  | 1.1      | 0.2    | 0.2          |
| Sinhalese | 12yrs     | 1399 | 85.4                 | 4.4          | 3.7       | 4.3  | 1.5      | 0.5    | 0.1          |
|           | 15yrs     | 1400 | 87.7                 | 4.2          | 3.3       | 3.1  | 1.5      | 0.1    | 0.0          |
|           | 35-44yrs  | 1320 | 92.3                 | 2.2          | 1.7       | 1.7  | 1.9      | 0.1    | 0.1          |
| Tamil     | 12yrs     | 308  | 85.1                 | 5.8          | 3.2       | 3.9  | 1.9      | 0.0    | 0.0          |
|           | 15yrs     | 302  | 85.4                 | 4.3          | 5.3       | 4.0  | 1.0      | 0.0    | 0.0          |
|           | 35-44yrs  | 328  | 97.6                 | 0.6          | 0.3       | 0.9  | 0.3      | 0.0    | 0.3          |
| Muslim    | 12yrs     | 287  | 93.0                 | 2.4          | 1.0       | 2.4  | 1.0      | 0.0    | 0.0          |
|           | 15yrs     | 300  | 93.7                 | 1.0          | 1.0       | 3.0  | 1.3      | 0.0    | 0.0          |
|           | 35-44yrs  | 333  | 95.8                 | 2.1          | 0.0       | 0.0  | 0.3      | 0.6    | 1.2          |
| Urban     | 12yrs     | 568  | 93.7                 | 2.8          | 1.2       | 1.2  | 1.1      | 0.0    | 0.0          |
|           | 15yrs     | 571  | 95.1                 | 2.1          | 1.8       | 0.7  | 0.4      | 0.0    | 0.0          |
|           | 35-44yrs  | 553  | 98.0                 | 1.3          | 0.0       | 0.0  | 0.2      | 0.2    | 0.4          |
| Rural     | 12yrs     | 1428 | 83.6                 | 5.0          | 4.1       | 5.0  | 1.7      | 0.5    | 0.1          |
|           | 15yrs     | 1432 | 85.5                 | 4.4          | 3.8       | 4.3  | 1.8      | 0.1    | 0.0          |
|           | 35-44yrs  | 1429 | 92.2                 | 2.2          | 1.7       | 1.7  | 1.8      | 0.1    | 0.3          |

The prevalence of enamel fluorosis was low. However, there were district variations. In general, the prevalence of enamel fluorosis was high in Anuradhapura, Vavuniya, Mullaitivu, Monaragala, Hambantota, Kurunegala and Polonnaruwa districts; ranging from 20-70%. (Figures 3.9-3.11)

### 3.9.2 Prevalence of enamel fluorosis: district variation

Figure 3.9: Percentage distribution of participants with enamel fluorosis according to districts: 12-year-olds

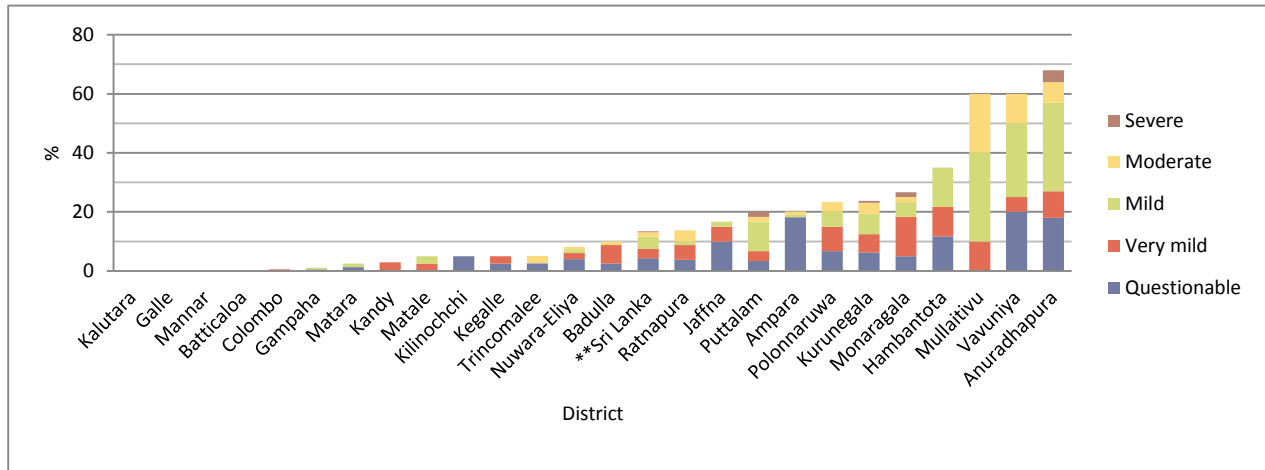


Figure 3.10: Percentage distribution of participants with enamel fluorosis according to districts: 15-year-olds

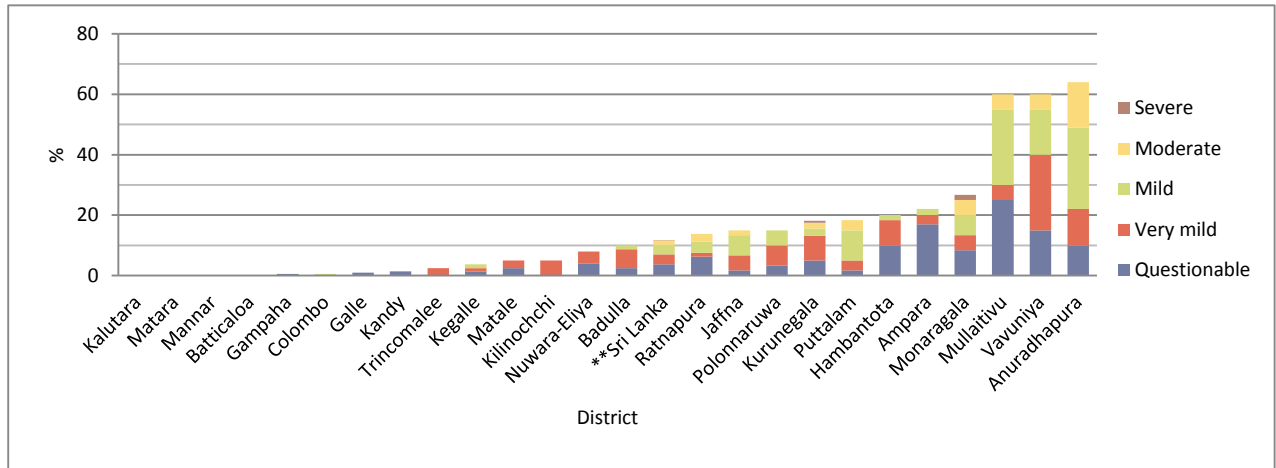
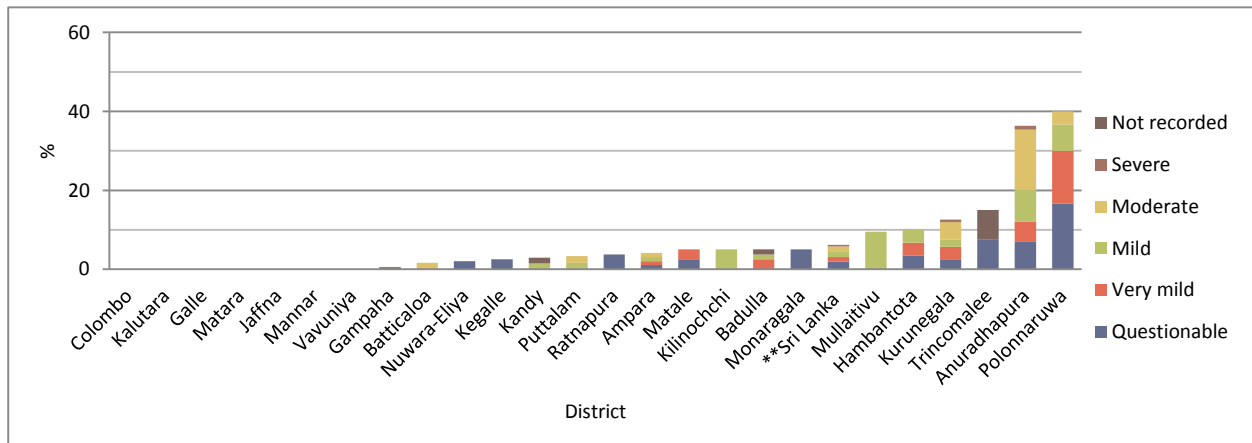


Figure 3.11: Percentage distribution of participants with enamel fluorosis according to districts: 35-44-year-olds



### 3.10 Presence of tooth-wear

The presence of tooth-wear was recorded only for 12-year-old, 15-year-old, and 35-44-year-old age groups.

The definition of tooth-wear was based on WHO recommendation for oral health surveys<sup>23</sup>, as ‘the surface loss of hard tissue on incisal edge / occlusal, labial or buccal surface of teeth to the extent of exposing dentine or pulp’.

Table 3.33: Percentage distribution of participants according to the presence of tooth-wear

|           | Age group | N    | Tooth-wear (%)         |           |            |           |
|-----------|-----------|------|------------------------|-----------|------------|-----------|
|           |           |      | No signs of tooth-wear | 1-5 teeth | 6-10 teeth | >10 teeth |
| Sri Lanka | 12yrs     | 1996 | 97.7                   | 2.0       | 0.2        | 0.1       |
|           | 15yrs     | 2003 | 94.9                   | 4.4       | 0.5        | 0.1       |
|           | 35-44yrs  | 1982 | 51.8                   | 27.9      | 15.9       | 4.4       |
| Male      | 12yrs     | 999  | 97.9                   | 1.8       | 0.2        | 0.1       |
|           | 15yrs     | 1002 | 95.3                   | 4.1       | 0.5        | 0.1       |
|           | 35-44yrs  | 960  | 46.8                   | 25.8      | 20.7       | 6.7       |
| Female    | 12yrs     | 997  | 97.7                   | 2.2       | 0.1        | 0.0       |
|           | 15yrs     | 1001 | 94.5                   | 4.8       | 0.5        | 0.2       |
|           | 35-44yrs  | 1022 | 56.5                   | 29.7      | 11.4       | 2.3       |
| Sinhalese | 12yrs     | 1399 | 97.6                   | 2.1       | 0.2        | 0.0       |
|           | 15yrs     | 1400 | 94.0                   | 5.3       | 0.6        | 0.1       |
|           | 35-44yrs  | 1320 | 48.3                   | 29.5      | 17.1       | 5.1       |
| Tamil     | 12yrs     | 308  | 99.4                   | 0.6       | 0.0        | 0.0       |
|           | 15yrs     | 302  | 98.3                   | 1.3       | 0.3        | 0.0       |
|           | 35-44yrs  | 328  | 55.8                   | 26.5      | 14.3       | 3.4       |
| Muslim    | 12yrs     | 287  | 96.9                   | 2.8       | 0.0        | 0.3       |
|           | 15yrs     | 300  | 95.7                   | 3.7       | 0.3        | 0.3       |
|           | 35-44yrs  | 333  | 61.6                   | 22.5      | 12.9       | 3.0       |
| Urban     | 12yrs     | 568  | 99.1                   | 0.9       | 0.0        | 0.0       |
|           | 15yrs     | 571  | 97.0                   | 2.8       | 0.0        | 0.2       |
|           | 35-44yrs  | 553  | 54.6                   | 27.8      | 14.5       | 3.1       |
| Rural     | 12yrs     | 1428 | 97.3                   | 2.5       | 0.2        | 0.1       |
|           | 15yrs     | 1432 | 94.1                   | 5.1       | 0.7        | 0.1       |
|           | 35-44yrs  | 1429 | 50.7                   | 27.9      | 16.5       | 5.0       |

Tooth-wear increased with age. Only 2.3% of 12-year-olds had tooth-wear while 5.1% and 48.2% of 15-year-olds and 35-44-year-olds had tooth wear respectively. In general, tooth wear was higher in rural participants than urban participants.

### 3.11 Denture-wearing status

Denture-wearing status of the participants was assessed in three groups; 15-year-olds, 35-44-year-olds and 65-74-year-olds.

Table 3.34: Percentage distribution of participants according to the denture-wearing status

|           | Age group | N    | % with missing teeth | No denture (%) | Partial denture (%) |            |               | Full denture (%) |            |               | Mixed (%)                  |                            |                                   | Not recorded (%) |
|-----------|-----------|------|----------------------|----------------|---------------------|------------|---------------|------------------|------------|---------------|----------------------------|----------------------------|-----------------------------------|------------------|
|           |           |      |                      |                | Upper only          | Lower only | Upper & lower | Upper only       | Lower only | Upper & lower | Upper partial & lower full | Upper full & lower partial | Upper partial, lower not recorded |                  |
| Sri Lanka | 15yrs     | 2003 | 7.4                  | 99.9           | 0.1                 | 0.0        | 0.0           | 0.0              | 0.0        | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|           | 35-44yrs  | 1982 | 82.4                 | 92.2           | 4.1                 | 1.4        | 1.9           | 0.0              | 0.1        | 0.1           | 0.1                        | 0.0                        | 0.2                               | 0.1              |
|           | 65-74yrs  | 1959 | 97.4                 | 82.3           | 5.2                 | 0.8        | 5.6           | 1.6              | 0.1        | 3.1           | 0.7                        | 0.4                        | 0.2                               | 0.2              |
| Male      | 15yrs     | 1002 | 6.8                  | 99.8           | 0.2                 | 0.0        | 0.0           | 0.0              | 0.0        | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|           | 35-44yrs  | 960  | 81.0                 | 92.7           | 3.8                 | 1.1        | 1.8           | 0.0              | 0.1        | 0.1           | 0.1                        | 0.0                        | 0.2                               | 0.1              |
|           | 65-74yrs  | 975  | 97.0                 | 86.5           | 2.9                 | 0.8        | 4.5           | 1.1              | 0.1        | 3.0           | 0.2                        | 0.5                        | 0.2                               | 0.2              |
| Female    | 15yrs     | 1001 | 8.1                  | 100.0          | 0.0                 | 0.0        | 0.0           | 0.0              | 0.0        | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|           | 35-44yrs  | 1022 | 83.7                 | 91.8           | 4.4                 | 1.7        | 2.0           | 0.0              | 0.0        | 0.1           | 0.0                        | 0.0                        | 0.1                               | 0.0              |
|           | 65-74yrs  | 984  | 97.9                 | 78.3           | 7.5                 | 0.8        | 6.6           | 2.0              | 0.0        | 3.3           | 1.1                        | 0.2                        | 0.1                               | 0.1              |
| Sinhalese | 15yrs     | 1400 | 5.5                  | 99.9           | 0.1                 | 0.0        | 0.0           | 0.0              | 0.0        | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|           | 35-44yrs  | 1320 | 81.5                 | 92.5           | 3.6                 | 1.9        | 1.7           | 0.0              | 0.0        | 0.2           | 0.0                        | 0.0                        | 0.1                               | 0.1              |
|           | 65-74yrs  | 1295 | 97.5                 | 81.5           | 5.8                 | 0.8        | 5.4           | 1.6              | 0.0        | 3.5           | 0.5                        | 0.5                        | 0.2                               | 0.2              |
| Tamil     | 15yrs     | 302  | 8.6                  | 99.7           | 0.3                 | 0.0        | 0.0           | 0.0              | 0.0        | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|           | 35-44yrs  | 328  | 81.7                 | 94.8           | 4.3                 | 0.0        | 0.6           | 0.0              | 0.0        | 0.0           | 0.0                        | 0.0                        | 0.3                               | 0.0              |
|           | 65-74yrs  | 329  | 96.4                 | 90.3           | 2.4                 | 0.3        | 1.8           | 1.5              | 0.3        | 2.4           | 0.6                        | 0.0                        | 0.3                               | 0.0              |
| Muslim    | 15yrs     | 300  | 15.3                 | 100.0          | 0.0                 | 0.0        | 0.0           | 0.0              | 0.0        | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|           | 35-44yrs  | 333  | 86.5                 | 88.6           | 5.7                 | 0.9        | 3.9           | 0.0              | 0.3        | 0.0           | 0.3                        | 0.0                        | 0.3                               | 0.0              |
|           | 65-74yrs  | 331  | 98.5                 | 77.9           | 5.4                 | 1.2        | 10.0          | 1.5              | 0.0        | 2.4           | 1.2                        | 0.3                        | 0.0                               | 0.0              |
| Urban     | 15yrs     | 571  | 6.3                  | 99.8           | 0.2                 | 0.0        | 0.0           | 0.0              | 0.0        | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|           | 35-44yrs  | 553  | 82.8                 | 90.8           | 5.1                 | 2.0        | 1.3           | 0.0              | 0.0        | 0.4           | 0.2                        | 0.0                        | 0.4                               | 0.0              |
|           | 65-74yrs  | 554  | 97.8                 | 79.1           | 5.4                 | 1.4        | 7.4           | 1.3              | 0.0        | 3.6           | 0.9                        | 0.2                        | 0.4                               | 0.4              |
|           | 15yrs     | 1432 | 7.9                  | 99.9           | 0.1                 | 0.0        | 0.0           | 0.0              | 0.0        | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|           | 35-44yrs  | 1429 | 82.2                 | 92.8           | 3.7                 | 1.2        | 2.1           | 0.0              | 0.1        | 0.0           | 0.0                        | 0.0                        | 0.1                               | 0.1              |
|           | 65-74yrs  | 1405 | 97.3                 | 83.6           | 5.1                 | 0.6        | 4.8           | 1.7              | 0.1        | 2.9           | 0.6                        | 0.4                        | 0.1                               | 0.1              |

Although a high percentage of participants had missing teeth, the percentage of denture wearers was very low in all age groups. Denture-wearing status was higher in 65-74-year-olds compared to 35-44-year-olds.

When calculated the percentages, 7.9% and 0.3% of 35-44-year-olds wore partial dentures and full dentures respectively and the corresponding figures for 65-74-year-olds were 12.9% and 5.9%.

### 3.12 Presence of dental trauma

The presence of dental trauma was recorded only for 5-year-old, 12-year-old, 15-year-old, and 35-44-year-old age groups. The assessment of dental trauma was based on WHO recommendation for oral health surveys<sup>23</sup>.

#### 3.12.1 Prevalence of dental trauma

Table 3.35: Percentage distribution of participants according to the presence of dental trauma

|           | Age group | N    | No signs of injury |      | Treated injury | Enamel fracture only | Enamel & dentine fracture | Pulp involved | Missing tooth due to trauma | Other damage |
|-----------|-----------|------|--------------------|------|----------------|----------------------|---------------------------|---------------|-----------------------------|--------------|
|           |           |      | N                  | %    | %              | %                    | %                         | %             | %                           | %            |
| Sri Lanka | 5yrs      | 1995 | 1957               | 98.1 | 0.2            | 0.4                  | 0.5                       | 0.6           | 0.0                         | 0.3          |
|           | 12yrs     | 1996 | 1894               | 94.9 | 0.7            | 2.8                  | 1.5                       | 0.4           | 0.1                         | 0.0          |
|           | 15yrs     | 2003 | 1895               | 94.6 | 0.9            | 3.2                  | 1.0                       | 0.3           | 0.0                         | 0.0          |
|           | 35-44yrs  | 1982 | 1853               | 93.5 | 1.1            | 2.1                  | 1.4                       | 1.0           | 1.1                         | 0.2          |
| Male      | 5yrs      | 1043 | 1022               | 98.0 | 0.1            | 0.4                  | 0.2                       | 1.0           | 0.0                         | 0.4          |
|           | 12yrs     | 999  | 920                | 92.1 | 1.2            | 4.4                  | 2.2                       | 0.6           | 0.1                         | 0.0          |
|           | 15yrs     | 1002 | 926                | 92.4 | 1.4            | 4.2                  | 1.6                       | 0.4           | 0.0                         | 0.1          |
|           | 35-44yrs  | 960  | 875                | 91.1 | 1.4            | 2.8                  | 2.0                       | 1.3           | 1.7                         | 0.1          |
| Female    | 5yrs      | 952  | 935                | 98.2 | 0.2            | 0.4                  | 0.7                       | 0.2           | 0.0                         | 0.2          |
|           | 12yrs     | 997  | 974                | 97.7 | 0.2            | 1.2                  | 0.7                       | 0.1           | 0.1                         | 0.0          |
|           | 15yrs     | 1001 | 969                | 96.8 | 0.4            | 2.2                  | 0.5                       | 0.2           | 0.0                         | 0.0          |
|           | 35-44yrs  | 1022 | 978                | 95.7 | 0.9            | 1.4                  | 0.9                       | 0.5           | 0.5                         | 0.2          |
| Sinhalese | 5yrs      | 1394 | 1363               | 97.8 | 0.1            | 0.4                  | 0.6                       | 0.7           | 0.0                         | 0.4          |
|           | 12yrs     | 1399 | 1325               | 94.7 | 0.9            | 2.6                  | 1.6                       | 0.4           | 0.1                         | 0.0          |
|           | 15yrs     | 1400 | 1328               | 94.9 | 0.9            | 2.9                  | 1.1                       | 0.3           | 0.0                         | 0.1          |
|           | 35-44yrs  | 1320 | 1224               | 92.7 | 1.2            | 2.3                  | 1.7                       | 1.1           | 1.1                         | 0.2          |
| Tamil     | 5yrs      | 302  | 296                | 99.7 | 0.3            | 0.3                  | 0.3                       | 0.7           | 0.0                         | 0.3          |
|           | 12yrs     | 308  | 295                | 95.8 | 0.0            | 2.6                  | 1.0                       | 0.3           | 0.3                         | 0.0          |
|           | 15yrs     | 302  | 285                | 94.4 | 0.7            | 3.3                  | 1.3                       | 0.7           | 0.0                         | 0.0          |
|           | 35-44yrs  | 328  | 304                | 92.7 | 0.9            | 2.1                  | 1.2                       | 1.5           | 1.8                         | 0.0          |
| Muslim    | 5yrs      | 297  | 296                | 99.7 | 0.0            | 0.3                  | 0.0                       | 0.0           | 0.0                         | 0.0          |
|           | 12yrs     | 287  | 272                | 94.8 | 0.7            | 3.8                  | 1.4                       | 0.0           | 0.0                         | 0.0          |
|           | 15yrs     | 300  | 281                | 93.7 | 1.0            | 4.7                  | 0.7                       | 0.0           | 0.0                         | 0.0          |
|           | 35-44yrs  | 333  | 324                | 97.3 | 0.9            | 0.9                  | 0.6                       | 0.0           | 0.3                         | 0.0          |
| Urban     | 5yrs      | 568  | 559                | 98.4 | 0.2            | 0.4                  | 0.2                       | 0.4           | 0.0                         | 0.5          |
|           | 12yrs     | 568  | 536                | 94.4 | 0.9            | 3.9                  | 1.4                       | 0.2           | 0.0                         | 0.0          |
|           | 15yrs     | 571  | 538                | 94.2 | 1.2            | 3.7                  | 0.9                       | 0.2           | 0.0                         | 0.2          |
|           | 35-44yrs  | 553  | 506                | 91.5 | 1.4            | 2.2                  | 2.0                       | 1.4           | 1.3                         | 0.2          |
| Rural     | 5yrs      | 1427 | 1398               | 98.0 | 0.1            | 0.4                  | 0.6                       | 0.7           | 0.0                         | 0.2          |
|           | 12yrs     | 1428 | 1358               | 95.1 | 0.6            | 2.4                  | 1.5                       | 0.4           | 0.1                         | 0.0          |
|           | 15yrs     | 1432 | 1357               | 94.8 | 0.8            | 3.0                  | 1.1                       | 0.3           | 0.0                         | 0.0          |
|           | 35-44yrs  | 1429 | 1347               | 94.3 | 1.0            | 2.0                  | 1.2                       | 0.8           | 1.0                         | 0.1          |

Note: Percentages may not tally as some participants had more than one type of trauma

The majority of participants did not have 'any signs of injury'. Accordingly the prevalence of dental trauma for 5, 12, 15 and 35-44-year-old age groups were 1.9%, 5.1%, 5.4% and 6.5% respectively.

### 3.12.2 Number of teeth affected due to dental trauma

Table 3.36: Distribution of participants according to the type of dental trauma and number of teeth affected

|           | Age group | N    | Treated injury |        | Enamel fracture only |        | Enamel & dentine fracture |        | Pulp involved |        | Missing tooth due to trauma |        | Other damage |        |
|-----------|-----------|------|----------------|--------|----------------------|--------|---------------------------|--------|---------------|--------|-----------------------------|--------|--------------|--------|
|           |           |      | N              | Teeth* | N                    | Teeth* | N                         | Teeth* | N             | Teeth* | N                           | Teeth* | N            | Teeth* |
| Sri Lanka | 5yrs      | 1995 | 3              | 5      | 8                    | 10     | 9                         | 15     | 12            | 13     | 0                           | 0      | 6            | 8      |
|           | 12yrs     | 1996 | 14             | 26     | 56                   | 64     | 29                        | 46     | 7             | 7      | 2                           | 2      | 0            | 0      |
|           | 15yrs     | 2003 | 18             | 24     | 64                   | 74     | 21                        | 23     | 6             | 6      | 0                           | 0      | 1            | 4      |
|           | 35-44yrs  | 1982 | 22             | 27     | 41                   | 54     | 28                        | 36     | 19            | 21     | 21                          | 31     | 3            | 3      |
| Male      | 5yrs      | 1043 | 1              | 1      | 4                    | 6      | 2                         | 3      | 10            | 11     | 0                           | 0      | 4            | 5      |
|           | 12yrs     | 999  | 12             | 23     | 44                   | 51     | 22                        | 37     | 6             | 6      | 1                           | 1      | 0            | 0      |
|           | 15yrs     | 1002 | 14             | 19     | 42                   | 49     | 16                        | 18     | 4             | 4      | 0                           | 0      | 1            | 4      |
|           | 35-44yrs  | 960  | 13             | 18     | 27                   | 37     | 19                        | 21     | 14            | 14     | 16                          | 23     | 1            | 1      |
| Female    | 5yrs      | 952  | 2              | 4      | 4                    | 4      | 7                         | 12     | 2             | 2      | 0                           | 0      | 2            | 3      |
|           | 12yrs     | 997  | 2              | 3      | 12                   | 13     | 7                         | 9      | 1             | 1      | 1                           | 1      | 0            | 0      |
|           | 15yrs     | 1001 | 4              | 5      | 22                   | 25     | 5                         | 5      | 2             | 2      | 0                           | 0      | 0            | 0      |
|           | 35-44yrs  | 1022 | 9              | 9      | 14                   | 17     | 9                         | 14     | 5             | 7      | 5                           | 8      | 2            | 2      |
| Sinhalese | 5yrs      | 1394 | 2              | 2      | 6                    | 7      | 8                         | 14     | 10            | 10     | 0                           | 0      | 5            | 7      |
|           | 12yrs     | 1399 | 12             | 24     | 37                   | 41     | 22                        | 37     | 6             | 6      | 1                           | 1      | 0            | 0      |
|           | 15yrs     | 1400 | 13             | 19     | 40                   | 43     | 15                        | 17     | 4             | 4      | 0                           | 0      | 1            | 4      |
|           | 35-44yrs  | 1320 | 16             | 21     | 31                   | 40     | 22                        | 27     | 14            | 14     | 14                          | 20     | 3            | 3      |
| Tamil     | 5yrs      | 302  | 1              | 3      | 1                    | 2      | 1                         | 1      | 2             | 3      | 0                           | 0      | 1            | 1      |
|           | 12yrs     | 308  | 0              | 0      | 8                    | 9      | 3                         | 4      | 1             | 1      | 1                           | 1      | 0            | 0      |
|           | 15yrs     | 302  | 2              | 2      | 10                   | 14     | 4                         | 4      | 2             | 2      | 0                           | 0      | 0            | 0      |
|           | 35-44yrs  | 328  | 3              | 3      | 7                    | 10     | 4                         | 6      | 5             | 7      | 6                           | 7      | 0            | 0      |
| Muslim    | 5yrs      | 297  | 0              | 0      | 1                    | 1      | 0                         | 0      | 0             | 0      | 0                           | 0      | 0            | 0      |
|           | 12yrs     | 287  | 2              | 2      | 11                   | 14     | 4                         | 5      | 0             | 0      | 0                           | 0      | 0            | 0      |
|           | 15yrs     | 300  | 3              | 3      | 14                   | 17     | 2                         | 2      | 0             | 0      | 0                           | 0      | 0            | 0      |
|           | 35-44yrs  | 333  | 3              | 3      | 3                    | 4      | 2                         | 2      | 0             | 0      | 1                           | 4      | 0            | 0      |
| Urban     | 5yrs      | 568  | 1              | 1      | 2                    | 3      | 1                         | 4      | 2             | 3      | 0                           | 0      | 3            | 4      |
|           | 12yrs     | 568  | 5              | 8      | 22                   | 24     | 8                         | 21     | 1             | 1      | 0                           | 0      | 0            | 0      |
|           | 15yrs     | 571  | 7              | 9      | 21                   | 26     | 5                         | 5      | 1             | 1      | 0                           | 0      | 1            | 4      |
|           | 35-44yrs  | 553  | 8              | 11     | 12                   | 15     | 11                        | 14     | 8             | 10     | 7                           | 10     | 1            | 1      |
| Rural     | 5yrs      | 1427 | 2              | 4      | 6                    | 7      | 8                         | 11     | 10            | 10     | 0                           | 0      | 3            | 4      |
|           | 12yrs     | 1428 | 9              | 18     | 34                   | 40     | 21                        | 25     | 6             | 6      | 2                           | 2      | 0            | 0      |
|           | 15yrs     | 1432 | 11             | 15     | 43                   | 48     | 16                        | 18     | 5             | 5      | 0                           | 0      | 0            | 0      |
|           | 35-44yrs  | 1429 | 14             | 16     | 29                   | 39     | 17                        | 21     | 11            | 11     | 14                          | 21     | 2            | 2      |

\*Teeth: Number of teeth affected

'Enamel fracture only' was the most common type observed followed up with 'enamel and dentine fracture' in 12, 15 and 35-44-year-old age groups.

### 3.13 Treatment need for oral diseases

Treatment need was assessed by examiners (dentists) based on their clinical judgment.

Two basic types of treatment were considered.

- Immediate care: *any acute dental infection or OPMD/malignancy*
- Routine care: *dental care needed for any other reasons*

Table 3.37: Percentage distribution of participants according to the need of dental treatment

|           | Age group | N    | Need of dental treatment (%) |              |                |
|-----------|-----------|------|------------------------------|--------------|----------------|
|           |           |      | No treatment needed          | Routine care | Immediate care |
| Sri Lanka | 5yrs      | 1995 | 37.4                         | 61.8         | 0.8            |
|           | 12yrs     | 1996 | 36.9                         | 62.6         | 0.5            |
|           | 15yrs     | 2003 | 33.6                         | 65.6         | 0.8            |
|           | 35-44yrs  | 1982 | 14.5                         | 84.2         | 1.3            |
|           | 65-74yrs  | 1959 | 15.1                         | 84.0         | 0.9            |
| Male      | 5yrs      | 1043 | 35.5                         | 63.7         | 0.9            |
|           | 12yrs     | 999  | 35.9                         | 63.7         | 0.4            |
|           | 15yrs     | 1002 | 31.8                         | 67.3         | 0.9            |
|           | 35-44yrs  | 960  | 14.9                         | 83.1         | 2.0            |
|           | 65-74yrs  | 975  | 15.0                         | 83.6         | 1.4            |
| Female    | 5yrs      | 952  | 39.5                         | 59.8         | 0.7            |
|           | 12yrs     | 997  | 37.8                         | 61.6         | 0.6            |
|           | 15yrs     | 1001 | 35.4                         | 63.9         | 0.7            |
|           | 35-44yrs  | 1022 | 14.1                         | 85.2         | 0.7            |
|           | 65-74yrs  | 984  | 15.1                         | 84.5         | 0.4            |
| Sinhalese | 5yrs      | 1394 | 41.8                         | 57.3         | 0.9            |
|           | 12yrs     | 1399 | 40.0                         | 59.7         | 0.4            |
|           | 15yrs     | 1400 | 36.4                         | 62.7         | 0.9            |
|           | 35-44yrs  | 1320 | 16.9                         | 81.9         | 1.2            |
|           | 65-74yrs  | 1295 | 17.6                         | 81.2         | 1.2            |
| Tamil     | 5yrs      | 302  | 26.2                         | 73.5         | 0.3            |
|           | 12yrs     | 308  | 26.9                         | 72.1         | 1.0            |
|           | 15yrs     | 302  | 27.5                         | 72.2         | 0.3            |
|           | 35-44yrs  | 328  | 6.7                          | 91.2         | 2.1            |
|           | 65-74yrs  | 329  | 9.1                          | 90.0         | 0.9            |
| Muslim    | 5yrs      | 297  | 28.3                         | 70.7         | 1.0            |
|           | 12yrs     | 287  | 32.4                         | 66.9         | 0.7            |
|           | 15yrs     | 300  | 26.3                         | 72.7         | 1.0            |
|           | 35-44yrs  | 333  | 12.3                         | 86.8         | 0.9            |
|           | 65-74yrs  | 331  | 11.2                         | 88.8         | 0.0            |
| Urban     | 5yrs      | 568  | 37.5                         | 62.0         | 0.5            |
|           | 12yrs     | 568  | 38.2                         | 61.1         | 0.7            |
|           | 15yrs     | 571  | 34.7                         | 64.8         | 0.5            |
|           | 35-44yrs  | 553  | 12.8                         | 85.4         | 1.8            |
|           | 65-74yrs  | 554  | 11.6                         | 87.5         | 0.9            |
| Rural     | 5yrs      | 1427 | 37.4                         | 61.7         | 0.9            |
|           | 12yrs     | 1428 | 36.3                         | 63.2         | 0.4            |
|           | 15yrs     | 1432 | 33.2                         | 65.9         | 0.9            |
|           | 35-44yrs  | 1429 | 15.1                         | 83.8         | 1.1            |
|           | 65-74yrs  | 1405 | 16.4                         | 82.6         | 0.9            |

Over 50% of participants in all age groups needed routine care. The need for treatment increased with increasing age. However, immediate care was needed only for a small percentage of participants.

### 3.14 Patterns of utilization of dental services

Three indicators were used and assessment was done for four age groups; 12-year-olds, 15-year-olds, 35-44-year-olds and 65-74-year-olds.

#### 3.14.1 Access to the nearest government dental clinic

Government dental clinic was selected as the service is free at the point of delivery.

Question asked: *In your opinion, what is the distance to the nearest government hospital dental clinic from the residence? (School Dental Clinic and Adolescent Dental Clinic were also considered as government dental clinic for 12-year-olds and 15-year-olds)*

Table 3.38: Percentage distribution of participants according to 'access to the nearest government dental clinic'

|           | Age group | N    | Distance to the nearest government dental clinic (%) |        |        |                 |
|-----------|-----------|------|--|--------|--------|-----------------|
|           |           |      | < 1 km   | 1-5 km | > 5 km | Do not remember |
| Sri Lanka | 12yrs     | 1996 | 32.7   | 34.6   | 31.6   | 1.1             |
|           | 15yrs     | 2003 | 28.7   | 36.6   | 33.3   | 1.4             |
|           | 35-44yrs  | 1982 | 27.1   | 36.9   | 34.4   | 1.6             |
|           | 65-74yrs  | 1959 | 26.5   | 38.7   | 33.7   | 1.0             |
| Male      | 12yrs     | 999  | 34.6   | 33.2   | 31.0   | 1.1             |
|           | 15yrs     | 1002 | 28.9   | 36.0   | 33.3   | 1.7             |
|           | 35-44yrs  | 960  | 26.5   | 37.7   | 34.4   | 1.5             |
|           | 65-74yrs  | 975  | 26.4   | 39.1   | 33.8   | 0.7             |
| Female    | 12yrs     | 997  | 30.8   | 36.0   | 32.2   | 1.0             |
|           | 15yrs     | 1001 | 28.5   | 37.3   | 33.2   | 1.1             |
|           | 35-44yrs  | 1022 | 27.7   | 36.1   | 34.4   | 1.8             |
|           | 65-74yrs  | 984  | 26.7   | 38.4   | 33.5   | 1.3             |
| Sinhalese | 12yrs     | 1399 | 28.3   | 34.7   | 35.5   | 1.5             |
|           | 15yrs     | 1400 | 24.4   | 35.6   | 38.1   | 1.9             |
|           | 35-44yrs  | 1320 | 24.5   | 34.8   | 39.4   | 1.3             |
|           | 65-74yrs  | 1295 | 25.6   | 36.1   | 37.6   | 0.6             |
| Tamil     | 12yrs     | 308  | 42.5   | 34.4   | 23.1   | 0.0             |
|           | 15yrs     | 302  | 33.8   | 40.4   | 25.8   | 0.0             |
|           | 35-44yrs  | 328  | 22.3   | 39.0   | 36.6   | 2.1             |
|           | 65-74yrs  | 329  | 17.9   | 44.7   | 35.0   | 2.4             |
| Muslim    | 12yrs     | 287  | 43.6   | 34.1   | 22.3   | 0.0             |
|           | 15yrs     | 300  | 43.7   | 37.3   | 18.3   | 0.7             |
|           | 35-44yrs  | 333  | 41.7   | 43.2   | 12.6   | 2.4             |
|           | 65-74yrs  | 331  | 38.7   | 43.2   | 16.9   | 1.2             |
| Urban     | 12yrs     | 568  | 47.2   | 34.2   | 16.7   | 1.9             |
|           | 15yrs     | 571  | 38.0   | 40.5   | 19.1   | 2.5             |
|           | 35-44yrs  | 553  | 36.2   | 49.9   | 11.0   | 2.9             |
|           | 65-74yrs  | 554  | 35.7   | 51.1   | 10.8   | 2.3             |
| Rural     | 12yrs     | 1428 | 27.0   | 34.8   | 37.5   | 0.7             |
|           | 15yrs     | 1432 | 25.0   | 35.1   | 38.9   | 1.0             |
|           | 35-44yrs  | 1429 | 23.6   | 31.8   | 43.5   | 1.1             |
|           | 65-74yrs  | 1405 | 22.9   | 33.9   | 42.7   | 0.5             |

Combining categories of <1km and 1-5km, more than 50% of participants of all age groups were residing within 5km to the government dental clinic. Among sub-categories, relatively a higher proportion of rural participants were residing more than 5km to the government dental clinic compared to urban participants.



### 3.14.2 Last visit to a dental clinic

Question asked: *When did you last visit to a dental clinic?*

Table 3.39: Percentage distribution of participants according to the 'last visit to a dental clinic'

|           | Age group | N    | Last visit to a dental clinic (%) |                      |                        |                 |
|-----------|-----------|------|-----------------------------------|----------------------|------------------------|-----------------|
|           |           |      | Never visited                     | Within the last year | More than one year ago | Do not remember |
| Sri Lanka | 12yrs     | 1996 | 14.7                              | 59.6                 | 22.0                   | 3.8             |
|           | 15yrs     | 2003 | 15.2                              | 31.4                 | 46.6                   | 6.8             |
|           | 35-44yrs  | 1982 | 9.7                               | 30.9                 | 53.9                   | 5.4             |
|           | 65-74yrs  | 1959 | 19.7                              | 18.4                 | 46.9                   | 15.0            |
| Male      | 12yrs     | 999  | 15.5                              | 58.7                 | 22.5                   | 3.3             |
|           | 15yrs     | 1002 | 15.4                              | 27.4                 | 50.2                   | 7.0             |
|           | 35-44yrs  | 960  | 12.1                              | 27.5                 | 54.0                   | 6.5             |
|           | 65-74yrs  | 975  | 21.0                              | 17.7                 | 46.1                   | 15.2            |
| Female    | 12yrs     | 997  | 13.8                              | 60.5                 | 21.5                   | 4.2             |
|           | 15yrs     | 1001 | 15.0                              | 35.4                 | 43.1                   | 6.6             |
|           | 35-44yrs  | 1022 | 7.5                               | 34.1                 | 53.8                   | 4.5             |
|           | 65-74yrs  | 984  | 18.4                              | 19.0                 | 47.8                   | 14.8            |
| Sinhalese | 12yrs     | 1399 | 8.6                               | 64.1                 | 22.7                   | 4.5             |
|           | 15yrs     | 1400 | 9.8                               | 31.9                 | 51.3                   | 7.1             |
|           | 35-44yrs  | 1320 | 8.0                               | 30.7                 | 55.6                   | 5.8             |
|           | 65-74yrs  | 1295 | 16.8                              | 18.4                 | 49.2                   | 15.6            |
| Tamil     | 12yrs     | 308  | 30.2                              | 49.7                 | 18.2                   | 1.9             |
|           | 15yrs     | 302  | 29.1                              | 31.8                 | 31.8                   | 7.3             |
|           | 35-44yrs  | 328  | 17.4                              | 28.0                 | 48.5                   | 6.1             |
|           | 65-74yrs  | 329  | 33.7                              | 13.7                 | 38.6                   | 14.0            |
| Muslim    | 12yrs     | 287  | 27.5                              | 48.1                 | 22.3                   | 2.1             |
|           | 15yrs     | 300  | 26.3                              | 29.0                 | 39.7                   | 5.0             |
|           | 35-44yrs  | 333  | 9.3                               | 34.8                 | 52.3                   | 3.6             |
|           | 65-74yrs  | 331  | 17.2                              | 23.0                 | 46.5                   | 13.3            |
| Urban     | 12yrs     | 568  | 12.9                              | 62.1                 | 21.7                   | 3.3             |
|           | 15yrs     | 571  | 16.3                              | 35.2                 | 42.7                   | 5.8             |
|           | 35-44yrs  | 553  | 10.8                              | 34.0                 | 49.5                   | 5.6             |
|           | 65-74yrs  | 554  | 21.3                              | 19.9                 | 45.5                   | 13.4            |
| Rural     | 12yrs     | 1428 | 15.4                              | 58.5                 | 22.1                   | 3.9             |
|           | 15yrs     | 1432 | 14.7                              | 29.9                 | 48.2                   | 7.2             |
|           | 35-44yrs  | 1429 | 9.3                               | 29.7                 | 55.6                   | 5.4             |
|           | 65-74yrs  | 1405 | 19.1                              | 17.8                 | 47.5                   | 15.7            |

In 12-year-olds, a majority had visited a dental clinic within the last year. In the other age groups, the majority had visited a dental clinic over a year ago.

Moreover, approximately 10-20% of participants in all age groups had never visited a dental clinic. Among sub-categories, this proportion was higher among Tamils compared to other two ethnic groups.

### 3.14.3 Type of dental clinic last visited

Question asked: *What type of dental clinic did you visit last?*

Table 3.40: Percentage distribution of participants according to the 'type of dental clinic last visited'

|           | Age group | N    | Type of dental clinic last visited (%) |                        |                       |                      |                      |           |             |
|-----------|-----------|------|--|------------------------|-----------------------|----------------------|----------------------|-----------|-------------|
|           |           |      | Never visited                          | Hospital dental clinic | Private dental clinic | School dental clinic | Mobile dental clinic | Any other | Do not know |
| Sri Lanka | 12yrs     | 1996 | 14.9                                   | 19.0                   | 4.3                   | 53.4                 | 5.2                  | 0.3       | 3.0         |
|           | 15yrs     | 2003 | 15.7                                   | 22.6                   | 6.5                   | 40.7                 | 8.5                  | 1.3       | 4.6         |
|           | 35-44yrs  | 1982 | 10.4                                   | 52.4                   | 30.7                  | 1.8                  | 0.8                  | 1.2       | 2.7         |
|           | 65-74yrs  | 1959 | 20.7                                   | 47.9                   | 21.6                  | 0.3                  | 0.4                  | 0.3       | 8.8         |
| Male      | 12yrs     | 999  | 15.8                                   | 19.5                   | 4.1                   | 52.2                 | 5.3                  | 0.4       | 2.7         |
|           | 15yrs     | 1002 | 16.2                                   | 22.8                   | 5.2                   | 40.6                 | 8.7                  | 1.0       | 5.6         |
|           | 35-44yrs  | 960  | 12.7                                   | 45.6                   | 33.2                  | 2.0                  | 1.0                  | 1.6       | 3.9         |
|           | 65-74yrs  | 975  | 22.6                                   | 46.4                   | 21.0                  | 0.3                  | 0.5                  | 0.2       | 9.0         |
| Female    | 12yrs     | 997  | 14.0                                   | 18.5                   | 4.4                   | 54.7                 | 5.0                  | 0.2       | 3.2         |
|           | 15yrs     | 1001 | 15.3                                   | 22.5                   | 7.9                   | 40.9                 | 8.3                  | 1.6       | 3.6         |
|           | 35-44yrs  | 1022 | 8.2                                    | 58.8                   | 28.4                  | 1.6                  | 0.6                  | 0.8       | 1.7         |
|           | 65-74yrs  | 984  | 18.9                                   | 49.5                   | 22.2                  | 0.3                  | 0.2                  | 0.3       | 8.6         |
| Sinhalese | 12yrs     | 1399 | 8.9                                    | 17.6                   | 4.6                   | 60.3                 | 4.6                  | 0.4       | 3.6         |
|           | 15yrs     | 1400 | 10.4                                   | 21.9                   | 6.1                   | 46.7                 | 7.8                  | 1.8       | 5.3         |
|           | 35-44yrs  | 1320 | 8.6                                    | 53.2                   | 31.0                  | 2.2                  | 0.7                  | 1.1       | 3.3         |
|           | 65-74yrs  | 1295 | 17.7                                   | 50.3                   | 21.3                  | 0.4                  | 0.3                  | 0.1       | 9.9         |
| Tamil     | 12yrs     | 308  | 30.5                                   | 23.7                   | 1.3                   | 31.8                 | 12.0                 | 0.0       | 0.6         |
|           | 15yrs     | 302  | 29.5                                   | 27.2                   | 4.3                   | 21.5                 | 14.9                 | 0.3       | 2.3         |
|           | 35-44yrs  | 328  | 18.0                                   | 54.6                   | 22.9                  | 0.3                  | 0.9                  | 1.5       | 1.8         |
|           | 65-74yrs  | 329  | 34.7                                   | 45.3                   | 12.5                  | 0.3                  | 0.6                  | 0.6       | 6.1         |
| Muslim    | 12yrs     | 287  | 27.5                                   | 20.6                   | 5.9                   | 42.9                 | 0.7                  | 0.0       | 2.4         |
|           | 15yrs     | 300  | 26.7                                   | 21.3                   | 11.0                  | 32.0                 | 5.3                  | 0.0       | 3.7         |
|           | 35-44yrs  | 333  | 10.2                                   | 47.4                   | 37.2                  | 1.5                  | 1.2                  | 0.9       | 1.5         |
|           | 65-74yrs  | 331  | 18.7                                   | 41.4                   | 31.4                  | 0.0                  | 0.3                  | 0.6       | 7.6         |
| Urban     | 12yrs     | 568  | 12.9                                   | 18.8                   | 6.5                   | 56.5                 | 2.5                  | 0.0       | 2.8         |
|           | 15yrs     | 571  | 16.6                                   | 24.2                   | 10.3                  | 39.9                 | 5.1                  | 0.4       | 3.5         |
|           | 35-44yrs  | 553  | 11.4                                   | 40.5                   | 42.1                  | 1.6                  | 0.4                  | 0.9       | 3.1         |
|           | 65-74yrs  | 554  | 22.6                                   | 39.5                   | 29.1                  | 0.7                  | 0.4                  | 0.5       | 7.2         |
| Rural     | 12yrs     | 1428 | 15.8                                   | 19.0                   | 3.4                   | 52.2                 | 6.2                  | 0.4       | 3.0         |
|           | 15yrs     | 1432 | 15.4                                   | 22.0                   | 5.0                   | 41.1                 | 9.8                  | 1.7       | 5.0         |
|           | 35-44yrs  | 1429 | 10.0                                   | 57.0                   | 26.3                  | 1.8                  | 1.0                  | 1.3       | 2.6         |
|           | 65-74yrs  | 1405 | 20.0                                   | 51.2                   | 18.6                  | 0.1                  | 0.4                  | 0.1       | 9.5         |

The majority of 12-year-olds and 15-year-olds had visited a school dental clinic. This was similar in all sub-categories.

With regards to 35-44-year-olds and 65-47-year-olds, a majority had visited a hospital dental clinic, followed by a private dental clinic. Private dental clinic usage was low among rural participants and Tamils compared to urban participants and other two ethnic groups respectively.

### 3.14.4 Type of dental treatment received at the last visit

Question asked: *What type of treatment did you receive at the last visit?*

Table 3.41: Percentage distribution of participants according to the 'type of dental treatment received at the last visit'

|           | Age group | N    | Type of dental treatment received at the last visit (%) |            |            |                   |                   |         |            |           |             |              |
|-----------|-----------|------|---|------------|------------|-------------------|-------------------|---------|------------|-----------|-------------|--------------|
|           |           |      | No treatment  | OHI/Advice | Extraction | Temporary filling | Permanent filling | Scaling | Drugs only | Any other | Do not know | Not recorded |
| Sri Lanka | 12yrs     | 1996 | 17.7  | 30.9       | 12.5       | 8.4               | 13.3              | 13.7    | 1.3        | 5.2       | 3.3         | 13.5         |
|           | 15yrs     | 2003 | 21.9  | 20.9       | 14.9       | 8.3               | 13.7              | 8.9     | 1.4        | 4.6       | 5.3         | 12.9         |
|           | 35-44yrs  | 1982 | 7.5   | 7.1        | 50.4       | 5.1               | 17.0              | 11.1    | 4.8        | 4.7       | 2.5         | 7.1          |
|           | 65-74yrs  | 1959 | 10.3  | 4.1        | 52.2       | 0.7               | 3.1               | 3.3     | 3.4        | 7.9       | 7.5         | 13.8         |
| Male      | 12yrs     | 999  | 15.8  | 30.8       | 12.9       | 9.8               | 14.2              | 14.8    | 1.2        | 4.9       | 3.1         | 14.2         |
|           | 15yrs     | 1002 | 20.1  | 20.3       | 14.4       | 9.7               | 14.2              | 9.0     | 1.0        | 4.3       | 6.3         | 12.3         |
|           | 35-44yrs  | 960  | 8.5   | 6.1        | 49.3       | 3.9               | 18.2              | 11.3    | 4.6        | 4.4       | 3.3         | 8.3          |
|           | 65-74yrs  | 975  | 11.7  | 5.0        | 51.9       | 0.6               | 4.0               | 3.7     | 3.0        | 6.5       | 7.6         | 14.3         |
| Female    | 12yrs     | 997  | 19.6  | 31.0       | 12.0       | 7.1               | 12.3              | 12.6    | 1.4        | 5.5       | 3.4         | 12.7         |
|           | 15yrs     | 1001 | 23.7  | 21.5       | 15.4       | 6.9               | 13.1              | 8.9     | 1.8        | 4.9       | 4.3         | 13.6         |
|           | 35-44yrs  | 1022 | 6.6   | 8.1        | 51.5       | 6.3               | 15.9              | 11.0    | 5.0        | 5.0       | 1.8         | 5.9          |
|           | 65-74yrs  | 984  | 8.9   | 3.3        | 52.6       | 0.7               | 2.3               | 2.8     | 3.7        | 9.4       | 7.3         | 13.3         |
| Sinhalese | 12yrs     | 1399 | 19.4  | 31.8       | 10.8       | 10.0              | 15.8              | 17.7    | 1.1        | 5.6       | 3.6         | 7.5          |
|           | 15yrs     | 1400 | 24.1  | 21.1       | 10.0       | 9.2               | 14.9              | 9.6     | 1.9        | 5.2       | 6.5         | 7.4          |
|           | 35-44yrs  | 1320 | 7.3   | 7.9        | 46.2       | 5.8               | 20.6              | 11.5    | 3.9        | 5.2       | 3.2         | 5.8          |
|           | 65-74yrs  | 1295 | 10.2  | 3.9        | 53.7       | 0.8               | 3.7               | 2.7     | 1.7        | 9.0       | 8.6         | 11.2         |
| Tamil     | 12yrs     | 308  | 14.6  | 27.5       | 14.1       | 8.3               | 8.2               | 7.5     | 3.3        | 5.2       | 1.9         | 26.6         |
|           | 15yrs     | 302  | 17.2  | 19.6       | 35.8       | 7.5               | 14.6              | 9.1     | 0.7        | 3.6       | 1.7         | 28.1         |
|           | 35-44yrs  | 328  | 10.4  | 5.2        | 58.2       | 2.4               | 4.8               | 7.5     | 8.3        | 2.4       | 1.2         | 12.2         |
|           | 65-74yrs  | 329  | 14.9  | 5.4        | 42.5       | 0.3               | 1.2               | 3.9     | 4.6        | 4.3       | 4.0         | 23.7         |
| Muslim    | 12yrs     | 287  | 12.9  | 28.3       | 19.2       | 2.8               | 8.4               | 3.8     | 0.3        | 3.5       | 2.8         | 28.6         |
|           | 15yrs     | 300  | 16.3  | 20.4       | 22.4       | 5.3               | 9.3               | 6.0     | 0.0        | 2.7       | 3.3         | 23.3         |
|           | 35-44yrs  | 333  | 5.7   | 6.6        | 59.4       | 5.2               | 15.6              | 13.5    | 4.6        | 5.1       | 1.2         | 6.9          |
|           | 65-74yrs  | 331  | 6.0   | 3.7        | 55.9       | 0.3               | 2.8               | 4.6     | 8.6        | 7.6       | 6.6         | 14.2         |
| Urban     | 12yrs     | 568  | 17.4  | 32.3       | 10.8       | 5.3               | 12.1              | 15.0    | 1.9        | 6.6       | 4.0         | 12.3         |
|           | 15yrs     | 571  | 23.8  | 16.6       | 10.3       | 6.3               | 14.8              | 10.7    | 1.4        | 6.3       | 4.7         | 14.2         |
|           | 35-44yrs  | 553  | 5.4   | 7.4        | 45.2       | 4.7               | 20.8              | 10.9    | 5.6        | 5.6       | 2.5         | 8.7          |
|           | 65-74yrs  | 554  | 9.4   | 3.4        | 47.3       | 0.7               | 5.6               | 3.8     | 2.9        | 11.0      | 7.2         | 15.0         |
| Rural     | 12yrs     | 1428 | 17.8  | 30.1       | 13.1       | 9.5               | 13.6              | 13.4    | 1.1        | 4.6       | 2.9         | 13.9         |
|           | 15yrs     | 1432 | 21.1  | 22.3       | 16.5       | 9.0               | 13.2              | 8.5     | 1.4        | 3.9       | 5.5         | 12.4         |
|           | 35-44yrs  | 1429 | 8.3   | 7.1        | 52.2       | 5.3               | 15.7              | 11.2    | 4.5        | 4.3       | 2.5         | 6.4          |
|           | 65-74yrs  | 1405 | 10.7  | 4.4        | 54.1       | 0.6               | 2.2               | 3.0     | 3.5        | 6.8       | 7.5         | 13.3         |

Note: Since the possibility of receiving multiple treatments at a single visit, totals might not add up to 100

Compared to other age groups, 12-year-olds and 15-year-olds had mostly received 'oral hygiene instructions (OHI)/advice' while the 35-44-year-olds and 65-74-year-olds had undergone 'extraction of teeth' at their last visit to a dental clinic. Among sub-categories, Sinhalese and urban participants had received more fillings than their respective counterparts. A higher percentage of rural participants had received extractions compared to urban participants.

## Chapter 4

### Discussion

The aim of this survey was to describe the oral disease patterns, treatment needs, oral health related practices and dental service utilization pattern in Sri Lankans. However, as these results will update the existing oral health databases on the Sri Lankan population, the results could be useful to assess the effectiveness of the oral healthcare services provided over the past years, for planning of oral health services at national, provincial and district levels as well as to compare the oral disease trends.

The survey guideline was based on the WHO Oral Health Survey Basic Methods 5<sup>th</sup> edition with some modifications to suit the requirements of the country. As a result, besides national figures, sex, ethnic, sector (urban/rural) and district variations of oral health status are also presented for better comparison.

When comparing the results of the present survey with previous oral health surveys, it is evident that there has been a reduction in the overall oral disease burden with an improvement in teeth cleaning habits in the Sri Lankan population. This is further substantiated by the fact that more people had their natural teeth and a reduction in the percentage of edentulousness. Moreover, the majority of the population resides within 5km of a government dental clinic and there has been an improvement in dental service utilization patterns.

Improvements in the awareness of the importance of oral health among the population with the availability of oral healthcare services over the years could be possible reasons for these observations. Further, involvement of multiple stakeholders in public awareness, screening, treatment provision programmes as well as the availability and increased use of fluoridated toothpastes could be major contributory factors.

However, according to the results, it was observed that extraction of tooth was the most common mode of treatment received by 35-44-year-olds and 65-74-year-olds and only a small percentage of the same age groups were wearing dentures despite a high percentage with missing teeth. In addition, over 50% of participants in all age groups needed routine dental care and only a few were in need of emergency dental care. Based on these results, it is reasonable to assume that Sri Lankan adults seek dental care only for emergencies, mostly when there is a need for extractions.

Since the present National Oral Health Survey was the first to assess dietary habits, the findings could be used as a bench mark for comparison of similar results in future surveys. However, when considering alcohol and tobacco usage, the results are consistent with other national studies conducted in Sri Lanka<sup>19</sup>. Low alcohol consumption and smoking habits among Sri Lankan females are known facts. Although the use of areca-nut in packets is an emerging trend among Sri Lankans, a low prevalence was observed in this survey. Under-reporting due to social stigma could be considered as a reason for this finding.

When considering age groups, a majority of 5-year-olds and 12-year-olds and substantial proportion of 15-year-olds had visited a government (school) dental clinic within the past year and most of them had received oral hygiene instructions or advice. However, there was still a considerable proportion of untreated dental disease in these age groups. The prevalence of calculus was nearly 50% and the proportion with active caries out of those who had experienced dental caries was approximately 80%. Compared to previous National Oral Health Surveys this was only a marginal reduction.

In contrast to urban participants, in general, rural participants had a higher oral disease burden, poor oral health practices and also received relatively more extractions over fillings for their oral diseases. Moreover, despite a higher proportion of rural participants residing more than 5km distance to government dental clinics compared to the urban participants, they still utilize public services to obtain dental treatments. Similar pattern was observed in Tamils when compared to other two ethnic groups.

Delayed presentation to the services due to poor awareness about appropriate treatment options, inadequacy of treatment facilities at oral healthcare delivery points that they received dental treatment, poor affordability of services at private dental clinics could be possible reasons for the above observations. However, since the present survey was only providing a snap-shot view of the picture, detailed studies are necessary to make conclusions.

There are a few limitations to this survey. Due to clustering effect and relatively small cluster size (20 from each age group), the error margin for district-based values are comparatively high for some districts where only one cluster was selected. Therefore, district-based results on such districts should be interpreted cautiously.

Enamel fluorosis status of the population may not have been reflected correctly due to its endemic nature as well as the pattern of distribution of the condition is not based on district boundaries. Therefore, district-based results on enamel fluorosis presented in this report should be interpreted carefully. Moreover, even though broad patterns were observed, this survey may not give an accurate estimate of diseases with low prevalence (oral mucosal lesions, root caries, tooth-wear) due to inadequate sample sizes for certain sub-categories. Furthermore, since the assessment of oral health related habit patterns were based on a single interviewer-administered question, there is possibility of recall-bias and/or under-reporting due to social desirability bias affecting this information.

## Chapter 5

### Conclusions and recommendations

When compared to the previous National Oral Health Surveys, there has been a reduction in the oral disease burden and an improvement in oral health related habits of the Sri Lankan population irrespective of age, sex, ethnic and sector variations. Moreover, there has been an improvement in oral healthcare seeking pattern of the population. It was also noticed that the majority of the population reside within 5km distance to a government dental clinic.

However, some observations need considerable attention. The untreated disease proportion of population appeared to be high and they essentially seek treatments for dental emergencies. When comparing with similar figures of previous National Oral Health Surveys, this was only a marginal reduction. Moreover, rural population and Tamils had higher disease burden and poor oral health practices compared to urban population and other two ethnic groups respectively. Therefore, the above issues should be addressed to improve oral health status of the Sri Lankan population.

Considering the methodology of the survey, refined assessment criteria and sampling methodology are warranted for future surveys to capture detailed district variations of disease burden and related habits.



## Chapter 6

### District-based results

Table 6.1: Percentage distribution of participants according to the frequency of tooth cleaning

| District     | Age group | N   | Frequency (times/day) |      |       |                 | Not recorded /Missing |
|--------------|-----------|-----|-----------------------|------|-------|-----------------|-----------------------|
|              |           |     | None                  | Once | Twice | More than twice |                       |
| Colombo      | 5yrs      | 180 | 0.0                   | 34.4 | 61.7  | 3.9             | 0.0                   |
|              | 12yrs     | 179 | 0.0                   | 36.9 | 60.9  | 2.2             | 0.0                   |
|              | 15yrs     | 180 | 0.0                   | 42.8 | 55.6  | 1.7             | 0.0                   |
|              | 35-44yrs  | 178 | 0.6                   | 21.3 | 74.7  | 3.4             | 0.0                   |
|              | 65-74yrs  | 176 | 5.7                   | 28.4 | 62.5  | 3.4             | 0.0                   |
| Gampaha      | 5yrs      | 180 | 0.6                   | 36.7 | 58.3  | 3.9             | 0.6                   |
|              | 12yrs     | 180 | 0.0                   | 47.2 | 50.0  | 2.8             | 0.0                   |
|              | 15yrs     | 181 | 0.0                   | 39.2 | 58.0  | 2.8             | 0.0                   |
|              | 35-44yrs  | 177 | 0.0                   | 15.8 | 80.2  | 4.0             | 0.0                   |
|              | 65-74yrs  | 179 | 5.6                   | 34.1 | 55.3  | 5.0             | 0.0                   |
| Kalutara     | 5yrs      | 100 | 0.0                   | 32.0 | 65.0  | 3.0             | 0.0                   |
|              | 12yrs     | 100 | 0.0                   | 44.0 | 50.0  | 6.0             | 0.0                   |
|              | 15yrs     | 102 | 0.0                   | 40.2 | 57.8  | 2.0             | 0.0                   |
|              | 35-44yrs  | 100 | 1.0                   | 20.0 | 72.0  | 7.0             | 0.0                   |
|              | 65-74yrs  | 100 | 4.0                   | 42.0 | 48.0  | 6.0             | 0.0                   |
| Kandy        | 5yrs      | 140 | 0.7                   | 39.3 | 56.4  | 3.6             | 0.0                   |
|              | 12yrs     | 140 | 0.0                   | 40.7 | 56.4  | 2.9             | 0.0                   |
|              | 15yrs     | 140 | 0.0                   | 39.3 | 59.3  | 1.4             | 0.0                   |
|              | 35-44yrs  | 136 | 0.0                   | 25.7 | 73.5  | 0.7             | 0.0                   |
|              | 65-74yrs  | 134 | 6.7                   | 38.8 | 49.3  | 5.2             | 0.0                   |
| Matale       | 5yrs      | 40  | 0.0                   | 45.0 | 55.0  | 0.0             | 0.0                   |
|              | 12yrs     | 40  | 0.0                   | 37.5 | 62.5  | 0.0             | 0.0                   |
|              | 15yrs     | 40  | 0.0                   | 42.5 | 57.5  | 0.0             | 0.0                   |
|              | 35-44yrs  | 40  | 0.0                   | 10.0 | 90.0  | 0.0             | 0.0                   |
|              | 65-74yrs  | 39  | 10.3                  | 35.9 | 51.3  | 2.6             | 0.0                   |
| Nuwara-Eliya | 5yrs      | 100 | 0.0                   | 51.0 | 47.0  | 2.0             | 0.0                   |
|              | 12yrs     | 99  | 0.0                   | 51.5 | 46.5  | 2.0             | 0.0                   |
|              | 15yrs     | 100 | 0.0                   | 42.0 | 58.0  | 0.0             | 0.0                   |
|              | 35-44yrs  | 99  | 0.0                   | 31.3 | 66.7  | 2.0             | 0.0                   |
|              | 65-74yrs  | 98  | 9.2                   | 50.0 | 38.8  | 2.0             | 0.0                   |
| Galle        | 5yrs      | 98  | 0.0                   | 45.9 | 54.1  | 0.0             | 0.0                   |
|              | 12yrs     | 99  | 0.0                   | 39.4 | 60.6  | 0.0             | 0.0                   |
|              | 15yrs     | 100 | 0.0                   | 39.0 | 60.0  | 1.0             | 0.0                   |
|              | 35-44yrs  | 99  | 1.0                   | 16.2 | 81.8  | 1.0             | 0.0                   |
|              | 65-74yrs  | 100 | 12.0                  | 36.0 | 52.0  | 0.0             | 0.0                   |
| Matara       | 5yrs      | 79  | 0.0                   | 32.9 | 63.3  | 3.8             | 0.0                   |
|              | 12yrs     | 80  | 0.0                   | 57.5 | 42.5  | 0.0             | 0.0                   |
|              | 15yrs     | 80  | 1.3                   | 51.3 | 47.5  | 0.0             | 0.0                   |
|              | 35-44yrs  | 79  | 0.0                   | 27.8 | 68.4  | 3.8             | 0.0                   |
|              | 65-74yrs  | 79  | 5.1                   | 29.1 | 60.8  | 5.1             | 0.0                   |
| Hambantota   | 5yrs      | 60  | 0.0                   | 31.7 | 68.3  | 0.0             | 0.0                   |
|              | 12yrs     | 60  | 0.0                   | 53.3 | 46.7  | 0.0             | 0.0                   |
|              | 15yrs     | 60  | 0.0                   | 41.7 | 58.3  | 0.0             | 0.0                   |
|              | 35-44yrs  | 59  | 0.0                   | 20.3 | 79.7  | 0.0             | 0.0                   |
|              | 65-74yrs  | 60  | 11.7                  | 36.7 | 50.0  | 1.7             | 0.0                   |
| Jaffna       | 5yrs      | 60  | 1.7                   | 41.7 | 56.7  | 0.0             | 0.0                   |
|              | 12yrs     | 60  | 1.7                   | 76.7 | 20.0  | 1.7             | 0.0                   |
|              | 15yrs     | 60  | 0.0                   | 61.7 | 36.7  | 1.7             | 0.0                   |
|              | 35-44yrs  | 60  | 0.0                   | 46.7 | 53.3  | 0.0             | 0.0                   |
|              | 65-74yrs  | 59  | 3.4                   | 44.1 | 49.2  | 3.4             | 0.0                   |
| Kilinochchi  | 5yrs      | 20  | 0.0                   | 30.0 | 70.0  | 0.0             | 0.0                   |
|              | 12yrs     | 20  | 0.0                   | 20.0 | 80.0  | 0.0             | 0.0                   |
|              | 15yrs     | 20  | 0.0                   | 15.0 | 85.0  | 0.0             | 0.0                   |
|              | 35-44yrs  | 20  | 0.0                   | 25.0 | 60.0  | 15.0            | 0.0                   |
|              | 65-74yrs  | 20  | 0.0                   | 20.0 | 75.0  | 5.0             | 0.0                   |
| Mannar       | 5yrs      | 20  | 0.0                   | 65.0 | 35.0  | 0.0             | 0.0                   |
|              | 12yrs     | 21  | 0.0                   | 42.9 | 52.4  | 4.8             | 0.0                   |
|              | 15yrs     | 20  | 0.0                   | 45.0 | 55.0  | 0.0             | 0.0                   |
|              | 35-44yrs  | 20  | 0.0                   | 30.0 | 55.0  | 15.0            | 0.0                   |
|              | 65-74yrs  | 20  | 5.0                   | 25.0 | 65.0  | 5.0             | 0.0                   |
| Mullaitivu   | 5yrs      | 20  | 0.0                   | 80.0 | 20.0  | 0.0             | 0.0                   |
|              | 12yrs     | 20  | 0.0                   | 75.0 | 25.0  | 0.0             | 0.0                   |
|              | 15yrs     | 20  | 0.0                   | 35.0 | 55.0  | 10.0            | 0.0                   |
|              | 35-44yrs  | 21  | 0.0                   | 33.3 | 66.7  | 0.0             | 0.0                   |
|              | 65-74yrs  | 20  | 5.0                   | 20.0 | 75.0  | 0.0             | 0.0                   |



Table 6.1: Percentage distribution of participants according to the frequency of tooth cleaning (contd.)

| District     | Age group | N   | Frequency (times/day) |      |       |                 |                       |
|--------------|-----------|-----|-----------------------|------|-------|-----------------|-----------------------|
|              |           |     | None                  | Once | Twice | More than twice | Not recorded /Missing |
| Vavuniya     | 5yrs      | 20  | 0.0                   | 50.0 | 45.0  | 5.0             | 0.0                   |
|              | 12yrs     | 20  | 0.0                   | 55.0 | 35.0  | 10.0            | 0.0                   |
|              | 15yrs     | 20  | 0.0                   | 55.0 | 45.0  | 0.0             | 0.0                   |
|              | 35-44yrs  | 20  | 0.0                   | 20.0 | 80.0  | 0.0             | 0.0                   |
|              | 65-74yrs  | 19  | 10.5                  | 21.1 | 68.4  | 0.0             | 0.0                   |
| Batticaloa   | 5yrs      | 60  | 3.3                   | 46.7 | 46.7  | 1.7             | 1.7                   |
|              | 12yrs     | 60  | 0.0                   | 43.3 | 56.7  | 0.0             | 0.0                   |
|              | 15yrs     | 60  | 0.0                   | 23.3 | 61.7  | 15.0            | 0.0                   |
|              | 35-44yrs  | 60  | 0.0                   | 11.7 | 63.3  | 25.0            | 0.0                   |
|              | 65-74yrs  | 58  | 0.0                   | 20.7 | 55.2  | 24.1            | 0.0                   |
| Ampara       | 5yrs      | 100 | 0.0                   | 33.0 | 43.0  | 4.0             | 20.0                  |
|              | 12yrs     | 99  | 0.0                   | 38.4 | 56.6  | 5.1             | 0.0                   |
|              | 15yrs     | 100 | 0.0                   | 47.0 | 50.0  | 3.0             | 0.0                   |
|              | 35-44yrs  | 97  | 0.0                   | 12.4 | 66.0  | 21.6            | 0.0                   |
|              | 65-74yrs  | 95  | 8.4                   | 22.1 | 53.7  | 15.8            | 0.0                   |
| Trincomalee  | 5yrs      | 40  | 0.0                   | 50.0 | 35.0  | 15.0            | 0.0                   |
|              | 12yrs     | 39  | 0.0                   | 51.3 | 46.2  | 2.6             | 0.0                   |
|              | 15yrs     | 40  | 0.0                   | 35.0 | 65.0  | 0.0             | 0.0                   |
|              | 35-44yrs  | 40  | 0.0                   | 12.5 | 65.0  | 22.5            | 0.0                   |
|              | 65-74yrs  | 39  | 5.1                   | 23.1 | 48.7  | 23.1            | 0.0                   |
| Kurunegala   | 5yrs      | 160 | 0.0                   | 35.0 | 51.3  | 13.8            | 0.0                   |
|              | 12yrs     | 160 | 0.0                   | 48.1 | 50.0  | 1.9             | 0.0                   |
|              | 15yrs     | 160 | 0.0                   | 40.0 | 59.4  | 0.6             | 0.0                   |
|              | 35-44yrs  | 159 | 1.3                   | 19.5 | 73.0  | 6.3             | 0.0                   |
|              | 65-74yrs  | 160 | 4.4                   | 34.4 | 55.0  | 6.3             | 0.0                   |
| Puttalam     | 5yrs      | 60  | 0.0                   | 31.7 | 46.7  | 21.7            | 0.0                   |
|              | 12yrs     | 60  | 1.7                   | 48.3 | 50.0  | 0.0             | 0.0                   |
|              | 15yrs     | 60  | 0.0                   | 43.3 | 53.3  | 3.3             | 0.0                   |
|              | 35-44yrs  | 60  | 0.0                   | 21.7 | 78.3  | 0.0             | 0.0                   |
|              | 65-74yrs  | 60  | 1.7                   | 36.7 | 55.0  | 6.7             | 0.0                   |
| Anuradhapura | 5yrs      | 100 | 0.0                   | 53.0 | 44.0  | 3.0             | 0.0                   |
|              | 12yrs     | 100 | 0.0                   | 47.0 | 52.0  | 1.0             | 0.0                   |
|              | 15yrs     | 100 | 0.0                   | 45.0 | 54.0  | 1.0             | 0.0                   |
|              | 35-44yrs  | 99  | 0.0                   | 26.3 | 72.7  | 1.0             | 0.0                   |
|              | 65-74yrs  | 97  | 4.1                   | 41.2 | 50.5  | 4.1             | 0.0                   |
| Polonnaruwa  | 5yrs      | 60  | 0.0                   | 43.3 | 50.0  | 6.7             | 0.0                   |
|              | 12yrs     | 60  | 0.0                   | 53.3 | 43.3  | 3.3             | 0.0                   |
|              | 15yrs     | 60  | 0.0                   | 31.7 | 68.3  | 0.0             | 0.0                   |
|              | 35-44yrs  | 60  | 0.0                   | 13.3 | 81.7  | 5.0             | 0.0                   |
|              | 65-74yrs  | 59  | 3.4                   | 15.3 | 78.0  | 3.4             | 0.0                   |
| Badulla      | 5yrs      | 78  | 0.0                   | 42.3 | 56.4  | 0.0             | 1.3                   |
|              | 12yrs     | 80  | 0.0                   | 63.8 | 36.3  | 0.0             | 0.0                   |
|              | 15yrs     | 80  | 0.0                   | 68.8 | 31.3  | 0.0             | 0.0                   |
|              | 35-44yrs  | 80  | 1.3                   | 35.0 | 57.5  | 6.3             | 0.0                   |
|              | 65-74yrs  | 74  | 10.8                  | 37.8 | 51.4  | 0.0             | 0.0                   |
| Monaragala   | 5yrs      | 60  | 0.0                   | 58.3 | 41.7  | 0.0             | 0.0                   |
|              | 12yrs     | 60  | 0.0                   | 70.0 | 30.0  | 0.0             | 0.0                   |
|              | 15yrs     | 60  | 0.0                   | 60.0 | 40.0  | 0.0             | 0.0                   |
|              | 35-44yrs  | 60  | 0.0                   | 16.7 | 78.3  | 5.0             | 0.0                   |
|              | 65-74yrs  | 60  | 11.7                  | 21.7 | 63.3  | 3.3             | 0.0                   |
| Ratnapura    | 5yrs      | 80  | 0.0                   | 58.8 | 38.8  | 2.5             | 0.0                   |
|              | 12yrs     | 80  | 0.0                   | 46.3 | 53.8  | 0.0             | 0.0                   |
|              | 15yrs     | 80  | 0.0                   | 41.3 | 57.5  | 1.3             | 0.0                   |
|              | 35-44yrs  | 80  | 0.0                   | 15.0 | 82.5  | 2.5             | 0.0                   |
|              | 65-74yrs  | 78  | 0.0                   | 32.1 | 62.8  | 5.1             | 0.0                   |
| Kegalle      | 5yrs      | 80  | 0.0                   | 18.8 | 81.3  | 0.0             | 0.0                   |
|              | 12yrs     | 80  | 0.0                   | 48.8 | 51.3  | 0.0             | 0.0                   |
|              | 15yrs     | 80  | 0.0                   | 27.5 | 71.3  | 1.3             | 0.0                   |
|              | 35-44yrs  | 79  | 0.0                   | 16.5 | 82.3  | 1.3             | 0.0                   |
|              | 65-74yrs  | 76  | 10.5                  | 38.2 | 50.0  | 1.3             | 0.0                   |

Table 6.2: Percentage distribution of participants according to the mode of tooth cleaning

| District     | Age group | N   | None | Brush | Finger | Other* | Not recorded /Missing |
|--------------|-----------|-----|------|-------|--------|--------|-----------------------|
| Colombo      | 5yrs      | 180 | 0.0  | 99.4  | 0.6    | 0.0    | 0.0                   |
|              | 12yrs     | 179 | 0.0  | 98.9  | 1.1    | 0.0    | 0.0                   |
|              | 15yrs     | 180 | 0.0  | 98.9  | 1.1    | 0.0    | 0.0                   |
|              | 35-44yrs  | 178 | 0.0  | 97.8  | 1.7    | 0.6    | 0.0                   |
|              | 65-74yrs  | 176 | 2.3  | 76.7  | 18.2   | 2.3    | 0.6                   |
| Gampaha      | 5yrs      | 180 | 0.0  | 99.4  | 0.0    | 0.0    | 0.6                   |
|              | 12yrs     | 180 | 0.0  | 97.8  | 2.2    | 0.0    | 0.0                   |
|              | 15yrs     | 181 | 0.0  | 99.4  | 0.6    | 0.0    | 0.0                   |
|              | 35-44yrs  | 177 | 0.0  | 97.7  | 2.3    | 0.0    | 0.0                   |
|              | 65-74yrs  | 179 | 0.6  | 78.2  | 17.3   | 1.1    | 2.8                   |
| Kalutara     | 5yrs      | 100 | 0.0  | 99.0  | 1.0    | 0.0    | 0.0                   |
|              | 12yrs     | 100 | 0.0  | 98.0  | 2.0    | 0.0    | 0.0                   |
|              | 15yrs     | 102 | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 35-44yrs  | 100 | 0.0  | 98.0  | 1.0    | 1.0    | 0.0                   |
|              | 65-74yrs  | 100 | 3.0  | 76.0  | 16.0   | 5.0    | 0.0                   |
| Kandy        | 5yrs      | 140 | 0.0  | 99.3  | 0.7    | 0.0    | 0.0                   |
|              | 12yrs     | 140 | 0.0  | 99.3  | 0.7    | 0.0    | 0.0                   |
|              | 15yrs     | 140 | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 35-44yrs  | 136 | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 65-74yrs  | 134 | 3.0  | 74.6  | 18.7   | 0.0    | 3.7                   |
| Matale       | 5yrs      | 40  | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 12yrs     | 40  | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 15yrs     | 40  | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 35-44yrs  | 40  | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 65-74yrs  | 39  | 10.3 | 64.1  | 25.6   | 0.0    | 0.0                   |
| Nuwara-Eliya | 5yrs      | 100 | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 12yrs     | 99  | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 15yrs     | 100 | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 35-44yrs  | 99  | 0.0  | 88.9  | 11.1   | 0.0    | 0.0                   |
|              | 65-74yrs  | 98  | 1.0  | 57.1  | 34.7   | 0.0    | 7.1                   |
| Galle        | 5yrs      | 98  | 0.0  | 99.0  | 1.0    | 0.0    | 0.0                   |
|              | 12yrs     | 99  | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 15yrs     | 100 | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 35-44yrs  | 99  | 0.0  | 97.0  | 1.0    | 1.0    | 1.0                   |
|              | 65-74yrs  | 100 | 4.0  | 69.0  | 20.0   | 4.0    | 3.0                   |
| Matara       | 5yrs      | 79  | 0.0  | 98.7  | 1.3    | 0.0    | 0.0                   |
|              | 12yrs     | 80  | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 15yrs     | 80  | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 35-44yrs  | 79  | 0.0  | 98.7  | 1.3    | 0.0    | 0.0                   |
|              | 65-74yrs  | 79  | 3.8  | 81.0  | 11.4   | 2.5    | 1.3                   |
| Hambantota   | 5yrs      | 60  | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 12yrs     | 60  | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 15yrs     | 60  | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 35-44yrs  | 59  | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 65-74yrs  | 60  | 6.7  | 56.7  | 30.0   | 5.0    | 1.7                   |
| Jaffna       | 5yrs      | 60  | 0.0  | 81.7  | 16.7   | 1.7    | 0.0                   |
|              | 12yrs     | 60  | 0.0  | 75.0  | 25.0   | 0.0    | 0.0                   |
|              | 15yrs     | 60  | 0.0  | 81.7  | 18.3   | 0.0    | 0.0                   |
|              | 35-44yrs  | 60  | 0.0  | 55.0  | 43.3   | 0.0    | 1.7                   |
|              | 65-74yrs  | 59  | 1.7  | 57.6  | 40.7   | 0.0    | 0.0                   |
| Kilinochchi  | 5yrs      | 20  | 0.0  | 85.0  | 15.0   | 0.0    | 0.0                   |
|              | 12yrs     | 20  | 0.0  | 95.0  | 5.0    | 0.0    | 0.0                   |
|              | 15yrs     | 20  | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 35-44yrs  | 20  | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 65-74yrs  | 20  | 0.0  | 65.0  | 35.0   | 0.0    | 0.0                   |
| Mannar       | 5yrs      | 20  | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 12yrs     | 21  | 0.0  | 85.7  | 14.3   | 0.0    | 0.0                   |
|              | 15yrs     | 20  | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 35-44yrs  | 20  | 0.0  | 95.0  | 5.0    | 0.0    | 0.0                   |
|              | 65-74yrs  | 20  | 5.0  | 50.0  | 40.0   | 5.0    | 0.0                   |
| Mullaitivu   | 5yrs      | 20  | 0.0  | 85.0  | 15.0   | 0.0    | 0.0                   |
|              | 12yrs     | 20  | 0.0  | 65.0  | 35.0   | 0.0    | 0.0                   |
|              | 15yrs     | 20  | 0.0  | 75.0  | 25.0   | 0.0    | 0.0                   |
|              | 35-44yrs  | 21  | 0.0  | 85.7  | 9.5    | 4.8    | 0.0                   |
|              | 65-74yrs  | 20  | 0.0  | 20.0  | 75.0   | 5.0    | 0.0                   |

Table 6.2: Percentage of distribution of participants according to the mode of tooth cleaning (contd.)

| District     | Age group | N   | None | Brush | Finger | Other* | Not recorded /Missing |
|--------------|-----------|-----|------|-------|--------|--------|-----------------------|
| Vavuniya     | 5yrs      | 20  | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 12yrs     | 20  | 0.0  | 95.0  | 5.0    | 0.0    | 0.0                   |
|              | 15yrs     | 20  | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 35-44yrs  | 20  | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 65-74yrs  | 19  | 10.5 | 31.6  | 57.9   | 0.0    | 0.0                   |
| Batticaloa   | 5yrs      | 60  | 3.3  | 83.3  | 11.7   | 0.0    | 1.7                   |
|              | 12yrs     | 60  | 0.0  | 95.0  | 5.0    | 0.0    | 0.0                   |
|              | 15yrs     | 60  | 0.0  | 96.7  | 3.3    | 0.0    | 0.0                   |
|              | 35-44yrs  | 60  | 0.0  | 96.7  | 1.7    | 1.7    | 0.0                   |
|              | 65-74yrs  | 58  | 0.0  | 50.0  | 43.1   | 6.9    | 0.0                   |
| Ampara       | 5yrs      | 100 | 0.0  | 77.0  | 3.0    | 0.0    | 20.0                  |
|              | 12yrs     | 99  | 0.0  | 97.0  | 3.0    | 0.0    | 0.0                   |
|              | 15yrs     | 100 | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 35-44yrs  | 97  | 0.0  | 97.9  | 2.1    | 0.0    | 0.0                   |
|              | 65-74yrs  | 95  | 3.2  | 70.5  | 21.1   | 0.0    | 2.1                   |
| Trincomalee  | 5yrs      | 40  | 0.0  | 97.5  | 2.5    | 0.0    | 0.0                   |
|              | 12yrs     | 39  | 0.0  | 87.2  | 12.8   | 0.0    | 0.0                   |
|              | 15yrs     | 40  | 0.0  | 87.5  | 12.5   | 0.0    | 0.0                   |
|              | 35-44yrs  | 40  | 0.0  | 97.5  | 2.5    | 0.0    | 0.0                   |
|              | 65-74yrs  | 39  | 2.6  | 61.5  | 33.3   | 0.0    | 2.6                   |
| Kurunegala   | 5yrs      | 160 | 0.0  | 99.4  | 0.6    | 0.0    | 0.0                   |
|              | 12yrs     | 160 | 0.0  | 99.4  | 0.6    | 0.0    | 0.0                   |
|              | 15yrs     | 160 | 0.0  | 99.4  | 0.0    | 0.6    | 0.0                   |
|              | 35-44yrs  | 159 | 0.0  | 96.2  | 3.1    | 0.0    | 0.6                   |
|              | 65-74yrs  | 160 | 0.0  | 78.1  | 18.1   | 0.0    | 1.9                   |
| Puttalam     | 5yrs      | 60  | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 12yrs     | 60  | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 15yrs     | 60  | 0.0  | 98.3  | 1.7    | 0.0    | 0.0                   |
|              | 35-44yrs  | 60  | 0.0  | 93.3  | 6.7    | 0.0    | 0.0                   |
|              | 65-74yrs  | 60  | 0.0  | 78.3  | 21.7   | 0.0    | 0.0                   |
| Anuradhapura | 5yrs      | 100 | 0.0  | 97.0  | 2.0    | 1.0    | 0.0                   |
|              | 12yrs     | 100 | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 15yrs     | 100 | 0.0  | 99.0  | 1.0    | 0.0    | 0.0                   |
|              | 35-44yrs  | 99  | 0.0  | 97.0  | 3.0    | 0.0    | 0.0                   |
|              | 65-74yrs  | 97  | 1.0  | 74.2  | 20.6   | 3.1    | 1.0                   |
| Polonnaruwa  | 5yrs      | 60  | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 12yrs     | 60  | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 15yrs     | 60  | 0.0  | 98.3  | 1.7    | 0.0    | 0.0                   |
|              | 35-44yrs  | 60  | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 65-74yrs  | 59  | 3.4  | 83.1  | 13.6   | 0.0    | 0.0                   |
| Badulla      | 5yrs      | 78  | 0.0  | 97.4  | 1.3    | 0.0    | 1.3                   |
|              | 12yrs     | 80  | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 15yrs     | 80  | 0.0  | 98.8  | 1.3    | 0.0    | 0.0                   |
|              | 35-44yrs  | 80  | 0.0  | 96.3  | 3.8    | 0.0    | 0.0                   |
|              | 65-74yrs  | 74  | 5.4  | 68.9  | 21.6   | 1.4    | 2.7                   |
| Monaragala   | 5yrs      | 60  | 0.0  | 96.7  | 3.3    | 0.0    | 0.0                   |
|              | 12yrs     | 60  | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 15yrs     | 60  | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 35-44yrs  | 60  | 0.0  | 98.3  | 1.7    | 0.0    | 0.0                   |
|              | 65-74yrs  | 60  | 8.3  | 71.7  | 16.7   | 0.0    | 3.3                   |
| Ratnapura    | 5yrs      | 80  | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 12yrs     | 80  | 0.0  | 98.8  | 1.3    | 0.0    | 0.0                   |
|              | 15yrs     | 80  | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 35-44yrs  | 80  | 0.0  | 96.3  | 3.8    | 0.0    | 0.0                   |
|              | 65-74yrs  | 78  | 0.0  | 67.9  | 32.1   | 0.0    | 0.0                   |
| Kegalle      | 5yrs      | 80  | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 12yrs     | 80  | 0.0  | 100.0 | 0.0    | 0.0    | 0.0                   |
|              | 15yrs     | 80  | 0.0  | 98.8  | 1.3    | 0.0    | 0.0                   |
|              | 35-44yrs  | 79  | 0.0  | 98.7  | 1.3    | 0.0    | 0.0                   |
|              | 65-74yrs  | 76  | 7.9  | 71.1  | 17.1   | 3.96   | 0.0                   |

Table 6.3: Percentage distribution of participants according to the type of ingredients used for tooth cleaning

| District     | Age group | N   | None | Fluoridated toothpaste | Non-fluoridated toothpaste | Tooth powder | Other* | Not recorded /Missing |
|--------------|-----------|-----|------|------------------------|----------------------------|--------------|--------|-----------------------|
| Colombo      | 5yrs      | 180 | 0.0  | 77.8                   | 12.8                       | 1.7          | 7.8    | 0.0                   |
|              | 12yrs     | 179 | 0.0  | 85.5                   | 11.2                       | 1.1          | 2.2    | 0.0                   |
|              | 15yrs     | 180 | 0.0  | 84.4                   | 15.6                       | 0.0          | 0.0    | 0.0                   |
|              | 35-44yrs  | 178 | 0.6  | 85.4                   | 12.4                       | 0.6          | 1.1    | 0.0                   |
|              | 65-74yrs  | 176 | 4.0  | 67.6                   | 10.2                       | 7.4          | 8.0    | 2.8                   |
| Gampaha      | 5yrs      | 180 | 0.0  | 78.3                   | 9.4                        | 1.1          | 10.6   | 0.6                   |
|              | 12yrs     | 180 | 0.0  | 71.1                   | 27.2                       | 0.6          | 1.1    | 0.0                   |
|              | 15yrs     | 181 | 0.0  | 87.3                   | 12.2                       | 0.0          | 0.6    | 0.0                   |
|              | 35-44yrs  | 177 | 0.0  | 86.4                   | 10.7                       | 1.7          | 1.1    | 0.0                   |
|              | 65-74yrs  | 179 | 6.7  | 68.7                   | 12.3                       | 5.6          | 3.4    | 3.4                   |
| Kalutara     | 5yrs      | 100 | 0.0  | 76.0                   | 12.0                       | 1.0          | 11.0   | 0.0                   |
|              | 12yrs     | 100 | 0.0  | 83.0                   | 16.0                       | 0.0          | 1.0    | 0.0                   |
|              | 15yrs     | 102 | 0.0  | 76.5                   | 23.5                       | 0.0          | 0.0    | 0.0                   |
|              | 35-44yrs  | 100 | 0.0  | 78.0                   | 17.0                       | 1.0          | 4.0    | 0.0                   |
|              | 65-74yrs  | 100 | 2.0  | 74.0                   | 8.0                        | 4.0          | 9.0    | 3.0                   |
| Kandy        | 5yrs      | 140 | 0.0  | 80.0                   | 14.3                       | 1.4          | 4.3    | 0.0                   |
|              | 12yrs     | 140 | 0.0  | 84.3                   | 15.0                       | 0.0          | 0.7    | 0.0                   |
|              | 15yrs     | 140 | 0.0  | 86.4                   | 13.6                       | 0.0          | 0.0    | 0.0                   |
|              | 35-44yrs  | 136 | 0.0  | 84.6                   | 15.4                       | 0.0          | 0.0    | 0.0                   |
|              | 65-74yrs  | 134 | 4.5  | 65.7                   | 9.0                        | 11.9         | 2.2    | 6.7                   |
| Matale       | 5yrs      | 40  | 0.0  | 95.0                   | 2.5                        | 0.0          | 2.5    | 0.0                   |
|              | 12yrs     | 40  | 0.0  | 80.0                   | 20.0                       | 0.0          | 0.0    | 0.0                   |
|              | 15yrs     | 40  | 0.0  | 80.0                   | 20.0                       | 0.0          | 0.0    | 0.0                   |
|              | 35-44yrs  | 40  | 0.0  | 80.0                   | 20.0                       | 0.0          | 0.0    | 0.0                   |
|              | 65-74yrs  | 39  | 5.1  | 48.7                   | 7.7                        | 10.3         | 17.9   | 10.3                  |
| Nuwara-Eliya | 5yrs      | 100 | 0.0  | 83.0                   | 12.0                       | 0.0          | 5.0    | 0.0                   |
|              | 12yrs     | 99  | 0.0  | 84.8                   | 12.1                       | 2.0          | 1.0    | 0.0                   |
|              | 15yrs     | 100 | 0.0  | 85.0                   | 14.0                       | 0.0          | 1.0    | 0.0                   |
|              | 35-44yrs  | 99  | 0.0  | 73.7                   | 15.2                       | 6.1          | 5.1    | 0.0                   |
|              | 65-74yrs  | 98  | 6.1  | 45.9                   | 10.2                       | 26.5         | 4.1    | 7.1                   |
| Galle        | 5yrs      | 98  | 1.0  | 69.4                   | 17.3                       | 2.0          | 10.2   | 0.0                   |
|              | 12yrs     | 99  | 0.0  | 86.9                   | 13.1                       | 0.0          | 0.0    | 0.0                   |
|              | 15yrs     | 100 | 0.0  | 82.0                   | 18.0                       | 0.0          | 0.0    | 0.0                   |
|              | 35-44yrs  | 99  | 0.0  | 77.8                   | 19.2                       | 0.0          | 2.0    | 1.0                   |
|              | 65-74yrs  | 100 | 10.0 | 55.0                   | 12.0                       | 8.0          | 8.0    | 7.0                   |
| Matara       | 5yrs      | 79  | 0.0  | 88.6                   | 3.8                        | 0.0          | 7.6    | 0.0                   |
|              | 12yrs     | 80  | 0.0  | 90.0                   | 10.0                       | 0.0          | 0.0    | 0.0                   |
|              | 15yrs     | 80  | 1.3  | 88.8                   | 10.0                       | 0.0          | 0.0    | 0.0                   |
|              | 35-44yrs  | 79  | 0.0  | 84.8                   | 10.1                       | 0.0          | 5.1    | 0.0                   |
|              | 65-74yrs  | 79  | 5.1  | 70.9                   | 10.1                       | 6.3          | 2.5    | 5.1                   |
| Hambantota   | 5yrs      | 60  | 0.0  | 78.3                   | 16.7                       | 1.7          | 3.3    | 0.0                   |
|              | 12yrs     | 60  | 0.0  | 75.0                   | 25.0                       | 0.0          | 0.0    | 0.0                   |
|              | 15yrs     | 60  | 0.0  | 80.0                   | 20.0                       | 0.0          | 0.0    | 0.0                   |
|              | 35-44yrs  | 59  | 0.0  | 76.3                   | 22.0                       | 1.7          | 0.0    | 0.0                   |
|              | 65-74yrs  | 60  | 6.7  | 55.0                   | 10.0                       | 13.3         | 6.7    | 8.3                   |
| Jaffna       | 5yrs      | 60  | 0.0  | 63.3                   | 0.0                        | 35.0         | 1.7    | 0.0                   |
|              | 12yrs     | 60  | 0.0  | 66.7                   | 3.3                        | 28.3         | 0.0    | 1.7                   |
|              | 15yrs     | 60  | 0.0  | 68.3                   | 5.0                        | 26.7         | 0.0    | 0.0                   |
|              | 35-44yrs  | 60  | 0.0  | 46.7                   | 3.3                        | 45.0         | 3.3    | 1.7                   |
|              | 65-74yrs  | 59  | 1.7  | 35.6                   | 3.4                        | 54.2         | 3.4    | 1.7                   |
| Kilinochchi  | 5yrs      | 20  | 0.0  | 85.0                   | 5.0                        | 10.0         | 0.0    | 0.0                   |
|              | 12yrs     | 20  | 0.0  | 100.0                  | 0.0                        | 0.0          | 0.0    | 0.0                   |
|              | 15yrs     | 20  | 0.0  | 100.0                  | 0.0                        | 0.0          | 0.0    | 0.0                   |
|              | 35-44yrs  | 20  | 0.0  | 85.0                   | 0.0                        | 15.0         | 0.0    | 0.0                   |
|              | 65-74yrs  | 20  | 0.0  | 70.0                   | 0.0                        | 30.0         | 0.0    | 0.0                   |
| Mannar       | 5yrs      | 20  | 0.0  | 95.0                   | 0.0                        | 5.0          | 0.0    | 0.0                   |
|              | 12yrs     | 21  | 0.0  | 90.5                   | 4.8                        | 4.8          | 0.0    | 0.0                   |
|              | 15yrs     | 20  | 0.0  | 100.0                  | 0.0                        | 0.0          | 0.0    | 0.0                   |
|              | 35-44yrs  | 20  | 0.0  | 95.0                   | 0.0                        | 5.0          | 0.0    | 0.0                   |
|              | 65-74yrs  | 20  | 0.0  | 40.0                   | 5.0                        | 50.0         | 0.0    | 5.0                   |
| Mullaitivu   | 5yrs      | 20  | 0.0  | 70.0                   | 0.0                        | 30.0         | 0.0    | 0.0                   |
|              | 12yrs     | 20  | 0.0  | 75.0                   | 0.0                        | 25.0         | 0.0    | 0.0                   |
|              | 15yrs     | 20  | 0.0  | 90.0                   | 5.0                        | 5.0          | 0.0    | 0.0                   |
|              | 35-44yrs  | 21  | 0.0  | 81.0                   | 0.0                        | 9.5          | 9.5    | 0.0                   |
|              | 65-74yrs  | 20  | 15.0 | 20.0                   | 0.0                        | 55.0         | 10.0   | 0.0                   |

Table 6.3: Percentage distribution of participants according to the type of ingredients used for tooth cleaning (contd.)

| District     | Age group | N   | None | Fluoridated toothpaste | Non-fluoridated toothpaste | Tooth powder | Other* | Not recorded /Missing |
|--------------|-----------|-----|------|------------------------|----------------------------|--------------|--------|-----------------------|
| Vavuniya     | 5yrs      | 20  | 0.0  | 95.0                   | 0.0                        | 0.0          | 5.0    | 0.0                   |
|              | 12yrs     | 20  | 0.0  | 85.0                   | 5.0                        | 5.0          | 5.0    | 0.0                   |
|              | 15yrs     | 20  | 0.0  | 90.0                   | 10.0                       | 0.0          | 0.0    | 0.0                   |
|              | 35-44yrs  | 20  | 0.0  | 100.0                  | 0.0                        | 0.0          | 0.0    | 0.0                   |
|              | 65-74yrs  | 19  | 0.0  | 47.4                   | 0.0                        | 42.1         | 0.0    | 10.5                  |
| Batticaloa   | 5yrs      | 60  | 1.7  | 73.3                   | 16.7                       | 3.3          | 0.0    | 5.0                   |
|              | 12yrs     | 60  | 0.0  | 95.0                   | 3.3                        | 1.7          | 0.0    | 0.0                   |
|              | 15yrs     | 60  | 0.0  | 93.3                   | 6.7                        | 0.0          | 0.0    | 0.0                   |
|              | 35-44yrs  | 60  | 0.0  | 88.3                   | 6.7                        | 5.0          | 0.0    | 0.0                   |
|              | 65-74yrs  | 58  | 10.3 | 41.4                   | 5.2                        | 41.4         | 1.7    | 0.0                   |
| Ampara       | 5yrs      | 100 | 0.0  | 54.0                   | 17.0                       | 7.0          | 2.0    | 20.0                  |
|              | 12yrs     | 99  | 0.0  | 74.7                   | 20.2                       | 4.0          | 1.0    | 0.0                   |
|              | 15yrs     | 100 | 0.0  | 80.0                   | 19.0                       | 1.0          | 0.0    | 0.0                   |
|              | 35-44yrs  | 97  | 0.0  | 75.3                   | 21.6                       | 3.1          | 0.0    | 0.0                   |
|              | 65-74yrs  | 95  | 5.3  | 63.2                   | 8.4                        | 14.7         | 4.2    | 4.2                   |
| Trincomalee  | 5yrs      | 40  | 0.0  | 85.0                   | 2.5                        | 12.5         | 0.0    | 0.0                   |
|              | 12yrs     | 39  | 0.0  | 87.2                   | 0.0                        | 12.8         | 0.0    | 0.0                   |
|              | 15yrs     | 40  | 0.0  | 85.0                   | 0.0                        | 15.0         | 0.0    | 0.0                   |
|              | 35-44yrs  | 40  | 0.0  | 92.5                   | 2.5                        | 2.5          | 2.5    | 0.0                   |
|              | 65-74yrs  | 39  | 0.0  | 59.0                   | 2.6                        | 33.3         | 0.0    | 5.1                   |
| Kurunegala   | 5yrs      | 160 | 0.0  | 74.4                   | 8.8                        | 1.3          | 15.6   | 0.0                   |
|              | 12yrs     | 160 | 0.0  | 76.3                   | 23.1                       | 0.0          | 0.6    | 0.0                   |
|              | 15yrs     | 160 | 0.0  | 80.6                   | 19.4                       | 0.0          | 0.0    | 0.0                   |
|              | 35-44yrs  | 159 | 0.0  | 83.6                   | 13.2                       | 0.6          | 1.9    | 0.6                   |
|              | 65-74yrs  | 160 | 5.0  | 61.3                   | 15.0                       | 5.6          | 10.6   | 2.5                   |
| Puttalam     | 5yrs      | 60  | 0.0  | 85.0                   | 11.7                       | 1.7          | 1.7    | 0.0                   |
|              | 12yrs     | 60  | 0.0  | 75.0                   | 18.3                       | 3.3          | 3.3    | 0.0                   |
|              | 15yrs     | 60  | 0.0  | 73.3                   | 25.0                       | 0.0          | 1.7    | 0.0                   |
|              | 35-44yrs  | 60  | 0.0  | 76.7                   | 21.7                       | 0.0          | 1.7    | 0.0                   |
|              | 65-74yrs  | 60  | 5.0  | 56.7                   | 23.3                       | 10.0         | 5.0    | 0.0                   |
| Anuradhapura | 5yrs      | 100 | 0.0  | 75.0                   | 20.0                       | 1.0          | 4.0    | 0.0                   |
|              | 12yrs     | 100 | 0.0  | 69.0                   | 31.0                       | 0.0          | 0.0    | 0.0                   |
|              | 15yrs     | 100 | 0.0  | 69.0                   | 30.0                       | 1.0          | 0.0    | 0.0                   |
|              | 35-44yrs  | 99  | 0.0  | 59.6                   | 37.4                       | 2.0          | 1.0    | 0.0                   |
|              | 65-74yrs  | 97  | 5.2  | 49.5                   | 16.5                       | 13.4         | 13.4   | 2.1                   |
| Polonnaruwa  | 5yrs      | 60  | 1.7  | 65.0                   | 13.3                       | 3.3          | 16.7   | 0.0                   |
|              | 12yrs     | 60  | 0.0  | 70.0                   | 30.0                       | 0.0          | 0.0    | 0.0                   |
|              | 15yrs     | 60  | 0.0  | 75.0                   | 25.0                       | 0.0          | 0.0    | 0.0                   |
|              | 35-44yrs  | 60  | 0.0  | 61.7                   | 38.3                       | 0.0          | 0.0    | 0.0                   |
|              | 65-74yrs  | 59  | 1.7  | 52.5                   | 23.7                       | 13.6         | 5.1    | 3.4                   |
| Badulla      | 5yrs      | 78  | 0.0  | 67.9                   | 15.4                       | 2.6          | 12.8   | 1.3                   |
|              | 12yrs     | 80  | 0.0  | 76.3                   | 22.5                       | 1.3          | 0.0    | 0.0                   |
|              | 15yrs     | 80  | 0.0  | 90.0                   | 10.0                       | 0.0          | 0.0    | 0.0                   |
|              | 35-44yrs  | 80  | 1.3  | 86.3                   | 8.8                        | 1.3          | 2.5    | 0.0                   |
|              | 65-74yrs  | 74  | 8.1  | 47.3                   | 14.9                       | 10.8         | 10.8   | 8.1                   |
| Monaragala   | 5yrs      | 60  | 0.0  | 81.7                   | 15.0                       | 0.0          | 0.0    | 3.3                   |
|              | 12yrs     | 60  | 1.7  | 80.0                   | 18.3                       | 0.0          | 0.0    | 0.0                   |
|              | 15yrs     | 60  | 0.0  | 81.7                   | 18.3                       | 0.0          | 0.0    | 0.0                   |
|              | 35-44yrs  | 60  | 0.0  | 85.0                   | 11.7                       | 3.3          | 0.0    | 0.0                   |
|              | 65-74yrs  | 60  | 1.7  | 71.7                   | 6.7                        | 1.7          | 6.7    | 11.7                  |
| Ratnapura    | 5yrs      | 80  | 0.0  | 73.8                   | 7.5                        | 1.3          | 17.5   | 0.0                   |
|              | 12yrs     | 80  | 0.0  | 78.8                   | 20.0                       | 0.0          | 1.3    | 0.0                   |
|              | 15yrs     | 80  | 0.0  | 75.0                   | 25.0                       | 0.0          | 0.0    | 0.0                   |
|              | 35-44yrs  | 80  | 0.0  | 71.3                   | 23.8                       | 3.8          | 1.3    | 0.0                   |
|              | 65-74yrs  | 78  | 10.3 | 51.3                   | 15.4                       | 16.7         | 6.4    | 0.0                   |
| Kegalle      | 5yrs      | 80  | 6.3  | 62.5                   | 3.8                        | 1.3          | 26.3   | 0.0                   |
|              | 12yrs     | 80  | 0.0  | 87.5                   | 11.3                       | 0.0          | 1.3    | 0.0                   |
|              | 15yrs     | 80  | 1.3  | 77.5                   | 21.3                       | 0.0          | 0.0    | 0.0                   |
|              | 35-44yrs  | 79  | 0.0  | 81.0                   | 16.5                       | 2.5          | 0.0    | 0.0                   |
|              | 65-74yrs  | 76  | 3.9  | 67.1                   | 6.6                        | 11.8         | 2.6    | 7.9                   |

Table 6.4: Distribution of participants according to the mean and the total number of teeth

| District     | Age group | N   | Mean number of teeth |           |             | Percentage of participants with |             |            |                       |
|--------------|-----------|-----|----------------------|-----------|-------------|---------------------------------|-------------|------------|-----------------------|
|              |           |     | Deciduous            | Permanent | Total teeth | >20 teeth                       | 11-20 teeth | 1-10 teeth | No teeth (edentulous) |
| Colombo      | 5yrs      | 180 | 19.3                 | 1.7       | 21.0        | 44.4                            | 55.0        | 0.6        | 0.0                   |
|              | 12yrs     | 179 | 0.4                  | 26.8      | 27.2        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 15yrs     | 180 | 0.0                  | 28.0      | 28.0        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 35-44yrs  | 178 | 0.0                  | 27.1      | 27.1        | 93.8                            | 5.6         | 0.6        | 0.0                   |
|              | 65-74yrs  | 176 | 0.0                  | 14.9      | 14.9        | 32.4                            | 35.8        | 23.3       | 8.5                   |
| Gampaha      | 5yrs      | 180 | 19.0                 | 2.3       | 21.4        | 51.7                            | 48.3        | 0.0        | 0.0                   |
|              | 12yrs     | 180 | 0.7                  | 26.1      | 26.8        | 99.4                            | 0.6         | 0.0        | 0.0                   |
|              | 15yrs     | 181 | 0.0                  | 27.9      | 27.9        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 35-44yrs  | 177 | 0.0                  | 26.8      | 26.8        | 94.4                            | 5.6         | 0.0        | 0.0                   |
|              | 65-74yrs  | 179 | 0.0                  | 14.1      | 14.1        | 29.1                            | 34.1        | 22.9       | 14.0                  |
| Kalutara     | 5yrs      | 100 | 19.4                 | 1.6       | 21.0        | 39.0                            | 61.0        | 0.0        | 0.0                   |
|              | 12yrs     | 100 | 0.4                  | 26.7      | 27.2        | 99.0                            | 1.0         | 0.0        | 0.0                   |
|              | 15yrs     | 102 | 0.1                  | 27.9      | 28.0        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 35-44yrs  | 100 | 0.0                  | 26.4      | 26.4        | 91.0                            | 9.0         | 0.0        | 0.0                   |
|              | 65-74yrs  | 100 | 0.0                  | 13.5      | 13.5        | 26.0                            | 32.0        | 35.0       | 7.0                   |
| Kandy        | 5yrs      | 140 | 19.6                 | 1.2       | 20.8        | 32.9                            | 67.1        | 0.0        | 0.0                   |
|              | 12yrs     | 140 | 1.1                  | 25.5      | 26.6        | 98.6                            | 1.4         | 0.0        | 0.0                   |
|              | 15yrs     | 140 | 0.0                  | 28.1      | 28.1        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 35-44yrs  | 136 | 0.0                  | 27.4      | 27.4        | 91.2                            | 7.4         | 1.5        | 0.0                   |
|              | 65-74yrs  | 134 | 0.0                  | 14.7      | 14.7        | 37.3                            | 21.6        | 26.9       | 14.2                  |
| Matale       | 5yrs      | 40  | 19.3                 | 1.6       | 20.9        | 35.0                            | 65.0        | 0.0        | 0.0                   |
|              | 12yrs     | 40  | 1.8                  | 24.5      | 26.4        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 15yrs     | 40  | 0.0                  | 28.0      | 28.0        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 35-44yrs  | 40  | 0.0                  | 28.0      | 28.0        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 65-74yrs  | 39  | 0.0                  | 15.3      | 15.3        | 33.3                            | 33.3        | 25.6       | 7.7                   |
| Nuwara-Eliya | 5yrs      | 100 | 19.8                 | 0.9       | 20.7        | 26.0                            | 74.0        | 0.0        | 0.0                   |
|              | 12yrs     | 99  | 1.8                  | 24.4      | 26.2        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 15yrs     | 100 | 0.0                  | 28.0      | 28.0        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 35-44yrs  | 99  | 0.0                  | 27.5      | 27.5        | 96.0                            | 4.0         | 0.0        | 0.0                   |
|              | 65-74yrs  | 98  | 0.0                  | 13.7      | 13.7        | 33.7                            | 25.5        | 25.5       | 15.3                  |
| Galle        | 5yrs      | 98  | 19.3                 | 1.6       | 20.9        | 37.8                            | 62.2        | 0.0        | 0.0                   |
|              | 12yrs     | 99  | 0.4                  | 26.7      | 27.1        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 15yrs     | 100 | 0.0                  | 27.8      | 27.9        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 35-44yrs  | 99  | 0.0                  | 26.2      | 26.2        | 89.9                            | 9.1         | 1.0        | 0.0                   |
|              | 65-74yrs  | 100 | 0.0                  | 12.5      | 12.5        | 27.0                            | 29.0        | 27.0       | 17.0                  |
| Matara       | 5yrs      | 79  | 19.4                 | 1.5       | 20.9        | 34.2                            | 65.8        | 0.0        | 0.0                   |
|              | 12yrs     | 80  | 0.4                  | 26.8      | 27.2        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 15yrs     | 80  | 0.0                  | 27.9      | 27.9        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 35-44yrs  | 79  | 0.0                  | 27.3      | 27.3        | 89.9                            | 10.1        | 0.0        | 0.0                   |
|              | 65-74yrs  | 79  | 0.0                  | 16.9      | 16.9        | 48.1                            | 19.0        | 20.3       | 12.7                  |
| Hambantota   | 5yrs      | 60  | 19.5                 | 1.3       | 20.8        | 30.0                            | 70.0        | 0.0        | 0.0                   |
|              | 12yrs     | 60  | 0.5                  | 26.6      | 27.1        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 15yrs     | 60  | 0.0                  | 28.0      | 28.1        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 35-44yrs  | 59  | 0.0                  | 29.0      | 29.0        | 98.3                            | 1.7         | 0.0        | 0.0                   |
|              | 65-74yrs  | 60  | 0.0                  | 17.6      | 17.6        | 51.7                            | 18.3        | 16.7       | 13.3                  |
| Jaffna       | 5yrs      | 60  | 19.7                 | 1.3       | 20.9        | 30.0                            | 70.0        | 0.0        | 0.0                   |
|              | 12yrs     | 60  | 0.6                  | 26.2      | 26.8        | 98.3                            | 1.7         | 0.0        | 0.0                   |
|              | 15yrs     | 60  | 0.1                  | 27.6      | 27.7        | 98.3                            | 0.0         | 1.7        | 0.0                   |
|              | 35-44yrs  | 60  | 0.0                  | 28.8      | 28.8        | 96.7                            | 3.3         | 0.0        | 0.0                   |
|              | 65-74yrs  | 59  | 0.0                  | 20.1      | 20.1        | 57.6                            | 23.7        | 11.9       | 6.8                   |
| Kilinochchi  | 5yrs      | 20  | 19.6                 | 1.4       | 21.0        | 25.0                            | 75.0        | 0.0        | 0.0                   |
|              | 12yrs     | 20  | 0.3                  | 26.8      | 27.1        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 15yrs     | 20  | 0.0                  | 27.7      | 27.7        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 35-44yrs  | 20  | 0.0                  | 28.7      | 28.7        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 65-74yrs  | 20  | 0.0                  | 19.1      | 19.1        | 50.0                            | 30.0        | 20.0       | 0.0                   |
| Mannar       | 5yrs      | 20  | 19.7                 | 1.9       | 21.6        | 75.0                            | 25.0        | 0.0        | 0.0                   |
|              | 12yrs     | 21  | 0.7                  | 25.7      | 26.3        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 15yrs     | 20  | 0.0                  | 28.2      | 28.2        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 35-44yrs  | 20  | 0.1                  | 28.7      | 28.7        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 65-74yrs  | 20  | 0.0                  | 18.8      | 18.8        | 50.0                            | 30.0        | 15.0       | 5.0                   |
| Mullaitivu   | 5yrs      | 20  | 20.0                 | 0.0       | 20.0        | 0.0                             | 100.0       | 0.0        | 0.0                   |
|              | 12yrs     | 20  | 0.5                  | 26.9      | 27.4        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 15yrs     | 20  | 0.0                  | 28.0      | 28.0        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 35-44yrs  | 21  | 0.0                  | 29.2      | 29.2        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 65-74yrs  | 20  | 0.0                  | 13.3      | 13.3        | 30.0                            | 25.0        | 30.0       | 15.0                  |

Table 6.4 : Distribution of participants according to the mean and the total number of teeth (contd.)

| District     | Age group | N   | Mean number of teeth |           |             | Percentage of participants with |             |            |                       |
|--------------|-----------|-----|----------------------|-----------|-------------|---------------------------------|-------------|------------|-----------------------|
|              |           |     | Deciduous            | Permanent | Total teeth | >20 teeth                       | 11-20 teeth | 1-10 teeth | No teeth (edentulous) |
| Vavuniya     | 5yrs      | 20  | 19.9                 | 0.5       | 20.4        | 20.0                            | 80.0        | 0.0        | 0.0                   |
|              | 12yrs     | 20  | 0.6                  | 26.3      | 26.9        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 15yrs     | 20  | 0.1                  | 27.9      | 27.9        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 35-44yrs  | 20  | 0.0                  | 26.5      | 26.5        | 80.0                            | 15.0        | 5.0        | 0.0                   |
|              | 65-74yrs  | 19  | 0.0                  | 20.9      | 20.9        | 63.2                            | 15.8        | 10.5       | 10.5                  |
| Batticaloa   | 5yrs      | 60  | 19.2                 | 2.4       | 21.6        | 50.0                            | 50.0        | 0.0        | 0.0                   |
|              | 12yrs     | 60  | 0.5                  | 26.5      | 27.0        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 15yrs     | 60  | 0.0                  | 27.7      | 27.7        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 35-44yrs  | 60  | 0.0                  | 24.5      | 24.5        | 81.7                            | 16.7        | 1.7        | 0.0                   |
|              | 65-74yrs  | 58  | 0.0                  | 14.4      | 14.4        | 32.8                            | 22.4        | 39.7       | 5.2                   |
| Ampara       | 5yrs      | 100 | 19.0                 | 2.5       | 21.5        | 53.0                            | 47.0        | 0.0        | 0.0                   |
|              | 12yrs     | 99  | 1.0                  | 25.1      | 26.1        | 99.0                            | 1.0         | 0.0        | 0.0                   |
|              | 15yrs     | 100 | 0.0                  | 28.1      | 28.1        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 35-44yrs  | 97  | 0.0                  | 28.2      | 28.2        | 99.0                            | 1.0         | 0.0        | 0.0                   |
|              | 65-74yrs  | 95  | 0.0                  | 13.4      | 13.4        | 32.6                            | 23.2        | 31.6       | 12.6                  |
| Trincomalee  | 5yrs      | 40  | 19.4                 | 2.6       | 22.0        | 57.5                            | 42.5        | 0.0        | 0.0                   |
|              | 12yrs     | 39  | 1.2                  | 25.0      | 26.3        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 15yrs     | 40  | 0.0                  | 27.9      | 27.9        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 35-44yrs  | 40  | 0.0                  | 27.1      | 27.1        | 87.5                            | 12.5        | 0.0        | 0.0                   |
|              | 65-74yrs  | 39  | 0.0                  | 15.0      | 15.0        | 33.3                            | 41.0        | 23.1       | 2.6                   |
| Kurunegala   | 5yrs      | 160 | 19.6                 | 1.4       | 20.9        | 33.8                            | 66.3        | 0.0        | 0.0                   |
|              | 12yrs     | 160 | 0.7                  | 25.7      | 26.4        | 98.8                            | 1.3         | 0.0        | 0.0                   |
|              | 15yrs     | 160 | 0.0                  | 28.0      | 28.0        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 35-44yrs  | 159 | 0.0                  | 28.1      | 28.2        | 97.5                            | 2.5         | 0.0        | 0.0                   |
|              | 65-74yrs  | 160 | 0.0                  | 16.9      | 16.9        | 40.6                            | 29.4        | 23.1       | 6.9                   |
| Puttalam     | 5yrs      | 60  | 19.3                 | 1.8       | 21.1        | 41.7                            | 58.3        | 0.0        | 0.0                   |
|              | 12yrs     | 60  | 0.4                  | 26.2      | 26.6        | 96.7                            | 3.3         | 0.0        | 0.0                   |
|              | 15yrs     | 60  | 0.0                  | 28.0      | 28.0        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 35-44yrs  | 60  | 0.0                  | 27.1      | 27.1        | 96.7                            | 3.3         | 0.0        | 0.0                   |
|              | 65-74yrs  | 60  | 0.0                  | 16.1      | 16.1        | 33.3                            | 35.0        | 26.7       | 5.0                   |
| Anuradhapura | 5yrs      | 100 | 19.5                 | 1.7       | 21.1        | 41.0                            | 59.0        | 0.0        | 0.0                   |
|              | 12yrs     | 100 | 0.5                  | 26.6      | 27.1        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 15yrs     | 100 | 0.0                  | 28.0      | 28.0        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 35-44yrs  | 99  | 0.0                  | 29.1      | 29.1        | 98.0                            | 2.0         | 0.0        | 0.0                   |
|              | 65-74yrs  | 97  | 0.0                  | 15.8      | 15.8        | 41.2                            | 20.6        | 26.8       | 11.3                  |
| Polonnaruwa  | 5yrs      | 60  | 19.7                 | 0.9       | 20.6        | 23.3                            | 76.7        | 0.0        | 0.0                   |
|              | 12yrs     | 60  | 0.8                  | 26.4      | 27.2        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 15yrs     | 60  | 0.0                  | 28.0      | 28.0        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 35-44yrs  | 60  | 0.0                  | 28.6      | 28.6        | 98.3                            | 1.7         | 0.0        | 0.0                   |
|              | 65-74yrs  | 59  | 0.0                  | 18.1      | 18.1        | 44.1                            | 33.9        | 15.3       | 6.8                   |
| Badulla      | 5yrs      | 78  | 19.1                 | 2.3       | 21.4        | 46.2                            | 53.8        | 0.0        | 0.0                   |
|              | 12yrs     | 80  | 0.7                  | 26.2      | 26.9        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 15yrs     | 80  | 0.0                  | 27.9      | 27.9        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 35-44yrs  | 80  | 0.0                  | 27.5      | 27.5        | 95.0                            | 5.0         | 0.0        | 0.0                   |
|              | 65-74yrs  | 74  | 0.0                  | 13.5      | 13.5        | 33.8                            | 17.6        | 27.0       | 21.6                  |
| Monaragala   | 5yrs      | 60  | 19.3                 | 1.7       | 21.0        | 38.3                            | 61.7        | 0.0        | 0.0                   |
|              | 12yrs     | 60  | 0.4                  | 26.4      | 26.7        | 98.3                            | 1.7         | 0.0        | 0.0                   |
|              | 15yrs     | 60  | 0.1                  | 27.9      | 28.0        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 35-44yrs  | 60  | 0.0                  | 27.0      | 27.0        | 91.7                            | 6.7         | 0.0        | 0.0                   |
|              | 65-74yrs  | 60  | 0.0                  | 16.9      | 16.9        | 55.0                            | 6.7         | 18.3       | 20.0                  |
| Ratnapura    | 5yrs      | 80  | 19.2                 | 2.2       | 21.4        | 50.0                            | 50.0        | 0.0        | 0.0                   |
|              | 12yrs     | 80  | 1.1                  | 25.4      | 26.5        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 15yrs     | 80  | 0.1                  | 27.9      | 28.0        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 35-44yrs  | 80  | 0.0                  | 27.2      | 27.2        | 91.3                            | 8.8         | 0.0        | 0.0                   |
|              | 65-74yrs  | 78  | 0.0                  | 15.6      | 15.6        | 38.5                            | 28.2        | 19.2       | 14.1                  |
| Kegalle      | 5yrs      | 80  | 19.6                 | 1.2       | 20.8        | 32.5                            | 67.5        | 0.0        | 0.0                   |
|              | 12yrs     | 80  | 0.5                  | 26.5      | 27.1        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 15yrs     | 80  | 0.0                  | 28.0      | 28.0        | 100.0                           | 0.0         | 0.0        | 0.0                   |
|              | 35-44yrs  | 79  | 0.0                  | 27.8      | 27.8        | 98.7                            | 1.3         | 0.0        | 0.0                   |
|              | 65-74yrs  | 76  | 0.0                  | 14.2      | 14.2        | 30.3                            | 30.3        | 28.9       | 10.5                  |

Table 6.5: Percentage distribution of participants according to the prevalence of dental caries

| District     | Age group | N   |        | Caries | Active caries | Missing teeth | Filled teeth | Root caries |
|--------------|-----------|-----|--------|--------|---------------|---------------|--------------|-------------|
| Colombo      | 5yrs      | 180 | Deci*  | 60.0   | 57.2          | 3.9           | 13.3         | -           |
|              |           |     | Perm** | 6.7    | 6.7           | 0.0           | 0.0          | -           |
|              | 12yrs     | 179 |        | 32.4   | 25.7          | 4.5           | 11.7         | -           |
|              | 15yrs     | 180 |        | 36.1   | 26.1          | 4.4           | 16.1         | 0.6         |
|              | 35-44yrs  | 178 |        | 93.8   | 68.0          | 84.8          | 34.3         | 5.6         |
| 65-74yrs     | 176       |     | 99.4   | 48.9   | 98.9          | 11.9          | 9.7          |             |
| Gampaha      | 5yrs      | 180 | Deci*  | 64.4   | 62.2          | 6.1           | 10.6         | -           |
|              |           |     | Perm** | 2.2    | 2.2           | 0.0           | 0.0          | -           |
|              | 12yrs     | 180 |        | 34.4   | 27.8          | 3.3           | 10.6         | -           |
|              | 15yrs     | 181 |        | 44.8   | 37.6          | 7.7           | 12.7         | 1.1         |
|              | 35-44yrs  | 177 |        | 95.5   | 67.8          | 91.5          | 20.9         | 2.8         |
| 65-74yrs     | 179       |     | 100.0  | 59.2   | 100.0         | 5.6           | 8.4          |             |
| Kalutara     | 5yrs      | 100 | Deci*  | 53.0   | 50.0          | 3.0           | 23.0         | -           |
|              |           |     | Perm** | 1.0    | 1.0           | 0.0           | 0.0          | -           |
|              | 12yrs     | 100 |        | 44.0   | 35.0          | 5.0           | 17.0         | -           |
|              | 15yrs     | 102 |        | 51.0   | 48.0          | 10.8          | 12.7         | 0.0         |
|              | 35-44yrs  | 100 |        | 97.0   | 68.0          | 93.0          | 29.0         | 0.0         |
| 65-74yrs     | 100       |     | 100.0  | 56.0   | 99.0          | 4.0           | 12.0         |             |
| Kandy        | 5yrs      | 140 | Deci*  | 65.0   | 65.0          | 0.0           | 8.6          | -           |
|              |           |     | Perm** | 0.0    | 0.0           | 0.0           | 0.0          | -           |
|              | 12yrs     | 140 |        | 35.0   | 30.0          | 3.6           | 10.7         | -           |
|              | 15yrs     | 140 |        | 49.3   | 41.4          | 4.3           | 12.9         | 0.0         |
|              | 35-44yrs  | 136 |        | 94.9   | 58.1          | 80.9          | 34.6         | 4.4         |
| 65-74yrs     | 134       |     | 99.3   | 42.5   | 98.5          | 9.7           | 9.0          |             |
| Matale       | 5yrs      | 40  | Deci*  | 70.0   | 65.0          | 5.0           | 22.5         | -           |
|              |           |     | Perm** | 5.0    | 5.0           | 0.0           | 0.0          | -           |
|              | 12yrs     | 40  |        | 27.5   | 22.5          | 0.0           | 7.5          | -           |
|              | 15yrs     | 40  |        | 32.5   | 27.5          | 5.0           | 15.0         | 0.0         |
|              | 35-44yrs  | 40  |        | 95.0   | 67.5          | 82.5          | 42.5         | 2.5         |
| 65-74yrs     | 39        |     | 97.4   | 69.2   | 97.4          | 2.6           | 0.0          |             |
| Nuwara-Eliya | 5yrs      | 100 | Deci*  | 70.0   | 67.0          | 3.0           | 6.0          | -           |
|              |           |     | Perm** | 1.0    | 1.0           | 0.0           | 0.0          | -           |
|              | 12yrs     | 99  |        | 27.3   | 25.3          | 0.0           | 3.0          | -           |
|              | 15yrs     | 100 |        | 47.0   | 42.0          | 3.0           | 9.0          | 0.0         |
|              | 35-44yrs  | 99  |        | 94.9   | 75.8          | 83.8          | 14.1         | 2.0         |
| 65-74yrs     | 98        |     | 100.0  | 57.1   | 100.0         | 3.1           | 3.1          |             |
| Galle        | 5yrs      | 98  | Deci*  | 63.3   | 62.2          | 9.2           | 8.2          | -           |
|              |           |     | Perm** | 1.0    | 1.0           | 0.0           | 0.0          | -           |
|              | 12yrs     | 99  |        | 32.3   | 21.2          | 5.1           | 13.1         | -           |
|              | 15yrs     | 100 |        | 44.0   | 41.0          | 10.0          | 6.0          | 0.0         |
|              | 35-44yrs  | 99  |        | 93.9   | 63.6          | 86.9          | 26.3         | 3.0         |
| 65-74yrs     | 100       |     | 99.0   | 48.0   | 99.0          | 5.0           | 15.0         |             |
| Matara       | 5yrs      | 79  | Deci*  | 74.7   | 72.2          | 2.5           | 10.1         | -           |
|              |           |     | Perm** | 1.3    | 1.3           | 0.0           | 0.0          | -           |
|              | 12yrs     | 80  |        | 40.0   | 27.5          | 3.8           | 21.3         | -           |
|              | 15yrs     | 80  |        | 53.8   | 45.0          | 10.0          | 16.3         | 0.0         |
|              | 35-44yrs  | 79  |        | 89.9   | 68.4          | 82.3          | 32.9         | 5.1         |
| 65-74yrs     | 79        |     | 97.5   | 59.5   | 93.7          | 0.0           | 12.7         |             |
| Hambantota   | 5yrs      | 60  | Deci*  | 60.0   | 56.7          | 5.0           | 11.7         | -           |
|              |           |     | Perm** | 0.0    | 0.0           | 0.0           | 0.0          | -           |
|              | 12yrs     | 60  |        | 20.0   | 15.0          | 3.3           | 1.7          | -           |
|              | 15yrs     | 60  |        | 31.7   | 30.0          | 1.7           | 1.7          | 0.0         |
|              | 35-44yrs  | 59  |        | 86.4   | 55.9          | 72.9          | 25.4         | 3.4         |
| 65-74yrs     | 60        |     | 96.7   | 35.0   | 96.7          | 1.7           | 8.3          |             |
| Jaffna       | 5yrs      | 60  | Deci*  | 73.3   | 73.3          | 1.7           | 0.0          | -           |
|              |           |     | Perm** | 0.0    | 0.0           | 0.0           | 0.0          | -           |
|              | 12yrs     | 60  |        | 28.3   | 25.0          | 0.0           | 3.3          | -           |
|              | 15yrs     | 60  |        | 48.3   | 41.7          | 5.0           | 6.7          | 0.0         |
|              | 35-44yrs  | 60  |        | 90.0   | 70.0          | 75.0          | 1.7          | 1.7         |
| 65-74yrs     | 59        |     | 98.3   | 64.4   | 93.2          | 3.4           | 16.9         |             |
| Kilinochchi  | 5yrs      | 20  | Deci*  | 55.0   | 55.0          | 0.0           | 10.0         | -           |
|              |           |     | Perm** | 0.0    | 0.0           | 0.0           | 0.0          | -           |
|              | 12yrs     | 20  |        | 15.0   | 15.0          | 0.0           | 0.0          | -           |
|              | 15yrs     | 20  |        | 40.0   | 40.0          | 20.0          | 0.0          | 0.0         |
|              | 35-44yrs  | 20  |        | 95.0   | 55.0          | 85.0          | 15.0         | 10.0        |
| 65-74yrs     | 20        |     | 95.0   | 50.0   | 95.0          | 0.0           | 20.0         |             |
| Mannar       | 5yrs      | 20  | Deci*  | 85.0   | 85.0          | 0.0           | 0.0          | -           |
|              |           |     | Perm** | 0.0    | 0.0           | 0.0           | 0.0          | -           |
|              | 12yrs     | 21  |        | 9.5    | 9.5           | 9.5           | 0.0          | -           |
|              | 15yrs     | 20  |        | 25.0   | 25.0          | 0.0           | 0.0          | 0.0         |
|              | 35-44yrs  | 20  |        | 85.0   | 70.0          | 80.0          | 5.0          | 0.0         |
| 65-74yrs     | 20        |     | 100.0  | 75.0   | 100.0         | 0.0           | 10.0         |             |
| Mullaitivu   | 5yrs      | 20  | Deci*  | 25.0   | 25.0          | 0.0           | 0.0          | -           |
|              |           |     | Perm** | 0.0    | 0.0           | 0.0           | 0.0          | -           |
|              | 12yrs     | 20  |        | 25.0   | 20.0          | 5.0           | 5.0          | -           |
|              | 15yrs     | 20  |        | 0.0    | 0.0           | 0.0           | 0.0          | 0.0         |
|              | 35-44yrs  | 21  |        | 90.5   | 66.7          | 71.4          | 9.5          | 0.0         |
| 65-74yrs     | 20        |     | 95.0   | 40.0   | 95.0          | 0.0           | 5.0          |             |

\*Deci: Deciduous teeth; \*\*Perm: Permanent teeth



Table 6.5: Percentage distribution of participants according to the prevalence of dental caries (contd.)

| District     | Age group | N   |        | Caries | Active caries | Missing teeth | Filled teeth | Root caries |
|--------------|-----------|-----|--------|--------|---------------|---------------|--------------|-------------|
| Vavuniya     | 5yrs      | 20  | Deci*  | 55.0   | 55.0          | 0.0           | 10.0         | -           |
|              |           |     | Perm** | 0.0    | 0.0           | 0.0           | 0.0          | -           |
|              | 12yrs     | 20  |        | 20.0   | 20.0          | 0.0           | 0.0          | -           |
|              | 15yrs     | 20  |        | 30.0   | 20.0          | 10.0          | 5.0          | 0.0         |
|              | 35-44yrs  | 20  |        | 85.0   | 45.0          | 80.0          | 0.0          | 0.0         |
| 65-74yrs     | 19        |     | 94.7   | 36.8   | 94.7          | 5.3           | 0.0          |             |
| Batticaloa   | 5yrs      | 60  | Deci*  | 70.0   | 68.3          | 6.7           | 5.0          | -           |
|              |           |     | Perm** | 0.0    | 0.0           | 0.0           | 0.0          | -           |
|              | 12yrs     | 60  |        | 31.7   | 26.7          | 10.0          | 3.3          | -           |
|              | 15yrs     | 60  |        | 71.7   | 60.0          | 25.0          | 1.7          | 0.0         |
|              | 35-44yrs  | 60  |        | 90.0   | 60.0          | 90.0          | 3.3          | 1.7         |
| 65-74yrs     | 58        |     | 100.0  | 69.0   | 100.0         | 0.0           | 5.2          |             |
| Ampara       | 5yrs      | 100 | Deci*  | 71.0   | 70.0          | 9.0           | 7.0          | -           |
|              |           |     | Perm** | 1.0    | 1.0           | 0.0           | 0.0          | -           |
|              | 12yrs     | 99  |        | 29.3   | 24.2          | 5.1           | 4.0          | -           |
|              | 15yrs     | 100 |        | 43.0   | 36.0          | 14.0          | 5.0          | 0.0         |
|              | 35-44yrs  | 97  |        | 92.8   | 58.8          | 80.4          | 17.5         | 3.1         |
| 65-74yrs     | 95        |     | 100.0  | 38.9   | 100.0         | 2.1           | 3.2          |             |
| Trincomalee  | 5yrs      | 40  | Deci*  | 77.5   | 75.0          | 2.5           | 2.5          | -           |
|              |           |     | Perm** | 0.0    | 0.0           | 0.0           | 0.0          | -           |
|              | 12yrs     | 39  |        | 23.1   | 15.4          | 10.3          | 2.6          | -           |
|              | 15yrs     | 40  |        | 40.0   | 35.0          | 17.5          | 5.0          | 0.0         |
|              | 35-44yrs  | 40  |        | 95.0   | 57.5          | 87.5          | 20.0         | 7.5         |
| 65-74yrs     | 39        |     | 100.0  | 53.8   | 100.0         | 0.0           | 0.0          |             |
| Kurunegala   | 5yrs      | 160 | Deci*  | 60.6   | 57.5          | 3.8           | 15.6         | -           |
|              |           |     | Perm** | 0.6    | 0.6           | 0.0           | 0.0          | -           |
|              | 12yrs     | 160 |        | 37.5   | 26.3          | 3.1           | 15.0         | -           |
|              | 15yrs     | 160 |        | 42.5   | 34.4          | 6.3           | 10.6         | 0.0         |
|              | 35-44yrs  | 159 |        | 88.7   | 51.6          | 78.6          | 28.9         | 1.9         |
| 65-74yrs     | 160       |     | 95.0   | 54.4   | 93.1          | 8.8           | 8.1          |             |
| Puttalam     | 5yrs      | 60  | Deci*  | 61.7   | 61.7          | 3.3           | 6.7          | -           |
|              |           |     | Perm** | 5.0    | 5.0           | 0.0           | 0.0          | -           |
|              | 12yrs     | 60  |        | 31.7   | 26.7          | 1.7           | 6.7          | -           |
|              | 15yrs     | 60  |        | 40.0   | 33.3          | 8.3           | 8.3          | 0.0         |
|              | 35-44yrs  | 60  |        | 96.7   | 65.0          | 90.0          | 35.0         | 0.0         |
| 65-74yrs     | 60        |     | 98.3   | 55.0   | 98.3          | 6.7           | 0.0          |             |
| Anuradhapura | 5yrs      | 100 | Deci*  | 53.0   | 53.0          | 1.0           | 6.0          | -           |
|              |           |     | Perm** | 0.0    | 0.0           | 0.0           | 0.0          | -           |
|              | 12yrs     | 100 |        | 16.0   | 15.0          | 2.0           | 2.0          | -           |
|              | 15yrs     | 100 |        | 27.0   | 25.0          | 2.0           | 3.0          | 0.0         |
|              | 35-44yrs  | 99  |        | 84.8   | 65.7          | 62.6          | 24.2         | 7.1         |
| 65-74yrs     | 97        |     | 96.9   | 44.3   | 96.9          | 3.1           | 8.2          |             |
| Polonnaruwa  | 5yrs      | 60  | Deci*  | 48.3   | 41.7          | 1.7           | 18.3         | -           |
|              |           |     | Perm** | 1.7    | 1.7           | 0.0           | 0.0          | -           |
|              | 12yrs     | 60  |        | 28.3   | 23.3          | 1.7           | 6.7          | -           |
|              | 15yrs     | 60  |        | 26.7   | 25.0          | 3.3           | 1.7          | 0.0         |
|              | 35-44yrs  | 60  |        | 93.3   | 51.7          | 83.3          | 35.0         | 0.0         |
| 65-74yrs     | 59        |     | 100.0  | 44.1   | 98.3          | 0.0           | 3.4          |             |
| Badulla      | 5yrs      | 78  | Deci*  | 70.5   | 64.1          | 0.0           | 20.5         | -           |
|              |           |     | Perm** | 0.0    | 0.0           | 0.0           | 0.0          | -           |
|              | 12yrs     | 80  |        | 28.8   | 23.8          | 2.5           | 6.3          | -           |
|              | 15yrs     | 80  |        | 35.0   | 26.3          | 7.5           | 11.3         | 0.0         |
|              | 35-44yrs  | 80  |        | 97.5   | 72.5          | 81.3          | 16.3         | 2.5         |
| 65-74yrs     | 74        |     | 98.6   | 48.6   | 97.3          | 5.4           | 2.7          |             |
| Monaragala   | 5yrs      | 60  | Deci*  | 66.7   | 61.7          | 1.7           | 21.7         | -           |
|              |           |     | Perm** | 0.0    | 0.0           | 0.0           | 0.0          | -           |
|              | 12yrs     | 60  |        | 35.0   | 25.0          | 1.7           | 11.7         | -           |
|              | 15yrs     | 60  |        | 45.0   | 41.7          | 6.7           | 8.3          | 0.0         |
|              | 35-44yrs  | 60  |        | 90.0   | 61.7          | 83.3          | 11.7         | 3.3         |
| 65-74yrs     | 60        |     | 91.7   | 50.0   | 88.3          | 0.0           | 0.0          |             |
| Ratnapura    | 5yrs      | 80  | Deci*  | 61.3   | 60.0          | 2.5           | 11.3         | -           |
|              |           |     | Perm** | 1.3    | 1.3           | 0.0           | 0.0          | -           |
|              | 12yrs     | 80  |        | 21.3   | 20.0          | 2.5           | 1.3          | -           |
|              | 15yrs     | 80  |        | 27.5   | 25.0          | 7.5           | 1.3          | 0.0         |
|              | 35-44yrs  | 80  |        | 88.8   | 66.3          | 76.3          | 10.0         | 5.0         |
| 65-74yrs     | 78        |     | 94.9   | 43.6   | 94.9          | 5.1           | 12.8         |             |
| Kegalle      | 5yrs      | 80  | Deci*  | 53.8   | 48.8          | 3.8           | 17.5         | -           |
|              |           |     | Perm** | 1.3    | 1.3           | 0.0           | 0.0          | -           |
|              | 12yrs     | 80  |        | 23.8   | 16.3          | 0.0           | 12.5         | -           |
|              | 15yrs     | 80  |        | 46.3   | 36.3          | 7.5           | 13.8         | 0.0         |
|              | 35-44yrs  | 79  |        | 93.7   | 67.1          | 81.0          | 30.4         | 0.0         |
| 65-74yrs     | 76        |     | 100.0  | 47.4   | 100.0         | 2.6           | 1.3          |             |

\*Deci: Deciduous teeth; \*\*Perm: Permanent teeth

Table 6.6: Distribution of participants according to the severity of dental caries

| District     | Age group | N   | Total teeth<br>x̄ | Mean number of teeth with |            |            |            |              |        |        |        |        |
|--------------|-----------|-----|-------------------|---------------------------|------------|------------|------------|--------------|--------|--------|--------|--------|
|              |           |     |                   | DT                        | MT         | FT         | DMFT       | Root exposed | R-DT   | R-FT   | R-DFT  |        |
| Colombo      | 5yrs      | 180 | Deci*<br>Perm**   | 19.3<br>1.7               | 2.7<br>0.1 | 0.1<br>0.0 | 0.3<br>0.0 | 3.0<br>0.1   | -<br>- | -<br>- | -<br>- | -<br>- |
|              | 12yrs     | 179 |                   | 26.8                      | 0.6        | 0.1        | 0.2        | 0.8          | -      | -      | -      | -      |
|              | 15yrs     | 180 |                   | 28.0                      | 0.6        | 0.1        | 0.3        | 1.0          | 0.0    | 0.0    | 0.0    | 0.0    |
|              | 35-44yrs  | 178 |                   | 27.1                      | 2.1        | 4.3        | 0.8        | 7.1          | 5.2    | 0.2    | 0.0    | 0.2    |
|              | 65-74yrs  | 176 |                   | 14.9                      | 1.3        | 16.8       | 0.3        | 18.3         | 7.7    | 0.2    | 0.0    | 0.2    |
| Gampaha      | 5yrs      | 180 | Deci*<br>Perm**   | 19.0<br>2.3               | 3.2<br>0.0 | 0.1<br>0.0 | 0.2<br>0.0 | 3.4<br>0.0   | -<br>- | -<br>- | -<br>- | -<br>- |
|              | 12yrs     | 180 |                   | 26.1                      | 0.5        | 0.0        | 0.2        | 0.7          | -      | -      | -      | -      |
|              | 15yrs     | 181 |                   | 27.9                      | 0.7        | 0.1        | 0.2        | 1.1          | 0.1    | 0.0    | 0.0    | 0.0    |
|              | 35-44yrs  | 177 |                   | 26.8                      | 2.3        | 4.6        | 0.5        | 7.4          | 6.1    | 0.0    | 0.0    | 0.0    |
|              | 65-74yrs  | 179 |                   | 14.1                      | 2.0        | 17.4       | 0.1        | 19.6         | 8.6    | 0.2    | 0.0    | 0.2    |
| Kalutara     | 5yrs      | 100 | Deci*<br>Perm**   | 19.4<br>1.6               | 2.1<br>0.0 | 0.1<br>0.0 | 0.5<br>0.0 | 2.7<br>0.0   | -<br>- | -<br>- | -<br>- | -<br>- |
|              | 12yrs     | 100 |                   | 26.7                      | 0.7        | 0.1        | 0.3        | 1.0          | -      | -      | -      | -      |
|              | 15yrs     | 102 |                   | 27.9                      | 1.3        | 0.1        | 0.1        | 1.6          | 0.2    | 0.0    | 0.0    | 0.0    |
|              | 35-44yrs  | 100 |                   | 26.4                      | 2.0        | 5.1        | 0.6        | 7.7          | 5.8    | 0.0    | 0.0    | 0.0    |
|              | 65-74yrs  | 100 |                   | 13.5                      | 2.3        | 18.4       | 0.0        | 20.7         | 8.6    | 0.3    | 0.0    | 0.3    |
| Kandy        | 5yrs      | 140 | Deci*<br>Perm**   | 19.6<br>1.2               | 3.4<br>0.0 | 0.0<br>0.0 | 0.1<br>0.0 | 3.5<br>0.0   | -<br>- | -<br>- | -<br>- | -<br>- |
|              | 12yrs     | 140 |                   | 25.5                      | 0.6        | 0.0        | 0.2        | 0.8          | -      | -      | -      | -      |
|              | 15yrs     | 140 |                   | 28.1                      | 0.9        | 0.1        | 0.2        | 1.2          | 0.2    | 0.0    | 0.0    | 0.0    |
|              | 35-44yrs  | 136 |                   | 27.4                      | 1.7        | 4.0        | 0.8        | 6.5          | 1.7    | 0.1    | 0.0    | 0.1    |
|              | 65-74yrs  | 134 |                   | 14.7                      | 1.9        | 17.1       | 0.2        | 19.2         | 5.3    | 0.2    | 0.0    | 0.2    |
| Matale       | 5yrs      | 40  | Deci*<br>Perm**   | 19.3<br>1.6               | 2.3<br>0.1 | 0.2<br>0.0 | 0.4<br>0.0 | 2.9<br>0.1   | -<br>- | -<br>- | -<br>- | -<br>- |
|              | 12yrs     | 40  |                   | 24.5                      | 0.3        | 0.0        | 0.1        | 0.4          | -      | -      | -      | -      |
|              | 15yrs     | 40  |                   | 28.0                      | 0.5        | 0.1        | 0.2        | 0.8          | 0.0    | 0.0    | 0.0    | 0.0    |
|              | 35-44yrs  | 40  |                   | 28.0                      | 2.3        | 3.7        | 0.8        | 6.8          | 1.0    | 0.0    | 0.0    | 0.0    |
|              | 65-74yrs  | 39  |                   | 15.3                      | 3.3        | 16.6       | 0.0        | 19.9         | 2.6    | 0.0    | 0.0    | 0.0    |
| Nuwara-Eliya | 5yrs      | 100 | Deci*<br>Perm**   | 19.8<br>0.9               | 2.5<br>0.0 | 0.0<br>0.0 | 0.1<br>0.0 | 2.6<br>0.0   | -<br>- | -<br>- | -<br>- | -<br>- |
|              | 12yrs     | 99  |                   | 24.4                      | 0.4        | 0.0        | 0.0        | 0.5          | -      | -      | -      | -      |
|              | 15yrs     | 100 |                   | 28.0                      | 0.8        | 0.0        | 0.1        | 1.0          | 0.1    | 0.0    | 0.0    | 0.0    |
|              | 35-44yrs  | 99  |                   | 27.5                      | 2.8        | 4.1        | 0.3        | 7.1          | 0.3    | 0.0    | 0.0    | 0.0    |
|              | 65-74yrs  | 98  |                   | 13.7                      | 2.1        | 18.1       | 0.1        | 20.3         | 2.2    | 0.0    | 0.0    | 0.0    |
| Galle        | 5yrs      | 98  | Deci*<br>Perm**   | 19.3<br>1.6               | 3.3<br>0.0 | 0.2<br>0.0 | 0.2<br>0.0 | 3.7<br>0.0   | -<br>- | -<br>- | -<br>- | -<br>- |
|              | 12yrs     | 99  |                   | 26.7                      | 0.3        | 0.1        | 0.2        | 0.5          | -      | -      | -      | -      |
|              | 15yrs     | 100 |                   | 27.8                      | 0.8        | 0.2        | 0.1        | 1.1          | 0.1    | 0.0    | 0.0    | 0.0    |
|              | 35-44yrs  | 99  |                   | 26.2                      | 1.5        | 5.0        | 0.7        | 7.2          | 8.2    | 0.1    | 0.0    | 0.1    |
|              | 65-74yrs  | 100 |                   | 12.5                      | 1.5        | 19.2       | 0.2        | 20.8         | 8.1    | 0.3    | 0.0    | 0.3    |
| Matara       | 5yrs      | 79  | Deci*<br>Perm**   | 19.4<br>1.5               | 3.1<br>0.0 | 0.1<br>0.0 | 0.2<br>0.0 | 3.3<br>0.0   | -<br>- | -<br>- | -<br>- | -<br>- |
|              | 12yrs     | 80  |                   | 26.8                      | 0.5        | 0.1        | 0.3        | 0.8          | -      | -      | -      | -      |
|              | 15yrs     | 80  |                   | 27.9                      | 1.0        | 0.2        | 0.2        | 1.4          | 0.1    | 0.0    | 0.0    | 0.0    |
|              | 35-44yrs  | 79  |                   | 27.3                      | 1.9        | 4.0        | 0.6        | 6.5          | 9.5    | 0.1    | 0.0    | 0.1    |
|              | 65-74yrs  | 79  |                   | 16.9                      | 2.1        | 14.9       | 0.0        | 16.9         | 13.3   | 0.3    | 0.0    | 0.3    |
| Hambantota   | 5yrs      | 60  | Deci*<br>Perm**   | 19.5<br>1.3               | 1.9<br>0.0 | 0.1<br>0.0 | 0.3<br>0.0 | 2.2<br>0.0   | -<br>- | -<br>- | -<br>- | -<br>- |
|              | 12yrs     | 60  |                   | 26.6                      | 0.3        | 0.0        | 0.0        | 0.4          | -      | -      | -      | -      |
|              | 15yrs     | 60  |                   | 28.0                      | 0.6        | 0.0        | 0.0        | 0.7          | 0.1    | 0.0    | 0.0    | 0.0    |
|              | 35-44yrs  | 59  |                   | 29.0                      | 1.2        | 2.5        | 0.5        | 4.2          | 11.3   | 0.1    | 0.0    | 0.1    |
|              | 65-74yrs  | 60  |                   | 17.6                      | 0.7        | 14.3       | 0.0        | 15.0         | 13.6   | 0.2    | 0.0    | 0.2    |
| Jaffna       | 5yrs      | 60  | Deci*<br>Perm**   | 19.7<br>1.3               | 3.3<br>0.0 | 0.0<br>0.0 | 0.0<br>0.0 | 3.3<br>0.0   | -<br>- | -<br>- | -<br>- | -<br>- |
|              | 12yrs     | 60  |                   | 26.2                      | 0.5        | 0.0        | 0.0        | 0.5          | -      | -      | -      | -      |
|              | 15yrs     | 60  |                   | 27.6                      | 0.9        | 0.1        | 0.1        | 1.1          | 0.2    | 0.0    | 0.0    | 0.0    |
|              | 35-44yrs  | 60  |                   | 28.8                      | 3.1        | 2.7        | 0.1        | 5.9          | 17.5   | 0.0    | 0.0    | 0.0    |
|              | 65-74yrs  | 59  |                   | 20.1                      | 3.1        | 11.7       | 0.1        | 14.8         | 16.1   | 0.2    | 0.0    | 0.2    |
| Kilinochchi  | 5yrs      | 20  | Deci*<br>Perm**   | 19.6<br>1.4               | 2.9<br>0.0 | 0.0<br>0.0 | 0.1<br>0.0 | 3.0<br>0.0   | -<br>- | -<br>- | -<br>- | -<br>- |
|              | 12yrs     | 20  |                   | 26.8                      | 0.3        | 0.0        | 0.0        | 0.3          | -      | -      | -      | -      |
|              | 15yrs     | 20  |                   | 27.7                      | 0.7        | 0.3        | 0.0        | 1.0          | 0.1    | 0.0    | 0.0    | 0.0    |
|              | 35-44yrs  | 20  |                   | 28.7                      | 1.8        | 3.1        | 0.2        | 5.1          | 2.3    | 0.2    | 0.0    | 0.2    |
|              | 65-74yrs  | 20  |                   | 19.1                      | 1.7        | 12.5       | 0.0        | 14.2         | 12.3   | 0.2    | 0.0    | 0.2    |
| Mannar       | 5yrs      | 20  | Deci*<br>Perm**   | 19.7<br>1.9               | 4.5<br>0.0 | 0.0<br>0.0 | 0.0<br>0.0 | 4.5<br>0.0   | -<br>- | -<br>- | -<br>- | -<br>- |
|              | 12yrs     | 21  |                   | 25.7                      | 0.2        | 0.1        | 0.0        | 0.3          | -      | -      | -      | -      |
|              | 15yrs     | 20  |                   | 28.2                      | 0.4        | 0.0        | 0.0        | 0.4          | 0.0    | 0.0    | 0.0    | 0.0    |
|              | 35-44yrs  | 20  |                   | 28.7                      | 2.8        | 2.6        | 0.1        | 5.5          | 20.5   | 0.0    | 0.0    | 0.0    |
|              | 65-74yrs  | 20  |                   | 18.8                      | 4.8        | 13.1       | 0.0        | 17.9         | 18.7   | 0.1    | 0.0    | 0.1    |
| Mullaitivu   | 5yrs      | 20  | Deci*<br>Perm**   | 20.0<br>0.0               | 0.4<br>0.0 | 0.0<br>0.0 | 0.0<br>0.0 | 0.4<br>0.0   | -<br>- | -<br>- | -<br>- | -<br>- |
|              | 12yrs     | 20  |                   | 26.9                      | 0.2        | 0.1        | 0.1        | 0.3          | -      | -      | -      | -      |
|              | 15yrs     | 20  |                   | 28.0                      | 0.0        | 0.0        | 0.0        | 0.0          | 0.0    | 0.0    | 0.0    | 0.0    |
|              | 35-44yrs  | 21  |                   | 29.2                      | 3.0        | 2.5        | 0.1        | 5.5          | 8.4    | 0.0    | 0.0    | 0.0    |
|              | 65-74yrs  | 20  |                   | 13.3                      | 1.8        | 18.7       | 0.0        | 20.4         | 8.0    | 0.1    | 0.0    | 0.1    |

\*Deci: Deciduous teeth; \*\*Perm: Permanent teeth

Table 6.6: Distribution of participants according to the severity of dental caries (contd.)

| District     | Age group | N    |        | Total teeth<br>x̄ | Mean number of teeth with |      |      |      |              |      |      |       |
|--------------|-----------|------|--------|-------------------|---------------------------|------|------|------|--------------|------|------|-------|
|              |           |      |        |                   | DT                        | MT   | FT   | DMFT | Root exposed | R-DT | R-FT | R-DFT |
| Vavuniya     | 5yrs      | 20   | Deci*  | 19.9              | 2.4                       | 0.0  | 0.1  | 2.5  | -            | -    | -    | -     |
|              |           |      | Perm** | 0.5               | 0.0                       | 0.0  | 0.0  | -    | -            | -    | -    |       |
|              | 12yrs     | 20   | 26.3   | 0.3               | 0.0                       | 0.0  | 0.3  | -    | -            | -    | -    |       |
|              | 15yrs     | 20   | 27.9   | 0.5               | 0.1                       | 0.1  | 0.6  | 0.0  | 0.0          | 0.0  | 0.0  |       |
|              | 35-44yrs  | 20   | 26.5   | 1.2               | 5.4                       | 0.0  | 6.6  | 1.9  | 0.0          | 0.0  | 0.0  |       |
| 65-74yrs     | 19        | 20.9 | 1.1    | 11.1              | 0.1                       | 12.2 | 11.8 | 0.0  | 0.0          | 0.0  |      |       |
| Batticaloa   | 5yrs      | 60   | Deci*  | 19.2              | 3.7                       | 0.3  | 0.1  | 4.0  | -            | -    | -    | -     |
|              |           |      | Perm** | 2.4               | 0.0                       | 0.0  | 0.0  | -    | -            | -    | -    |       |
|              | 12yrs     | 60   | 26.5   | 0.5               | 0.1                       | 0.0  | 0.6  | -    | -            | -    | -    |       |
|              | 15yrs     | 60   | 27.7   | 1.8               | 0.4                       | 0.0  | 2.1  | 0.0  | 0.0          | 0.0  | 0.0  |       |
|              | 35-44yrs  | 60   | 24.5   | 1.7               | 6.8                       | 0.0  | 8.5  | 5.5  | 0.0          | 0.0  | 0.0  |       |
| 65-74yrs     | 58        | 14.4 | 2.9    | 17.3              | 0.0                       | 20.2 | 10.9 | 0.1  | 0.0          | 0.1  |      |       |
| Ampara       | 5yrs      | 100  | Deci*  | 19.0              | 3.9                       | 0.1  | 0.1  | 4.1  | -            | -    | -    | -     |
|              |           |      | Perm** | 2.5               | 0.0                       | 0.0  | 0.0  | -    | -            | -    | -    |       |
|              | 12yrs     | 99   | 25.1   | 0.4               | 0.1                       | 0.1  | 0.6  | -    | -            | -    | -    |       |
|              | 15yrs     | 100  | 28.1   | 0.7               | 0.2                       | 0.1  | 0.9  | 0.1  | 0.0          | 0.0  | 0.0  |       |
|              | 35-44yrs  | 97   | 28.2   | 1.2               | 3.6                       | 0.3  | 5.0  | 11.1 | 0.0          | 0.0  | 0.0  |       |
| 65-74yrs     | 95        | 13.4 | 1.0    | 18.5              | 0.1                       | 19.6 | 10.3 | 0.0  | 0.0          | 0.0  |      |       |
| Trincomalee  | 5yrs      | 40   | Deci*  | 19.4              | 4.4                       | 0.1  | 0.0  | 4.5  | -            | -    | -    | -     |
|              |           |      | Perm** | 2.6               | 0.0                       | 0.0  | 0.0  | -    | -            | -    | -    |       |
|              | 12yrs     | 39   | 25.0   | 0.2               | 0.1                       | 0.0  | 0.4  | -    | -            | -    | -    |       |
|              | 15yrs     | 40   | 27.9   | 0.9               | 0.3                       | 0.1  | 1.2  | 0.0  | 0.0          | 0.0  | 0.0  |       |
|              | 35-44yrs  | 40   | 27.1   | 1.4               | 4.9                       | 0.3  | 6.6  | 0.3  | 0.1          | 0.0  | 0.1  |       |
| 65-74yrs     | 39        | 15.0 | 1.5    | 17.0              | 0.0                       | 18.5 | 3.4  | 0.0  | 0.0          | 0.0  |      |       |
| Kurunegala   | 5yrs      | 160  | Deci*  | 19.6              | 2.4                       | 0.0  | 0.3  | 2.7  | -            | -    | -    | -     |
|              |           |      | Perm** | 1.4               | 0.0                       | 0.0  | 0.0  | -    | -            | -    | -    |       |
|              | 12yrs     | 160  | 25.7   | 0.4               | 0.0                       | 0.2  | 0.7  | -    | -            | -    | -    |       |
|              | 15yrs     | 160  | 28.0   | 0.6               | 0.1                       | 0.1  | 0.8  | 0.2  | 0.0          | 0.0  | 0.0  |       |
|              | 35-44yrs  | 159  | 28.1   | 1.2               | 3.3                       | 0.6  | 5.2  | 3.2  | 0.0          | 0.0  | 0.0  |       |
| 65-74yrs     | 160       | 16.9 | 1.7    | 14.8              | 0.2                       | 16.7 | 7.5  | 0.2  | 0.0          | 0.2  |      |       |
| Puttalam     | 5yrs      | 60   | Deci*  | 19.3              | 2.6                       | 0.1  | 0.1  | 2.7  | -            | -    | -    | -     |
|              |           |      | Perm** | 1.8               | 0.1                       | 0.0  | 0.0  | -    | -            | -    | -    |       |
|              | 12yrs     | 60   | 26.2   | 0.5               | 0.0                       | 0.1  | 0.6  | -    | -            | -    | -    |       |
|              | 15yrs     | 60   | 28.0   | 0.7               | 0.1                       | 0.1  | 1.0  | 0.1  | 0.0          | 0.0  | 0.0  |       |
|              | 35-44yrs  | 60   | 27.1   | 1.5               | 4.2                       | 0.8  | 6.4  | 3.1  | 0.0          | 0.0  | 0.0  |       |
| 65-74yrs     | 60        | 16.1 | 1.6    | 15.6              | 0.2                       | 17.3 | 6.9  | 0.0  | 0.0          | 0.0  |      |       |
| Anuradhapura | 5yrs      | 100  | Deci*  | 19.5              | 1.9                       | 0.0  | 0.1  | 2.0  | -            | -    | -    | -     |
|              |           |      | Perm** | 1.7               | 0.0                       | 0.0  | 0.0  | -    | -            | -    | -    |       |
|              | 12yrs     | 100  | 26.6   | 0.3               | 0.0                       | 0.0  | 0.4  | -    | -            | -    | -    |       |
|              | 15yrs     | 100  | 28.0   | 0.4               | 0.0                       | 0.0  | 0.5  | 0.0  | 0.0          | 0.0  | 0.0  |       |
|              | 35-44yrs  | 99   | 29.1   | 1.7               | 2.4                       | 0.5  | 4.6  | 3.4  | 0.6          | 0.0  | 0.6  |       |
| 65-74yrs     | 97        | 15.8 | 1.5    | 16.0              | 0.0                       | 17.5 | 8.2  | 0.4  | 0.0          | 0.4  |      |       |
| Polonnaruwa  | 5yrs      | 60   | Deci*  | 19.7              | 1.5                       | 0.1  | 0.2  | 1.8  | -            | -    | -    | -     |
|              |           |      | Perm** | 0.9               | 0.0                       | 0.0  | 0.0  | -    | -            | -    | -    |       |
|              | 12yrs     | 60   | 26.4   | 0.3               | 0.0                       | 0.2  | 0.5  | -    | -            | -    | -    |       |
|              | 15yrs     | 60   | 28.0   | 0.6               | 0.1                       | 0.0  | 0.7  | 0.1  | 0.0          | 0.0  | 0.0  |       |
|              | 35-44yrs  | 60   | 28.6   | 1.6               | 2.9                       | 0.6  | 5.1  | 19.2 | 0.0          | 0.0  | 0.0  |       |
| 65-74yrs     | 59        | 18.1 | 1.5    | 13.4              | 0.0                       | 14.9 | 15.4 | 0.0  | 0.0          | 0.0  |      |       |
| Badulla      | 5yrs      | 78   | Deci*  | 19.1              | 2.9                       | 0.0  | 0.4  | 3.3  | -            | -    | -    | -     |
|              |           |      | Perm** | 2.3               | 0.0                       | 0.0  | 0.0  | -    | -            | -    | -    |       |
|              | 12yrs     | 80   | 26.2   | 0.5               | 0.0                       | 0.1  | 0.6  | -    | -            | -    | -    |       |
|              | 15yrs     | 80   | 27.9   | 0.5               | 0.1                       | 0.2  | 0.8  | 0.0  | 0.0          | 0.0  | 0.0  |       |
|              | 35-44yrs  | 80   | 27.5   | 3.5               | 4.2                       | 0.3  | 8.1  | 1.8  | 0.0          | 0.0  | 0.0  |       |
| 65-74yrs     | 74        | 13.5 | 1.9    | 18.4              | 0.1                       | 20.4 | 4.8  | 0.0  | 0.0          | 0.0  |      |       |
| Monaragala   | 5yrs      | 60   | Deci*  | 19.3              | 3.0                       | 0.0  | 0.3  | 3.3  | -            | -    | -    | -     |
|              |           |      | Perm** | 1.7               | 0.0                       | 0.0  | 0.0  | -    | -            | -    | -    |       |
|              | 12yrs     | 60   | 26.4   | 0.6               | 0.0                       | 0.2  | 0.7  | -    | -            | -    | -    |       |
|              | 15yrs     | 60   | 27.9   | 1.0               | 0.1                       | 0.1  | 1.2  | 0.0  | 0.0          | 0.0  | 0.0  |       |
|              | 35-44yrs  | 60   | 27.0   | 2.5               | 4.5                       | 0.2  | 7.2  | 5.8  | 0.5          | 0.0  | 0.5  |       |
| 65-74yrs     | 60        | 16.9 | 2.2    | 14.8              | 0.0                       | 17.1 | 7.2  | 0.0  | 0.0          | 0.0  |      |       |
| Ratnapura    | 5yrs      | 80   | Deci*  | 19.2              | 2.7                       | 0.1  | 0.3  | 3.0  | -            | -    | -    | -     |
|              |           |      | Perm** | 2.2               | 0.0                       | 0.0  | 0.0  | -    | -            | -    | -    |       |
|              | 12yrs     | 80   | 25.4   | 0.3               | 0.0                       | 0.0  | 0.3  | -    | -            | -    | -    |       |
|              | 15yrs     | 80   | 27.9   | 0.5               | 0.1                       | 0.0  | 0.6  | 0.0  | 0.0          | 0.0  | 0.0  |       |
|              | 35-44yrs  | 80   | 27.2   | 2.1               | 4.3                       | 0.2  | 6.7  | 4.5  | 0.1          | 0.0  | 0.1  |       |
| 65-74yrs     | 78        | 15.6 | 1.0    | 16.0              | 0.1                       | 17.1 | 7.4  | 0.2  | 0.0          | 0.2  |      |       |
| Kegalle      | 5yrs      | 80   | Deci*  | 19.6              | 1.9                       | 0.1  | 0.3  | 2.3  | -            | -    | -    | -     |
|              |           |      | Perm** | 1.2               | 0.0                       | 0.0  | 0.0  | -    | -            | -    | -    |       |
|              | 12yrs     | 80   | 26.5   | 0.3               | 0.0                       | 0.2  | 0.4  | -    | -            | -    | -    |       |
|              | 15yrs     | 80   | 28.0   | 0.7               | 0.1                       | 0.2  | 1.0  | 0.0  | 0.0          | 0.0  | 0.0  |       |
|              | 35-44yrs  | 79   | 27.8   | 1.8               | 3.8                       | 0.7  | 6.3  | 3.1  | 0.0          | 0.0  | 0.0  |       |
| 65-74yrs     | 76        | 14.2 | 1.4    | 17.7              | 0.0                       | 19.2 | 9.4  | 0.0  | 0.0          | 0.0  |      |       |

\*Deci: Deciduous teeth; \*\*Perm: Permanent teeth

Table 6.7: Distribution of participants according to the status of gingival bleeding-on-probing

| District     | Age group | N   | % of participants with gingival bleeding-on-probing |            |             |            | Total teeth<br>x̄ | Mean no. of teeth with gingival bleeding-on-probing |          |          |
|--------------|-----------|-----|---|------------|-------------|------------|-------------------|---|----------|----------|
|              |           |     | 0 teeth (healthy)                                   | 1-10 teeth | 11-20 teeth | > 20 teeth |                   | Healthy (no bleeding)                               | Bleeding | Excluded |
| Colombo      | 5yrs      | 180 | 68.9  | 28.3       | 2.8         | 0.0        | 21.0              | 19.7  | 1.3      | 0.0      |
|              | 12yrs     | 179 | 44.7  | 35.8       | 12.3        | 7.3        | 27.2              | 22.0  | 5.2      | 0.1      |
|              | 15yrs     | 180 | 42.2  | 38.3       | 12.2        | 7.2        | 28.0              | 22.7  | 5.3      | 0.0      |
|              | 35-44yrs  | 178 | 51.7  | 33.1       | 9.0         | 6.2        | 27.1              | 22.1  | 4.5      | 0.5      |
|              | 65-74yrs  | 176 | 52.8  | 32.4       | 11.4        | 3.4        | 14.9              | 9.9   | 4.2      | 0.8      |
| Gampaha      | 5yrs      | 180 | 72.2  | 27.2       | 0.6         | 0.0        | 21.4              | 20.3  | 1.0      | 0.1      |
|              | 12yrs     | 180 | 47.8  | 41.7       | 9.4         | 1.1        | 26.8              | 23.1  | 3.7      | 0.0      |
|              | 15yrs     | 181 | 49.2  | 39.2       | 9.9         | 1.7        | 27.9              | 24.1  | 3.7      | 0.0      |
|              | 35-44yrs  | 177 | 44.1  | 40.7       | 10.7        | 4.5        | 26.8              | 21.8  | 4.7      | 0.4      |
|              | 65-74yrs  | 179 | 46.4  | 41.9       | 9.5         | 2.2        | 14.1              | 9.4   | 3.8      | 0.9      |
| Kalutara     | 5yrs      | 100 | 85.0  | 14.0       | 1.0         | 0.0        | 21.0              | 20.4  | 0.6      | 0.0      |
|              | 12yrs     | 100 | 57.0  | 37.0       | 4.0         | 2.0        | 27.2              | 24.5  | 2.7      | 0.0      |
|              | 15yrs     | 102 | 52.9  | 37.3       | 8.8         | 1.0        | 28.0              | 24.9  | 3.0      | 0.1      |
|              | 35-44yrs  | 100 | 51.0  | 35.0       | 8.0         | 6.0        | 26.4              | 21.5  | 4.2      | 0.7      |
|              | 65-74yrs  | 100 | 51.0  | 36.0       | 7.0         | 6.0        | 13.5              | 8.4   | 4.1      | 1.0      |
| Kandy        | 5yrs      | 140 | 62.1  | 37.1       | 0.7         | 0.0        | 20.8              | 19.2  | 1.4      | 0.2      |
|              | 12yrs     | 140 | 45.7  | 50.0       | 3.6         | 0.7        | 26.6              | 23.3  | 3.2      | 0.0      |
|              | 15yrs     | 140 | 53.6  | 33.6       | 8.6         | 4.3        | 28.1              | 24.2  | 3.8      | 0.1      |
|              | 35-44yrs  | 136 | 38.2  | 49.3       | 9.6         | 2.9        | 27.4              | 22.8  | 4.3      | 0.3      |
|              | 65-74yrs  | 134 | 44.8  | 45.5       | 6.7         | 3.0        | 14.7              | 10.5  | 3.5      | 0.8      |
| Matale       | 5yrs      | 40  | 62.5  | 37.5       | 0.0         | 0.0        | 20.9              | 19.8  | 1.0      | 0.0      |
|              | 12yrs     | 40  | 35.0  | 52.5       | 12.5        | 0.0        | 26.4              | 22.6  | 3.7      | 0.1      |
|              | 15yrs     | 40  | 42.5  | 52.5       | 5.0         | 0.0        | 28.0              | 25.0  | 3.0      | 0.0      |
|              | 35-44yrs  | 40  | 22.5  | 55.0       | 17.5        | 5.0        | 28.0              | 21.6  | 5.9      | 0.5      |
|              | 65-74yrs  | 39  | 28.2  | 53.8       | 15.4        | 2.6        | 15.3              | 7.9   | 5.4      | 2.1      |
| Nuwara-Eliya | 5yrs      | 100 | 76.0  | 22.0       | 2.0         | 0.0        | 20.7              | 19.6  | 1.1      | 0.0      |
|              | 12yrs     | 99  | 29.3  | 45.5       | 21.2        | 4.0        | 26.2              | 19.7  | 6.5      | 0.0      |
|              | 15yrs     | 100 | 31.0  | 44.0       | 20.0        | 5.0        | 28.0              | 21.4  | 6.6      | 0.0      |
|              | 35-44yrs  | 99  | 26.3  | 37.4       | 26.3        | 10.1       | 27.5              | 18.7  | 8.1      | 0.7      |
|              | 65-74yrs  | 98  | 39.8  | 33.7       | 20.4        | 6.1        | 13.7              | 7.0   | 6.0      | 0.7      |
| Galle        | 5yrs      | 98  | 86.7  | 13.3       | 0.0         | 0.0        | 20.9              | 20.6  | 0.3      | 0.0      |
|              | 12yrs     | 99  | 69.7  | 29.3       | 1.0         | 0.0        | 27.1              | 25.7  | 1.4      | 0.0      |
|              | 15yrs     | 100 | 71.0  | 28.0       | 1.0         | 0.0        | 27.9              | 26.6  | 1.2      | 0.0      |
|              | 35-44yrs  | 99  | 70.7  | 28.3       | 1.0         | 0.0        | 26.2              | 24.8  | 1.3      | 0.2      |
|              | 65-74yrs  | 100 | 68.0  | 22.0       | 8.0         | 2.0        | 12.5              | 9.7   | 2.5      | 0.3      |
| Matara       | 5yrs      | 79  | 94.9  | 5.1        | 0.0         | 0.0        | 20.9              | 20.8  | 0.1      | 0.0      |
|              | 12yrs     | 80  | 77.5  | 20.0       | 1.3         | 1.3        | 27.2              | 25.7  | 1.5      | 0.0      |
|              | 15yrs     | 80  | 57.5  | 35.0       | 5.0         | 2.5        | 27.9              | 25.0  | 2.9      | 0.0      |
|              | 35-44yrs  | 79  | 36.7  | 40.5       | 16.5        | 6.3        | 27.3              | 21.0  | 6.3      | 0.0      |
|              | 65-74yrs  | 79  | 55.7  | 32.9       | 3.8         | 7.6        | 16.9              | 12.4  | 4.5      | 0.0      |
| Hambantota   | 5yrs      | 60  | 83.3  | 16.7       | 0.0         | 0.0        | 20.8              | 20.1  | 0.7      | 0.0      |
|              | 12yrs     | 60  | 60.0  | 31.7       | 6.7         | 1.7        | 27.1              | 24.2  | 3.0      | 0.0      |
|              | 15yrs     | 60  | 60.0  | 30.0       | 8.3         | 1.7        | 28.1              | 24.6  | 3.4      | 0.1      |
|              | 35-44yrs  | 59  | 59.3  | 32.2       | 8.5         | 0.0        | 29.0              | 26.3  | 2.6      | 0.2      |
|              | 65-74yrs  | 60  | 66.7  | 25.0       | 6.7         | 1.7        | 17.6              | 13.8  | 2.2      | 1.7      |
| Jaffna       | 5yrs      | 60  | 78.3  | 21.7       | 0.0         | 0.0        | 20.9              | 20.1  | 0.8      | 0.0      |
|              | 12yrs     | 60  | 48.3  | 35.0       | 11.7        | 5.0        | 26.8              | 22.2  | 4.6      | 0.0      |
|              | 15yrs     | 60  | 31.7  | 35.0       | 20.0        | 13.3       | 27.7              | 18.9  | 8.8      | 0.0      |
|              | 35-44yrs  | 60  | 31.7  | 36.7       | 15.0        | 16.7       | 28.8              | 19.0  | 8.7      | 1.1      |
|              | 65-74yrs  | 59  | 44.1  | 22.0       | 15.3        | 18.6       | 20.1              | 11.6  | 8.0      | 0.5      |
| Kilinochchi  | 5yrs      | 20  | 95.0  | 5.0        | 0.0         | 0.0        | 21.0              | 20.9  | 0.1      | 0.0      |
|              | 12yrs     | 20  | 80.0  | 15.0       | 0.0         | 5.0        | 27.1              | 25.1  | 2.0      | 0.0      |
|              | 15yrs     | 20  | 70.0  | 15.0       | 10.0        | 5.0        | 27.7              | 24.1  | 3.5      | 0.1      |
|              | 35-44yrs  | 20  | 5.0   | 35.0       | 30.0        | 30.0       | 28.7              | 12.8  | 15.6     | 0.4      |
|              | 65-74yrs  | 20  | 25.0  | 30.0       | 20.0        | 25.0       | 19.1              | 6.7   | 11.3     | 1.2      |
| Mannar       | 5yrs      | 20  | 75.0  | 20.0       | 5.0         | 0.0        | 21.6              | 20.5  | 1.1      | 0.0      |
|              | 12yrs     | 21  | 33.3  | 33.3       | 19.0        | 14.3       | 26.3              | 18.1  | 8.2      | 0.0      |
|              | 15yrs     | 20  | 30.0  | 20.0       | 20.0        | 30.0       | 28.2              | 16.2  | 12.1     | 0.0      |
|              | 35-44yrs  | 20  | 10.0  | 25.0       | 20.0        | 45.0       | 28.7              | 11.7  | 17.1     | 0.0      |
|              | 65-74yrs  | 20  | 15.0  | 15.0       | 25.0        | 45.0       | 18.8              | 2.6   | 16.1     | 0.1      |
| Mullaitivu   | 5yrs      | 20  | 90.0  | 10.0       | 0.0         | 0.0        | 20.0              | 19.9  | 0.1      | 0.0      |
|              | 12yrs     | 20  | 40.0  | 45.0       | 10.0        | 5.0        | 27.4              | 21.8  | 5.6      | 0.0      |
|              | 15yrs     | 20  | 55.0  | 35.0       | 5.0         | 5.0        | 28.0              | 24.2  | 3.9      | 0.0      |
|              | 35-44yrs  | 21  | 23.8  | 42.9       | 14.3        | 19.0       | 29.2              | 19.0  | 10.3     | 0.0      |
|              | 65-74yrs  | 20  | 55.0  | 35.0       | 10.0        | 0.0        | 13.3              | 10.3  | 2.8      | 0.2      |

Table 6.7: Distribution of participants according to the status of gingival bleeding-on-probing (contd.)

| District     | Age group | N   | % of participants with gingival bleeding-on-probing |            |             |            | Total teeth $\bar{x}$ | Mean no. of teeth with gingival bleeding-on-probing |          |          |
|--------------|-----------|-----|---|------------|-------------|------------|-----------------------|---|----------|----------|
|              |           |     | 0 teeth (healthy)                                   | 1-10 teeth | 11-20 teeth | > 20 teeth |                       | Healthy (no bleeding)                               | Bleeding | Excluded |
| Vavuniya     | 5yrs      | 20  | 70.0  | 30.0       | 0.0         | 0.0        | 20.4                  | 19.8  | 0.7      | 0.0      |
|              | 12yrs     | 20  | 55.0  | 45.0       | 0.0         | 0.0        | 26.9                  | 25.3  | 1.7      | 0.0      |
|              | 15yrs     | 20  | 65.0  | 25.0       | 5.0         | 5.0        | 27.9                  | 25.2  | 2.8      | 0.0      |
|              | 35-44yrs  | 20  | 40.0  | 60.0       | 0.0         | 0.0        | 26.5                  | 24.4  | 1.9      | 0.2      |
|              | 65-74yrs  | 19  | 36.8  | 52.6       | 10.5        | 0.0        | 20.9                  | 14.8  | 4.2      | 1.9      |
| Batticaloa   | 5yrs      | 60  | 95.0  | 3.3        | 1.7         | 0.0        | 21.6                  | 21.2  | 0.4      | 0.0      |
|              | 12yrs     | 60  | 68.3  | 20.0       | 5.0         | 6.7        | 27.0                  | 23.7  | 3.3      | 0.0      |
|              | 15yrs     | 60  | 58.3  | 30.0       | 1.7         | 10.0       | 27.7                  | 23.2  | 4.5      | 0.0      |
|              | 35-44yrs  | 60  | 21.7  | 38.3       | 23.3        | 16.7       | 24.5                  | 14.7  | 9.4      | 0.5      |
|              | 65-74yrs  | 58  | 13.8  | 46.6       | 20.7        | 19.0       | 14.4                  | 3.5   | 10.4     | 0.5      |
| Ampara       | 5yrs      | 100 | 96.0  | 4.0        | 0.0         | 0.0        | 21.5                  | 21.4  | 0.2      | 0.0      |
|              | 12yrs     | 99  | 75.8  | 17.2       | 4.0         | 3.0        | 26.1                  | 24.1  | 2.0      | 0.0      |
|              | 15yrs     | 100 | 65.0  | 25.0       | 4.0         | 6.0        | 28.1                  | 24.3  | 3.7      | 0.0      |
|              | 35-44yrs  | 97  | 63.9  | 32.0       | 3.1         | 1.0        | 28.2                  | 25.4  | 2.4      | 0.4      |
|              | 65-74yrs  | 95  | 54.7  | 35.8       | 6.3         | 3.2        | 13.4                  | 9.3   | 3.4      | 0.7      |
| Trincomalee  | 5yrs      | 40  | 100.0   | 0.0        | 0.0         | 0.0        | 22.0                  | 21.3  | 0.0      | 0.8      |
|              | 12yrs     | 39  | 84.6  | 10.3       | 2.6         | 2.6        | 26.3                  | 24.7  | 1.6      | 0.0      |
|              | 15yrs     | 40  | 75.0  | 10.0       | 5.0         | 10.0       | 27.9                  | 23.7  | 4.2      | 0.0      |
|              | 35-44yrs  | 40  | 52.5  | 40.0       | 7.5         | 0.0        | 27.1                  | 24.4  | 2.6      | 0.1      |
|              | 65-74yrs  | 39  | 56.4  | 41.0       | 2.6         | 0.0        | 15.0                  | 12.2  | 2.1      | 0.8      |
| Kurunegala   | 5yrs      | 160 | 90.0  | 9.4        | 0.6         | 0.0        | 20.9                  | 20.5  | 0.4      | 0.0      |
|              | 12yrs     | 160 | 46.9  | 46.3       | 5.6         | 1.3        | 26.4                  | 23.1  | 3.3      | 0.0      |
|              | 15yrs     | 160 | 54.4  | 39.4       | 5.6         | 0.6        | 28.0                  | 25.0  | 3.0      | 0.0      |
|              | 35-44yrs  | 159 | 53.5  | 37.1       | 8.2         | 1.3        | 28.2                  | 25.1  | 3.0      | 0.1      |
|              | 65-74yrs  | 160 | 53.1  | 39.4       | 6.3         | 1.3        | 16.9                  | 13.5  | 2.9      | 0.6      |
| Puttalam     | 5yrs      | 60  | 83.3  | 15.0       | 1.7         | 0.0        | 21.1                  | 20.3  | 0.8      | 0.0      |
|              | 12yrs     | 60  | 51.7  | 43.3       | 5.0         | 0.0        | 26.6                  | 24.0  | 2.7      | 0.0      |
|              | 15yrs     | 60  | 38.3  | 50.0       | 10.0        | 1.7        | 28.0                  | 23.1  | 4.8      | 0.0      |
|              | 35-44yrs  | 60  | 38.3  | 45.0       | 15.0        | 1.7        | 27.1                  | 22.1  | 4.8      | 0.3      |
|              | 65-74yrs  | 60  | 38.3  | 50.0       | 8.3         | 3.3        | 16.1                  | 10.8  | 4.8      | 0.6      |
| Anuradhapura | 5yrs      | 100 | 86.0  | 14.0       | 0.0         | 0.0        | 21.1                  | 20.7  | 0.5      | 0.0      |
|              | 12yrs     | 100 | 66.0  | 32.0       | 2.0         | 0.0        | 27.1                  | 25.5  | 1.6      | 0.0      |
|              | 15yrs     | 100 | 57.0  | 30.0       | 9.0         | 4.0        | 28.0                  | 24.1  | 4.0      | 0.0      |
|              | 35-44yrs  | 99  | 54.5  | 34.3       | 4.0         | 7.1        | 29.1                  | 25.1  | 3.8      | 0.2      |
|              | 65-74yrs  | 97  | 43.3  | 48.5       | 5.2         | 3.1        | 15.8                  | 11.9  | 3.5      | 0.4      |
| Polonnaruwa  | 5yrs      | 60  | 63.3  | 25.0       | 11.7        | 0.0        | 20.6                  | 17.5  | 3.0      | 0.0      |
|              | 12yrs     | 60  | 33.3  | 38.3       | 18.3        | 10.0       | 27.2                  | 20.1  | 7.1      | 0.0      |
|              | 15yrs     | 60  | 36.7  | 38.3       | 15.0        | 10.0       | 28.0                  | 21.3  | 6.8      | 0.0      |
|              | 35-44yrs  | 60  | 53.3  | 30.0       | 6.7         | 10.0       | 28.6                  | 23.1  | 5.4      | 0.2      |
|              | 65-74yrs  | 59  | 47.5  | 25.4       | 11.9        | 15.3       | 18.1                  | 10.5  | 6.6      | 1.1      |
| Badulla      | 5yrs      | 78  | 79.5  | 17.9       | 2.6         | 0.0        | 21.4                  | 20.4  | 1.0      | 0.0      |
|              | 12yrs     | 80  | 46.3  | 36.3       | 11.3        | 6.3        | 26.9                  | 21.8  | 5.1      | 0.0      |
|              | 15yrs     | 80  | 55.0  | 30.0       | 11.3        | 3.8        | 27.9                  | 23.7  | 4.2      | 0.0      |
|              | 35-44yrs  | 80  | 47.5  | 28.8       | 18.8        | 5.0        | 27.5                  | 21.1  | 5.6      | 0.9      |
|              | 65-74yrs  | 74  | 45.9  | 37.8       | 14.9        | 1.4        | 13.5                  | 8.3   | 4.4      | 0.8      |
| Monaragala   | 5yrs      | 60  | 91.7  | 8.3        | 0.0         | 0.0        | 21.0                  | 20.8  | 0.2      | 0.0      |
|              | 12yrs     | 60  | 71.7  | 26.7       | 0.0         | 1.7        | 26.7                  | 25.3  | 1.4      | 0.0      |
|              | 15yrs     | 60  | 71.7  | 28.3       | 0.0         | 0.0        | 28.0                  | 26.9  | 1.0      | 0.1      |
|              | 35-44yrs  | 60  | 61.7  | 33.3       | 3.3         | 1.7        | 27.0                  | 24.5  | 2.5      | 0.0      |
|              | 65-74yrs  | 60  | 65.0  | 33.3       | 1.7         | 0.0        | 16.9                  | 15.3  | 1.4      | 0.2      |
| Ratnapura    | 5yrs      | 80  | 95.0  | 5.0        | 0.0         | 0.0        | 21.4                  | 21.2  | 0.2      | 0.0      |
|              | 12yrs     | 80  | 65.0  | 28.8       | 3.8         | 2.5        | 26.5                  | 24.3  | 2.2      | 0.0      |
|              | 15yrs     | 80  | 65.0  | 32.5       | 1.3         | 1.3        | 28.0                  | 26.3  | 1.7      | 0.0      |
|              | 35-44yrs  | 80  | 56.3  | 41.3       | 1.3         | 1.3        | 27.2                  | 24.6  | 2.6      | 0.0      |
|              | 65-74yrs  | 78  | 70.5  | 20.5       | 7.7         | 1.3        | 15.6                  | 12.9  | 2.4      | 0.3      |
| Kegalle      | 5yrs      | 80  | 95.0  | 5.0        | 0.0         | 0.0        | 20.8                  | 20.6  | 0.2      | 0.0      |
|              | 12yrs     | 80  | 78.8  | 18.8       | 2.5         | 0.0        | 27.1                  | 26.1  | 1.0      | 0.0      |
|              | 15yrs     | 80  | 68.8  | 28.8       | 2.5         | 0.0        | 28.0                  | 26.0  | 1.7      | 0.3      |
|              | 35-44yrs  | 79  | 67.1  | 30.4       | 2.5         | 0.0        | 27.8                  | 25.4  | 2.0      | 0.4      |
|              | 65-74yrs  | 76  | 55.3  | 38.2       | 3.9         | 2.6        | 14.2                  | 10.6  | 3.1      | 0.5      |

Table 6.8: Percentage distribution of participants according to the presence of calculus

| District     | Age group | N   | Calculus (%) |       |              |
|--------------|-----------|-----|--------------|-------|--------------|
|              |           |     | No           | Yes   | Not recorded |
| Colombo      | 5yrs      | 180 | 82.2         | 17.8  | 0.0          |
|              | 12yrs     | 179 | 45.3         | 54.7  | 0.0          |
|              | 15yrs     | 180 | 46.7         | 53.3  | 0.0          |
|              | 35-44yrs  | 178 | 31.5         | 68.5  | 0.0          |
|              | 65-74yrs  | 176 | 17.0         | 74.4  | 8.5          |
| Gampaha      | 5yrs      | 180 | 85.0         | 15.0  | 0.0          |
|              | 12yrs     | 180 | 48.3         | 51.7  | 0.0          |
|              | 15yrs     | 181 | 51.9         | 48.1  | 0.0          |
|              | 35-44yrs  | 177 | 27.7         | 72.3  | 0.0          |
|              | 65-74yrs  | 179 | 19.0         | 67.0  | 14.0         |
| Kalutara     | 5yrs      | 100 | 90.0         | 10.0  | 0.0          |
|              | 12yrs     | 100 | 52.0         | 48.0  | 0.0          |
|              | 15yrs     | 102 | 46.1         | 53.9  | 0.0          |
|              | 35-44yrs  | 100 | 20.0         | 80.0  | 0.0          |
|              | 65-74yrs  | 100 | 18.0         | 75.0  | 7.0          |
| Kandy        | 5yrs      | 140 | 85.7         | 14.3  | 0.0          |
|              | 12yrs     | 140 | 63.6         | 36.4  | 0.0          |
|              | 15yrs     | 140 | 55.0         | 45.0  | 0.0          |
|              | 35-44yrs  | 136 | 28.7         | 71.3  | 0.0          |
|              | 65-74yrs  | 134 | 12.7         | 73.1  | 14.2         |
| Matale       | 5yrs      | 40  | 95.0         | 5.0   | 0.0          |
|              | 12yrs     | 40  | 52.5         | 47.5  | 0.0          |
|              | 15yrs     | 40  | 52.5         | 47.5  | 0.0          |
|              | 35-44yrs  | 40  | 32.5         | 67.5  | 0.0          |
|              | 65-74yrs  | 39  | 20.5         | 71.8  | 7.7          |
| Nuwara-Eliya | 5yrs      | 100 | 88.0         | 12.0  | 0.0          |
|              | 12yrs     | 99  | 58.6         | 41.4  | 0.0          |
|              | 15yrs     | 100 | 45.0         | 55.0  | 0.0          |
|              | 35-44yrs  | 99  | 31.3         | 68.7  | 0.0          |
|              | 65-74yrs  | 98  | 13.3         | 71.4  | 15.3         |
| Galle        | 5yrs      | 98  | 83.7         | 16.3  | 0.0          |
|              | 12yrs     | 99  | 64.6         | 35.4  | 0.0          |
|              | 15yrs     | 100 | 60.0         | 40.0  | 0.0          |
|              | 35-44yrs  | 99  | 25.3         | 74.7  | 0.0          |
|              | 65-74yrs  | 100 | 21.0         | 62.0  | 17.0         |
| Matara       | 5yrs      | 79  | 92.4         | 7.6   | 0.0          |
|              | 12yrs     | 80  | 51.3         | 48.8  | 0.0          |
|              | 15yrs     | 80  | 55.0         | 45.0  | 0.0          |
|              | 35-44yrs  | 79  | 20.3         | 79.7  | 0.0          |
|              | 65-74yrs  | 79  | 6.3          | 81.0  | 12.7         |
| Hambantota   | 5yrs      | 60  | 95.0         | 5.0   | 0.0          |
|              | 12yrs     | 60  | 70.0         | 30.0  | 0.0          |
|              | 15yrs     | 60  | 58.3         | 41.7  | 0.0          |
|              | 35-44yrs  | 59  | 15.3         | 84.7  | 0.0          |
|              | 65-74yrs  | 60  | 16.7         | 70.0  | 13.3         |
| Jaffna       | 5yrs      | 60  | 58.3         | 41.7  | 0.0          |
|              | 12yrs     | 60  | 23.3         | 76.7  | 0.0          |
|              | 15yrs     | 60  | 21.7         | 78.3  | 0.0          |
|              | 35-44yrs  | 60  | 16.7         | 83.3  | 0.0          |
|              | 65-74yrs  | 59  | 18.6         | 74.6  | 6.8          |
| Kilinochchi  | 5yrs      | 20  | 85.0         | 15.0  | 0.0          |
|              | 12yrs     | 20  | 30.0         | 70.0  | 0.0          |
|              | 15yrs     | 20  | 30.0         | 70.0  | 0.0          |
|              | 35-44yrs  | 20  | 5.0          | 95.0  | 0.0          |
|              | 65-74yrs  | 20  | 0.0          | 100.0 | 0.0          |
| Mannar       | 5yrs      | 20  | 95.0         | 5.0   | 0.0          |
|              | 12yrs     | 21  | 19.0         | 81.0  | 0.0          |
|              | 15yrs     | 20  | 40.0         | 60.0  | 0.0          |
|              | 35-44yrs  | 20  | 15.0         | 85.0  | 0.0          |
|              | 65-74yrs  | 20  | 0.0          | 95.0  | 5.0          |
| Mullaitivu   | 5yrs      | 20  | 95.0         | 5.0   | 0.0          |
|              | 12yrs     | 20  | 65.0         | 35.0  | 0.0          |
|              | 15yrs     | 20  | 80.0         | 20.0  | 0.0          |
|              | 35-44yrs  | 21  | 14.3         | 85.7  | 0.0          |
|              | 65-74yrs  | 20  | 15.0         | 70.0  | 15.0         |

| District     | Age group | N   | Calculus (%) |      |              |
|--------------|-----------|-----|--------------|------|--------------|
|              |           |     | No           | Yes  | Not recorded |
| Vavuniya     | 5yrs      | 20  | 80.0         | 20.0 | 0.0          |
|              | 12yrs     | 20  | 60.0         | 40.0 | 0.0          |
|              | 15yrs     | 20  | 65.0         | 35.0 | 0.0          |
|              | 35-44yrs  | 20  | 25.0         | 75.0 | 0.0          |
|              | 65-74yrs  | 19  | 0.0          | 89.5 | 10.5         |
| Batticaloa   | 5yrs      | 60  | 70.0         | 30.0 | 0.0          |
|              | 12yrs     | 60  | 23.3         | 76.7 | 0.0          |
|              | 15yrs     | 60  | 26.7         | 73.3 | 0.0          |
|              | 35-44yrs  | 60  | 28.3         | 71.7 | 0.0          |
|              | 65-74yrs  | 58  | 5.2          | 89.7 | 5.2          |
| Ampara       | 5yrs      | 100 | 67.0         | 33.0 | 0.0          |
|              | 12yrs     | 99  | 39.4         | 60.6 | 0.0          |
|              | 15yrs     | 100 | 34.0         | 66.0 | 0.0          |
|              | 35-44yrs  | 97  | 37.1         | 62.9 | 0.0          |
|              | 65-74yrs  | 95  | 22.1         | 65.3 | 12.6         |
| Trincomalee  | 5yrs      | 40  | 100.0        | 0.0  | 0.0          |
|              | 12yrs     | 39  | 28.2         | 71.8 | 0.0          |
|              | 15yrs     | 40  | 30.0         | 70.0 | 0.0          |
|              | 35-44yrs  | 40  | 37.5         | 62.5 | 0.0          |
|              | 65-74yrs  | 39  | 33.3         | 64.1 | 2.6          |
| Kurunegala   | 5yrs      | 160 | 92.5         | 7.5  | 0.0          |
|              | 12yrs     | 160 | 56.3         | 43.8 | 0.0          |
|              | 15yrs     | 160 | 56.3         | 43.8 | 0.0          |
|              | 35-44yrs  | 159 | 28.3         | 71.7 | 0.0          |
|              | 65-74yrs  | 160 | 23.1         | 70.0 | 6.9          |
| Puttalam     | 5yrs      | 60  | 90.0         | 10.0 | 0.0          |
|              | 12yrs     | 60  | 61.7         | 38.3 | 0.0          |
|              | 15yrs     | 60  | 50.0         | 50.0 | 0.0          |
|              | 35-44yrs  | 60  | 26.7         | 73.3 | 0.0          |
|              | 65-74yrs  | 60  | 11.7         | 83.3 | 5.0          |
| Anuradhapura | 5yrs      | 100 | 95.0         | 5.0  | 0.0          |
|              | 12yrs     | 100 | 69.0         | 31.0 | 0.0          |
|              | 15yrs     | 100 | 54.0         | 46.0 | 0.0          |
|              | 35-44yrs  | 99  | 37.4         | 62.6 | 0.0          |
|              | 65-74yrs  | 97  | 17.5         | 71.1 | 11.3         |
| Polonnaruwa  | 5yrs      | 60  | 88.3         | 11.7 | 0.0          |
|              | 12yrs     | 60  | 38.3         | 61.7 | 0.0          |
|              | 15yrs     | 60  | 40.0         | 60.0 | 0.0          |
|              | 35-44yrs  | 60  | 31.7         | 68.3 | 0.0          |
|              | 65-74yrs  | 59  | 10.2         | 83.1 | 6.8          |
| Badulla      | 5yrs      | 78  | 92.3         | 7.7  | 0.0          |
|              | 12yrs     | 80  | 62.5         | 37.5 | 0.0          |
|              | 15yrs     | 80  | 70.0         | 30.0 | 0.0          |
|              | 35-44yrs  | 80  | 40.0         | 60.0 | 0.0          |
|              | 65-74yrs  | 74  | 14.9         | 63.5 | 21.6         |
| Monaragala   | 5yrs      | 60  | 85.0         | 15.0 | 0.0          |
|              | 12yrs     | 60  | 66.7         | 33.3 | 0.0          |
|              | 15yrs     | 60  | 60.0         | 40.0 | 0.0          |
|              | 35-44yrs  | 60  | 30.0         | 70.0 | 0.0          |
|              | 65-74yrs  | 60  | 13.3         | 66.7 | 20.0         |
| Ratnapura    | 5yrs      | 80  | 87.5         | 12.5 | 0.0          |
|              | 12yrs     | 80  | 56.3         | 43.8 | 0.0          |
|              | 15yrs     | 80  | 56.3         | 43.8 | 0.0          |
|              | 35-44yrs  | 80  | 38.8         | 61.3 | 0.0          |
|              | 65-74yrs  | 78  | 28.2         | 57.7 | 14.1         |
| Kegalle      | 5yrs      | 80  | 92.5         | 7.5  | 0.0          |
|              | 12yrs     | 80  | 70.0         | 30.0 | 0.0          |
|              | 15yrs     | 80  | 68.8         | 31.3 | 0.0          |
|              | 35-44yrs  | 79  | 43.0         | 57.0 | 0.0          |
|              | 65-74yrs  | 76  | 27.6         | 61.8 | 10.5         |

Table 6.9: Distribution of participants according to the status of periodontal pockets

| District     | Age group | N   | % of participants with pockets |       |      |             | Total teeth $\bar{x}$ | Mean number of teeth with pockets |       |      |          |
|--------------|-----------|-----|--------------------------------|-------|------|-------------|-----------------------|-----------------------------------|-------|------|----------|
|              |           |     | No pockets                     | 4-5mm | ≥6mm | Any* (≥4mm) |                       | Nil                               | 4-5mm | ≥6mm | Excluded |
| Colombo      | 15yrs     | 180 | 90.0                           | 10.0  | 0.0  | 10.0        | 28.0                  | 27.6                              | 0.3   | 0.0  | 0.1      |
|              | 35-44yrs  | 178 | 82.0                           | 18.0  | 1.1  | 18.0        | 27.1                  | 25.5                              | 1.1   | 0.0  | 0.5      |
|              | 65-74yrs  | 176 | 69.3                           | 29.0  | 4.5  | 30.7        | 14.9                  | 11.8                              | 1.9   | 0.2  | 1.0      |
| Gampaha      | 15yrs     | 181 | 92.3                           | 7.7   | 0.0  | 7.7         | 27.9                  | 27.5                              | 0.3   | 0.0  | 0.1      |
|              | 35-44yrs  | 177 | 65.5                           | 33.3  | 5.1  | 34.5        | 26.8                  | 24.6                              | 1.7   | 0.2  | 0.4      |
|              | 65-74yrs  | 179 | 48.0                           | 48.6  | 12.8 | 52.0        | 14.1                  | 10.7                              | 2.4   | 0.3  | 0.8      |
| Kalutara     | 15yrs     | 102 | 92.2                           | 7.8   | 0.0  | 7.8         | 28.0                  | 27.3                              | 0.5   | 0.0  | 0.1      |
|              | 35-44yrs  | 100 | 76.0                           | 22.0  | 4.0  | 24.0        | 26.4                  | 24.3                              | 1.2   | 0.1  | 0.8      |
|              | 65-74yrs  | 100 | 47.0                           | 44.0  | 18.0 | 53.0        | 13.5                  | 7.9                               | 3.9   | 0.7  | 1.0      |
| Kandy        | 15yrs     | 140 | 97.9                           | 2.1   | 0.0  | 2.1         | 28.1                  | 28.0                              | 0.1   | 0.0  | 0.1      |
|              | 35-44yrs  | 136 | 69.9                           | 26.5  | 5.9  | 30.1        | 27.4                  | 25.6                              | 1.4   | 0.1  | 0.3      |
|              | 65-74yrs  | 134 | 56.0                           | 35.8  | 16.4 | 44.0        | 14.7                  | 12.0                              | 1.5   | 0.4  | 0.8      |
| Matale       | 15yrs     | 40  | 100.0                          | 0.0   | 0.0  | 0.0         | 28.0                  | 28.0                              | 0.0   | 0.0  | 0.0      |
|              | 35-44yrs  | 40  | 62.5                           | 30.0  | 15.0 | 37.5        | 28.0                  | 25.9                              | 1.3   | 0.3  | 0.5      |
|              | 65-74yrs  | 39  | 35.9                           | 48.7  | 28.2 | 64.1        | 15.3                  | 9.7                               | 2.2   | 1.4  | 2.1      |
| Nuwara-Eliya | 15yrs     | 100 | 99.0                           | 1.0   | 0.0  | 1.0         | 28.0                  | 28.0                              | 0.0   | 0.0  | 0.0      |
|              | 35-44yrs  | 99  | 61.6                           | 38.4  | 7.1  | 38.4        | 27.5                  | 23.8                              | 2.8   | 0.2  | 0.7      |
|              | 65-74yrs  | 98  | 51.0                           | 48.0  | 14.3 | 49.0        | 13.7                  | 10.2                              | 2.5   | 0.3  | 0.7      |
| Galle        | 15yrs     | 100 | 94.0                           | 6.0   | 0.0  | 6.0         | 27.9                  | 27.7                              | 0.1   | 0.0  | 0.0      |
|              | 35-44yrs  | 99  | 81.8                           | 17.2  | 2.0  | 18.2        | 26.2                  | 25.2                              | 0.8   | 0.0  | 0.2      |
|              | 65-74yrs  | 100 | 65.0                           | 32.0  | 12.0 | 35.0        | 12.5                  | 10.1                              | 1.8   | 0.3  | 0.3      |
| Matara       | 15yrs     | 80  | 96.3                           | 3.8   | 0.0  | 3.8         | 27.9                  | 27.4                              | 0.5   | 0.0  | 0.0      |
|              | 35-44yrs  | 79  | 83.5                           | 16.5  | 1.3  | 16.5        | 27.3                  | 26.3                              | 1.0   | 0.0  | 0.0      |
|              | 65-74yrs  | 79  | 69.6                           | 30.4  | 1.3  | 30.4        | 16.9                  | 14.6                              | 2.3   | 0.0  | 0.1      |
| Hambantota   | 15yrs     | 60  | 90.0                           | 10.0  | 0.0  | 10.0        | 28.1                  | 27.7                              | 0.3   | 0.0  | 0.1      |
|              | 35-44yrs  | 59  | 76.3                           | 22.0  | 3.4  | 23.7        | 29.0                  | 28.0                              | 0.8   | 0.1  | 0.2      |
|              | 65-74yrs  | 60  | 51.7                           | 41.7  | 13.3 | 48.3        | 17.6                  | 13.1                              | 2.3   | 0.6  | 1.7      |
| Jaffna       | 15yrs     | 60  | 98.3                           | 1.7   | 0.0  | 1.7         | 27.7                  | 27.6                              | 0.1   | 0.0  | 0.0      |
|              | 35-44yrs  | 60  | 65.0                           | 35.0  | 11.7 | 35.0        | 28.8                  | 24.3                              | 2.7   | 0.7  | 1.1      |
|              | 65-74yrs  | 59  | 61.0                           | 39.0  | 15.3 | 39.0        | 20.1                  | 16.0                              | 2.8   | 0.8  | 0.5      |
| Kilinochchi  | 15yrs     | 20  | 100.0                          | 0.0   | 0.0  | 0.0         | 27.7                  | 27.6                              | 0.0   | 0.0  | 0.1      |
|              | 35-44yrs  | 20  | 75.0                           | 20.0  | 10.0 | 25.0        | 28.7                  | 27.7                              | 0.3   | 0.3  | 0.5      |
|              | 65-74yrs  | 20  | 80.0                           | 20.0  | 0.0  | 20.0        | 19.1                  | 17.3                              | 0.6   | 0.0  | 1.2      |
| Mannar       | 15yrs     | 20  | 60.0                           | 35.0  | 5.0  | 40.0        | 28.2                  | 26.3                              | 1.8   | 0.1  | 0.1      |
|              | 35-44yrs  | 20  | 95.0                           | 5.0   | 0.0  | 5.0         | 28.7                  | 28.5                              | 0.2   | 0.0  | 0.1      |
|              | 65-74yrs  | 20  | 30.0                           | 70.0  | 35.0 | 70.0        | 18.8                  | 8.2                               | 7.9   | 2.7  | 0.1      |
| Mullaitivu   | 15yrs     | 20  | 100.0                          | 0.0   | 0.0  | 0.0         | 28.0                  | 28.0                              | 0.0   | 0.0  | 0.0      |
|              | 35-44yrs  | 21  | 71.4                           | 28.6  | 4.8  | 28.6        | 29.2                  | 26.2                              | 2.9   | 0.1  | 0.0      |
|              | 65-74yrs  | 20  | 75.0                           | 25.0  | 5.0  | 25.0        | 13.3                  | 11.2                              | 1.6   | 0.3  | 0.2      |

\*Any (≥4mm) = either 4-5mm or ≥6mm

Note: Since the possibility of presence of 4-5mm and ≥6mm pockets simultaneously in a person, totals of '4-5mm' and '≥6mm' might not add up to 'Any (≥4mm)'

Table 6.9: Distribution of participants according to the status of periodontal pockets (contd.)

| District     | Age group | N   | % of participants with pockets |       |      |             | Total teeth $\bar{x}$ | Mean number of teeth with pockets |       |      |          |
|--------------|-----------|-----|--------------------------------|-------|------|-------------|-----------------------|-----------------------------------|-------|------|----------|
|              |           |     | No pockets                     | 4-5mm | ≥6mm | Any* (≥4mm) |                       | Nil                               | 4-5mm | ≥6mm | Excluded |
| Vavuniya     | 15yrs     | 20  | 100.0                          | 0.0   | 0.0  | 0.0         | 27.9                  | 27.9                              | 0.0   | 0.0  | 0.0      |
|              | 35-44yrs  | 20  | 60.0                           | 40.0  | 5.0  | 40.0        | 26.5                  | 25.1                              | 1.0   | 0.3  | 0.2      |
|              | 65-74yrs  | 19  | 36.8                           | 63.2  | 21.1 | 63.2        | 20.9                  | 15.8                              | 2.7   | 0.5  | 1.9      |
| Batticaloa   | 15yrs     | 60  | 100.0                          | 0.0   | 0.0  | 0.0         | 27.7                  | 27.7                              | 0.0   | 0.0  | 0.0      |
|              | 35-44yrs  | 60  | 80.0                           | 18.3  | 3.3  | 20.0        | 24.5                  | 22.9                              | 1.0   | 0.1  | 0.5      |
|              | 65-74yrs  | 58  | 36.2                           | 56.9  | 44.8 | 63.8        | 14.4                  | 7.3                               | 4.0   | 2.7  | 0.6      |
| Ampara       | 15yrs     | 100 | 95.0                           | 5.0   | 0.0  | 5.0         | 28.1                  | 27.9                              | 0.2   | 0.0  | 0.0      |
|              | 35-44yrs  | 97  | 85.6                           | 14.4  | 0.0  | 14.4        | 28.2                  | 27.1                              | 0.7   | 0.0  | 0.4      |
|              | 65-74yrs  | 95  | 58.9                           | 40.0  | 10.5 | 41.1        | 13.4                  | 10.4                              | 2.0   | 0.3  | 0.8      |
| Trincomalee  | 15yrs     | 40  | 100.0                          | 0.0   | 0.0  | 0.0         | 27.9                  | 27.9                              | 0.0   | 0.0  | 0.0      |
|              | 35-44yrs  | 40  | 77.5                           | 22.5  | 0.0  | 22.5        | 27.1                  | 26.3                              | 0.8   | 0.0  | 0.1      |
|              | 65-74yrs  | 39  | 59.0                           | 41.0  | 0.0  | 41.0        | 15.0                  | 12.7                              | 1.5   | 0.0  | 0.8      |
| Kurunegala   | 15yrs     | 160 | 90.6                           | 9.4   | 0.0  | 9.4         | 28.0                  | 27.8                              | 0.2   | 0.0  | 0.0      |
|              | 35-44yrs  | 159 | 73.0                           | 25.8  | 5.7  | 27.0        | 28.2                  | 26.7                              | 1.2   | 0.1  | 0.1      |
|              | 65-74yrs  | 160 | 53.8                           | 43.8  | 10.6 | 46.3        | 16.9                  | 14.1                              | 1.9   | 0.4  | 0.6      |
| Puttalam     | 15yrs     | 60  | 98.3                           | 1.7   | 0.0  | 1.7         | 28.0                  | 27.9                              | 0.0   | 0.0  | 0.0      |
|              | 35-44yrs  | 60  | 71.7                           | 28.3  | 5.0  | 28.3        | 27.1                  | 25.2                              | 1.2   | 0.3  | 0.4      |
|              | 65-74yrs  | 60  | 60.0                           | 40.0  | 10.0 | 40.0        | 16.1                  | 13.7                              | 1.6   | 0.2  | 0.6      |
| Anuradhapura | 15yrs     | 100 | 98.0                           | 2.0   | 0.0  | 2.0         | 28.0                  | 27.9                              | 0.1   | 0.0  | 0.0      |
|              | 35-44yrs  | 99  | 72.7                           | 26.3  | 6.1  | 27.3        | 29.1                  | 26.6                              | 1.8   | 0.4  | 0.3      |
|              | 65-74yrs  | 97  | 44.3                           | 54.6  | 4.1  | 55.7        | 15.8                  | 12.8                              | 2.5   | 0.0  | 0.5      |
| Polonnaruwa  | 15yrs     | 60  | 93.3                           | 6.7   | 0.0  | 6.7         | 28.0                  | 27.8                              | 0.2   | 0.0  | 0.0      |
|              | 35-44yrs  | 60  | 80.0                           | 20.0  | 0.0  | 20.0        | 28.6                  | 27.4                              | 1.1   | 0.0  | 0.2      |
|              | 65-74yrs  | 59  | 55.9                           | 37.3  | 8.5  | 44.1        | 18.1                  | 13.7                              | 2.4   | 0.3  | 1.7      |
| Badulla      | 15yrs     | 80  | 93.8                           | 6.3   | 0.0  | 6.3         | 27.9                  | 27.5                              | 0.4   | 0.0  | 0.0      |
|              | 35-44yrs  | 80  | 60.0                           | 40.0  | 6.3  | 40.0        | 27.5                  | 23.3                              | 3.0   | 0.3  | 0.9      |
|              | 65-74yrs  | 74  | 51.4                           | 47.3  | 5.4  | 48.6        | 13.5                  | 10.1                              | 2.5   | 0.1  | 0.8      |
| Monaragala   | 15yrs     | 60  | 100.0                          | 0.0   | 0.0  | 0.0         | 28.0                  | 27.8                              | 0.0   | 0.0  | 0.1      |
|              | 35-44yrs  | 60  | 76.7                           | 23.3  | 1.7  | 23.3        | 27.0                  | 26.2                              | 0.7   | 0.0  | 0.1      |
|              | 65-74yrs  | 60  | 68.3                           | 31.7  | 3.3  | 31.7        | 16.9                  | 15.3                              | 1.4   | 0.1  | 0.2      |
| Ratnapura    | 15yrs     | 80  | 96.3                           | 3.8   | 0.0  | 3.8         | 28.0                  | 27.9                              | 0.0   | 0.0  | 0.1      |
|              | 35-44yrs  | 80  | 78.8                           | 21.3  | 3.8  | 21.3        | 27.2                  | 26.4                              | 0.6   | 0.2  | 0.0      |
|              | 65-74yrs  | 78  | 61.5                           | 34.6  | 10.3 | 38.5        | 15.6                  | 13.5                              | 1.4   | 0.4  | 0.3      |
| Kegalle      | 15yrs     | 80  | 93.8                           | 6.3   | 0.0  | 6.3         | 28.0                  | 27.5                              | 0.1   | 0.0  | 0.3      |
|              | 35-44yrs  | 79  | 89.9                           | 10.1  | 2.5  | 10.1        | 27.8                  | 26.9                              | 0.4   | 0.1  | 0.4      |
|              | 65-74yrs  | 76  | 51.3                           | 44.7  | 17.1 | 48.7        | 14.2                  | 10.8                              | 2.3   | 0.6  | 0.5      |

\*Any (≥4mm) = either 4-5mm or ≥6mm

Note: Since the possibility of presence of 4-5mm and ≥6mm pockets simultaneously in a person, totals of '4-5mm' and '≥6mm' might not add up to 'Any (≥4mm)'



Table 6.10: Percentage distribution of participants and the mean number of sextants according to the loss of periodontal attachment

| District     | Age group | N   | Loss of periodontal attachment |           |       |           |       |           |        |           |       |           |          |           |              |           |
|--------------|-----------|-----|--------------------------------|-----------|-------|-----------|-------|-----------|--------|-----------|-------|-----------|----------|-----------|--------------|-----------|
|              |           |     | 0-3mm                          |           | 4-5mm |           | 6-8mm |           | 9-11mm |           | ≥12mm |           | Excluded |           | Not recorded |           |
|              |           |     | %                              | $\bar{x}$ | %     | $\bar{x}$ | %     | $\bar{x}$ | %      | $\bar{x}$ | %     | $\bar{x}$ | %        | $\bar{x}$ | %            | $\bar{x}$ |
| Colombo      | 15yrs     | 180 | 98.9                           | 6.0       | 1.1   | 0.0       | 0.0   | 0.0       | 0.0    | 0.0       | 0.0   | 0.0       | 0.0      | 0.0       | 0.0          | 0.0       |
|              | 35-44yrs  | 178 | 83.1                           | 5.5       | 14.0  | 0.3       | 2.2   | 0.0       | 0.6    | 0.0       | 0.0   | 0.0       | 0.0      | 0.1       | 0.0          | 0.0       |
|              | 65-74yrs  | 176 | 26.1                           | 2.4       | 33.0  | 1.0       | 17.6  | 0.4       | 6.3    | 0.1       | 4.0   | 0.0       | 11.9     | 1.9       | 1.1          | 0.1       |
| Gampaha      | 15yrs     | 181 | 98.9                           | 6.0       | 1.1   | 0.0       | 0.0   | 0.0       | 0.0    | 0.0       | 0.0   | 0.0       | 0.0      | 0.0       | 0.0          | 0.0       |
|              | 35-44yrs  | 177 | 70.6                           | 5.2       | 19.8  | 0.4       | 6.2   | 0.1       | 1.7    | 0.0       | 1.1   | 0.0       | 0.6      | 0.2       | 0.0          | 0.0       |
|              | 65-74yrs  | 179 | 27.4                           | 2.3       | 26.8  | 1.0       | 19.6  | 0.4       | 6.1    | 0.1       | 2.8   | 0.0       | 16.2     | 2.1       | 1.1          | 0.1       |
| Kalutara     | 15yrs     | 102 | 100.0                          | 6.0       | 0.0   | 0.0       | 0.0   | 0.0       | 0.0    | 0.0       | 0.0   | 0.0       | 0.0      | 0.0       | 0.0          | 0.0       |
|              | 35-44yrs  | 100 | 76.0                           | 5.3       | 18.0  | 0.4       | 2.0   | 0.0       | 2.0    | 0.0       | 1.0   | 0.0       | 1.0      | 0.2       | 0.0          | 0.1       |
|              | 65-74yrs  | 100 | 21.0                           | 1.4       | 30.0  | 1.2       | 23.0  | 0.7       | 13.0   | 0.2       | 0.0   | 0.0       | 13.0     | 2.5       | 0.0          | 0.0       |
| Kandy        | 15yrs     | 140 | 99.3                           | 6.0       | 0.7   | 0.0       | 0.0   | 0.0       | 0.0    | 0.0       | 0.0   | 0.0       | 0.0      | 0.0       | 0.0          | 0.0       |
|              | 35-44yrs  | 136 | 68.4                           | 5.2       | 22.1  | 0.5       | 8.8   | 0.1       | 0.7    | 0.0       | 0.0   | 0.0       | 0.0      | 0.2       | 0.0          | 0.0       |
|              | 65-74yrs  | 134 | 22.4                           | 2.2       | 26.1  | 0.8       | 27.6  | 0.5       | 4.5    | 0.1       | 1.5   | 0.0       | 17.2     | 2.3       | 0.7          | 0.1       |
| Matale       | 15yrs     | 40  | 100.0                          | 6.0       | 0.0   | 0.0       | 0.0   | 0.0       | 0.0    | 0.0       | 0.0   | 0.0       | 0.0      | 0.0       | 0.0          | 0.0       |
|              | 35-44yrs  | 40  | 60.0                           | 4.8       | 32.5  | 0.9       | 5.0   | 0.2       | 2.5    | 0.0       | 0.0   | 0.0       | 0.0      | 0.1       | 0.0          | 0.0       |
|              | 65-74yrs  | 39  | 17.9                           | 2.1       | 25.6  | 0.9       | 28.2  | 0.7       | 10.3   | 0.1       | 2.6   | 0.0       | 15.4     | 2.1       | 0.0          | 0.0       |
| Nuwara-Eliya | 15yrs     | 100 | 99.0                           | 5.9       | 1.0   | 0.1       | 0.0   | 0.0       | 0.0    | 0.0       | 0.0   | 0.0       | 0.0      | 0.0       | 0.0          | 0.0       |
|              | 35-44yrs  | 99  | 61.6                           | 4.9       | 31.3  | 0.9       | 6.1   | 0.1       | 1.0    | 0.0       | 0.0   | 0.0       | 0.0      | 0.1       | 0.0          | 0.0       |
|              | 65-74yrs  | 98  | 18.4                           | 1.6       | 30.6  | 1.2       | 20.4  | 0.4       | 11.2   | 0.2       | 0.0   | 0.0       | 19.4     | 2.7       | 0.0          | 0.0       |
| Galle        | 15yrs     | 100 | 100.0                          | 6.0       | 0.0   | 0.0       | 0.0   | 0.0       | 0.0    | 0.0       | 0.0   | 0.0       | 0.0      | 0.0       | 0.0          | 0.0       |
|              | 35-44yrs  | 99  | 79.8                           | 5.5       | 15.2  | 0.3       | 4.0   | 0.1       | 1.0    | 0.0       | 0.0   | 0.0       | 0.0      | 0.2       | 0.0          | 0.0       |
|              | 65-74yrs  | 100 | 25.0                           | 2.1       | 20.0  | 0.6       | 23.0  | 0.6       | 7.0    | 0.1       | 4.0   | 0.1       | 21.0     | 2.5       | 0.0          | 0.0       |
| Matara       | 15yrs     | 80  | 100.0                          | 6.0       | 0.0   | 0.0       | 0.0   | 0.0       | 0.0    | 0.0       | 0.0   | 0.0       | 0.0      | 0.0       | 0.0          | 0.0       |
|              | 35-44yrs  | 79  | 77.2                           | 5.4       | 19.0  | 0.5       | 3.8   | 0.0       | 0.0    | 0.0       | 0.0   | 0.0       | 0.0      | 0.1       | 0.0          | 0.0       |
|              | 65-74yrs  | 79  | 11.4                           | 1.8       | 54.4  | 2.2       | 21.5  | 0.3       | 0.0    | 0.0       | 0.0   | 0.0       | 12.7     | 1.6       | 0.0          | 0.0       |
| Hambantota   | 15yrs     | 60  | 100.0                          | 6.0       | 0.0   | 0.0       | 0.0   | 0.0       | 0.0    | 0.0       | 0.0   | 0.0       | 0.0      | 0.0       | 0.0          | 0.0       |
|              | 35-44yrs  | 59  | 86.4                           | 5.7       | 8.5   | 0.2       | 3.4   | 0.0       | 1.7    | 0.0       | 0.0   | 0.0       | 0.0      | 0.0       | 0.0          | 0.0       |
|              | 65-74yrs  | 60  | 21.7                           | 2.4       | 31.7  | 1.2       | 20.0  | 0.4       | 5.0    | 0.1       | 3.3   | 0.1       | 13.3     | 1.6       | 5.0          | 0.4       |
| Jaffna       | 15yrs     | 60  | 95.0                           | 5.9       | 5.0   | 0.1       | 0.0   | 0.0       | 0.0    | 0.0       | 0.0   | 0.0       | 0.0      | 0.1       | 0.0          | 0.0       |
|              | 35-44yrs  | 60  | 70.0                           | 5.2       | 18.3  | 0.5       | 6.7   | 0.1       | 1.7    | 0.0       | 0.0   | 0.0       | 1.7      | 0.2       | 1.7          | 0.1       |
|              | 65-74yrs  | 59  | 27.1                           | 2.7       | 20.3  | 0.8       | 22.0  | 0.6       | 15.3   | 0.4       | 3.4   | 0.1       | 11.9     | 1.4       | 0.0          | 0.0       |
| Kilinochchi  | 15yrs     | 20  | 100.0                          | 6.0       | 0.0   | 0.0       | 0.0   | 0.0       | 0.0    | 0.0       | 0.0   | 0.0       | 0.0      | 0.0       | 0.0          | 0.0       |
|              | 35-44yrs  | 20  | 75.0                           | 5.7       | 10.0  | 0.1       | 5.0   | 0.1       | 10.0   | 0.1       | 0.0   | 0.0       | 0.0      | 0.1       | 0.0          | 0.0       |
|              | 65-74yrs  | 20  | 10.0                           | 1.9       | 20.0  | 1.2       | 30.0  | 1.0       | 15.0   | 0.3       | 15.0  | 0.2       | 10.0     | 1.5       | 0.0          | 0.0       |
| Mannar       | 15yrs     | 20  | 100.0                          | 6.0       | 0.0   | 0.0       | 0.0   | 0.0       | 0.0    | 0.0       | 0.0   | 0.0       | 0.0      | 0.0       | 0.0          | 0.0       |
|              | 35-44yrs  | 20  | 70.0                           | 5.0       | 30.0  | 1.1       | 0.0   | 0.0       | 0.0    | 0.0       | 0.0   | 0.0       | 0.0      | 0.0       | 0.0          | 0.0       |
|              | 65-74yrs  | 20  | 25.0                           | 2.3       | 45.0  | 2.1       | 25.0  | 0.6       | 0.0    | 0.0       | 0.0   | 0.0       | 5.0      | 1.1       | 0.0          | 0.0       |
| Mullaitivu   | 15yrs     | 20  | 100.0                          | 6.0       | 0.0   | 0.0       | 0.0   | 0.0       | 0.0    | 0.0       | 0.0   | 0.0       | 0.0      | 0.0       | 0.0          | 0.0       |
|              | 35-44yrs  | 21  | 71.4                           | 5.4       | 28.6  | 0.5       | 0.0   | 0.0       | 0.0    | 0.0       | 0.0   | 0.0       | 0.0      | 0.0       | 0.0          | 0.0       |
|              | 65-74yrs  | 20  | 35.0                           | 1.9       | 20.0  | 1.0       | 10.0  | 0.5       | 10.0   | 0.2       | 0.0   | 0.0       | 25.0     | 2.6       | 0.0          | 0.0       |

Table 6.10: Percentage distribution of participants and the mean number of sextants according to the loss of periodontal attachment (contd.)

| District     | Age group | N   | Loss of periodontal attachment |           |       |           |       |           |           |     |           |     |           |     |              |     |
|--------------|-----------|-----|--------------------------------|-----------|-------|-----------|-------|-----------|-----------|-----|-----------|-----|-----------|-----|--------------|-----|
|              |           |     | 0-3mm                          |           | 4-5mm |           | 6-8mm |           | 9-11mm    |     | ≥12mm     |     | Excluded  |     | Not recorded |     |
|              |           |     | %                              | $\bar{x}$ | %     | $\bar{x}$ | %     | $\bar{x}$ | $\bar{x}$ | %   | $\bar{x}$ | %   | $\bar{x}$ | %   | $\bar{x}$    |     |
| Vavuniya     | 15yrs     | 20  | 100.0                          | 6.0       | 0.0   | 0.0       | 0.0   | 0.0       | 0.0       | 0.0 | 0.0       | 0.0 | 0.0       | 0.0 | 0.0          | 0.0 |
|              | 35-44yrs  | 20  | 90.0                           | 5.5       | 5.0   | 0.2       | 5.0   | 0.1       | 0.0       | 0.0 | 0.0       | 0.0 | 0.0       | 0.3 | 0.0          | 0.0 |
|              | 65-74yrs  | 19  | 42.1                           | 3.4       | 10.5  | 0.7       | 21.1  | 0.4       | 10.5      | 0.1 | 0.0       | 0.0 | 10.5      | 1.1 | 5.3          | 0.3 |
| Batticaloa   | 15yrs     | 60  | 100.0                          | 6.0       | 0.0   | 0.0       | 0.0   | 0.0       | 0.0       | 0.0 | 0.0       | 0.0 | 0.0       | 0.0 | 0.0          | 0.0 |
|              | 35-44yrs  | 60  | 86.7                           | 5.5       | 6.7   | 0.2       | 1.7   | 0.1       | 5.0       | 0.1 | 0.0       | 0.0 | 0.0       | 0.2 | 0.0          | 0.0 |
|              | 65-74yrs  | 58  | 17.2                           | 1.7       | 32.8  | 1.5       | 24.1  | 0.6       | 6.9       | 0.2 | 13.8      | 0.2 | 5.2       | 1.7 | 0.0          | 0.1 |
| Ampara       | 15yrs     | 100 | 100.0                          | 6.0       | 0.0   | 0.0       | 0.0   | 0.0       | 0.0       | 0.0 | 0.0       | 0.0 | 0.0       | 0.0 | 0.0          | 0.0 |
|              | 35-44yrs  | 97  | 93.8                           | 5.8       | 5.2   | 0.1       | 0.0   | 0.0       | 0.0       | 0.0 | 0.0       | 0.0 | 0.0       | 1.0 | 0.1          |     |
|              | 65-74yrs  | 95  | 31.6                           | 2.3       | 33.7  | 1.0       | 13.7  | 0.3       | 5.3       | 0.1 | 1.1       | 0.0 | 12.6      | 2.2 | 2.1          | 0.1 |
| Trincomalee  | 15yrs     | 40  | 100.0                          | 6.0       | 0.0   | 0.0       | 0.0   | 0.0       | 0.0       | 0.0 | 0.0       | 0.0 | 0.0       | 0.0 | 0.0          | 0.0 |
|              | 35-44yrs  | 40  | 95.0                           | 5.9       | 5.0   | 0.1       | 0.0   | 0.0       | 0.0       | 0.0 | 0.0       | 0.0 | 0.1       | 0.0 | 0.0          |     |
|              | 65-74yrs  | 39  | 48.7                           | 3.1       | 30.8  | 0.9       | 15.4  | 0.2       | 0.0       | 0.0 | 0.0       | 0.0 | 5.1       | 1.8 | 0.0          | 0.0 |
| Kurunegala   | 15yrs     | 160 | 100.0                          | 6.0       | 0.0   | 0.0       | 0.0   | 0.0       | 0.0       | 0.0 | 0.0       | 0.0 | 0.0       | 0.0 | 0.0          | 0.0 |
|              | 35-44yrs  | 159 | 80.5                           | 5.5       | 14.5  | 0.4       | 4.4   | 0.1       | 0.0       | 0.0 | 0.6       | 0.0 | 0.0       | 0.0 | 0.0          | 0.0 |
|              | 65-74yrs  | 160 | 20.0                           | 2.5       | 28.8  | 1.1       | 30.6  | 0.6       | 8.8       | 0.2 | 3.8       | 0.1 | 8.1       | 1.6 | 0.0          | 0.0 |
| Puttalam     | 15yrs     | 60  | 98.3                           | 6.0       | 1.7   | 0.0       | 0.0   | 0.0       | 0.0       | 0.0 | 0.0       | 0.0 | 0.0       | 0.0 | 0.0          | 0.0 |
|              | 35-44yrs  | 60  | 70.0                           | 5.2       | 16.7  | 0.4       | 6.7   | 0.1       | 3.3       | 0.1 | 3.3       | 0.0 | 0.0       | 0.1 | 0.0          | 0.0 |
|              | 65-74yrs  | 60  | 15.0                           | 2.3       | 20.0  | 0.9       | 21.7  | 0.7       | 25.0      | 0.4 | 10.0      | 0.2 | 8.3       | 1.6 | 0.0          | 0.0 |
| Anuradhapura | 15yrs     | 100 | 99.0                           | 6.0       | 1.0   | 0.0       | 0.0   | 0.0       | 0.0       | 0.0 | 0.0       | 0.0 | 0.0       | 0.0 | 0.0          | 0.0 |
|              | 35-44yrs  | 99  | 70.7                           | 5.4       | 25.3  | 0.5       | 3.0   | 0.0       | 1.0       | 0.0 | 0.0       | 0.0 | 0.0       | 0.0 | 0.0          | 0.0 |
|              | 65-74yrs  | 97  | 12.4                           | 2.1       | 49.5  | 1.5       | 14.4  | 0.3       | 11.3      | 0.2 | 0.0       | 0.0 | 12.4      | 1.9 | 0.0          | 0.0 |
| Polonnaruwa  | 15yrs     | 60  | 100.0                          | 6.0       | 0.0   | 0.0       | 0.0   | 0.0       | 0.0       | 0.0 | 0.0       | 0.0 | 0.0       | 0.0 | 0.0          | 0.0 |
|              | 35-44yrs  | 60  | 70.0                           | 5.2       | 30.0  | 0.8       | 0.0   | 0.0       | 0.0       | 0.0 | 0.0       | 0.0 | 0.1       | 0.0 | 0.0          |     |
|              | 65-74yrs  | 59  | 15.3                           | 1.8       | 49.2  | 1.9       | 16.9  | 0.2       | 5.1       | 0.1 | 1.7       | 0.0 | 8.5       | 1.8 | 3.4          | 0.1 |
| Badulla      | 15yrs     | 80  | 97.5                           | 6.0       | 2.5   | 0.0       | 0.0   | 0.0       | 0.0       | 0.0 | 0.0       | 0.0 | 0.0       | 0.0 | 0.0          | 0.0 |
|              | 35-44yrs  | 80  | 68.8                           | 5.0       | 22.5  | 0.6       | 6.3   | 0.1       | 1.3       | 0.1 | 1.3       | 0.0 | 0.0       | 0.1 | 0.0          | 0.0 |
|              | 65-74yrs  | 74  | 17.6                           | 1.8       | 27.0  | 1.1       | 25.7  | 0.5       | 6.8       | 0.1 | 0.0       | 0.0 | 23.0      | 2.5 | 0.0          | 0.0 |
| Monaragala   | 15yrs     | 60  | 100.0                          | 6.0       | 0.0   | 0.0       | 0.0   | 0.0       | 0.0       | 0.0 | 0.0       | 0.0 | 0.0       | 0.0 | 0.0          | 0.0 |
|              | 35-44yrs  | 60  | 76.7                           | 5.5       | 18.3  | 0.4       | 3.3   | 0.0       | 1.7       | 0.0 | 0.0       | 0.0 | 0.0       | 0.1 | 0.0          | 0.0 |
|              | 65-74yrs  | 60  | 30.0                           | 3.0       | 38.3  | 0.9       | 10.0  | 0.1       | 0.0       | 0.0 | 0.0       | 0.0 | 21.7      | 2.0 | 0.0          | 0.0 |
| Ratnapura    | 15yrs     | 80  | 100.0                          | 6.0       | 0.0   | 0.0       | 0.0   | 0.0       | 0.0       | 0.0 | 0.0       | 0.0 | 0.0       | 0.0 | 0.0          | 0.0 |
|              | 35-44yrs  | 80  | 78.8                           | 5.5       | 18.8  | 0.4       | 0.0   | 0.0       | 2.5       | 0.0 | 0.0       | 0.0 | 0.0       | 0.0 | 0.0          | 0.0 |
|              | 65-74yrs  | 78  | 24.4                           | 2.2       | 26.9  | 1.0       | 17.9  | 0.5       | 14.1      | 0.2 | 1.3       | 0.0 | 14.1      | 2.0 | 1.3          | 0.1 |
| Kegalle      | 15yrs     | 80  | 98.8                           | 6.0       | 1.3   | 0.0       | 0.0   | 0.0       | 0.0       | 0.0 | 0.0       | 0.0 | 0.0       | 0.0 | 0.0          | 0.0 |
|              | 35-44yrs  | 79  | 84.8                           | 5.7       | 7.6   | 0.2       | 7.6   | 0.1       | 0.0       | 0.0 | 0.0       | 0.0 | 0.0       | 0.0 | 0.0          | 0.0 |
|              | 65-74yrs  | 76  | 22.4                           | 2.3       | 36.8  | 1.1       | 15.8  | 0.3       | 6.6       | 0.1 | 3.9       | 0.1 | 14.5      | 2.1 | 0.0          | 0.0 |

Table 6.11: Percentage distribution of participants according to the presence of malocclusion

| District     | Age group | N   | Malocclusion (%) |      |        |
|--------------|-----------|-----|------------------|------|--------|
|              |           |     | None             | Mild | Severe |
| Colombo      | 12yrs     | 179 | 70.9             | 15.1 | 14.0   |
|              | 15yrs     | 180 | 77.2             | 10.6 | 12.2   |
| Gampaha      | 12yrs     | 180 | 66.1             | 20.6 | 13.3   |
|              | 15yrs     | 181 | 64.6             | 19.3 | 16.0   |
| Kalutara     | 12yrs     | 100 | 71.0             | 13.0 | 16.0   |
|              | 15yrs     | 102 | 80.4             | 9.8  | 9.8    |
| Kandy        | 12yrs     | 140 | 54.3             | 20.0 | 25.7   |
|              | 15yrs     | 140 | 71.4             | 14.3 | 14.3   |
| Matale       | 12yrs     | 40  | 52.5             | 20.0 | 27.5   |
|              | 15yrs     | 40  | 65.0             | 22.5 | 12.5   |
| Nuwara-Eliya | 12yrs     | 99  | 61.6             | 19.2 | 19.2   |
|              | 15yrs     | 100 | 51.0             | 24.0 | 25.0   |
| Galle        | 12yrs     | 99  | 79.8             | 6.1  | 14.1   |
|              | 15yrs     | 100 | 83.0             | 8.0  | 9.0    |
| Matara       | 12yrs     | 80  | 72.5             | 12.5 | 15.0   |
|              | 15yrs     | 80  | 88.8             | 3.8  | 7.5    |
| Hambantota   | 12yrs     | 60  | 63.3             | 20.0 | 16.7   |
|              | 15yrs     | 60  | 73.3             | 15.0 | 11.7   |
| Jaffna       | 12yrs     | 60  | 66.7             | 18.3 | 15.0   |
|              | 15yrs     | 60  | 58.3             | 25.0 | 16.7   |
| Kilinochchi  | 12yrs     | 20  | 85.0             | 10.0 | 5.0    |
|              | 15yrs     | 20  | 75.0             | 15.0 | 10.0   |
| Mannar       | 12yrs     | 21  | 85.7             | 0.0  | 14.3   |
|              | 15yrs     | 20  | 100.0            | 0.0  | 0.0    |
| Mullaitivu   | 12yrs     | 20  | 85.0             | 5.0  | 10.0   |
|              | 15yrs     | 20  | 100.0            | 0.0  | 0.0    |
| Vavuniya     | 12yrs     | 20  | 90.0             | 5.0  | 5.0    |
|              | 15yrs     | 20  | 95.0             | 0.0  | 5.0    |
| Batticaloa   | 12yrs     | 60  | 35.0             | 60.0 | 5.0    |
|              | 15yrs     | 60  | 66.7             | 28.3 | 5.0    |
| Ampara       | 12yrs     | 99  | 66.7             | 25.3 | 8.1    |
|              | 15yrs     | 100 | 65.0             | 31.0 | 4.0    |
| Trincomalee  | 12yrs     | 39  | 84.6             | 10.3 | 5.1    |
|              | 15yrs     | 40  | 60.0             | 37.5 | 2.5    |
| Kurunegala   | 12yrs     | 160 | 60.6             | 16.9 | 22.5   |
|              | 15yrs     | 160 | 66.3             | 17.5 | 16.3   |
| Puttalam     | 12yrs     | 60  | 46.7             | 28.3 | 25.0   |
|              | 15yrs     | 60  | 50.0             | 20.0 | 30.0   |
| Anuradhapura | 12yrs     | 100 | 79.0             | 8.0  | 13.0   |
|              | 15yrs     | 100 | 75.0             | 12.0 | 13.0   |
| Polonnaruwa  | 12yrs     | 60  | 66.7             | 15.0 | 18.3   |
|              | 15yrs     | 60  | 70.0             | 5.0  | 25.0   |
| Badulla      | 12yrs     | 80  | 61.3             | 25.0 | 13.8   |
|              | 15yrs     | 80  | 80.0             | 7.5  | 12.5   |
| Monaragala   | 12yrs     | 60  | 45.0             | 30.0 | 25.0   |
|              | 15yrs     | 60  | 50.0             | 35.0 | 15.0   |
| Ratnapura    | 12yrs     | 80  | 75.0             | 15.0 | 10.0   |
|              | 15yrs     | 80  | 76.3             | 12.5 | 11.3   |
| Kegalle      | 12yrs     | 80  | 76.3             | 12.5 | 11.3   |
|              | 15yrs     | 80  | 81.3             | 8.8  | 10.0   |

Table 6.12: Percentage distribution of participants according to the presence of enamel fluorosis

| District     | Age group | N   | Enamel fluorosis (%) |              |           |      |          |        |              |
|--------------|-----------|-----|----------------------|--------------|-----------|------|----------|--------|--------------|
|              |           |     | Normal               | Questionable | Very mild | Mild | Moderate | Severe | Not recorded |
| Colombo      | 12yrs     | 179 | 99.4                 | 0.0          | 0.6       | 0.0  | 0.0      | 0.0    | 0.0          |
|              | 15yrs     | 180 | 99.4                 | 0.0          | 0.0       | 0.6  | 0.0      | 0.0    | 0.0          |
|              | 35-44yrs  | 178 | 100.0                | 0.0          | 0.0       | 0.0  | 0.0      | 0.0    | 0.0          |
| Gampaha      | 12yrs     | 180 | 98.9                 | 0.6          | 0.0       | 0.6  | 0.0      | 0.0    | 0.0          |
|              | 15yrs     | 181 | 99.4                 | 0.6          | 0.0       | 0.0  | 0.0      | 0.0    | 0.0          |
|              | 35-44yrs  | 177 | 99.4                 | 0.0          | 0.0       | 0.0  | 0.0      | 0.6    | 0.0          |
| Kalutara     | 12yrs     | 100 | 100.0                | 0.0          | 0.0       | 0.0  | 0.0      | 0.0    | 0.0          |
|              | 15yrs     | 102 | 100.0                | 0.0          | 0.0       | 0.0  | 0.0      | 0.0    | 0.0          |
|              | 35-44yrs  | 100 | 100.0                | 0.0          | 0.0       | 0.0  | 0.0      | 0.0    | 0.0          |
| Kandy        | 12yrs     | 140 | 97.1                 | 0.0          | 2.9       | 0.0  | 0.0      | 0.0    | 0.0          |
|              | 15yrs     | 140 | 98.6                 | 1.4          | 0.0       | 0.0  | 0.0      | 0.0    | 0.0          |
|              | 35-44yrs  | 136 | 97.1                 | 0.0          | 0.0       | 1.5  | 0.0      | 0.0    | 1.5          |
| Matale       | 12yrs     | 40  | 95.0                 | 0.0          | 2.5       | 2.5  | 0.0      | 0.0    | 0.0          |
|              | 15yrs     | 40  | 95.0                 | 2.5          | 2.5       | 0.0  | 0.0      | 0.0    | 0.0          |
|              | 35-44yrs  | 40  | 95.0                 | 2.5          | 2.5       | 0.0  | 0.0      | 0.0    | 0.0          |
| Nuwara-Eliya | 12yrs     | 99  | 91.9                 | 4.0          | 2.0       | 1.0  | 1.0      | 0.0    | 0.0          |
|              | 15yrs     | 100 | 92.0                 | 4.0          | 4.0       | 0.0  | 0.0      | 0.0    | 0.0          |
|              | 35-44yrs  | 99  | 98.0                 | 2.0          | 0.0       | 0.0  | 0.0      | 0.0    | 0.0          |
| Galle        | 12yrs     | 99  | 100.0                | 0.0          | 0.0       | 0.0  | 0.0      | 0.0    | 0.0          |
|              | 15yrs     | 100 | 99.0                 | 1.0          | 0.0       | 0.0  | 0.0      | 0.0    | 0.0          |
|              | 35-44yrs  | 99  | 100.0                | 0.0          | 0.0       | 0.0  | 0.0      | 0.0    | 0.0          |
| Matara       | 12yrs     | 80  | 97.5                 | 1.3          | 0.0       | 1.3  | 0.0      | 0.0    | 0.0          |
|              | 15yrs     | 80  | 100.0                | 0.0          | 0.0       | 0.0  | 0.0      | 0.0    | 0.0          |
|              | 35-44yrs  | 79  | 100.0                | 0.0          | 0.0       | 0.0  | 0.0      | 0.0    | 0.0          |
| Hambantota   | 12yrs     | 60  | 65.0                 | 11.7         | 10.0      | 13.3 | 0.0      | 0.0    | 0.0          |
|              | 15yrs     | 60  | 80.0                 | 10.0         | 8.3       | 1.7  | 0.0      | 0.0    | 0.0          |
|              | 35-44yrs  | 59  | 89.8                 | 3.4          | 3.4       | 3.4  | 0.0      | 0.0    | 0.0          |
| Jaffna       | 12yrs     | 60  | 83.3                 | 10.0         | 5.0       | 1.7  | 0.0      | 0.0    | 0.0          |
|              | 15yrs     | 60  | 85.0                 | 1.7          | 5.0       | 6.7  | 1.7      | 0.0    | 0.0          |
|              | 35-44yrs  | 60  | 100.0                | 0.0          | 0.0       | 0.0  | 0.0      | 0.0    | 0.0          |
| Kilinochchi  | 12yrs     | 20  | 95.0                 | 5.0          | 0.0       | 0.0  | 0.0      | 0.0    | 0.0          |
|              | 15yrs     | 20  | 95.0                 | 0.0          | 5.0       | 0.0  | 0.0      | 0.0    | 0.0          |
|              | 35-44yrs  | 20  | 95.0                 | 0.0          | 0.0       | 5.0  | 0.0      | 0.0    | 0.0          |
| Mannar       | 12yrs     | 21  | 100.0                | 0.0          | 0.0       | 0.0  | 0.0      | 0.0    | 0.0          |
|              | 15yrs     | 20  | 100.0                | 0.0          | 0.0       | 0.0  | 0.0      | 0.0    | 0.0          |
|              | 35-44yrs  | 20  | 100.0                | 0.0          | 0.0       | 0.0  | 0.0      | 0.0    | 0.0          |
| Mullaitivu   | 12yrs     | 20  | 40.0                 | 0.0          | 10.0      | 30.0 | 20.0     | 0.0    | 0.0          |
|              | 15yrs     | 20  | 40.0                 | 25.0         | 5.0       | 25.0 | 5.0      | 0.0    | 0.0          |
|              | 35-44yrs  | 21  | 90.5                 | 0.0          | 0.0       | 9.5  | 0.0      | 0.0    | 0.0          |

Table 6.12: Percentage distribution of participants according to the presence of enamel fluorosis (contd.)

| District     | Age group | N   | Enamel fluorosis (%) |              |           |      |          |        | Not recorded |
|--------------|-----------|-----|----------------------|--------------|-----------|------|----------|--------|--------------|
|              |           |     | Normal               | Questionable | Very mild | Mild | Moderate | Severe |              |
| Vavuniya     | 12yrs     | 20  | 40.0                 | 20.0         | 5.0       | 25.0 | 10.0     | 0.0    | 0.0          |
|              | 15yrs     | 20  | 40.0                 | 15.0         | 25.0      | 15.0 | 5.0      | 0.0    | 0.0          |
|              | 35-44yrs  | 20  | 100.0                | 0.0          | 0.0       | 0.0  | 0.0      | 0.0    | 0.0          |
| Batticaloa   | 12yrs     | 60  | 100.0                | 0.0          | 0.0       | 0.0  | 0.0      | 0.0    | 0.0          |
|              | 15yrs     | 60  | 100.0                | 0.0          | 0.0       | 0.0  | 0.0      | 0.0    | 0.0          |
|              | 35-44yrs  | 60  | 98.3                 | 0.0          | 0.0       | 0.0  | 1.7      | 0.0    | 0.0          |
| Ampara       | 12yrs     | 99  | 79.8                 | 18.2         | 0.0       | 1.0  | 1.0      | 0.0    | 0.0          |
|              | 15yrs     | 100 | 78.0                 | 17.0         | 3.0       | 2.0  | 0.0      | 0.0    | 0.0          |
|              | 35-44yrs  | 97  | 95.9                 | 1.0          | 1.0       | 1.0  | 1.0      | 0.0    | 0.0          |
| Trincomalee  | 12yrs     | 39  | 94.9                 | 2.6          | 0.0       | 0.0  | 2.6      | 0.0    | 0.0          |
|              | 15yrs     | 40  | 97.5                 | 0.0          | 2.5       | 0.0  | 0.0      | 0.0    | 0.0          |
|              | 35-44yrs  | 40  | 85.0                 | 7.5          | 0.0       | 0.0  | 0.0      | 0.0    | 7.5          |
| Kurunegala   | 12yrs     | 160 | 76.3                 | 6.3          | 6.3       | 6.9  | 3.8      | 0.6    | 0.0          |
|              | 15yrs     | 160 | 81.9                 | 5.0          | 8.1       | 2.5  | 1.9      | 0.6    | 0.0          |
|              | 35-44yrs  | 159 | 87.4                 | 2.5          | 3.1       | 1.9  | 4.4      | 0.6    | 0.0          |
| Puttalam     | 12yrs     | 60  | 80.0                 | 3.3          | 3.3       | 10.0 | 1.7      | 1.7    | 0.0          |
|              | 15yrs     | 60  | 81.7                 | 1.7          | 3.3       | 10.0 | 3.3      | 0.0    | 0.0          |
|              | 35-44yrs  | 60  | 96.7                 | 0.0          | 0.0       | 1.7  | 1.7      | 0.0    | 0.0          |
| Anuradhapura | 12yrs     | 100 | 30.0                 | 18.0         | 9.0       | 30.0 | 7.0      | 4.0    | 2.0          |
|              | 15yrs     | 100 | 36.0                 | 10.0         | 12.0      | 27.0 | 15.0     | 0.0    | 0.0          |
|              | 35-44yrs  | 99  | 63.6                 | 7.1          | 5.1       | 8.1  | 15.2     | 1.0    | 0.0          |
| Polonnaruwa  | 12yrs     | 60  | 76.7                 | 6.7          | 8.3       | 5.0  | 3.3      | 0.0    | 0.0          |
|              | 15yrs     | 60  | 85.0                 | 3.3          | 6.7       | 5.0  | 0.0      | 0.0    | 0.0          |
|              | 35-44yrs  | 60  | 60.0                 | 16.7         | 13.3      | 6.7  | 3.3      | 0.0    | 0.0          |
| Badulla      | 12yrs     | 80  | 90.0                 | 2.5          | 6.3       | 0.0  | 1.3      | 0.0    | 0.0          |
|              | 15yrs     | 80  | 90.0                 | 2.5          | 6.3       | 1.3  | 0.0      | 0.0    | 0.0          |
|              | 35-44yrs  | 80  | 95.0                 | 0.0          | 2.5       | 1.3  | 0.0      | 0.0    | 1.3          |
| Monaragala   | 12yrs     | 60  | 73.3                 | 5.0          | 13.3      | 5.0  | 1.7      | 1.7    | 0.0          |
|              | 15yrs     | 60  | 73.3                 | 8.3          | 5.0       | 6.7  | 5.0      | 1.7    | 0.0          |
|              | 35-44yrs  | 60  | 95.0                 | 5.0          | 0.0       | 0.0  | 0.0      | 0.0    | 0.0          |
| Ratnapura    | 12yrs     | 80  | 86.3                 | 3.8          | 5.0       | 1.3  | 3.8      | 0.0    | 0.0          |
|              | 15yrs     | 80  | 86.3                 | 6.3          | 1.3       | 3.8  | 2.5      | 0.0    | 0.0          |
|              | 35-44yrs  | 80  | 96.3                 | 3.8          | 0.0       | 0.0  | 0.0      | 0.0    | 0.0          |
| Kegalle      | 12yrs     | 80  | 95.0                 | 2.5          | 2.5       | 0.0  | 0.0      | 0.0    | 0.0          |
|              | 15yrs     | 80  | 96.3                 | 1.3          | 1.3       | 1.3  | 0.0      | 0.0    | 0.0          |
|              | 35-44yrs  | 79  | 97.5                 | 2.5          | 0.0       | 0.0  | 0.0      | 0.0    | 0.0          |

Table 6.13: Percentage distribution of participants according to the presence of tooth-wear

| District     | Age group | N   | Tooth-wear (%) |           |            |           |
|--------------|-----------|-----|----------------|-----------|------------|-----------|
|              |           |     | None           | 1-5 teeth | 6-10 teeth | >10 teeth |
| Colombo      | 12yrs     | 179 | 97.8           | 2.2       | 0.0        | 0.0       |
|              | 15yrs     | 180 | 93.3           | 6.1       | 0.6        | 0.0       |
|              | 35-44yrs  | 178 | 55.1           | 23.0      | 20.8       | 1.1       |
| Gampaha      | 12yrs     | 180 | 96.7           | 3.3       | 0.0        | 0.0       |
|              | 15yrs     | 181 | 93.9           | 6.1       | 0.0        | 0.0       |
|              | 35-44yrs  | 177 | 40.1           | 31.6      | 21.5       | 6.8       |
| Kalutara     | 12yrs     | 100 | 97.0           | 3.0       | 0.0        | 0.0       |
|              | 15yrs     | 102 | 93.1           | 6.9       | 0.0        | 0.0       |
|              | 35-44yrs  | 100 | 29.0           | 40.0      | 22.0       | 9.0       |
| Kandy        | 12yrs     | 140 | 98.6           | 0.7       | 0.0        | 0.7       |
|              | 15yrs     | 140 | 97.9           | 2.1       | 0.0        | 0.0       |
|              | 35-44yrs  | 136 | 64.7           | 25.7      | 8.1        | 1.5       |
| Matale       | 12yrs     | 40  | 100.0          | 0.0       | 0.0        | 0.0       |
|              | 15yrs     | 40  | 95.0           | 0.0       | 0.0        | 5.0       |
|              | 35-44yrs  | 40  | 62.5           | 20.0      | 17.5       | 0.0       |
| Nuwara-Eliya | 12yrs     | 99  | 96.0           | 3.0       | 1.0        | 0.0       |
|              | 15yrs     | 100 | 96.0           | 4.0       | 0.0        | 0.0       |
|              | 35-44yrs  | 99  | 32.3           | 32.3      | 27.3       | 8.1       |
| Galle        | 12yrs     | 99  | 98.0           | 1.0       | 1.0        | 0.0       |
|              | 15yrs     | 100 | 100.0          | 0.0       | 0.0        | 0.0       |
|              | 35-44yrs  | 99  | 45.5           | 40.4      | 9.1        | 5.1       |
| Matara       | 12yrs     | 80  | 100.0          | 0.0       | 0.0        | 0.0       |
|              | 15yrs     | 80  | 100.0          | 0.0       | 0.0        | 0.0       |
|              | 35-44yrs  | 79  | 70.9           | 20.3      | 8.9        | 0.0       |
| Hambantota   | 12yrs     | 60  | 98.3           | 0.0       | 1.7        | 0.0       |
|              | 15yrs     | 60  | 100.0          | 0.0       | 0.0        | 0.0       |
|              | 35-44yrs  | 59  | 54.2           | 35.6      | 5.1        | 5.1       |
| Jaffna       | 12yrs     | 60  | 100.0          | 0.0       | 0.0        | 0.0       |
|              | 15yrs     | 60  | 100.0          | 0.0       | 0.0        | 0.0       |
|              | 35-44yrs  | 60  | 65.0           | 18.3      | 8.3        | 8.3       |
| Kilinochchi  | 12yrs     | 20  | 95.0           | 5.0       | 0.0        | 0.0       |
|              | 15yrs     | 20  | 100.0          | 0.0       | 0.0        | 0.0       |
|              | 35-44yrs  | 20  | 60.0           | 25.0      | 10.0       | 5.0       |
| Mannar       | 12yrs     | 21  | 100.0          | 0.0       | 0.0        | 0.0       |
|              | 15yrs     | 20  | 100.0          | 0.0       | 0.0        | 0.0       |
|              | 35-44yrs  | 20  | 70.0           | 25.0      | 5.0        | 0.0       |
| Mullaitivu   | 12yrs     | 20  | 100.0          | 0.0       | 0.0        | 0.0       |
|              | 15yrs     | 20  | 100.0          | 0.0       | 0.0        | 0.0       |
|              | 35-44yrs  | 21  | 52.4           | 28.6      | 19.0       | 0.0       |
| Vavuniya     | 12yrs     | 20  | 100.0          | 0.0       | 0.0        | 0.0       |
|              | 15yrs     | 20  | 100.0          | 0.0       | 0.0        | 0.0       |
|              | 35-44yrs  | 20  | 50.0           | 40.0      | 10.0       | 0.0       |
| Batticaloa   | 12yrs     | 60  | 98.3           | 1.7       | 0.0        | 0.0       |
|              | 15yrs     | 60  | 96.7           | 0.0       | 3.3        | 0.0       |
|              | 35-44yrs  | 60  | 86.7           | 8.3       | 3.3        | 1.7       |
| Ampara       | 12yrs     | 99  | 99.0           | 1.0       | 0.0        | 0.0       |
|              | 15yrs     | 100 | 92.0           | 6.0       | 1.0        | 1.0       |
|              | 35-44yrs  | 97  | 81.4           | 11.3      | 6.2        | 1.0       |
| Trincomalee  | 12yrs     | 39  | 100.0          | 0.0       | 0.0        | 0.0       |
|              | 15yrs     | 40  | 100.0          | 0.0       | 0.0        | 0.0       |
|              | 35-44yrs  | 40  | 72.5           | 20.0      | 7.5        | 0.0       |
| Kurunegala   | 12yrs     | 160 | 93.8           | 6.3       | 0.0        | 0.0       |
|              | 15yrs     | 160 | 85.6           | 13.1      | 1.3        | 0.0       |
|              | 35-44yrs  | 159 | 41.5           | 17.6      | 28.3       | 12.6      |
| Puttalam     | 12yrs     | 60  | 96.7           | 3.3       | 0.0        | 0.0       |
|              | 15yrs     | 60  | 86.7           | 11.7      | 1.7        | 0.0       |
|              | 35-44yrs  | 60  | 45.0           | 23.3      | 20.0       | 11.7      |
| Anuradhapura | 12yrs     | 100 | 99.0           | 1.0       | 0.0        | 0.0       |
|              | 15yrs     | 100 | 96.0           | 4.0       | 0.0        | 0.0       |
|              | 35-44yrs  | 99  | 43.4           | 40.4      | 15.2       | 1.0       |
| Polonnaruwa  | 12yrs     | 60  | 100.0          | 0.0       | 0.0        | 0.0       |
|              | 15yrs     | 60  | 95.0           | 3.3       | 1.7        | 0.0       |
|              | 35-44yrs  | 60  | 65.0           | 20.0      | 15.0       | 0.0       |
| Badulla      | 12yrs     | 80  | 98.8           | 1.3       | 0.0        | 0.0       |
|              | 15yrs     | 80  | 95.0           | 3.8       | 1.3        | 0.0       |
|              | 35-44yrs  | 80  | 37.5           | 37.5      | 20.0       | 5.0       |
| Monaragala   | 12yrs     | 60  | 98.3           | 1.7       | 0.0        | 0.0       |
|              | 15yrs     | 60  | 96.7           | 3.3       | 0.0        | 0.0       |
|              | 35-44yrs  | 60  | 66.7           | 28.3      | 5.0        | 0.0       |
| Ratnapura    | 12yrs     | 80  | 98.8           | 1.3       | 0.0        | 0.0       |
|              | 15yrs     | 80  | 98.8           | 1.3       | 0.0        | 0.0       |
|              | 35-44yrs  | 80  | 32.5           | 41.3      | 21.3       | 5.0       |
| Kegalle      | 12yrs     | 80  | 96.3           | 3.8       | 0.0        | 0.0       |
|              | 15yrs     | 80  | 90.0           | 8.8       | 1.3        | 0.0       |
|              | 35-44yrs  | 79  | 41.8           | 38.0      | 16.5       | 3.8       |

Table 6.14: Percentage distribution of participants according to the denture-wearing status

| District     | Age group | N   | No denture (%) | Partial denture (%) |       |               | Full denture (%) |       |               | Mixed (%)                  |                            |                                   | Not recorded (%) |
|--------------|-----------|-----|----------------|---------------------|-------|---------------|------------------|-------|---------------|----------------------------|----------------------------|-----------------------------------|------------------|
|              |           |     |                | Upper               | Lower | Upper & lower | Upper            | Lower | Upper & lower | Upper partial & lower full | Upper full & lower partial | Upper partial, lower not recorded |                  |
|              |           |     |                | Colombo             | 15yrs | 180           | 100.0            | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               |                  |
|              | 35-44yrs  | 178 | 88.2           | 6.7                 | 2.2   | 1.7           | 0.0              | 0.0   | 0.6           | 0.0                        | 0.0                        | 0.6                               | 0.0              |
|              | 65-74yrs  | 176 | 76.1           | 8.0                 | 1.1   | 8.0           | 1.7              | 0.0   | 4.0           | 0.6                        | 0.0                        | 0.6                               | 0.0              |
| Gampaha      | 15yrs     | 181 | 100.0          | 0.0                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 35-44yrs  | 177 | 93.2           | 4.5                 | 0.0   | 1.1           | 0.0              | 0.0   | 0.0           | 0.6                        | 0.0                        | 0.6                               | 0.0              |
|              | 65-74yrs  | 179 | 82.1           | 5.6                 | 1.1   | 5.0           | 1.7              | 0.0   | 2.8           | 0.6                        | 0.0                        | 0.0                               | 1.1              |
| Kalutara     | 15yrs     | 102 | 100.0          | 0.0                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 35-44yrs  | 100 | 95.0           | 3.0                 | 2.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 65-74yrs  | 100 | 81.0           | 6.0                 | 0.0   | 6.0           | 4.0              | 0.0   | 1.0           | 1.0                        | 0.0                        | 0.0                               | 1.0              |
| Kandy        | 15yrs     | 140 | 100.0          | 0.0                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 35-44yrs  | 136 | 69.9           | 7.4                 | 8.1   | 14.0          | 0.0              | 0.7   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 65-74yrs  | 134 | 48.5           | 3.0                 | 3.7   | 27.6          | 0.7              | 0.0   | 8.2           | 4.5                        | 3.7                        | 0.0                               | 0.0              |
| Matale       | 15yrs     | 40  | 97.5           | 2.5                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 35-44yrs  | 40  | 70.0           | 5.0                 | 17.5  | 7.5           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 65-74yrs  | 39  | 59.0           | 0.0                 | 2.6   | 30.8          | 0.0              | 0.0   | 5.1           | 2.6                        | 0.0                        | 0.0                               | 0.0              |
| Nuwara-Eliya | 15yrs     | 100 | 100.0          | 0.0                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 35-44yrs  | 99  | 94.9           | 3.0                 | 1.0   | 1.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 65-74yrs  | 98  | 84.7           | 3.1                 | 0.0   | 6.1           | 1.0              | 1.0   | 4.1           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
| Galle        | 15yrs     | 100 | 100.0          | 0.0                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 35-44yrs  | 99  | 88.9           | 7.1                 | 0.0   | 2.0           | 0.0              | 0.0   | 1.0           | 0.0                        | 0.0                        | 1.0                               | 0.0              |
|              | 65-74yrs  | 100 | 81.0           | 8.0                 | 0.0   | 5.0           | 2.0              | 0.0   | 2.0           | 1.0                        | 1.0                        | 0.0                               | 0.0              |
| Matara       | 15yrs     | 80  | 100.0          | 0.0                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 35-44yrs  | 79  | 98.7           | 1.3                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 65-74yrs  | 79  | 86.1           | 3.8                 | 0.0   | 1.3           | 1.3              | 0.0   | 6.3           | 1.3                        | 0.0                        | 0.0                               | 0.0              |
| Hambantota   | 15yrs     | 60  | 100.0          | 0.0                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 35-44yrs  | 59  | 96.6           | 0.0                 | 3.4   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 65-74yrs  | 60  | 91.7           | 0.0                 | 1.7   | 0.0           | 0.0              | 0.0   | 5.0           | 1.7                        | 0.0                        | 0.0                               | 0.0              |
| Jaffna       | 15yrs     | 60  | 98.3           | 1.7                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 35-44yrs  | 60  | 98.3           | 1.7                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 65-74yrs  | 59  | 93.2           | 3.4                 | 0.0   | 0.0           | 1.7              | 0.0   | 1.7           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
| Kilinochchi  | 15yrs     | 20  | 100.0          | 0.0                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 35-44yrs  | 20  | 100.0          | 0.0                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 65-74yrs  | 20  | 90.0           | 10.0                | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
| Mannar       | 15yrs     | 20  | 100.0          | 0.0                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 35-44yrs  | 20  | 100.0          | 0.0                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 65-74yrs  | 20  | 95.0           | 0.0                 | 0.0   | 0.0           | 0.0              | 0.0   | 5.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
| Mullaitivu   | 15yrs     | 20  | 100.0          | 0.0                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 35-44yrs  | 21  | 90.5           | 9.5                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 65-74yrs  | 20  | 95.0           | 0.0                 | 0.0   | 0.0           | 0.0              | 0.0   | 5.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |

Table 6.14: Percentage distribution of participants according to the denture-wearing status (contd).

| District     | Age group | N   | No denture (%) | Partial denture (%) |       |               | Full denture (%) |       |               | Mixed (%)                  |                            |                                   | Not recorded (%) |
|--------------|-----------|-----|----------------|---------------------|-------|---------------|------------------|-------|---------------|----------------------------|----------------------------|-----------------------------------|------------------|
|              |           |     |                | Upper               | Lower | Upper & lower | Upper            | Lower | Upper & lower | Upper partial & lower full | Upper full & lower partial | Upper partial, lower not recorded |                  |
| Vavuniya     | 15yrs     | 20  | 100.0          | 0.0                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 35-44yrs  | 20  | 90.0           | 5.0                 | 0.0   | 5.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 65-74yrs  | 19  | 94.7           | 5.3                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
| Batticaloa   | 15yrs     | 60  | 100.0          | 0.0                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 35-44yrs  | 60  | 86.7           | 10.0                | 1.7   | 1.7           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 65-74yrs  | 58  | 91.4           | 1.7                 | 0.0   | 3.4           | 3.4              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
| Ampara       | 15yrs     | 100 | 100.0          | 0.0                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 35-44yrs  | 97  | 99.0           | 0.0                 | 0.0   | 1.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 65-74yrs  | 95  | 86.3           | 7.4                 | 0.0   | 3.2           | 1.1              | 0.0   | 1.1           | 0.0                        | 0.0                        | 1.1                               | 0.0              |
| Trincomalee  | 15yrs     | 40  | 100.0          | 0.0                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 35-44yrs  | 40  | 92.5           | 7.5                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 65-74yrs  | 39  | 89.7           | 5.1                 | 2.6   | 0.0           | 0.0              | 0.0   | 2.6           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
| Kurunegala   | 15yrs     | 160 | 100.0          | 0.0                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 35-44yrs  | 159 | 96.2           | 3.8                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 65-74yrs  | 160 | 85.0           | 9.4                 | 0.0   | 1.3           | 2.5              | 0.0   | 1.9           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
| Puttalam     | 15yrs     | 60  | 100.0          | 0.0                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 35-44yrs  | 60  | 96.7           | 1.7                 | 0.0   | 1.7           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 65-74yrs  | 60  | 86.7           | 10.0                | 0.0   | 0.0           | 1.7              | 0.0   | 1.7           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
| Anuradhapura | 15yrs     | 100 | 100.0          | 0.0                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 35-44yrs  | 99  | 100.0          | 0.0                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 65-74yrs  | 97  | 85.6           | 6.2                 | 1.0   | 5.2           | 1.0              | 0.0   | 1.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
| Polonnaruwa  | 15yrs     | 60  | 100.0          | 0.0                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 35-44yrs  | 60  | 90.0           | 8.3                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 1.7              |
|              | 65-74yrs  | 59  | 94.9           | 5.1                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
| Badulla      | 15yrs     | 80  | 100.0          | 0.0                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 35-44yrs  | 80  | 98.8           | 1.3                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 65-74yrs  | 74  | 87.8           | 2.7                 | 0.0   | 1.4           | 4.1              | 0.0   | 2.7           | 0.0                        | 1.4                        | 0.0                               | 0.0              |
| Monaragala   | 15yrs     | 60  | 100.0          | 0.0                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 35-44yrs  | 60  | 96.7           | 1.7                 | 0.0   | 1.7           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 65-74yrs  | 60  | 91.7           | 1.7                 | 0.0   | 1.7           | 0.0              | 0.0   | 5.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
| Ratnapura    | 15yrs     | 80  | 100.0          | 0.0                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 35-44yrs  | 80  | 88.8           | 8.8                 | 0.0   | 2.5           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 65-74yrs  | 78  | 82.1           | 3.8                 | 3.8   | 2.6           | 1.3              | 0.0   | 5.1           | 0.0                        | 0.0                        | 1.3                               | 0.0              |
| Kegalle      | 15yrs     | 80  | 100.0          | 0.0                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 35-44yrs  | 79  | 98.7           | 1.3                 | 0.0   | 0.0           | 0.0              | 0.0   | 0.0           | 0.0                        | 0.0                        | 0.0                               | 0.0              |
|              | 65-74yrs  | 76  | 86.8           | 3.9                 | 0.0   | 3.9           | 2.6              | 0.0   | 2.6           | 0.0                        | 0.0                        | 0.0                               | 0.0              |



Table 6.15: Percentage distribution of participants according to the need of dental treatment

| District     | Age group | N   | Need of dental treatment (%) |                   |                     |
|--------------|-----------|-----|------------------------------|-------------------|---------------------|
|              |           |     | Not needed                   | Need routine care | Need immediate care |
| Colombo      | 5yrs      | 180 | 37.2                         | 61.7              | 1.1                 |
|              | 12yrs     | 179 | 30.7                         | 67.6              | 1.7                 |
|              | 15yrs     | 180 | 33.3                         | 66.1              | 0.6                 |
|              | 35-44yrs  | 178 | 16.9                         | 80.9              | 2.2                 |
|              | 65-74yrs  | 176 | 15.3                         | 84.7              | 0.0                 |
| Gampaha      | 5yrs      | 180 | 36.1                         | 62.8              | 1.1                 |
|              | 12yrs     | 180 | 31.1                         | 68.3              | 0.6                 |
|              | 15yrs     | 181 | 29.8                         | 69.1              | 1.1                 |
|              | 35-44yrs  | 177 | 11.3                         | 87.0              | 1.7                 |
|              | 65-74yrs  | 179 | 14.0                         | 84.9              | 1.1                 |
| Kalutara     | 5yrs      | 100 | 46.0                         | 53.0              | 1.0                 |
|              | 12yrs     | 100 | 30.0                         | 69.0              | 1.0                 |
|              | 15yrs     | 102 | 20.6                         | 75.5              | 3.9                 |
|              | 35-44yrs  | 100 | 5.0                          | 95.0              | 0.0                 |
|              | 65-74yrs  | 100 | 11.0                         | 88.0              | 1.0                 |
| Kandy        | 5yrs      | 140 | 32.1                         | 65.0              | 2.9                 |
|              | 12yrs     | 140 | 35.0                         | 64.3              | 0.7                 |
|              | 15yrs     | 140 | 41.4                         | 58.6              | 0.0                 |
|              | 35-44yrs  | 136 | 12.5                         | 86.0              | 1.5                 |
|              | 65-74yrs  | 134 | 9.7                          | 90.3              | 0.0                 |
| Matale       | 5yrs      | 40  | 35.0                         | 65.0              | 0.0                 |
|              | 12yrs     | 40  | 42.5                         | 52.5              | 5.0                 |
|              | 15yrs     | 40  | 42.5                         | 55.0              | 2.5                 |
|              | 35-44yrs  | 40  | 25.0                         | 72.5              | 2.5                 |
|              | 65-74yrs  | 39  | 12.8                         | 87.2              | 0.0                 |
| Nuwara-Eliya | 5yrs      | 100 | 37.0                         | 63.0              | 0.0                 |
|              | 12yrs     | 99  | 35.4                         | 64.6              | 0.0                 |
|              | 15yrs     | 100 | 26.0                         | 74.0              | 0.0                 |
|              | 35-44yrs  | 99  | 7.1                          | 88.9              | 4.0                 |
|              | 65-74yrs  | 98  | 9.2                          | 89.8              | 1.0                 |
| Galle        | 5yrs      | 98  | 34.7                         | 63.3              | 2.0                 |
|              | 12yrs     | 99  | 49.5                         | 49.5              | 1.0                 |
|              | 15yrs     | 100 | 38.0                         | 61.0              | 1.0                 |
|              | 35-44yrs  | 99  | 20.2                         | 79.8              | 0.0                 |
|              | 65-74yrs  | 100 | 30.0                         | 68.0              | 2.0                 |
| Matara       | 5yrs      | 79  | 27.8                         | 70.9              | 1.3                 |
|              | 12yrs     | 80  | 41.3                         | 58.8              | 0.0                 |
|              | 15yrs     | 80  | 38.8                         | 58.8              | 2.5                 |
|              | 35-44yrs  | 79  | 6.3                          | 92.4              | 1.3                 |
|              | 65-74yrs  | 79  | 15.2                         | 84.8              | 0.0                 |
| Hambantota   | 5yrs      | 60  | 45.0                         | 55.0              | 0.0                 |
|              | 12yrs     | 60  | 56.7                         | 43.3              | 0.0                 |
|              | 15yrs     | 60  | 45.0                         | 55.0              | 0.0                 |
|              | 35-44yrs  | 59  | 15.3                         | 84.7              | 0.0                 |
|              | 65-74yrs  | 60  | 18.3                         | 75.0              | 6.7                 |
| Jaffna       | 5yrs      | 60  | 16.7                         | 83.3              | 0.0                 |
|              | 12yrs     | 60  | 15.0                         | 83.3              | 1.7                 |
|              | 15yrs     | 60  | 13.3                         | 86.7              | 0.0                 |
|              | 35-44yrs  | 60  | 6.7                          | 91.7              | 1.7                 |
|              | 65-74yrs  | 59  | 10.2                         | 89.8              | 0.0                 |
| Kilinochchi  | 5yrs      | 20  | 35.0                         | 65.0              | 0.0                 |
|              | 12yrs     | 20  | 30.0                         | 70.0              | 0.0                 |
|              | 15yrs     | 20  | 25.0                         | 75.0              | 0.0                 |
|              | 35-44yrs  | 20  | 5.0                          | 95.0              | 0.0                 |
|              | 65-74yrs  | 20  | 0.0                          | 100.0             | 0.0                 |
| Mannar       | 5yrs      | 20  | 20.0                         | 80.0              | 0.0                 |
|              | 12yrs     | 21  | 19.0                         | 81.0              | 0.0                 |
|              | 15yrs     | 20  | 20.0                         | 80.0              | 0.0                 |
|              | 35-44yrs  | 20  | 5.0                          | 95.0              | 0.0                 |
|              | 65-74yrs  | 20  | 5.0                          | 90.0              | 5.0                 |
| Mullaitivu   | 5yrs      | 20  | 70.0                         | 25.0              | 5.0                 |
|              | 12yrs     | 20  | 35.0                         | 65.0              | 0.0                 |
|              | 15yrs     | 20  | 60.0                         | 40.0              | 0.0                 |
|              | 35-44yrs  | 21  | 4.8                          | 95.2              | 0.0                 |
|              | 65-74yrs  | 20  | 5.0                          | 95.0              | 0.0                 |

Table 6.15: Percentage distribution of participants according to the need of dental treatment (contd.)

| District     | Age group | N   | Need of dental treatment (%) |                   |                     |
|--------------|-----------|-----|------------------------------|-------------------|---------------------|
|              |           |     | Not needed                   | Need routine care | Need immediate care |
| Vavuniya     | 5yrs      | 20  | 40.0                         | 60.0              | 0.0                 |
|              | 12yrs     | 20  | 50.0                         | 50.0              | 0.0                 |
|              | 15yrs     | 20  | 50.0                         | 50.0              | 0.0                 |
|              | 35-44yrs  | 20  | 15.0                         | 85.0              | 0.0                 |
|              | 65-74yrs  | 19  | 0.0                          | 100.0             | 0.0                 |
| Batticaloa   | 5yrs      | 60  | 20.0                         | 80.0              | 0.0                 |
|              | 12yrs     | 60  | 18.3                         | 81.7              | 0.0                 |
|              | 15yrs     | 60  | 15.0                         | 85.0              | 0.0                 |
|              | 35-44yrs  | 60  | 6.7                          | 93.3              | 0.0                 |
|              | 65-74yrs  | 58  | 0.0                          | 100.0             | 0.0                 |
| Ampara       | 5yrs      | 100 | 34.0                         | 66.0              | 0.0                 |
|              | 12yrs     | 99  | 30.3                         | 69.7              | 0.0                 |
|              | 15yrs     | 100 | 22.0                         | 78.0              | 0.0                 |
|              | 35-44yrs  | 97  | 16.5                         | 83.5              | 0.0                 |
|              | 65-74yrs  | 95  | 20.0                         | 80.0              | 0.0                 |
| Trincomalee  | 5yrs      | 40  | 30.0                         | 70.0              | 0.0                 |
|              | 12yrs     | 39  | 28.2                         | 71.8              | 0.0                 |
|              | 15yrs     | 40  | 27.5                         | 72.5              | 0.0                 |
|              | 35-44yrs  | 40  | 22.5                         | 77.5              | 0.0                 |
|              | 65-74yrs  | 39  | 20.5                         | 79.5              | 0.0                 |
| Kurunegala   | 5yrs      | 160 | 44.4                         | 54.4              | 1.3                 |
|              | 12yrs     | 160 | 36.9                         | 63.1              | 0.0                 |
|              | 15yrs     | 160 | 39.4                         | 60.0              | 0.6                 |
|              | 35-44yrs  | 159 | 17.6                         | 82.4              | 0.0                 |
|              | 65-74yrs  | 160 | 18.1                         | 80.6              | 1.3                 |
| Puttalam     | 5yrs      | 60  | 36.7                         | 63.3              | 0.0                 |
|              | 12yrs     | 60  | 41.7                         | 58.3              | 0.0                 |
|              | 15yrs     | 60  | 26.7                         | 73.3              | 0.0                 |
|              | 35-44yrs  | 60  | 10.0                         | 90.0              | 0.0                 |
|              | 65-74yrs  | 60  | 1.7                          | 98.3              | 0.0                 |
| Anuradhapura | 5yrs      | 100 | 47.0                         | 53.0              | 0.0                 |
|              | 12yrs     | 100 | 58.0                         | 42.0              | 0.0                 |
|              | 15yrs     | 100 | 40.0                         | 59.0              | 1.0                 |
|              | 35-44yrs  | 99  | 26.3                         | 71.7              | 2.0                 |
|              | 65-74yrs  | 97  | 21.6                         | 77.3              | 1.0                 |
| Polonnaruwa  | 5yrs      | 60  | 45.0                         | 53.3              | 1.7                 |
|              | 12yrs     | 60  | 21.7                         | 78.3              | 0.0                 |
|              | 15yrs     | 60  | 23.3                         | 71.7              | 5.0                 |
|              | 35-44yrs  | 60  | 20.0                         | 78.3              | 1.7                 |
|              | 65-74yrs  | 59  | 11.9                         | 86.4              | 1.7                 |
| Badulla      | 5yrs      | 78  | 34.6                         | 65.4              | 0.0                 |
|              | 12yrs     | 80  | 40.0                         | 60.0              | 0.0                 |
|              | 15yrs     | 80  | 51.3                         | 48.8              | 0.0                 |
|              | 35-44yrs  | 80  | 16.3                         | 78.8              | 5.0                 |
|              | 65-74yrs  | 74  | 20.3                         | 79.7              | 0.0                 |
| Monaragala   | 5yrs      | 60  | 35.0                         | 65.0              | 0.0                 |
|              | 12yrs     | 60  | 45.0                         | 55.0              | 0.0                 |
|              | 15yrs     | 60  | 33.3                         | 66.7              | 0.0                 |
|              | 35-44yrs  | 60  | 21.7                         | 78.3              | 0.0                 |
|              | 65-74yrs  | 60  | 23.3                         | 73.3              | 3.3                 |
| Ratnapura    | 5yrs      | 80  | 40.0                         | 60.0              | 0.0                 |
|              | 12yrs     | 80  | 43.8                         | 56.3              | 0.0                 |
|              | 15yrs     | 80  | 38.8                         | 61.3              | 0.0                 |
|              | 35-44yrs  | 80  | 11.3                         | 87.5              | 1.3                 |
|              | 65-74yrs  | 78  | 12.8                         | 85.9              | 1.3                 |
| Kegalle      | 5yrs      | 80  | 51.3                         | 48.8              | 0.0                 |
|              | 12yrs     | 80  | 51.3                         | 48.8              | 0.0                 |
|              | 15yrs     | 80  | 43.8                         | 56.3              | 0.0                 |
|              | 35-44yrs  | 79  | 22.8                         | 74.7              | 2.5                 |
|              | 65-74yrs  | 76  | 26.3                         | 73.7              | 0.0                 |

Table 6.16: Percentage distribution of participants according to 'access to the nearest government dental clinic'

| District     | Age group | N   | Distance to the nearest government dental clinic (%) |        |        |                 |
|--------------|-----------|-----|--|--------|--------|-----------------|
|              |           |     | < 1 km   | 1-5 km | > 5 km | Do not remember |
| Colombo      | 12yrs     | 179 | 55.3   | 31.8   | 9.5    | 3.4             |
|              | 15yrs     | 180 | 45.0   | 40.0   | 10.0   | 5.0             |
|              | 35-44yrs  | 178 | 40.4   | 44.4   | 9.0    | 6.2             |
|              | 65-74yrs  | 176 | 43.8   | 41.5   | 9.7    | 5.1             |
| Gampaha      | 12yrs     | 180 | 25.6   | 27.2   | 43.9   | 3.3             |
|              | 15yrs     | 181 | 23.2   | 27.6   | 46.4   | 2.8             |
|              | 35-44yrs  | 177 | 15.8   | 36.7   | 44.6   | 2.8             |
|              | 65-74yrs  | 179 | 15.6   | 32.4   | 50.8   | 1.1             |
| Kalutara     | 12yrs     | 100 | 38.0   | 28.0   | 34.0   | 0.0             |
|              | 15yrs     | 102 | 26.5   | 40.2   | 32.4   | 1.0             |
|              | 35-44yrs  | 100 | 33.0   | 35.0   | 31.0   | 1.0             |
|              | 65-74yrs  | 100 | 39.0   | 25.0   | 36.0   | 0.0             |
| Kandy        | 12yrs     | 140 | 42.9   | 35.7   | 17.9   | 3.6             |
|              | 15yrs     | 140 | 42.9   | 31.4   | 21.4   | 4.3             |
|              | 35-44yrs  | 136 | 54.4   | 27.2   | 17.6   | 0.7             |
|              | 65-74yrs  | 134 | 54.5   | 25.4   | 18.7   | 1.5             |
| Matale       | 12yrs     | 40  | 40.0   | 42.5   | 17.5   | 0.0             |
|              | 15yrs     | 40  | 40.0   | 45.0   | 15.0   | 0.0             |
|              | 35-44yrs  | 40  | 37.5   | 27.5   | 35.0   | 0.0             |
|              | 65-74yrs  | 39  | 38.5   | 35.9   | 25.6   | 0.0             |
| Nuwara-Eliya | 12yrs     | 99  | 22.2   | 40.4   | 36.4   | 1.0             |
|              | 15yrs     | 100 | 20.0   | 41.0   | 39.0   | 0.0             |
|              | 35-44yrs  | 99  | 14.1   | 43.4   | 41.4   | 1.0             |
|              | 65-74yrs  | 98  | 19.4   | 46.9   | 31.6   | 2.0             |
| Galle        | 12yrs     | 99  | 11.1   | 37.4   | 50.5   | 1.0             |
|              | 15yrs     | 100 | 7.0  | 29.0   | 63.0   | 1.0             |
|              | 35-44yrs  | 99  | 21.2   | 52.5   | 24.2   | 2.0             |
|              | 65-74yrs  | 100 | 23.0   | 48.0   | 29.0   | 0.0             |
| Matara       | 12yrs     | 80  | 25.0   | 25.0   | 50.0   | 0.0             |
|              | 15yrs     | 80  | 6.3  | 48.8   | 45.0   | 0.0             |
|              | 35-44yrs  | 79  | 19.0   | 29.1   | 51.9   | 0.0             |
|              | 65-74yrs  | 79  | 19.0   | 32.9   | 48.1   | 0.0             |
| Hambantota   | 12yrs     | 60  | 15.0   | 25.0   | 60.0   | 0.0             |
|              | 15yrs     | 60  | 13.3   | 30.0   | 56.7   | 0.0             |
|              | 35-44yrs  | 59  | 18.6   | 15.3   | 64.4   | 1.7             |
|              | 65-74yrs  | 60  | 16.7   | 16.7   | 66.7   | 0.0             |
| Jaffna       | 12yrs     | 60  | 66.7   | 0.0    | 33.3   | 0.0             |
|              | 15yrs     | 60  | 65.0   | 1.7    | 33.3   | 0.0             |
|              | 35-44yrs  | 60  | 31.7   | 33.3   | 33.3   | 1.7             |
|              | 65-74yrs  | 59  | 18.6   | 32.2   | 47.5   | 1.7             |
| Kilinochchi  | 12yrs     | 20  | 60.0   | 30.0   | 10.0   | 0.0             |
|              | 15yrs     | 20  | 5.0  | 90.0   | 5.0    | 0.0             |
|              | 35-44yrs  | 20  | 65.0   | 30.0   | 5.0    | 0.0             |
|              | 65-74yrs  | 20  | 45.0   | 55.0   | 0.0    | 0.0             |
| Mannar       | 12yrs     | 21  | 85.7   | 0.0    | 14.3   | 0.0             |
|              | 15yrs     | 20  | 100.0  | 0.0    | 0.0    | 0.0             |
|              | 35-44yrs  | 20  | 20.0   | 75.0   | 5.0    | 0.0             |
|              | 65-74yrs  | 20  | 15.0   | 80.0   | 5.0    | 0.0             |
| Mullaitivu   | 12yrs     | 20  | 5.0  | 90.0   | 5.0    | 0.0             |
|              | 15yrs     | 20  | 0.0  | 95.0   | 5.0    | 0.0             |
|              | 35-44yrs  | 21  | 0.0  | 28.6   | 71.4   | 0.0             |
|              | 65-74yrs  | 20  | 0.0  | 45.0   | 55.0   | 0.0             |

Table 6.16: Percentage distribution of participants according to the 'access to the nearest government dental clinic' (contd.)

| District     | Age group | N   | Distance to the nearest government dental clinic (%) |        |        |                 |
|--------------|-----------|-----|--|--------|--------|-----------------|
|              |           |     | < 1 km   | 1-5 km | > 5 km | Do not remember |
| Vavuniya     | 12yrs     | 20  | 50.0   | 50.0   | 0.0    | 0.0             |
|              | 15yrs     | 20  | 5.0  | 95.0   | 0.0    | 0.0             |
|              | 35-44yrs  | 20  | 0.0  | 50.0   | 50.0   | 0.0             |
|              | 65-74yrs  | 19  | 0.0  | 73.7   | 26.3   | 0.0             |
| Batticaloa   | 12yrs     | 60  | 11.7   | 36.7   | 51.7   | 0.0             |
|              | 15yrs     | 60  | 35.0   | 33.3   | 31.7   | 0.0             |
|              | 35-44yrs  | 60  | 46.7   | 21.7   | 30.0   | 1.7             |
|              | 65-74yrs  | 58  | 53.4   | 19.0   | 25.9   | 1.7             |
| Ampara       | 12yrs     | 99  | 7.1  | 68.7   | 24.2   | 0.0             |
|              | 15yrs     | 100 | 8.0  | 54.0   | 36.0   | 2.0             |
|              | 35-44yrs  | 97  | 21.6   | 22.7   | 54.6   | 1.0             |
|              | 65-74yrs  | 95  | 15.8   | 29.5   | 54.7   | 0.0             |
| Trincomalee  | 12yrs     | 39  | 69.2   | 12.8   | 17.9   | 0.0             |
|              | 15yrs     | 40  | 67.5   | 7.5    | 25.0   | 0.0             |
|              | 35-44yrs  | 40  | 25.0   | 75.0   | 0.0    | 0.0             |
|              | 65-74yrs  | 39  | 12.8   | 82.1   | 5.1    | 0.0             |
| Kurunegala   | 12yrs     | 160 | 16.9   | 42.5   | 40.6   | 0.0             |
|              | 15yrs     | 160 | 9.4  | 37.5   | 52.5   | 0.6             |
|              | 35-44yrs  | 159 | 23.9   | 32.7   | 42.1   | 1.3             |
|              | 65-74yrs  | 160 | 23.8   | 36.3   | 39.4   | 0.6             |
| Puttalam     | 12yrs     | 60  | 18.3   | 65.0   | 16.7   | 0.0             |
|              | 15yrs     | 60  | 23.3   | 71.7   | 5.0    | 0.0             |
|              | 35-44yrs  | 60  | 21.7   | 56.7   | 21.7   | 0.0             |
|              | 65-74yrs  | 60  | 18.3   | 60.0   | 21.7   | 0.0             |
| Anuradhapura | 12yrs     | 100 | 22.0   | 23.0   | 55.0   | 0.0             |
|              | 15yrs     | 100 | 21.0   | 17.0   | 62.0   | 0.0             |
|              | 35-44yrs  | 99  | 17.2   | 27.3   | 55.6   | 0.0             |
|              | 65-74yrs  | 97  | 14.4   | 29.9   | 55.7   | 0.0             |
| Polonnaruwa  | 12yrs     | 60  | 28.3   | 55.0   | 13.3   | 3.3             |
|              | 15yrs     | 60  | 33.3   | 60.0   | 1.7    | 5.0             |
|              | 35-44yrs  | 60  | 8.3  | 25.0   | 66.7   | 0.0             |
|              | 65-74yrs  | 59  | 6.8  | 30.5   | 62.7   | 0.0             |
| Badulla      | 12yrs     | 80  | 21.3   | 22.5   | 56.3   | 0.0             |
|              | 15yrs     | 80  | 21.3   | 22.5   | 56.3   | 0.0             |
|              | 35-44yrs  | 80  | 23.8   | 16.3   | 58.8   | 1.3             |
|              | 65-74yrs  | 74  | 25.7   | 27.0   | 47.3   | 0.0             |
| Monaragala   | 12yrs     | 60  | 83.3   | 13.3   | 3.3    | 0.0             |
|              | 15yrs     | 60  | 70.0   | 26.7   | 3.3    | 0.0             |
|              | 35-44yrs  | 60  | 13.3   | 73.3   | 6.7    | 6.7             |
|              | 65-74yrs  | 60  | 6.7  | 83.3   | 6.7    | 3.3             |
| Ratnapura    | 12yrs     | 80  | 40.0   | 31.3   | 28.8   | 0.0             |
|              | 15yrs     | 80  | 37.5   | 27.5   | 35.0   | 0.0             |
|              | 35-44yrs  | 80  | 32.5   | 41.3   | 26.3   | 0.0             |
|              | 65-74yrs  | 78  | 39.7   | 33.3   | 26.9   | 0.0             |
| Kegalle      | 12yrs     | 80  | 42.5   | 43.8   | 13.8   | 0.0             |
|              | 15yrs     | 80  | 41.3   | 45.0   | 13.8   | 0.0             |
|              | 35-44yrs  | 79  | 41.8   | 46.8   | 11.4   | 0.0             |
|              | 65-74yrs  | 76  | 34.2   | 63.2   | 2.6    | 0.0             |

Table 6.17: Percentage distribution of participants according to the 'last visit to a dental clinic'

| District     | Age group | N   | Last visit to a dental clinic (%) |                      |                        |                 |
|--------------|-----------|-----|-----------------------------------|----------------------|------------------------|-----------------|
|              |           |     | Never visited                     | Within the last year | More than one year ago | Do not remember |
| Colombo      | 12yrs     | 179 | 7.3                               | 70.4                 | 20.7                   | 1.7             |
|              | 15yrs     | 180 | 14.4                              | 31.7                 | 45.6                   | 8.3             |
|              | 35-44yrs  | 178 | 2.8                               | 32.0                 | 60.7                   | 4.5             |
|              | 65-74yrs  | 176 | 13.1                              | 25.6                 | 47.2                   | 14.2            |
| Gampaha      | 12yrs     | 180 | 8.9                               | 48.9                 | 32.2                   | 10.0            |
|              | 15yrs     | 181 | 10.5                              | 30.4                 | 50.3                   | 8.8             |
|              | 35-44yrs  | 177 | 8.5                               | 32.2                 | 52.0                   | 7.3             |
|              | 65-74yrs  | 179 | 21.2                              | 14.5                 | 44.7                   | 19.6            |
| Kalutara     | 12yrs     | 100 | 0.0                               | 70.0                 | 29.0                   | 1.0             |
|              | 15yrs     | 102 | 0.0                               | 20.6                 | 71.6                   | 7.8             |
|              | 35-44yrs  | 100 | 5.0                               | 35.0                 | 54.0                   | 6.0             |
|              | 65-74yrs  | 100 | 11.0                              | 13.0                 | 51.0                   | 25.0            |
| Kandy        | 12yrs     | 140 | 9.3                               | 59.3                 | 26.4                   | 5.0             |
|              | 15yrs     | 140 | 15.0                              | 30.0                 | 48.6                   | 6.4             |
|              | 35-44yrs  | 136 | 9.6                               | 38.2                 | 46.3                   | 5.9             |
|              | 65-74yrs  | 134 | 11.9                              | 16.4                 | 55.2                   | 16.4            |
| Matale       | 12yrs     | 40  | 0.0                               | 80.0                 | 17.5                   | 2.5             |
|              | 15yrs     | 40  | 5.0                               | 22.5                 | 67.5                   | 5.0             |
|              | 35-44yrs  | 40  | 10.0                              | 37.5                 | 50.0                   | 2.5             |
|              | 65-74yrs  | 39  | 5.1                               | 28.2                 | 46.2                   | 20.5            |
| Nuwara-Eliya | 12yrs     | 99  | 17.2                              | 58.6                 | 23.2                   | 1.0             |
|              | 15yrs     | 100 | 13.0                              | 35.0                 | 47.0                   | 5.0             |
|              | 35-44yrs  | 99  | 15.2                              | 25.3                 | 59.6                   | 0.0             |
|              | 65-74yrs  | 98  | 35.7                              | 10.2                 | 48.0                   | 6.1             |
| Galle        | 12yrs     | 99  | 12.1                              | 72.7                 | 13.1                   | 2.0             |
|              | 15yrs     | 100 | 22.0                              | 19.0                 | 50.0                   | 9.0             |
|              | 35-44yrs  | 99  | 7.1                               | 33.3                 | 57.6                   | 2.0             |
|              | 65-74yrs  | 100 | 17.0                              | 14.0                 | 64.0                   | 5.0             |
| Matara       | 12yrs     | 80  | 0.0                               | 92.5                 | 5.0                    | 2.5             |
|              | 15yrs     | 80  | 5.0                               | 43.8                 | 41.3                   | 10.0            |
|              | 35-44yrs  | 79  | 3.8                               | 29.1                 | 67.1                   | 0.0             |
|              | 65-74yrs  | 79  | 24.1                              | 16.5                 | 54.4                   | 5.1             |
| Hambantota   | 12yrs     | 60  | 10.0                              | 40.0                 | 43.3                   | 6.7             |
|              | 15yrs     | 60  | 8.3                               | 31.7                 | 55.0                   | 5.0             |
|              | 35-44yrs  | 59  | 10.2                              | 15.3                 | 61.0                   | 13.6            |
|              | 65-74yrs  | 60  | 28.3                              | 8.3                  | 35.0                   | 28.3            |
| Jaffna       | 12yrs     | 60  | 26.7                              | 43.3                 | 28.3                   | 1.7             |
|              | 15yrs     | 60  | 23.3                              | 10.0                 | 63.3                   | 3.3             |
|              | 35-44yrs  | 60  | 16.7                              | 25.0                 | 48.3                   | 10.0            |
|              | 65-74yrs  | 59  | 37.3                              | 18.6                 | 30.5                   | 13.6            |
| Kilinochchi  | 12yrs     | 20  | 20.0                              | 60.0                 | 15.0                   | 5.0             |
|              | 15yrs     | 20  | 20.0                              | 30.0                 | 20.0                   | 30.0            |
|              | 35-44yrs  | 20  | 20.0                              | 15.0                 | 55.0                   | 10.0            |
|              | 65-74yrs  | 20  | 15.0                              | 25.0                 | 10.0                   | 50.0            |
| Mannar       | 12yrs     | 21  | 47.6                              | 9.5                  | 42.9                   | 0.0             |
|              | 15yrs     | 20  | 80.0                              | 15.0                 | 5.0                    | 0.0             |
|              | 35-44yrs  | 20  | 30.0                              | 5.0                  | 55.0                   | 10.0            |
|              | 65-74yrs  | 20  | 5.0                               | 20.0                 | 50.0                   | 25.0            |
| Mullaitivu   | 12yrs     | 20  | 50.0                              | 45.0                 | 5.0                    | 0.0             |
|              | 15yrs     | 20  | 70.0                              | 10.0                 | 20.0                   | 0.0             |
|              | 35-44yrs  | 21  | 19.0                              | 28.6                 | 47.6                   | 4.8             |
|              | 65-74yrs  | 20  | 35.0                              | 15.0                 | 25.0                   | 25.0            |

Table 6.17: Percentage distribution of participants according to the 'last visit to a dental clinic' (contd.)

| District     | Age group | N   | Last visit to a dental clinic (%) |                      |                        |                 |
|--------------|-----------|-----|-----------------------------------|----------------------|------------------------|-----------------|
|              |           |     | Never visited                     | Within the last year | More than one year ago | Do not remember |
| Vavuniya     | 12yrs     | 20  | 5.0                               | 90.0                 | 5.0                    | 0.0             |
|              | 15yrs     | 20  | 10.0                              | 45.0                 | 45.0                   | 0.0             |
|              | 35-44yrs  | 20  | 30.0                              | 40.0                 | 25.0                   | 5.0             |
|              | 65-74yrs  | 19  | 52.6                              | 15.8                 | 21.1                   | 10.5            |
| Batticaloa   | 12yrs     | 60  | 56.7                              | 16.7                 | 21.7                   | 5.0             |
|              | 15yrs     | 60  | 43.3                              | 15.0                 | 25.0                   | 16.7            |
|              | 35-44yrs  | 60  | 11.7                              | 40.0                 | 46.7                   | 1.7             |
|              | 65-74yrs  | 58  | 15.5                              | 22.4                 | 43.1                   | 19.0            |
| Ampara       | 12yrs     | 99  | 38.4                              | 32.3                 | 21.2                   | 8.1             |
|              | 15yrs     | 100 | 21.0                              | 35.0                 | 31.0                   | 13.0            |
|              | 35-44yrs  | 97  | 9.3                               | 33.0                 | 54.6                   | 3.1             |
|              | 65-74yrs  | 95  | 17.9                              | 17.9                 | 47.4                   | 16.8            |
| Trincomalee  | 12yrs     | 39  | 61.5                              | 20.5                 | 17.9                   | 0.0             |
|              | 15yrs     | 40  | 60.0                              | 15.0                 | 22.5                   | 2.5             |
|              | 35-44yrs  | 40  | 12.5                              | 37.5                 | 42.5                   | 7.5             |
|              | 65-74yrs  | 39  | 28.2                              | 28.2                 | 30.8                   | 12.8            |
| Kurunegala   | 12yrs     | 160 | 1.3                               | 80.0                 | 12.5                   | 6.3             |
|              | 15yrs     | 160 | 2.5                               | 43.1                 | 50.0                   | 4.4             |
|              | 35-44yrs  | 159 | 6.9                               | 29.6                 | 57.2                   | 6.3             |
|              | 65-74yrs  | 160 | 12.5                              | 23.1                 | 40.0                   | 24.4            |
| Puttalam     | 12yrs     | 60  | 1.7                               | 91.7                 | 5.0                    | 1.7             |
|              | 15yrs     | 60  | 6.7                               | 30.0                 | 55.0                   | 8.3             |
|              | 35-44yrs  | 60  | 8.3                               | 23.3                 | 51.7                   | 16.7            |
|              | 65-74yrs  | 60  | 11.7                              | 30.0                 | 45.0                   | 13.3            |
| Anuradhapura | 12yrs     | 100 | 27.0                              | 35.0                 | 31.0                   | 7.0             |
|              | 15yrs     | 100 | 19.0                              | 33.0                 | 45.0                   | 3.0             |
|              | 35-44yrs  | 99  | 13.1                              | 31.3                 | 47.5                   | 8.1             |
|              | 65-74yrs  | 97  | 18.6                              | 19.6                 | 52.6                   | 9.3             |
| Polonnaruwa  | 12yrs     | 60  | 5.0                               | 60.0                 | 33.3                   | 1.7             |
|              | 15yrs     | 60  | 20.0                              | 38.3                 | 41.7                   | 0.0             |
|              | 35-44yrs  | 60  | 3.3                               | 30.0                 | 65.0                   | 1.7             |
|              | 65-74yrs  | 59  | 15.3                              | 16.9                 | 62.7                   | 5.1             |
| Badulla      | 12yrs     | 80  | 12.5                              | 58.8                 | 28.8                   | 0.0             |
|              | 15yrs     | 80  | 16.3                              | 28.8                 | 51.3                   | 3.8             |
|              | 35-44yrs  | 80  | 15.0                              | 31.3                 | 47.5                   | 6.3             |
|              | 65-74yrs  | 74  | 28.4                              | 23.0                 | 41.9                   | 6.8             |
| Monaragala   | 12yrs     | 60  | 11.7                              | 86.7                 | 1.7                    | 0.0             |
|              | 15yrs     | 60  | 10.0                              | 71.7                 | 16.7                   | 1.7             |
|              | 35-44yrs  | 60  | 10.0                              | 25.0                 | 63.3                   | 1.7             |
|              | 65-74yrs  | 60  | 23.3                              | 15.0                 | 50.0                   | 11.7            |
| Ratnapura    | 12yrs     | 80  | 36.3                              | 43.8                 | 20.0                   | 0.0             |
|              | 15yrs     | 80  | 16.3                              | 33.8                 | 43.8                   | 6.3             |
|              | 35-44yrs  | 80  | 17.5                              | 32.5                 | 47.5                   | 2.5             |
|              | 65-74yrs  | 78  | 34.6                              | 21.8                 | 41.0                   | 2.6             |
| Kegalle      | 12yrs     | 80  | 0.0                               | 71.3                 | 23.8                   | 5.0             |
|              | 15yrs     | 80  | 0.0                               | 31.3                 | 62.5                   | 6.3             |
|              | 35-44yrs  | 79  | 7.6                               | 34.2                 | 50.6                   | 7.6             |
|              | 65-74yrs  | 76  | 15.8                              | 9.2                  | 59.2                   | 15.8            |

Table 6.18: Percentage distribution of participants according to the 'type of dental clinic last visited'

| District     | Age group | N   | Type of dental clinic last visited (%) |          |         |        |        |           |             |
|--------------|-----------|-----|--|----------|---------|--------|--------|-----------|-------------|
|              |           |     | Never visited                          | Hospital | Private | School | Mobile | Any other | Do not know |
| Colombo      | 12yrs     | 179 | 7.3                                    | 25.7     | 8.9     | 48.6   | 7.8    | 0.0       | 1.7         |
|              | 15yrs     | 180 | 15.0                                   | 30.0     | 12.8    | 28.3   | 4.4    | 0.6       | 8.9         |
|              | 35-44yrs  | 178 | 3.4                                    | 48.3     | 41.0    | 1.7    | 0.0    | 1.1       | 4.5         |
|              | 65-74yrs  | 176 | 13.6                                   | 43.8     | 28.4    | 1.1    | 0.0    | 0.6       | 12.5        |
| Gampaha      | 12yrs     | 180 | 9.4                                    | 12.2     | 6.7     | 57.2   | 7.2    | 0.0       | 7.2         |
|              | 15yrs     | 181 | 12.2                                   | 16.6     | 8.3     | 52.5   | 6.6    | 0.0       | 3.9         |
|              | 35-44yrs  | 177 | 8.5                                    | 27.7     | 57.1    | 2.8    | 0.0    | 1.7       | 2.3         |
|              | 65-74yrs  | 179 | 24.0                                   | 38.0     | 27.4    | 0.0    | 0.0    | 0.0       | 10.6        |
| Kalutara     | 12yrs     | 100 | 0.0                                    | 20.0     | 4.0     | 73.0   | 2.0    | 0.0       | 1.0         |
|              | 15yrs     | 102 | 0.0                                    | 21.6     | 5.9     | 58.8   | 7.8    | 0.0       | 5.9         |
|              | 35-44yrs  | 100 | 6.0                                    | 52.0     | 33.0    | 2.0    | 1.0    | 2.0       | 4.0         |
|              | 65-74yrs  | 100 | 11.0                                   | 55.0     | 23.0    | 0.0    | 0.0    | 0.0       | 11.0        |
| Kandy        | 12yrs     | 140 | 9.3                                    | 30.0     | 4.3     | 50.0   | 2.1    | 0.0       | 4.3         |
|              | 15yrs     | 140 | 15.7                                   | 32.1     | 6.4     | 39.3   | 2.9    | 0.0       | 3.6         |
|              | 35-44yrs  | 136 | 10.3                                   | 54.4     | 30.9    | 0.7    | 0.0    | 0.7       | 2.9         |
|              | 65-74yrs  | 134 | 12.7                                   | 46.3     | 30.6    | 0.7    | 0.7    | 0.7       | 8.2         |
| Matale       | 12yrs     | 40  | 0.0                                    | 17.5     | 0.0     | 72.5   | 7.5    | 0.0       | 2.5         |
|              | 15yrs     | 40  | 5.0                                    | 37.5     | 0.0     | 55.0   | 0.0    | 0.0       | 2.5         |
|              | 35-44yrs  | 40  | 10.0                                   | 67.5     | 17.5    | 0.0    | 0.0    | 2.5       | 2.5         |
|              | 65-74yrs  | 39  | 10.3                                   | 59.0     | 17.9    | 0.0    | 0.0    | 0.0       | 12.8        |
| Nuwara-Eliya | 12yrs     | 99  | 18.2                                   | 15.2     | 3.0     | 60.6   | 3.0    | 0.0       | 0.0         |
|              | 15yrs     | 100 | 13.0                                   | 26.0     | 4.0     | 49.0   | 4.0    | 1.0       | 3.0         |
|              | 35-44yrs  | 99  | 15.2                                   | 66.7     | 15.2    | 1.0    | 2.0    | 0.0       | 0.0         |
|              | 65-74yrs  | 98  | 35.7                                   | 53.1     | 8.2     | 0.0    | 1.0    | 0.0       | 2.0         |
| Galle        | 12yrs     | 99  | 12.1                                   | 9.1      | 5.1     | 72.7   | 0.0    | 0.0       | 1.0         |
|              | 15yrs     | 100 | 22.0                                   | 19.0     | 7.0     | 44.0   | 0.0    | 0.0       | 8.0         |
|              | 35-44yrs  | 99  | 8.1                                    | 51.5     | 32.3    | 8.1    | 0.0    | 0.0       | 0.0         |
|              | 65-74yrs  | 100 | 17.0                                   | 52.0     | 27.0    | 3.0    | 0.0    | 0.0       | 1.0         |
| Matara       | 12yrs     | 80  | 0.0                                    | 11.3     | 3.8     | 85.0   | 0.0    | 0.0       | 0.0         |
|              | 15yrs     | 80  | 5.0                                    | 15.0     | 3.8     | 56.3   | 11.3   | 1.3       | 7.5         |
|              | 35-44yrs  | 79  | 5.1                                    | 39.2     | 51.9    | 1.3    | 1.3    | 1.3       | 0.0         |
|              | 65-74yrs  | 79  | 27.8                                   | 34.2     | 38.0    | 0.0    | 0.0    | 0.0       | 0.0         |
| Hambantota   | 12yrs     | 60  | 10.0                                   | 18.3     | 1.7     | 61.7   | 0.0    | 1.7       | 6.7         |
|              | 15yrs     | 60  | 10.0                                   | 15.0     | 6.7     | 65.0   | 0.0    | 0.0       | 3.3         |
|              | 35-44yrs  | 59  | 10.2                                   | 40.7     | 39.0    | 1.7    | 0.0    | 0.0       | 8.5         |
|              | 65-74yrs  | 60  | 28.3                                   | 33.3     | 15.0    | 0.0    | 0.0    | 0.0       | 23.3        |
| Jaffna       | 12yrs     | 60  | 26.7                                   | 20.0     | 1.7     | 25.0   | 25.0   | 0.0       | 1.7         |
|              | 15yrs     | 60  | 23.3                                   | 28.3     | 1.7     | 21.7   | 21.7   | 0.0       | 3.3         |
|              | 35-44yrs  | 60  | 16.7                                   | 71.7     | 8.3     | 0.0    | 0.0    | 1.7       | 1.7         |
|              | 65-74yrs  | 59  | 39.0                                   | 50.8     | 8.5     | 0.0    | 0.0    | 0.0       | 1.7         |
| Kilinochchi  | 12yrs     | 20  | 25.0                                   | 75.0     | 0.0     | 0.0    | 0.0    | 0.0       | 0.0         |
|              | 15yrs     | 20  | 25.0                                   | 45.0     | 10.0    | 10.0   | 0.0    | 0.0       | 10.0        |
|              | 35-44yrs  | 20  | 20.0                                   | 50.0     | 30.0    | 0.0    | 0.0    | 0.0       | 0.0         |
|              | 65-74yrs  | 20  | 15.0                                   | 70.0     | 15.0    | 0.0    | 0.0    | 0.0       | 0.0         |
| Mannar       | 12yrs     | 21  | 47.6                                   | 52.4     | 0.0     | 0.0    | 0.0    | 0.0       | 0.0         |
|              | 15yrs     | 20  | 80.0                                   | 20.0     | 0.0     | 0.0    | 0.0    | 0.0       | 0.0         |
|              | 35-44yrs  | 20  | 30.0                                   | 65.0     | 5.0     | 0.0    | 0.0    | 0.0       | 0.0         |
|              | 65-74yrs  | 20  | 5.0                                    | 75.0     | 5.0     | 0.0    | 0.0    | 0.0       | 15.0        |
| Mullaitivu   | 12yrs     | 20  | 50.0                                   | 25.0     | 0.0     | 25.0   | 0.0    | 0.0       | 0.0         |
|              | 15yrs     | 20  | 70.0                                   | 30.0     | 0.0     | 0.0    | 0.0    | 0.0       | 0.0         |
|              | 35-44yrs  | 21  | 19.0                                   | 81.0     | 0.0     | 0.0    | 0.0    | 0.0       | 0.0         |
|              | 65-74yrs  | 20  | 35.0                                   | 35.0     | 10.0    | 0.0    | 0.0    | 0.0       | 20.0        |

Table 6.18: Percentage distribution of participants according to the 'type of dental clinic last visited' (contd.)

| District     | Age group | N   | Type of dental clinic last visited (%) |          |         |        |        |           |             |
|--------------|-----------|-----|--|----------|---------|--------|--------|-----------|-------------|
|              |           |     | Never visited                          | Hospital | Private | School | Mobile | Any other | Do not know |
| Vavuniya     | 12yrs     | 20  | 5.0                                    | 10.0     | 0.0     | 85.0   | 0.0    | 0.0       | 0.0         |
|              | 15yrs     | 20  | 10.0                                   | 30.0     | 15.0    | 45.0   | 0.0    | 0.0       | 0.0         |
|              | 35-44yrs  | 20  | 30.0                                   | 15.0     | 45.0    | 0.0    | 0.0    | 5.0       | 5.0         |
|              | 65-74yrs  | 19  | 52.6                                   | 31.6     | 5.3     | 0.0    | 0.0    | 0.0       | 10.5        |
| Batticaloa   | 12yrs     | 60  | 56.7                                   | 31.7     | 8.3     | 3.3    | 0.0    | 0.0       | 0.0         |
|              | 15yrs     | 60  | 45.0                                   | 25.0     | 28.3    | 1.7    | 0.0    | 0.0       | 0.0         |
|              | 35-44yrs  | 60  | 11.7                                   | 61.7     | 21.7    | 0.0    | 1.7    | 3.3       | 0.0         |
|              | 65-74yrs  | 58  | 17.2                                   | 56.9     | 12.1    | 0.0    | 0.0    | 0.0       | 13.8        |
| Ampara       | 12yrs     | 99  | 38.4                                   | 20.2     | 2.0     | 32.3   | 0.0    | 0.0       | 7.1         |
|              | 15yrs     | 100 | 21.0                                   | 23.0     | 1.0     | 30.0   | 15.0   | 0.0       | 10.0        |
|              | 35-44yrs  | 97  | 10.3                                   | 64.9     | 21.6    | 1.0    | 0.0    | 1.0       | 1.0         |
|              | 65-74yrs  | 95  | 17.9                                   | 47.4     | 24.2    | 0.0    | 0.0    | 0.0       | 10.5        |
| Trincomalee  | 12yrs     | 39  | 61.5                                   | 30.8     | 7.7     | 0.0    | 0.0    | 0.0       | 0.0         |
|              | 15yrs     | 40  | 60.0                                   | 27.5     | 10.0    | 0.0    | 2.5    | 0.0       | 0.0         |
|              | 35-44yrs  | 40  | 12.5                                   | 45.0     | 40.0    | 0.0    | 0.0    | 0.0       | 2.5         |
|              | 65-74yrs  | 39  | 28.2                                   | 41.0     | 15.4    | 0.0    | 2.6    | 2.6       | 10.3        |
| Kurunegala   | 12yrs     | 160 | 1.3                                    | 10.0     | 2.5     | 74.4   | 4.4    | 2.5       | 5.0         |
|              | 15yrs     | 160 | 2.5                                    | 17.5     | 2.5     | 47.5   | 19.4   | 5.6       | 5.0         |
|              | 35-44yrs  | 159 | 8.8                                    | 58.5     | 27.0    | 1.3    | 0.0    | 1.9       | 2.5         |
|              | 65-74yrs  | 160 | 13.8                                   | 48.1     | 21.9    | 0.0    | 0.6    | 0.0       | 15.6        |
| Puttalam     | 12yrs     | 60  | 3.3                                    | 10.0     | 1.7     | 83.3   | 0.0    | 0.0       | 1.7         |
|              | 15yrs     | 60  | 6.7                                    | 33.3     | 6.7     | 38.3   | 0.0    | 6.7       | 8.3         |
|              | 35-44yrs  | 60  | 8.3                                    | 28.3     | 43.3    | 1.7    | 0.0    | 1.7       | 16.7        |
|              | 65-74yrs  | 60  | 11.7                                   | 43.3     | 30.0    | 0.0    | 1.7    | 0.0       | 13.3        |
| Anuradhapura | 12yrs     | 100 | 27.0                                   | 22.0     | 7.0     | 29.0   | 9.0    | 0.0       | 6.0         |
|              | 15yrs     | 100 | 20.0                                   | 11.0     | 9.0     | 37.0   | 19.0   | 1.0       | 3.0         |
|              | 35-44yrs  | 99  | 14.1                                   | 50.5     | 22.2    | 7.1    | 3.0    | 2.0       | 1.0         |
|              | 65-74yrs  | 97  | 19.6                                   | 56.7     | 15.5    | 0.0    | 1.0    | 1.0       | 6.2         |
| Polonnaruwa  | 12yrs     | 60  | 5.0                                    | 25.0     | 8.3     | 53.3   | 5.0    | 1.7       | 1.7         |
|              | 15yrs     | 60  | 20.0                                   | 20.0     | 3.3     | 50.0   | 6.7    | 0.0       | 0.0         |
|              | 35-44yrs  | 60  | 3.3                                    | 66.7     | 28.3    | 0.0    | 0.0    | 0.0       | 1.7         |
|              | 65-74yrs  | 59  | 15.3                                   | 64.4     | 18.6    | 0.0    | 0.0    | 0.0       | 1.7         |
| Badulla      | 12yrs     | 80  | 12.5                                   | 13.8     | 2.5     | 61.3   | 10.0   | 0.0       | 0.0         |
|              | 15yrs     | 80  | 16.3                                   | 17.5     | 2.5     | 56.3   | 5.0    | 0.0       | 2.5         |
|              | 35-44yrs  | 80  | 17.5                                   | 66.3     | 10.0    | 0.0    | 3.8    | 0.0       | 2.5         |
|              | 65-74yrs  | 74  | 29.7                                   | 52.7     | 12.2    | 0.0    | 1.4    | 0.0       | 4.1         |
| Monaragala   | 12yrs     | 60  | 13.3                                   | 16.7     | 0.0     | 43.3   | 25.0   | 0.0       | 1.7         |
|              | 15yrs     | 60  | 11.7                                   | 16.7     | 1.7     | 21.7   | 46.7   | 0.0       | 1.7         |
|              | 35-44yrs  | 60  | 11.7                                   | 56.7     | 25.0    | 1.7    | 5.0    | 0.0       | 0.0         |
|              | 65-74yrs  | 60  | 26.7                                   | 58.3     | 13.3    | 0.0    | 0.0    | 0.0       | 1.7         |
| Ratnapura    | 12yrs     | 80  | 36.3                                   | 17.5     | 5.0     | 36.3   | 2.5    | 0.0       | 2.5         |
|              | 15yrs     | 80  | 17.5                                   | 20.0     | 6.3     | 36.3   | 10.0   | 7.5       | 2.5         |
|              | 35-44yrs  | 80  | 17.5                                   | 46.3     | 30.0    | 0.0    | 2.5    | 1.3       | 2.5         |
|              | 65-74yrs  | 78  | 34.6                                   | 28.2     | 34.6    | 0.0    | 0.0    | 0.0       | 2.6         |
| Kegalle      | 12yrs     | 80  | 0.0                                    | 10.0     | 1.3     | 77.5   | 7.5    | 0.0       | 3.8         |
|              | 15yrs     | 80  | 0.0                                    | 23.8     | 6.3     | 60.0   | 2.5    | 3.8       | 3.8         |
|              | 35-44yrs  | 79  | 7.6                                    | 64.6     | 20.3    | 1.3    | 0.0    | 1.3       | 5.1         |
|              | 65-74yrs  | 76  | 15.8                                   | 59.2     | 10.5    | 0.0    | 0.0    | 1.3       | 13.2        |





## Chapter 7

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## Chapter 8

### Annexure

#### Annexure 1: Distribution of clusters according to districts

Table 8.1: Distribution of clusters according to districts

| Cluster No. | District     | Total student population | Cumulative total | No. of clusters |       |       |                  |
|-------------|--------------|--------------------------|------------------|-----------------|-------|-------|------------------|
|             |              |                          |                  | Total           | Urban | Rural | % Urban clusters |
| 1           | Colombo      | 361,661                  | -                | 9               | 6     | 3     | 66%              |
| 2           | Gampaha      | 343,911                  | 705,572          | 9               | 3     | 6     | 33%              |
| 3           | Kalutara     | 210,300                  | 915,872          | 5               | 1     | 4     | 20%              |
| 4           | Kandy        | 270,687                  | 1,186,559        | 7               | 2     | 5     | 28.5%            |
| 5           | Matale       | 95,240                   | 1,281,799        | 2               | 0     | 2     | 0%               |
| 6           | Nuwara-Eliya | 156,366                  | 1,438,165        | 5               | 2     | 3     | 40%              |
| 7           | Galle        | 217,676                  | 1,655,841        | 5               | 1     | 4     | 20%              |
| 8           | Matara       | 160,489                  | 1,816,330        | 4               | 2     | 2     | 50%              |
| 9           | Hambantota   | 126,006                  | 1,942,336        | 3               | 1     | 2     | 33%              |
| 10          | Jaffna       | 130,468                  | 2,072,804        | 3               | 1     | 2     | 33%              |
| 11          | Kilinochchi  | 26,158                   | 2,098,962        | 1               | 0     | 1     | 0%               |
| 12          | Mannar       | 27,820                   | 2,126,782        | 1               | 1     | 0     | 100%             |
| 13          | Mullaithivu  | 12,020                   | 2,138,802        | 1               | 0     | 1     | 0%               |
| 14          | Vavuniya     | 43,199                   | 2,182,001        | 1               | 1     | 0     | 100%             |
| 15          | Batticaloa   | 130,770                  | 2,312,771        | 3               | 0     | 3     | 0%               |
| 16          | Ampara       | 160,299                  | 2,473,070        | 4               | 1     | 3     | 25%              |
| 17          | Trincomalee  | 99,468                   | 2,572,538        | 2               | 1     | 1     | 50%              |
| 18          | Kurunegala   | 312,757                  | 2,885,295        | 8               | 1     | 7     | 12.5%            |
| 19          | Puttlam      | 160,079                  | 3,045,374        | 4               | 0     | 4     | 0%               |
| 20          | Anuradhapura | 175,710                  | 3,221,084        | 5               | 1     | 4     | 20%              |
| 21          | Polonnaruwa  | 73,691                   | 3,294,775        | 2               | 0     | 2     | 0%               |
| 22          | Badulla      | 182,211                  | 3,476,986        | 4               | 0     | 4     | 0%               |
| 23          | Monaragala   | 94,905                   | 3,571,891        | 3               | 0     | 3     | 0%               |
| 24          | Ratnapura    | 208,864                  | 3,780,755        | 5               | 3     | 2     | 60%              |
| 25          | Kegalle      | 159,317                  | 3,940,072        | 4               | 0     | 4     | 0%               |
|             | TOTAL        | 3,940,072                | -                | 100             | 28    | 72    | 28%              |

Sampling interval =  $3,940,072/100 = 39,400$

Random number = 19,330

## Annexure 2: List of schools visited - National Oral Health Survey 2015-2016

Table 8.2: List of schools visited

| Cluster No | District     | Sector:<br>U:Urban,<br>R:Rural | School name                          | Address                        | Selection<br>S: Selected,<br>A: Additional |
|------------|--------------|--------------------------------|--------------------------------------|--------------------------------|--|
| 1          | Colombo      | U                              | ST.ANTHONY'S B.V.                    | DEMATAGODA ROAD, COLOMBO-09.   | S  |
| 2          | Colombo      | U                              | YASODARA B.V.                        | KYNSEY ROAD,COLOMBO-08         | S  |
| 3          | Colombo      | U                              | MAHANAMA COLLEGE                     | COLOMBO-03.                    | S  |
| 4          | Colombo      | R                              | SEDAWATTA SIDDHARTHA CENTRAL COLLEGE | WELLAMPITIYA                   | S  |
| 5          | Colombo      | U                              | DE SOYSA M.V.                        | MORATUWA                       | S  |
| 6          | Colombo      | U                              | COLOMBO CENTRAL HINDU M.V.           | MAHA VIDYALA MW, COLOMBO-13.   | S  |
| 7          | Colombo      | R                              | M.D.H.JAYAWARDENE M.V.               | THALANGAMA NORTH, BATTARAMULLA | S  |
| 8          | Colombo      | R                              | MAGAMMANA M.V.                       | MAGAMMANA, HOMAGAMA            | S  |
| 9          | Colombo      | U                              | PRESIDENT'S COLLEGE                  | HIGH LEVEL RD., MAHARAGAMA     | S  |
| 10         | Gampaha      | R                              | VIDYALOKA M.V.                       | KERAWALAPITIYA, WATTALA        | S  |
| 11         | Gampaha      | R                              | KURUWAMULLA M.V.                     | WATHURUGAMA.                   | S  |
| 12         | Gampaha      | R                              | SIRI PERAKUMBA M.V.                  | PARAKANDENIYA, IMBULGODA       | S  |
| 13         | Gampaha      | R                              | MAHAGAMASEKARA M.V.                  | RADAWANA                       | S  |
| 14         | Gampaha      | U                              | GURUKULA M.M.V.                      | KELANIYA.                      | S  |
| 15         | Gampaha      | U                              | NEWSTEAD GIRLS COLLEGE               | NEGOMBO                        | S  |
| 16         | Gampaha      | R                              | WELIHENA SINHALA MIX K.A.            | KOCHCHIKADE                    | S  |
| 17         | Gampaha      | R                              | SRI RAHULA M.V.                      | KOTUGODA                       | S  |
| 18         | Gampaha      | U                              | AL-HILAL M.M.V.                      | SIR RAZIK FAREED MW, NEGOMBO   | S  |
| 19         | Kalutara     | U                              | UPADYAYA M.V.                        | PANADURA                       | S  |
| 20         | Kalutara     | R                              | MEEWANAPALANA M. V.                  | MEEWANAPALANA                  | S  |
| 21         | Kalutara     | R                              | DODANGODA M.V.                       | DODANGODA                      | S  |
| 22         | Kalutara     | R                              | MORONTHUDUWA DHAMMANANDA M.V.        | MORONTHUDUWA                   | S  |
| 23         | Kalutara     | R                              | ALUTHGAMWEEDIYA MUSLIM B.M.V.        | DHARGA TOWN                    | S  |
| 24         | Kandy        | R                              | ANKUMBURA PARACKRAMA M.M.V.          | ANKUMBURA                      | S  |
| 25         | Kandy        | R                              | MINIPE JUNIOR S.S.                   | AMBAGAHAPELASSA                | S  |
| 26         | Kandy        | R                              | AZHAR C.C.                           | AKURANA                        | S  |
| 27         | Kandy        | R                              | BERREWAERTS COLLEGE                  | AMPITIYA, KANDY                | S  |
| 28         | Kandy        | U                              | DHARMAWICKRAMA B. V.                 | KANDY                          | S  |
| 29         | Kandy        | U                              | ST.JOSEPHS BALIKA M.V.               | GAMPOLA                        | S  |
| 30         | Kandy        | R                              | DOLOSbage TAMIL VIDYALAYA            | DOLOSbage                      | S  |
| 31         | Matale       | R                              | MEDABEDDA M.V                        | MEDABEDDA,WAHAKOTTE            | S  |
| 32         | Matale       | R                              | WEERAPARAKRAMA M. M. V.              | YATAWTTA, MATALE               | S  |
| 33         | Nuwara-Eliya | U                              | GAMINI N.S.                          | NUWARA- ELIYA                  | S  |
| 34         | Nuwara-Eliya | R                              | SIDUHATH M.V.                        | THERIPEHE, NILDANDAHINNA       | S  |
| 35         | Nuwara-Eliya | R                              | NORWOOD TAMIL M.V.                   | NORWOOD                        | S  |
| 36         | Nuwara-Eliya | U                              | GOOD REST CONVENT                    | NUWARA-ELIYA                   | S  |
| 37         | Nuwara-Eliya | R                              | RIKILLAGASKADA MODEL SCHOOL          | RIKILLAGASKADA                 | S  |
| 38         | Galle        | R                              | BANDULASENADHIRA M.V.                | KARANDENIYA                    | S  |
| 39         | Galle        | R                              | G/VIDYARAJA NATIONAL SCHOOL          | THAWALAMA                      | S  |
| 40         | Galle        | R                              | MAWADAWILA MALIYADEWA M.V.           | RATHGAMA                       | S  |
| 41         | Galle        | U                              | SAINT ALLOYSIUS COLLEGE              | KALUWELLA, GALLE               | S  |
| 42         | Galle        | R                              | THITHTHAGALLA ATANIKITHA K.V.        | THITHTHAGALLA, AHANGAMA        | S  |
| 43         | Matara       | R                              | MR/GINNALIYA M.V.                    | GINNALIYA, URUBOKKA.           | S  |
| 44         | Matara       | R                              | GODAPITIYA SADATH M.V.               | GODAPITIYA,AKURESSA            | S  |
| 45         | Matara       | U                              | MR/ARAFANATIONAL COLLEGE             | WELIGAMA                       | S  |
| 46         | Matara       | U                              | MAHAMAYA BALIKA M.V.                 | BEACH ROAD, MATARA             | S  |
| 47         | Hambantota   | R                              | MEEGASARA.M.V.                       | JULAMPITIYA                    | S  |
| 48         | Hambantota   | R                              | WELIPATANWILA M.V.                   | NONGAMA, LUNAMA, AMBLANTOTA    | S  |
| 49         | Hambantota   | U                              | ST. MARY'S NATIONAL SCHOOL           | HAMBANTOTA                     | S  |

Table 8.2: List of schools visited (cont.)

| Cluster No | District     | Sector:<br>U:Urban,<br>R:Rural | School name                      | Address                        | Selection<br>S: Selected,<br>A: Additional |
|------------|--------------|--------------------------------|----------------------------------|--------------------------------|--|
| 50         | Jaffna       | R                              | J/DR.A.THIYAGARAJAH M.M.V.       | KARAINAGAR                     | S  |
| 51         | Jaffna       | R                              | J/VAYAVILAN M.M.V.               | URUMPIRAI                      | S  |
| 52         | Jaffna       | U                              | DRIEBERG COLLEGE                 | KANDY ROAD, CHAVAKACHCHERI     | S  |
| 53         | Kilinochchi  | R                              | KN/KILINOCCHI CENTRAL COLLEGE    | ANANTHANAGAR WEST, KILINOCCHI  | S  |
| 54         | Mannar       | U                              | TALAIMANNAR PIER G.T.M.S.        | TALAIMANNAR                    | S  |
| 55         | Vavuniya     | U                              | VAVUNIYA HINDU COLLEGE           | KOVILPUTHUKULAM, VAVUNIYA      | S  |
| 56         | Mulaitivu    | R                              | MU/PALINAGAR M.V.                | PALINAGAR VAVUNIKKULAM         | S  |
| 57         | Batticaloa   | R                              | BT/AL AZHAR VIDYALAYA            | KADDUPPALLI ROAD, ERAVUR.      | S  |
| 58         | Batticaloa   | R                              | BT/PUTHUKUDIYIRUPPU KANNAKI M.V. | PUTHUKUDIYIRUPPU (30158)       | S  |
| 59         | Batticaloa   | R                              | BT/ODDAMAVADY FATHIMA B.M.V.     | ODDAMAVADY-02                  | S  |
| 60         | Ampara       | R                              | AM/ POLWATHTHA M.V.              | POLWAGA JANAPADAYA- AMPARA     | S  |
| 61         | Ampara       | U                              | KM/ZAHIRA COLLEGE (N.S)          | ZAHIRA COLLEGE ROAD, KALMUNAI  | S  |
| 62         | Ampara       | R                              | AN-NOOR VIDYALAYA                | ADDALAICHCHENAI 32350          | S  |
|            |              | R                              | AL-ARHAM VIDYALAYA               | ADDALAICHCHENAI                | A  |
| 63         | Ampara       | R                              | AM/DEHI/KUDAGALA M.V.            | KUDAGALA, DEHIATTAKANDIYA      | S  |
| 64         | Trincomalee  | U                              | ZAHIRA C.                        | MOOR STREET, TRINCOMALEE       | S  |
| 65         | Trincomalee  | R                              | T/AL-HITHAYA M.V.                | MUTTUR                         | S  |
| 66         | Kurunegala   | R                              | KU/WADAKADA M.V.                 | WADAKADA                       | S  |
| 67         | Kurunegala   | R                              | SRI GNANODAYA M.M.V.             | WARIYAPOLA                     | S  |
| 68         | Kurunegala   | R                              | MAYURAPADA K.V.                  | NARAMMALA                      | S  |
| 69         | Kurunegala   | U                              | KU/HISBULLA C.C.                 | THELIYAGONNA, KURUNEGALA.      | S  |
| 70         | Kurunegala   | R                              | BARAGEDARA M.M.V.                | ATHUNGHAHAKOTUWA               | S  |
| 71         | Kurunegala   | R                              | ELABADAGAMA SINHALA M.V.         | ELABADAGAMA                    | S  |
| 72         | Kurunegala   | R                              | VIJABA M.M.V.                    | MAHO                           | S  |
| 73         | Kurunegala   | R                              | HULUGALLA M.V.                   | NIKAWERATIYA                   | S  |
| 74         | Puttalam     | R                              | THABBOWA M.V.                    | THABBOWA, PUTTALAM             | S  |
| 75         | Puttalam     | R                              | KADAYAMOTTE K.V.                 | MADURANKULIYA                  | S  |
| 76         | Puttalam     | R                              | KARUKKUWA SUGATHANANDA M.V.      | MADAMPE                        | S  |
| 77         | Puttalam     | R                              | MARAWILA BOYS K.V.               | MARAWILA                       | S  |
| 78         | Anuradhapura | R                              | MAHADIVULWEWA V.                 | MAHADIVULWEWA, ETAWEERAGOLLEWA | S  |
| 79         | Anuradhapura | U                              | A/SWARNAPALI B.M.V.              | ANURADHAPURA                   | S  |
| 80         | Anuradhapura | R                              | VIDYARTHA MAHA VIDYALAYA         | PAHALAMARAGAHAWEWA             | S  |
| 81         | Anuradhapura | R                              | GALKULAMA DAMMADINNA M.V.        | GALKULAMA                      | S  |
| 82         | Anuradhapura | R                              | IKIRIGOLLEWA MUSLIM M.V.         | IKIRIGOLLEWA, WAHAMALGOLLEWA   | S  |
| 83         | Polonnaruwa  | R                              | ROYAL CENTAL COLLEGE             | NEW TOWN, POLONNARUWA          | S  |
| 84         | Polonnaruwa  | R                              | RADAVIGEOYA K.V.                 | ATTANAKADAWALA, POLONNARUWA    | S  |
| 85         | Badulla      | R                              | D.S.SENANAYAKA JATIKA PASALA     | KANDAKETIYA                    | S  |
| 86         | Badulla      | R                              | BANDARAWELA M.M.V.               | KINEGAMA, BANDARAWELA          | S  |
| 87         | Badulla      | R                              | B/PRAGHNASENA M.V.               | NUWARAELIYA ROAD, BORAGAS      | S  |
| 88         | Badulla      | R                              | CRAIG T.M.V.                     | DOOLGOLLA S.P.O, BANDARAWELA   | S  |
|            |              | R                              | BANDARAWELA T.V.                 | BANDARAWELA                    | A  |
| 89         | Monaragala   | R                              | MO/DODAMGOLLA M.V.               | DODAMGOLLA-BIBILE              | S  |
| 90         | Monaragala   | R                              | MALWATTAWALA M.M.V.              | WELLAWAYA.                     | S  |
| 91         | Monaragala   | R                              | VIPULANANDA T.M.V.               | MONARAGALA                     | S  |
| 92         | Ratnapura    | U                              | ST.ALOYSIUS NATIONAL SCHOOL      | CHURCH ROAD, RATHNAPURA        | S  |
| 93         | Ratnapura    | U                              | SRI BUDDHA JAYANTHI M.M.V.       | BALANGODA                      | S  |
| 94         | Ratnapura    | R                              | UDAWELA M.V.                     | OPANAYAKA                      | S  |
| 95         | Ratnapura    | R                              | WALALGODA V.                     | PANAMURA                       | S  |
| 96         | Ratnapura    | U                              | BALANGODA T.M.V.                 | RASSAGALA ROAD, BALANGODA      | S  |
| 97         | Kegalle      | R                              | DERANIYAGALA K.V.                | DERANIYAGALA                   | S  |
| 98         | Kegalle      | R                              | SUJTHA K.V.                      | DALUGGALA, RAMBUKKANA          | S  |
| 99         | Kegalle      | R                              | HATHGAMPOLA M.V.                 | HATHGAMPOLA, ARANAYAKA         | S  |
| 100        | Kegalle      | R                              | BELIGALA BODIRAJA M.V.           | BELIGALA                       | S  |

## FOURTH NATIONAL ORAL HEALTH SURVEY SRI LANKA 2015-2016

### Instruction for selection of subjects

#### (A) Selection of children

Children are admitted to grade one at the age of 5 years. Based on this;

- Majority of 5-year-olds are in grade one
- Majority of 12-year-olds are in grade eight
- Majority of 15-year-olds are in grade eleven

According to this assumption, index grades (grade 1, grade 8 and grade 11) were selected to recruit index age groups of 5-year, 12-year, and 15-year-olds respectively.

- However this pattern might change at the time of examination of children. For example at the end of the calendar year, in grade 1, most of students will be over 5 years. Similarly most of grade 8 students will be over 12 years and most of grade 11 students will be over 15 years. Therefore, in such situations you have to look for eligible students in grades below the index grade (grade 7 and 10). There may be some eligible students in grades above the index grade as well.

#### Procedure:

1. Take all the school registers of index grades
2. Copy the name of students (strictly as appearing in the school register) who are within the index groups separately, class by class and arrange in the order of 1A, 1B, 1C etc.  
Eg – assuming the date of examination on 1/03/2015  
5-year-olds should be born between 02/03/2009 to 01/03/2010  
12-year-olds should be born between 02/03/2002 to 01/03/2003  
15-year-olds should be born between 02/03/1999 to 01/03/2000
3. Follow this procedure for the grade below the index grade and also for the grade above the index grade. Then arrange the list in the order of: index grade, grade below and grade above it.  
*Note –The above procedures 1 to 3 could be carried out before the date of examination if the exact date of examination is known.*
4. Delete the names of the students who are not available for the examination. (eg. absentees, gone for sports events)
5. Give a serial number to available students.
6. If the total number of available students is more than the number need to be examined, apply the following procedure.
  - Calculate the sampling interval by dividing the total number of eligible students by number need to examine. (Eg. If there are 30 students and only 20 are needed, divide 30 by 20, equals 1.5.)
  - Approximate the sampling interval to the nearest whole number (1.5 becomes 2 and 1.4 becomes 1)
  - Locate the first student to be examined by selecting the appropriate random number given for this particular index age group for particular school. **The selected random number should be less than the total number of children available.**

*Note: for a particular index age group three numbers are given in the list. Always start checking from the first number. If the first number is more than the total number of students available, look for the second. If both numbers are not suitable, take the third. If all three are not suitable, take '01' as the starting number*

01

- Select the remaining number of students by adding the sampling interval to the starting number  
*Note: During the procedure, in some instances you may have to pass the starting point of the list and sometimes you may not have to go through the entire list to get the required number of children. (See examples)*

7. If the total number of eligible students is less than the required number, examine all of them in that particular school. Then visit the next school given in the list and take the balance. You have to follow the above steps 1 to 6 to select those students.

#### Example 1

Assume in school 'A', there are 25 eligible students for 15-year-old age group and we need to select 20 out of them

Calculate the sampling interval:  $25/20 = 1.25$

Approximate to the nearest whole number: 1.25 becomes 1

Select the appropriate random number: assume it is 12

Select the first child: 12<sup>th</sup> student in the list

Add the sampling interval to locate the rest: 12,13,14,15,16,,17,18,19 ,20,21,22,23,24,25,1,2,3,4,5,6

There is no chance for the selection of students from 7 to 11

#### Example 2

Assume in school 'B', there are 50 eligible students for 5-year-old age group (and we need 20).

Calculate the sampling interval:  $50/20 = 2.5$

Approximate to the nearest whole number: 2.5 becomes 3

Select the appropriate random number: assume it is 12

Select the first child: 12<sup>th</sup> child in the list

Add the sampling interval to locate the rest : 12,15,18,21,24,27,30,33,36,39,42,45,48,1,4,7,10,13,16,19

There is no chance for the selection of children from 20 to 11

### **(B) Selection of adults**

1. Visit the physically nearest house to the selected school.
2. Eligible people for examination are those who aged 35–44 years and 65–74 years on the day of examination.
3. Second house will be the one physically nearest to the first measured from main entrance to the main entrance
4. Third house is the one physically nearest to second and so on...

Exclusion for the selection: Households outside the selected GN area

Military establishments

Institutions such as prisons, hospitals, lodges, hostels

*Note: Especially in urban areas there will be a difficulty to determine the nearest house from the house just completed. In such situation, use the following procedure.*

- When two houses appear to be at the same distance from the house immediately completed before, select the house on the left if the examination is taking place on odd dates.(eg. 1, 3, 5, 7 ) and if the examination is on even dates ( eg. 2, 4, 6, 8, etc) select the house on the right side.
- In blocks of flats, complete the examination of all the houses in the ground floor by applying the above criteria and then move to the floor immediately above.

N.B. For adults, within a cluster male-female balance should be maintained. i.e. for each index age group, 10 males and 10 females should be examined.



# Annexure 4: Oral health survey assessment form- National Oral Health Survey 2015-2016

## ORAL HEALTH ASSESSMENT FORM (2015/2016)

|  |   |  |  |
|--|---|--|--|
| <b>A. COUNTRY</b> (All age groups)   |   |  |  |
| Identification No.<br>(1) <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> (7)<br><small>Cluster no.    Age group    Serial no.</small> | Date of examination<br>(8) <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> (13)<br><small>Year    Month    Day</small> | Examiner<br>(14) <input type="text"/> <input type="text"/> (15)  | Original (1) / Duplicate (2)<br>(16) <input type="checkbox"/>  |
| <b>B. GENERAL INFORMATION</b> (All age groups)   |   |  |  |
| Surname with initials .....(In Block Letters)  |   |  | 0 = No schooling<br>1 = Year 1-5<br>2 = Year 6-11<br>3 = Year 12-13<br>4 = Technical/Vocational<br>5 = Degree/Professional<br>6 = Do not know<br>9 = Not recorded  |
| Date of birth (17) <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> (20)  | Education (25) <input type="checkbox"/>   |  |  |
| Age in Years (21) <input type="text"/> <input type="text"/> (22)   | Geographical location (District) (26) <input type="text"/> <input type="text"/> (27)  |  |  |
| Sex (23) <input type="checkbox"/> (1 = Male, 2 = Female)   | Location type (28) <input type="checkbox"/> (1=Urban, 2=Rural)  |  |  |
| Ethnic group (24) <input type="checkbox"/> (1 = Sinhala, 2 = Tamil, 3 = Muslim, 4 = Others)  |   |  |  |
| <b>C. HABITS</b>   |   |  |  |
| <b>a. Tooth cleaning</b> (All age groups)  |   | <b>b. Dietary habits</b> (Not for 5 years)   |  |
| Frequency/day (29) <input type="checkbox"/><br>0 = None<br>1 = Once<br>2 = Twice<br>3 = More than twice  | Mode of brushing (30) <input type="checkbox"/><br>1 = Brush<br>2 = Finger<br>3 = Chewing stick<br>4 = Other .....(Specify)  | Ingredient (31) <input type="checkbox"/><br>0 = Nothing<br>1 = Fluoridated toothpaste<br>2 = Non-fluoride toothpaste<br>3 = Tooth powder<br>4 = Other .....(Specify) | Fresh fruits (32) <input type="checkbox"/> 0 = Never/Seldom<br>1 = Several (2-3) times a month<br>2 = Once a week<br>3 = Several (2-6) times a week<br>4 = Everyday<br>5 = Several times a day<br>Biscuits/ Buns/ Cakes (33) <input type="checkbox"/><br>Candy (Toffee) (34) <input type="checkbox"/><br>Fizzy drinks (35) <input type="checkbox"/>  |
| <b>c. Other habits</b> (Not for 5 & 12 years) <b>Question: How often do/did you use any of the following habitually?</b>   |   |  |  |
| Betel chewing (36) <input type="checkbox"/> 0 = No habit   | 1 = Past (Not within last 12 months)  | If chewing betel habitually, what ingredients usually use?   |  |
| Alcohol (37) <input type="checkbox"/> 2 = Seldom (Once a month or less)  | 3 = Several times a month (2-3 times a month)   | Betel (41) <input type="checkbox"/> Areca-nut (42) <input type="checkbox"/>  |  |
| Areca-nut packets (38) <input type="checkbox"/> 4 = Once a week  | 5 = Several times a week (2-6 times a week)   | Tobacco (43) <input type="checkbox"/> Lime (44) <input type="checkbox"/>   |  |
| Smoking (39) <input type="checkbox"/> 6 = Everyday   | Any other ..... (40) <input type="checkbox"/> (Specify)   | Other (45) <input type="checkbox"/> ..... (Specify)  | 0 = No    1 = Yes  |
| <b>D. ORAL MUCOSAL CONDITION</b> (All age groups)  |   |  |  |
| <b>Condition</b>   |   | <b>Location</b>  |  |
| 0 = No abnormal condition (46) <input type="checkbox"/>  | 1 = Malignant tumour (Oral cancer) (47) <input type="checkbox"/>  | 0 = Vermillion boarder   | 1 = Commissure   |
| 2 = Leukoplakia (48) <input type="checkbox"/>  | 3 = Lichen planus (49) <input type="checkbox"/>   | 2 = Lips   | 3 = Sulci  |
| 4 = Ulceration (Aphthous, Traumatic, Herpetic) (50) <input type="checkbox"/>   | 5 = Oral submucous fibrosis (51) <input type="checkbox"/>   | 4 = Buccal mucosa  | 5 = Floor of the mouth   |
| 6 = Candidiasis/Denture stomatitis   | 7 = Angular chelitis  | 6 = Tongue   | 7 = Hard & or soft palate  |
| 8 = Any other (Abscess, Mucocele).....(Specify)  | 9 = Not recorded  | 8 = Alveolar ridges/ Gingiva   | 9 = Not recorded   |
| <b>E. ENAMEL FLUOROSIS</b> (Not for 5 & 65-74 years)   |   | <b>F. TOOTH WEAR</b> (Not for 5 & 65-74 years)   |  |
| 0 = Normal   | 4 = Moderate (Brown stains +) (52) <input type="checkbox"/>   | No. of teeth affected (53) <input type="text"/> <input type="text"/> (54)  |  |
| 1 = Questionable (Occasional spots)  | 5 = Severe (Hypoplasia +)   |  |  |
| 2 = Very Mild (White opacity <25%)   | 8 = Excluded (Crown, Restoration, 'Bracket')  |  |  |
| 3 = Mild (White opacity 25%-50%)   | 9 = Not recorded (Un-erupted tooth)   |  |  |
| <b>G. DENTAL TRAUMA</b> (Not for 65-74 years)  |   | <b>H. DENTOFACIAL ANOMALY</b> (Not for 5, 35-44 & 65-74 years)   |  |
| 0 = No signs of injury   | Type of injury  | No. of teeth affected  | 0 = None (64) <input type="checkbox"/>   |
| 1 = Treated injury   | (55) <input type="checkbox"/>   | (58) <input type="text"/> <input type="text"/> (59)  | 1 = Slight but need no treatment   |
| 2 = Enamel fracture only   | (56) <input type="checkbox"/>   | (60) <input type="text"/> <input type="text"/> (61)  | 2 = Severe anomalies needing treatment   |
| 3 = Enamel and dentine fracture only   | (57) <input type="checkbox"/>   | (62) <input type="text"/> <input type="text"/> (63)  | <input type="checkbox"/> Maxillary Over-jet 9mm or more<br><input type="checkbox"/> Mandibular Over-jet<br><input type="checkbox"/> Cross-bite equal to or greater than full tooth depth<br><input type="checkbox"/> Open-bite<br><input type="checkbox"/> Spacing of more than 4mm between any two anterior teeth<br><input type="checkbox"/> Overlapping of teeth more than 2mm in upper jaw |
| 4 = Pulp involvement   |   |  |  |
| 5 = Missing tooth due to trauma  |   |  |  |
| 6 = Other damage   |   |  |  |
| 9 = Excluded tooth   |   |  |  |

**I. DENTITION STATUS** (\*Root status not record for 5 & 12 years)

|       |      |  |  |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |      |
|-------|------|--|--|----|----|----|----|----|----|----|----|----|----|--|--|--|--|--|--|------|
|       |      |  |  | 55 | 54 | 53 | 52 | 51 | 61 | 62 | 63 | 64 | 65 |  |  |  |  |  |  |      |
| Crown | (65) |  |  |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  | (80) |
| Root* | (81) |  |  |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  | (96) |

|       |       |  |  |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |       |
|-------|-------|--|--|----|----|----|----|----|----|----|----|----|----|--|--|--|--|--|--|-------|
|       |       |  |  | 85 | 84 | 83 | 82 | 81 | 71 | 72 | 73 | 74 | 75 |  |  |  |  |  |  |       |
| Crown | (97)  |  |  |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  | (112) |
| Root* | (113) |  |  |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  | (128) |

| Primary teeth | Permanent teeth |      | Description           | Primary teeth | Permanent teeth |      | Description   |
|---------------|-----------------|------|-----------------------|---------------|-----------------|------|---|
|               | Crown           | Root |                       |               | Crown           | Root |   |
| A             | 0               | 0    | Sound                 | -             | 5               | -    | Missing for any another reason                            |
| B             | 1               | 1    | Caries                | F             | 6               | -    | Fissure sealant   |
| C             | 2               | 2    | Filled with caries    | G             | 7               | 7    | Fixed dental prosthesis/ Crown, abutment, veneer, implant |
| D             | 3               | 3    | Filled, no caries     | -             | 8               | 8    | Un-erupted tooth (Crown)/ Unexposed root                  |
| E             | 4               | -    | Missing due to caries | -             | 9               | 9    | Not recorded  |

**J. PERIODONTAL STATUS** (CPI modified)

|          |       |  |  |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |       |
|----------|-------|--|--|----|----|----|----|----|----|----|----|----|----|--|--|--|--|--|--|-------|
|          |       |  |  | 55 | 54 | 53 | 52 | 51 | 61 | 62 | 63 | 64 | 65 |  |  |  |  |  |  |       |
| Bleeding | (129) |  |  |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  | (144) |
| Pocket*  | (145) |  |  |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  | (160) |

|          |       |  |  |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |       |
|----------|-------|--|--|----|----|----|----|----|----|----|----|----|----|--|--|--|--|--|--|-------|
|          |       |  |  | 85 | 84 | 83 | 82 | 81 | 71 | 72 | 73 | 74 | 75 |  |  |  |  |  |  |       |
| Bleeding | (161) |  |  |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  | (176) |
| Pocket*  | (177) |  |  |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  | (192) |

|  |  |
|--|--|
| <p><b>Gingival bleeding</b> (All age groups)</p> <p>0 = Absence of bleeding<br/> 1 = Presence of bleeding<br/> 9 = Tooth excluded<br/> X = Tooth not present</p> | <p><b>Pocket*</b> (Not for 5 &amp; 12 years)</p> <p>0 = Absence of condition (Less than black band)<br/> 1 = Pocket 4-5mm (Black band partly visible)<br/> 2 = Pocket 6mm or more (Black band not visible; within the pocket)<br/> 9 = Tooth excluded<br/> X = Tooth not present</p> |
|--|--|

**K. LOSS OF ATTACHMENT** (Not for 5 & 12 years)

|       |       |    |       |       |
|-------|-------|----|-------|-------|
|       | 17/16 | 11 | 26/27 |       |
| (193) |       |    |       | (195) |
| (196) |       |    |       | (198) |
|       | 47/46 | 31 | 36/37 |       |

0 = LoA 0-3mm (CEJ less than black band)  
1 = LoA 4-5mm (CEJ within black band)  
2 = LoA 6-8mm (CEJ between upper limit of black band & 8.5mm ring)  
3 = LoA 9-11mm (CEJ between 8.5mm ring & 11.5mm ring)  
4 = LoA 12mm or more (CEJ beyond 11.5mm ring)  
X = Excluded sextant  
9 = Not recorded (CEJ not detectable)

**L. PRESENCE OF CALCULUS** (All age groups)

0 = No (199)   
1 = Yes

**M. TREATMENT NEED** (All age groups)

0 = No treatment needed  
1 = Routine care (200)   
2 = Immediate care: Acute infections, Malignancy, OPMD

**N. DENTURE STATUS** (Not for 5 & 12 years)

0 = No dentures Upper (201)   
1 = Partial dentures  
2 = Complete dentures Lower (202)   
9 = Not recorded

**O. UTILISATION OF SERVICES** (Not for 5 years)

|   |   |   |
|---|---|---|
| <p><b>A. Access to government dental clinic</b></p> <p>1 = 1km&gt;<br/> 2 = 1-5km (203) <input type="checkbox"/><br/> 3 = &gt; 5km</p> <p><b>B. Last visit to a dental clinic</b></p> <p>0 = Never visited<br/> 1 = Within the last year (204) <input type="checkbox"/><br/> 2 = More than one year ago<br/> 8 = Do not know/ Cannot remember</p> | <p><b>C. Type of clinic visited at last visit</b></p> <p>0 = Never visited<br/> 1 = Hospital dental clinic<br/> 2 = Private dental clinic<br/> 3 = 'School' dental clinic (SDC, ADC &amp; routine school out-reach mobiles)<br/> 4 = Mobile dental clinic<br/> 5 = Any other.....<br/> 8 = Do not know (205) <input type="checkbox"/></p> | <p><b>D. Type of treatment/s received at the last visit</b></p> <p>0 = No treatment<br/> 1 = OHI/ Advice<br/> 2 = Extraction (206) <input type="checkbox"/><br/> 3 = Temporary filling<br/> 4 = Permanent filling (207) <input type="checkbox"/><br/> 5 = Scaling<br/> 6 = Drugs only (208) <input type="checkbox"/><br/> 7 = Any other.....<br/> 8 = Do not know</p> |
|---|---|---|

**P. COMMENTS** (209)

## Annexure 5: Examination guideline - National Oral Health Survey 2015-2016

### FOURTH NATIONAL ORAL HEALTH SURVEY 2015-2016 SRI LANKA Description of the Clinical Examination Criteria and Codes used Oral Health Assessment Form

As a general principle please adhere to the criteria in this leaflet. The following points will serve as guidance and must be followed strictly.

Please **READ THEM CAREFULLY** and familiarize yourself.

- Always remember the 'rule of thumb' when in doubt. **Say no or give the lower score.**
- **Use pencil to record. Write clearly** letters and numbers.
- If two or three schools fall in one cluster please write the name of the school on the top left hand corner of the form used for first child and last child.
- While recording oral health status always start with upper-right segment. Examining teeth (dentition status, perio status, fluorosis and tooth-wear) start with 18 (upper right third molar).
- **Ensure correct entries are made by the recorder** as they are new to the survey form
- Call out teeth as 'one-one' for the tooth 11 (the first incisor in the right side of maxilla for permanent teeth), and as 'five one' for 51, 'seven three' for 73 in primary teeth.
  - *Example: for one-one; one zero means, for an upper right first incisor with crown status is decayed, root status is exposed & sound. **Caution: Do not read-out crown status of teeth separately and then root status, as it will lead to incompatible entries of teeth***
- Tooth is always present once any part of it has penetrated the mucosa. When both primary and permanent teeth are present, (in a case of mixed dentition), record only the permanent tooth
- The form consists of sections. Section P (Comments) is to record any important finding of the subject that you have observed, but not recorded under any section before.
- It is not necessary to record all sections for all age groups. The details are given below. To prevent unnecessary entries, it is advisable to cut the irrelevant section of the age group before examination.

| Age group (in Years)           | 5   | 12  | 15  | 35-44 | 65-74            |
|--------------------------------|---|---|-----|-------|------------------|
| Sections do not need recording | C Dietary habits & 'Other' habits<br>E<br>F<br>H<br>I Root status<br>J Pockets<br>K<br>N<br>O | C 'Other' habits<br>I Root status<br>J Pockets<br>K | Nil | H     | E<br>F<br>G<br>H |

#### SECTION A BOXES 1-16

#### COUNTRY

- **Boxes 1-7** **Identification number**
  - **Boxes 1 - 3** Indicate the **cluster number** as given in the leaflet
  - **Boxes 4 & 5** for the age group. E.g. 5 year-olds – recorded as '05', 35-44 group recorded as '35'
  - **Boxes 6 and 7** used to enter the serial number of the subject examined. First child will be entered as 01 and 20<sup>th</sup> child will be entered as 20. *Example: Cluster number 7, 20<sup>th</sup> subject of 05 year old written as '007 05 20'*
- **Boxes 8-13** **Date of examination** Year, month & day – 6<sup>th</sup> September 2015 recorded as '15 09 06'
- **Boxes 14-15** **Examiner number:** Insert the examines number given to you
- **Boxes 16** **Original/ duplicate:**
  - To indicate whether this examination is an original or duplicate/ repeat examination.
    - Original – Please enter '1'
    - Repeat or subsequent examination enter '2'

**SECTION B**  
**BOXES 17-28**

**General Information**

- **NAME** Write the name of the subject in BLOCK LETTERS. Surname and the initial only beginning with the surname e.g. KRISHNARASA K.V.
- **BOXES 17-20 Date of Birth:** Please enter **Year of Birth** in boxes **17** and **18** and **month** of birth in 19 and 20.  
**For example** 1998 November enter as '9811'
- **BOXES 21-22 Age:** Enter age **in years** and record **as age at last birthday** . For 12 years old enter 12, and if the age is less than 10 enter '0' in box 21 and 5 in box 22. E.g. '05'
  - For school children , go by the date of birth in the class register. If not *available ask the child. If date of birth is not available from either source omit from examination* .
  - *In case of adult and elderly obtain from identity card or from person concerned. If not omit from examination* .

**BOX 23 Sex:** Enter '1' for Male and '2' for Female in box 23

**BOX 24 Ethnic Group:** Please follow the following coding system and enter the suitable code.  
1= Sinhala, 2= Tamil, 3= Muslim, 4= Other

**BOX 25 Education:** Find out the numbers of years of schooling or education completed. **Question:** Up to what class have you studied? Or what are your educational qualifications?

**Codes**

|                                    |                                      |
|------------------------------------|--------------------------------------|
| 0 = No Schooling                   | 4 = Technical or Vocational training |
| 1 = Year 1 to Year 5               | 5 = University education             |
| 2 = Year 6 to Year 11 (up to O/L)  | 6 = Do not know                      |
| 3 = Year 12 to Year 13 (up to A/L) | 9 = Not recorded                     |

**BOXES 26-27 Geographic Location** This goes by districts and please follow the codes given

|             |    |             |    |              |    |
|-------------|----|-------------|----|--------------|----|
| Colombo     | 01 | Jaffna      | 10 | Puttlam      | 19 |
| Gampaha     | 02 | Kilinochchi | 11 | Anuradhapura | 20 |
| Kaluthara   | 03 | Mannar      | 12 | Polonnaruwa  | 21 |
| Kandy       | 04 | Mullaitivu  | 13 | Badulla      | 22 |
| Matale      | 05 | Vavuniya    | 14 | Monaragala   | 23 |
| NuwaraEliya | 06 | Batticaloa  | 15 | Ratnapura    | 24 |
| Galle       | 07 | Ampara      | 16 | Kegalle      | 25 |
| Matara      | 08 | Trincomale  | 17 |              |    |
| Hambantota  | 09 | Kurunagala  | 18 |              |    |

**BOX 28 Location Type** Please stick to the classification as given to you in the list of schools

- **Urban – 1** Municipality and Urban Council areas
- **Rural – 2** Town Council and Village Council areas

**SECTION C**  
**BOXES 29-45**

**HABITS**

**BOXES 29-31 a. Tooth cleaning**

**BOX 29 Frequency of brushing :** Question- How many times did you clean your teeth in the past 24 hours?  
0 = None 1 = Once 2 = Twice 3 = More than twice

**BOX 30 Brushing device :** Question: What did you use to clean your teeth last time?  
1 = Brush 2 = Finger 3 = Chewing stick 4 = Other..... (Specify)

**BOX 31 Ingredient :** Question: What is the material/ ingredient used last time?  
Note: if the answer is "toothpastes", ask probing questions to differentiated between fluoridated and non-fluoridated tooth paste  
0 = Nothing 3 = Tooth powder  
1 = Fluoridated tooth paste 4 = Other (Specify)  
2 = Non-fluoridated tooth paste

**BOXES 32-35**

**b. Dietary habits**

Four items included

Box 32 for fruits;

Box 33 for Biscuits/buns/cakes;

Box 34 for Candy (toffee, Chocolates)

Box 35 for Fizzy Drinks.

**Question: How often do you eat or drink any of the following foods, even in small quantities?**

- Use the following codes for each item

0 = Never/Seldom (once a month or less or do not eat)

1 = Several times a month (2-3 times a month)

2 = Once a week

3 = Several times a week (2-6 times a week)

4 = Everyday

5 = Several times a day

**BOXES 36-40**

**c. Other habits**

- Four items included.

Box 36 for Betel chewing;

Box 37 for Alcohol;

Box 38 for Areca-nut packets.(Commercial products)

Box 39 for Smoking

Box 40 for any other habit & specify

- Use the following code for each item

0 = No habit

1 = Past (not within last 12 months)

2 = Seldom (once a month or less)

3 = Several times a month (2-3 times a month)

4 = Once a week

5 = Several times a week (2-6 times a week)

6 = Everyday

Question: **How often do you use/used any of the following HABITUALLY?** (Read each item)

Note: specify the word habitually. If a person do not take it habitually code as no habit.

For example if any one smoked **once or twice in a lifetime but not as a habit**, code as 0 (no habit).

**If having the habit of betel chewing ; what are the ingredients usually use?**

(41)  Betel (42)  Areca-nut (43)  Tobacco; (44)  Lime (45)  Other (Specify)

Code: 0 = No 1 = Yes

**SECTION D**

**BOXES 46-51**

**ORAL MUCOSAL CONDITION**

- **Record for all age groups.**
- Use two mouth mirrors or one mouth mirror and handle of the periodontal probe to retract
- Boxes 46, 47 and 48 are to denote conditions and boxes 49, 50 and 51 are to denote the location. Codes use as in the printed form. If a condition is found in two or more locations all those location should be marked.
- E.g., if a person has leukoplakia on both the buccal mucosa and the commissures, the coding would be as follows.

|                                     |                                     |
|-------------------------------------|-------------------------------------|
| (46) <input type="text" value="2"/> | (49) <input type="text" value="4"/> |
| (47) <input type="text" value="2"/> | (50) <input type="text" value="1"/> |
| (48) <input type="text"/>           | (51) <input type="text"/>           |

- If two or more conditions are found e. g. oral cancer in the commissure and the lower lip and candidiasis on the tongue, the coding should be as follows.

|                                     |                                     |
|-------------------------------------|-------------------------------------|
| (46) <input type="text" value="1"/> | (49) <input type="text" value="1"/> |
| (47) <input type="text" value="1"/> | (50) <input type="text" value="2"/> |
| (48) <input type="text" value="6"/> | (51) <input type="text" value="6"/> |

- If oral mucosa is normal, enter '0' in the box 4 6 & then proceed to box 52.

#### Oral mucosa

| Condition |  |
|-----------|--|
| 0-        | No abnormal condition                      |
| 1-        | Malignant tumor (Oral Cancer)              |
| 2-        | Leukoplakia / Erythroplakia                |
| 3-        | Lichen planus                              |
| 4-        | Ulceration (aphthous, herpetic, traumatic) |
| 5-        | Oral submucous fibrosis                    |
| 6-        | Candidiasis/ Denture stomatitis            |
| 7-        | Angular cheilitis                          |
| 8-        | Any other .....(specify)                   |
| 9-        | Not recorded                               |

#### Codes used

| Location |                          |
|----------|--------------------------|
| 0-       | Vermilion border         |
| 1-       | Commissures              |
| 2-       | Lips                     |
| 3-       | Sulci                    |
| 4-       | Buccal mucosa            |
| 5-       | Floor of the mouth       |
| 6-       | Tongue                   |
| 7-       | Hard and/ or soft palate |
| 8-       | Alveolar ridges/ Gingiva |
| 9-       | Not recorded             |

#### SECTION E BOX 52

#### ENAMEL FLUOROSIS

- **Record only for 12, 15 & 35-44 years age groups**
- Two teeth that are severely affected will be taken for the score.
- **If two teeth not equally affected, score for the less affected will be recorded.**
- If any doubt, **lower score** should be recorded.
- Codes  
**Normal**- enamel smooth & glossy.  
**Questionable** – Enamel shows slight aberrations – may range from few white flecks to occasional spots.  
**2- Very Mild** – Enamel shows small, opaque, paper white areas scattered irregularly in **less than 25%** of the total labial tooth surface.  
**3- Mild** – Enamel shows white opacity more than 25% but **less than 50%** of the labial surface.  
**4- Moderate** - Enamel shows marked wear and **brown stain**.  
**5- Severe** – Enamel surface badly affected and the **hypoplasia** is so marked that the general form of the tooth may be affected. There are, pitted or worn areas & brown stain are widespread, corroded appearance.  
**8- Excluded** – (e. g. Crowned tooth), Veneered tooth.  
**9- Not recorded.**

#### SECTION F BOX 53-54

#### TOOTH WEAR

- **Record only for 12, 15, and 35-44 years of age.**
- **Tooth wear** – Surface loss of hard tissue in the incisal edge / occlusal, labial or buccal surface of teeth to the extent of **exposing dentine or pulp**.
- **Examine 28 teeth (excluding 3rd Molars)** and insert the total number of affected teeth

#### SECTION G BOXES 55-63

#### DENTAL TRAUMA

- **Record for 5, 12, and 35-44 years of age groups only.**
- Boxes 55-57 are to record type of trauma to teeth.
- **Codes**

|                                   |                                |
|-----------------------------------|--------------------------------|
| 0- No signs of injury             | 4- Pulp involvement            |
| 1- Treated injury                 | 5- Missing tooth due to trauma |
| 2- Enamel fracture only           | 6- Other damage                |
| 3- Enamel & dentine fracture only | 9- Excluded tooth              |
- Boxes 58-63 are to record number of teeth affected by type of trauma.

**SECTION H  
BOX 64**

**DENTOFACIAL ANOMALY**

- Record only for 12 and 15 years

Code

- 0- None- No anomaly or malocclusion.
- 1- Slight but needs no treatment -slight anomalies such as
  - a. One or more rotated or tilted teeth
  - b. Slight crowding or spacing that disturbs the regular alignment of teeth.
- 2- Severe anomalies needing treatment

Presence of one or more of the following conditions of the four anterior incisors.

- Maxillary Over-jet 9mm or more
- Mandibular Over-jet
- Cross Bite equal to or greater than full tooth depth.
- Open bite
- Spacing of more than 4mm in the upper or lower anterior region, between any two teeth
- Overlapping of teeth more than 2mm in upper jaw.

**SECTION I  
BOXES 65-128**

**DENTITION STATUS**

- Boxes 65 to 96 are for upper teeth. Boxes 97 to 128 are for lower teeth.
- START examining** from tooth 18, right 3<sup>rd</sup> upper molar and go up to tooth 28... left upper 3<sup>rd</sup> molar. **Then lower jaw** tooth 48 to 38 (right lower 3<sup>rd</sup> molar. to left lower 3<sup>rd</sup> molar ).
- Letters** are used to record condition of crown **primary** teeth. **Numbers** are used to record condition of crown, root of Permanent **teeth** whichever is present. If both are present in the same tooth space, record permanent
- Always record condition of crown followed by condition of root for the whole tooth and move to the adjacent tooth.
- An entry must be made in every box pertaining to the coronal and root status of a tooth. In children, root status is not assessed and record only crown status.

**Code**

**Primary Permanent  
Teeth Teeth**

**Crown Crown Root**

A 0 0

**Dentition Status**

'Sound'

**Crown** is recorded as sound if **no evidence** of treated or untreated **clinical caries**.

Following defects are coded as sound.

- White or chalky spots
- Discolored or rough spots not soft to **metal CPI probe or blunt sickle probe**
- Stained pits/fissures with no sign of undermined enamel, softened floor or wall with metal CPI probe
- Dark, shiny, hard pitted areas with moderate to severe fluorosis.
- Lesions due to abrasions.

Root is recorded as sound when it is exposed and shows no evidence of treated or untreated clinical caries

**Unexposed root recorded as '8'**

B 1 1

Decayed

- Crown has an Unmistaken Cavity, Undermined Enamel, Detectable Softened Wall or Floor.
- Tooth with a Temporary Filling.
- Sealed but also has Decayed.
- Crown destroyed** by Caries partially or **completely**, Root is left, record **Crown as carious**. Root could be entered as '8' if unexposed. **Floating Root enter as '9'**.
- Any doubts**, don't record as Caries Present.  
Root Lesion feels Soft or Leathery to Probe
- If **Root Caries discrete** from Crown – record as Root decayed, code '1'

- **Single carious lesion** in both Crown and Root the likely **site of origin** record as Decayed or if **not** possible to judge site of origin of Caries both Crown and Root mark as Decayed.

C      2      2

**Filled with decay**

- **Crown/ Root** with one or more permanent restoration due to caries and one more areas that are decayed (primary & secondary caries)
- Filling involving both crown & root with secondary caries most likely site of primary carious lesion is recorded as filled with decay.
- If not possible to decide both crown and root should be recorded as filled with decay.

D      3      3

**Filled, no decay**

- **Crown / Root** with one or more permanent restoration due to caries and there is no caries anywhere on the crown/root.
- Tooth with a crown because of previous decay '3'
- A tooth crowned for any other reason coded as '7' or 'G'
- Filling involving both crown & root, most likely site of primary carious lesion is recorded as filled with no decay.
- If not possible both crown & root should be recorded as filled.

E      4      -

**Missing as a result of caries**

- Extracting because of caries and record under coronal status '4'.
- Primary Teeth – if normal exfoliation would not be a sufficient explanation for absence
- **Root Status of a tooth scored '4', should be coded '9'.**
- Missing (due to caries ) **replaced by Bridge Pontics, '4'** for crown status.
- Some age group difficult to distinguish between un-erupted (Code 8) & missing teeth (code 4&5). Tooth eruption pattern, appearance of alveolar ridge, caries status of other teeth may help in differential diagnosis between un-erupted & extracted teeth.

-      5      -

**Missing any other reason**

- **Congenitally absent permanent teeth**
- Extracted for orthodontic reasons
- Extracted for periodontal reason/ Trauma
- Missing (other reason) **replaced by Bridge Pontics '5'**
- **Root status of a Tooth scored '5', should be coded as '9'**

F      6      -

**Fissure Sealant**

- Fissure sealant on the occlusal surface with **no decay**
- Occlusal fissure has been **enlarged with a bur & composite material placed with no decay.**

G      7      7

**Bridge Abutment, Special Crown, Veneer / Implant**

- **Crown** – Tooth forms a part of a fixed bridge (abutment), Crown placed for reason other than caries, Veneers/Laminate of a tooth with no evidence of decay.
- **Fillings not due to caries (tooth wear, trauma) should be coded as '7'**
- **Root** – Implant placed as an Abutment

-      8      8

**Un- erupted teeth (crown) / Unexposed root**

- **For permanent teeth** – tooth space with an un-erupted permanent tooth without a primary tooth.
- Unexposed Root – Root surface is not exposed. No gingival recession beyond CEJ.

-      9      9

**Not recorded**

- **Crown** – any erupted permanent tooth that cannot be examined . E.g.  
Orthodontic Bands                      Severe Hypoplasia                      Covered with calculus
- **Root** – Tooth has been extracted
  - Calculus present, Root examination impossible
  - Crown totally destroyed & root is seen floating in gum.



**SECTION J  
BOXES 129-192**

**PERIODONTAL STATUS (CPI Modified)**

- Two indicators of periodontal status are used for this assessment: gingival bleeding and periodontal pockets.
- A specially designed, lightweight CPI metallic probe with a 0.5 mm ball tip is used, with a black band between 3.5 and 5.5 mm, and rings at 8.5 and 11.5 mm from the ball tip.
- All teeth present in the mouth should be examined for absence or presence of gingival bleeding and absence or presence of periodontal pockets; pocket depth is measured with the WHO CPI periodontal probe.

**BOXES 129 -144 & 16 1-176**

**Assessment of gingival bleeding**

- For all age groups
- Only functional teeth are considered for examination (roots, grossly broken teeth, floating teeth/roots are not considered)
- Gingivae of all teeth present in the mouth should be examined by carefully inserting the tip of the WHO CPI probe between the gingiva and the tooth to assess absence or presence of bleeding response. The sensing force used should be no more than 20g. A practical test for establishing this force is to ask examiners to place the probe point under their thumbnail and press until blanching occurs.

**Gingival bleeding scores**

0 = Absence of condition.

1 = Presence of condition

9 = Tooth excluded

X = Tooth not present

**BOXES 145-160& 177 -192**

**Assessment of pocket depth**

- Periodontal pockets are not recorded for 5 and 12 age groups .
- Probe tip should be inserted gently into the gingival sulcus or pocket and the full extent of the sulcus or pocket explored. For example, place the probe in the pocket at the disto-buccal surface of the second molar, as close as possible to the contact point with the third molar, keeping the probe parallel to the long axis of the tooth. Move the probe gently, with short upward and downward movements, along the buccal sulcus or pocket, to the mesial surface of the second molar. A similar procedure is carried out for lingual surfaces, starting on the disto-lingual aspect of the second molar.
- **Pocket scores**

|  |  |
|--|--|
| 0 Healthy  | 2 Pocket 6 mm or more (Black Band Not Visible) |
| 1 Pocket 4- 5 mm (Gingival Margin within the Black Band) | 9 Tooth excluded                               |
|  | X Tooth not present                            |

**SECTION K  
BOXES 193-198**

**LOSS OF ATTACHMENT**

- Recorded for 15, 35-44 & 65 -74 groups.
- The most reliable method of examination for loss of attachment in each sextant is to record this immediately after recording the gingival status and pocket scores.

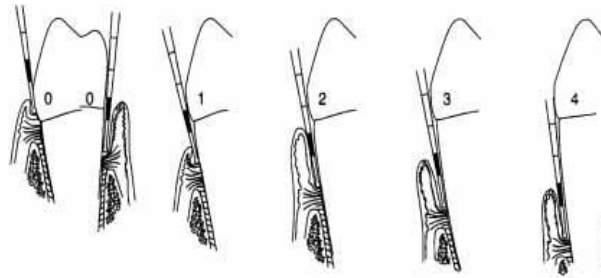
**Index teeth**

The index teeth, which are the teeth to be examined, are given below.

|       |    |       |
|-------|----|-------|
| 17/16 | 11 | 26/27 |
|       |    |       |
| 47/46 | 31 | 36/37 |

- Only functional teeth are considered for examination (roots, grossly broken teeth, floating teeth/roots are not considered)
- The two molars in each posterior sextant are paired for recording and, if one is missing, there is no replacement.
- If no index tooth /teeth are present in a sextant qualifying for examination, all remaining teeth that are present in that sextant are examined and the highest score is recorded as the score for the sextant. **(even a single functioning tooth present in the sextant it should be examined)**

- The extent of loss of attachment is recorded using the CPI probe and applying the following codes.



0 = 0-3mm (CEJ visible & < black band or CEJ not visible but CPI score 0-1 (< 6mm))  
 1 = Loss of attachment 4-5 mm (CEJ within black band)  
 2 = LoA 6-8 mm (CEJ between black band & 8.5 mm ring)  
 3 = LoA 9-11 mm (CEJ within 8.5 mm & 11.5 mm rings)  
 4 = LoA 12 mm or more (CEJ beyond 11.5 mm ring)  
 X = Excluded sextant  
 9 = Not recorded (CEJ not detectable)

**SECTION L  
BOX 199**

**PRESENCE OF CALCULUS**

- Record for all age groups
- Codes: 0 = No 1 = Yes

**SECTION M  
BOX 200**

**TREATMENT NEED**

- Record for all age groups
- Codes:  
 0 = No treatment needed  
 1 = Routine care  
 2 = Immediate care: Criteria for immediate care: Any acute dental infection, OPMD/Malignancy

**SECTION N  
BOXES 201-202**

**DENTURE STATUS**

- Record only for **15yrs, 35-44yrs and 65-74yrs**
- The presence of Prosthesis should be recorded for **each jaw separately**.
- Follow the codes given in the data entry form
- Codes:  
 0 = No dentures      1 = Partial dentures      2 = Complete dentures      9 = Not recorded

**SECTION O  
BOXES 203-208**

**UTILIZATION OF SERVICES** Not for 5yrs,

**BOX 203**

**a. Access to dental clinic**

**Question:** In your opinion what is the distance to the nearest dental clinic?  
 (12yrs include SDCC, 15yrs include Adolescent dental clinic)

- Codes: 1 = Less than 1km      2 = 1-5km      3 = More than 5 km

**BOX 204**

**b. Last visit to dental clinic**

**Question:** When did you visit to a dental clinic last?

- Codes:  
 0 = Never      1 = Within one year      2 = More than one year ago      8 = Do not know /not remember

**BOX 205**

**c. Type of Dental Clinic visited**

**Question:** What type of dental clinic did you visited last?

• Codes:

0 = Never visited

1 = Hospital Dental Clinic

2 = Private Dental Clinic

3 = School Dental clinic (ADC & routine school mobiles)

4 = Mobile Dental Clinic

5 = Any other (Specify .....

8 = Do not Know /not remember

- Code 3: School dental clinic includes Adolescent dental clinics and **any mobile dental (out-reach) clinic set-up in schools under school dental programme.**
- Code 4 includes any mobile clinic specially conducted for people other than routine school dental programme.

**BOXES 206- 208**

**d. Type of treatment**

**Question:** What type of treatment did you received at the last visit?

• Codes

0 = No treatment

1 = OHI//advices

2 = Extraction

3 = Temporary filling

4 = Permanent Filling

5 = Scaling

6 = Drugs only

7 = Any other (Please specify ...)

8 = Do not know

**SECTION P  
BOX 209**

**COMMENTS**

- Indicate any special findings of the subject

## Annexure 6: Examiner training and calibration

The examiner training and calibration was carried out during a 02-day programme and the PI and two senior examiners who participated in the National Oral Health Survey in 2003 were considered as the gold-standard. The schedule of the programme is given below.

| Day 1  | Day 2                                       |
|--|---|
| An introductory lecture by the PI on the purpose of the survey, examination criteria and recording forms (02hrs) | Discussion on the identified errors (02hrs) |
| Calibration exercise 1 (02hrs) (details given below)   | Calibration exercise 03 (02hrs)             |
| Discussion (01hr)  | Calibration exercise 04 (02hrs)             |
| Calibration exercise 02 (02hrs)  | Discussion (02hrs)                          |
| Discussion (01hr)  |   |

### Calibration exercise:

Due to difficulty in finding patients and minimizing repeated examination of a given patient, the following method was used for the calibration exercise.

Two 05-patient-sets (total 10 patients) were taken from the hospital out-patient department. In order to represent index ages, the selection was restricted to either a child with the mixed dentition or an adult between 35-75-year-olds. All selected patients were examined by one of the senior examiners.

Subsequently, all examiners (20 were in the first training session) were divided into 10 groups with 02 examiners in a group. A group was given 02 patients and was requested to mark the clinical measurements. One examiner conducted the examination while the other functioned as the data recorder. For the next patient, the procedure was reversed. Examiners were arranged in a systematic way so that each examiner had to examine one child and an adult. A similar procedure was followed for the second patient set. Examiners who could not examine either a child or an adult was given an additional patient of the relevant age category (e.g. for examiners H & I - no child patient as given in the example).

Example (for one patient-examiner set)

- 05 patients: A1,A2,C3,C4,A5, (A: Adult, C: Child)
- 05 examiner groups: AB, CD, EF, GH, IJ
- 04 examination rounds: each patient was examined by 04 examiners

|         | Pt A1 | Pt A2 | Pt C3 | Pt C4 | Pt A5 |
|---------|-------|-------|-------|-------|-------|
| ROUND 1 | A     | C     | E     | G     | I     |
| ROUND 2 | J     | B     | D     | F     | H     |
| ROUND 3 | G     | I     | A     | C     | E     |
| ROUND 4 | F     | H     | J     | B     | D     |

All examiners were asked to double-check data entries before submitting them to the senior examiners. The accuracy of their examination was then compared with the senior examiner's records and also between examiners. The calibration exercise was confined to caries and periodontal disease only. Tooth by tooth comparison was done. The common problems (>60%) identified were related to the 'DMFT' count due to misclassification of un-erupted teeth as 'missing' and bleeding counts; probably due to repeated measurements or due to excessive force used when probing.

On the second day a similar procedure was followed. In addition, the examiners were briefed on how to rectify errors that occurred on the previous day. If an examiner did not achieve the required degree of consistency, additional patients were given for such an examiner. At the end of the second day, it was ensured that each examiner had examined a minimum of 04 children and 04 adults.

Due to difficulty in recruiting all examiners at a given time, two calibration programmes had to be conducted. Twenty (20) examiners participated in the first programme. While the data collection in the field was in progress, 09 additional examiners were recruited. They followed the second programme prior to going to the field for data collection.

### Measurement of consistency of examinations

Consistency of examinations was further measured by requesting examiners to make duplicate examinations on a sample of 5, 12 and 15 year old children. Interclass-correlations were used as a measure of consistency for selected variables that were subjected to errors during examiner calibration. Except for bleeding on probing measures, the interclass correlation coefficients using single measures were above 0.75. Details are given below.

Table 8.3: Examiner calibration - interclass correlations for selected variables

| Item                                | Number of examiners evaluated | Number of replicate pairs evaluated | Mean (with 95% CI) | Variance | Interclass correlation coefficient* (with 95% CI) | Significance (F test) |
|-------------------------------------|-------------------------------|-------------------------------------|--------------------|----------|---|-----------------------|
| Total number of teeth               | 24                            | 218                                 | 24.9 (24.8-25.1)   | 0.044    | 0.75 (0.68-0.8)                                   | 0.000                 |
| DMFT                                | 24                            | 218                                 | 0.7 (0.6-0.8)      | 0.003    | 0.85 (0.81-0.87)                                  | 0.000                 |
| Bleeding on probing                 | 24                            | 218                                 | 3.2 (2.9-3.4)      | 0.139    | 0.56 (0.46-0.64)                                  | 0.000                 |
| No bleeding on probing              | 24                            | 218                                 | 18.6 (15.4-21.8)   | 20.769   | 0.60 (0.51-0.68)                                  | 0.000                 |
| Total no. of deciduous teeth: 5yrs  | 22                            | 70                                  | 19.4 (19.3-19.4)   | 0.010    | 0.88 (0.81-0.92)                                  | 0.000                 |
| Deciduous caries: 5yrs              | 22                            | 70                                  | 2.8 (2.7-2.8)      | 0.002    | 0.87 (0.79-0.92)                                  | 0.000                 |
| dmft: 5yrs                          | 22                            | 70                                  | 3.0 (2.9-3.0)      | 0.000    | 0.86 (0.78-0.91)                                  | 0.000                 |
| Total no. of permanent teeth: 12yrs | 24                            | 75                                  | 25.3 (25.3-25.5)   | 0.075    | 0.91 (0.86-0.94)                                  | 0.000                 |
| Total no. of deciduous teeth: 12yrs | 24                            | 75                                  | 0.98 (0.96-1.0)    | 0.001    | 0.99 (0.98-0.99)                                  | 0.000                 |

\*single measure estimate: The estimator is the same, whether the interaction effect is present or not.

## Annexure 7: Examiners participated in the survey and their total number of examinations

Table 8.4: Number of examiners participated in the survey and their total number of examinations

| Examiner No | Name of the examiner             | Clusters visited | Number examined by age group |       |       |          |          | Total examined |
|-------------|----------------------------------|------------------|------------------------------|-------|-------|----------|----------|----------------|
|             |                                  |                  | 5yrs                         | 12yrs | 15yrs | 35-44yrs | 65-74yrs |                |
| 1           | Dr. P.S. Abeyruwan               | 17               | 140                          | 101   | 96    | 124      | 124      | 585            |
| 2           | Dr. W.P.M.M. Abeysekara          | 14               | 231                          | 204   | 192   | 59       | 44       | 730            |
| 3           | Dr. A.D. Bollegala               | 12               | 53                           | 95    | 118   | 79       | 73       | 418            |
| 4           | Dr. H.H.M. Dhanpriyanka          | 9                | 52                           | 54    | 55    | 64       | 61       | 286            |
| 5           | Dr. R.M. Hettiarachchi           | 5                | 35                           | 35    | 32    | 36       | 33       | 171            |
| 6           | Dr. K.A.R. Jayathilake           | 12               | 76                           | 77    | 69    | 74       | 69       | 365            |
| 7           | Dr. A.S.P.D. Karunaratne         | 15               | 78                           | 101   | 100   | 90       | 95       | 464            |
| 8           | Dr. K.M.S.H. Kosgallana          | 18               | 139                          | 133   | 134   | 103      | 111      | 620            |
| 9           | Dr. N.A.R. Nanayakkara           | 14               | 72                           | 71    | 69    | 114      | 123      | 449            |
| 10          | Dr. N.V.K. Nanayakkara           | 15               | 46                           | 26    | 32    | 126      | 123      | 353            |
| 11          | Dr. K.A.K.D. Perera              | 2                | 12                           | 13    | 13    | 14       | 13       | 65             |
| 12          | Dr. I.R. Perera                  | 5                | 38                           | 37    | 40    | 37       | 38       | 190            |
| 13          | Dr. N.C. Ratnayake               | 17               | 70                           | 86    | 91    | 110      | 112      | 469            |
| 14          | Dr. S.M.A.D.C.G. Sammandapperuma | 12               | 92                           | 97    | 80    | 51       | 57       | 377            |
| 15          | Dr. S.R.M.I. Udayamalee          | 13               | 79                           | 88    | 56    | 77       | 61       | 361            |
| 16          | Dr. A.M.U. Amilani               | 18               | 108                          | 107   | 108   | 114      | 119      | 556            |
| 17          | Dr. S.R. Weerasuriya             | 3                | 24                           | 24    | 23    | 21       | 22       | 114            |
| 18          | Dr. N.C. Wellappuli              | 3                | 20                           | 19    | 22    | 21       | 17       | 99             |
| 19          | Dr. D. Wickramasinghe            | 16               | 130                          | 97    | 101   | 112      | 106      | 546            |
| 20          | Dr. W.M.P.N.R. Wickramasinghe    | 14               | 86                           | 87    | 87    | 78       | 81       | 419            |
| 21          | Dr. T.G.T.I.D. Wijesiri          | 12               | 68                           | 68    | 69    | 74       | 69       | 348            |
| 22          | Dr. A.A.H.K. Amarasinghe         | 11               | 68                           | 76    | 71    | 59       | 70       | 344            |
| 23          | Dr. N. Ranasinghe                | 13               | 79                           | 80    | 85    | 85       | 79       | 408            |
| 24          | Dr. R. Dissanayake               | 14               | 73                           | 97    | 105   | 80       | 79       | 434            |
| 25          | Dr. B.K.G. Tilakaratne           | 10               | 58                           | 63    | 65    | 63       | 64       | 313            |
| 26          | Dr. P.L.P. Jayashantha           | 2                | 16                           | 16    | 16    | 0        | 0        | 48             |
| 27          | Dr. N. Karunachandra             | 5                | 25                           | 21    | 31    | 20       | 23       | 120            |
| 28          | Dr. C.A. Rupasinghe              | 7                | 27                           | 23    | 23    | 40       | 48       | 161            |
| 29          | Dr. D.S. Delpachitra             | 6                | 0                            | 0     | 20    | 57       | 45       | 122            |
| Total       |                                  |                  | 1995                         | 1996  | 2003  | 1982     | 1959     | 9935           |

## Notes



**Ministry of Health, Nutrition and Indigenous Medicine**

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